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NHS England London

Trainee Bulletin

London School of Anaesthesia

August 2024



Hello and Welcome

In this bulletin, you will find updates on:

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Introduction

Welcome to the August 24' edition of the London School of Anaesthesia bulletin.

Going forward we aim to circulate this bulletin other month to keep all trainees and trainers informed of everything that is happening within the school and with NHS England.

The content of the bulletin will vary from edition to edition depending on what is happening with the school. If you want to include any submissions, please use the following link: https://forms.office.com/e/pQ5rYxw1GJ, submissions via email are no longer accepted.

HoS and DoS Updates

London School of Anaesthesia
Head of School – Dr Aasifa Tredray
Deputy Head of School – Adreienne Stewart & Carlos Kidel

London Anaesthesia Training Committees (STC)

North London Anaesthetic Programme			South London Anaesthetic Programme	
North West TPDs	**North Central TPDs**	**North East TPDs**	**South East TPDs**	**South West TPDs**
Ruth Bedson (S1) Philip Peel (S2) Amardeep Riyat (S3) Regional Advisor Sian Jaggar	Abigail Whiteman (S1) Kate Sherratt (S2) Trudi Young (S3) Regional Advisor Sonia Brocklesby	Naomi Hancox (S1) Stephan Hallworth (S2, S3) Regional Advisor Roger Cordery	Marina Choudhury (S1) Dev Mahtani (S2, S3) Regional Advisor Oliver Rose	Adam Shonfeld (S1) Daniela Mathew (S2) Anna Walton (S3) Regional Advisor Rene Suite

Pan London and KSS Advanced Pain Training – London and KSS Pain Training Advisory Group (LKPTAG)
Pain Training Programme Director – Fauzia Hasnie
Faculty of Pain Medicine Regional Advisors – North London Ashish Shetty, South London – and KSS Sandesha Kothari

Pan London Anaesthetics Educational Delivery TPDs – Gunjeet Dua, Emilie Hoogenboom

Pan London Anaesthetic Simulation Leads – Janis Ferns, Ching Pang

Pan London Anaesthetics Academic Training Programme Director – Gudrun Kunst

Pan London Anaesthetic Less Than Full Time Training Advisor and SRTT Champion – Anna Fowler

School Trainee Reps and HEE Education Fellows

Pan London HEE Funded Anaesthesia Associate Training Programme – AA Training Lead – Dan Heaton, Ambassador Frances Marfleet

Anaesthetics Health Education Team
Service Delivery Manage (SDM) – Jemma Thompson
Operations Manager (OM) – Maurean Austin
ICM and KSS Officer – Deborah Bunce, KSS Administrator - Rajhdev Kaur
Email: england.anaes.lase@nhs.net (trainer enquiries)
PSP Link: https://lasepgmdesupport.hee.nhs.uk/support/home

North London Anaesthetic Programme	South London Anaesthetic Programme
North London Officer – Rukayat Muhammed Administrators – Ben Owusu-Ansah (NE & NW) Mubeen Akhtar (NC)	South London and Pain Officer – Claire Bowden South London Administrator – Mohammed Rayhan

Dear colleagues who have just joined us this August.

A very warm welcome to the London School of Anaesthesia. Congratulations in joining not only the best medical specialty but also the best region to train in!!

This is the August edition of a monthly newsletter containing useful information and updates.

I am your deputy Head of School and work with my co-deputy Dr Adrienne (Adi) Stewart. Head of school is Dr Aasifa Tredray

You should be able to find useful information as well as contact details for all of us on the school website

https://london.hee.nhs.uk/specialty-schools/anaesthesia

We will be running a Trainee Induction Session on September 12th, details to follow.

Please ensure the NHSE anaesthetic team have an upto date email address for you. They can be contacted on england.anaes.lase@nhs.net

We look forward to meeting you all soon
Kind regards

Carlos, Adi and Aasifa

School Resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days & ARCP information can be found here:

https://london.hee.nhs.uk/specialty-schools/anaesthesia

London And South East Support Portal
https://lasepgmdesupport.hee.nhs.uk/support/home

For curriculum, LLP, and Exam information
https://www.rcoa.ac.uk/

If you have any queries where the answer isn't on either the school website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link: https://lasepgmdesupport.hee.nhs.uk/support/home (trainee enquiries)

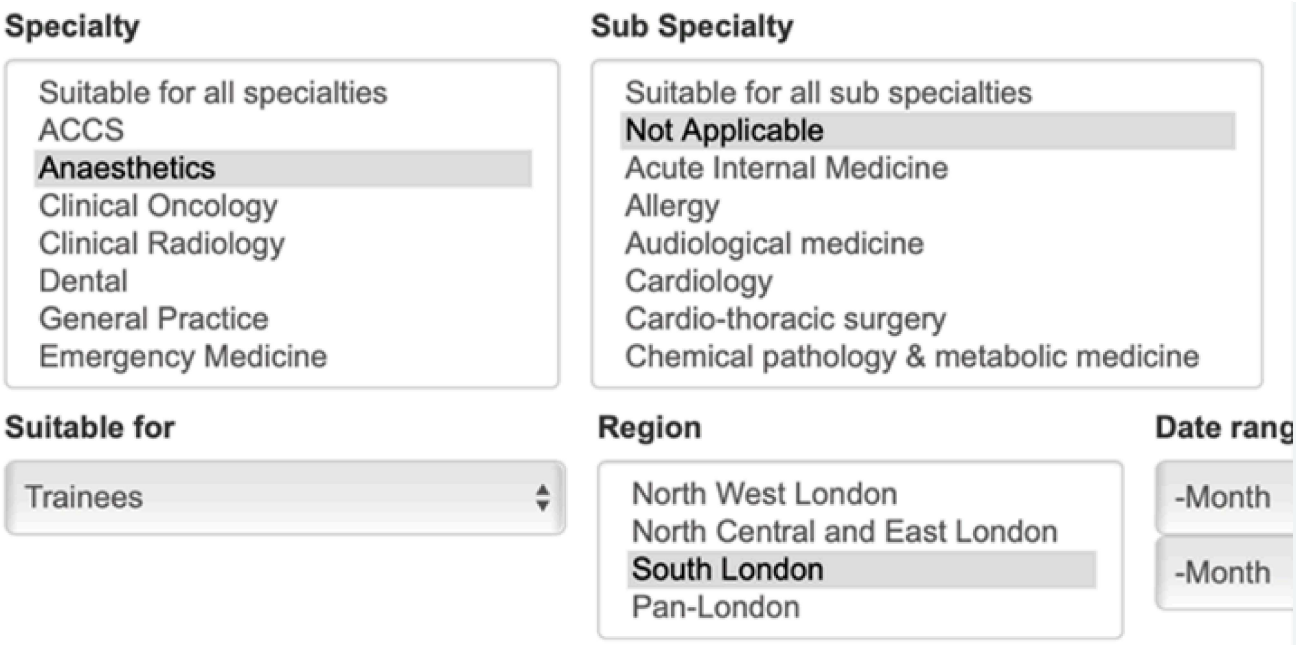
Regional Training Days

Training days are all advertised on the website here so please check the website regularly:

https://london.hee.nhs.uk/specialty-schools/anaesthesia/regional-training-days
Trainees should attend training days that they feel are appropriate for their level. Virtual events are generally open Pan-London.

You can find the HEE Events Training calendar here:
https://london.hee.nhs.uk/calendar4

When searching on the HEE calendar make sure you select the below and check both Pan/ London Region. For Sub Specialty please ensure you select Not Applicable.



New platform for Regional Training Day recordings

The HET team have developed a new platform for storing RTD recordings on the NHS Learning Hub. Trainees can access the NHS Learning Hub using their e-LfH or OpenAthens credentials and then request access to the London School of Anaesthesia catalogue. This is a restricted catalogue for London trainees only so trainees will need to request access for the HET team to approve.

Online RTDs will continue to operate on MS Teams and the recordings will be uploaded to the online catalogue on the NHS Learning Hub within 48 hours.

HET Team

TPD Update

NW Stage 3 TPD Update

1. ARCP outcome 6 in June ARCPs

I'm very pleased to announce the following NW trainees were successful at the June ARCPs, being awarded an outcome 6, the majority on the 2021 curriculum.

A well-deserved achievement for the hard work and dedication they have all demonstrated, particularly with the turbulence of the pandemic and curriculum transition.

I know all within London School of Anaesthesia wish you well for your consultant careers. The future is indeed very promising!

Dr Jen Gosling (dual ICM)
Dr Jon Simon
Dr Josh Wall
Dr Kim Hodge (dual ICM)
Dr Mattia Baldini
Dr Sean Roberts
Dr Zara Eagle

2. North London STC July 2024- Response to NW trainees Feedback/Suggestions Website

- Many trainee comments were relating to the London School of Anaesthesia website.
- Website development (led by our deputy head of school Dr Carlos Kidel) was on hold due to the merger with HEE and NHSE.
- Development is now live. Any trainee volunteers who are keen to get involved please contact him directly, including any feedback for further suggestions.
- The site details SIA, ARCP, OOPs, CCT date information and many other relevant areas important for your training, as well as being the formal site for current training information.
- The link is here: https://london.hee.nhs.uk/specialty-schools/anaesthesia

Regional Anaesthesia Stage 1 and 2 RTD

- I have been working with the NW leads for regional anaesthesia from the main trusts in NW London as we all aware of the challenges to deliver this, aiming to ensure expectations are more consistent across our region.
- Stage 3 regional anaesthesia HALOs have been completed successfully (note recent ARCP outcome 6s)
- There is an RTD planned for 26th September aimed at stage 1 and 2 trainees: https://lasepgmdeevents.hee.nhs.uk/events/regional-training-

days/5c3c4cb7-4392-452d-9d2e-d62af9cb6608

RTD Online Resource- LearningHub

- Our RTD TPDs now utilise this hub for storage of RTDs for you to watch.
- You will need to register (see last Bulletin for further details).
- The MS Teams channel is still in use to access historical sessions.

https://learninghub.nhs.uk

Pain domain

- Requirements for pain HALOs were raised by trainees.
- We have held discussions within the school regarding this and approached the college for further input. I have also engaged the pain leads across NW London, aiming for more consistency of HALO requirements.
- Within the school, educational supervisor approval of pain HALOs will be recognised.
- The college have stated there are no sessional requirements for stage 3 pain: RCoA Pain update 28th March '24 'There are no minimum number of procedures or sessions required for the completion of Stage 3 Pain training. The HALO sign off will depend on the evidence gathered with SLEs and other information/activities supporting the achievement of the key capabilities and learning outcome.'

ACCS Feedback noted for stage 1 trainees

- Any ACCS trainees requiring assistance/advice (particular during non-anaesthetic placements) please contact your anaesthetic TPD Dr Ruth Bedson.

Pre-ARCP Meeting with Educational Supervisors and National ARCP Checklist

- Trainee feedback noted regarding confusion over checklist utilised for ARCP preparation noted.
- Panels are required to follow the RCoA ARCP checklist only: https://www.rcoa.ac.uk/2021-curriculum-arcp-checklists-guidance
- Please use this checklist when you meet your ES as your ARCP approaches.
- Many non-favourable ARCP outcomes are usually due to oversights, to include:
  - ESSRs- not uploaded, dated as per checklist requirements, signed by both ES and CT.
  - Complete sets of MSF (minimum 12 responses), MTR and Form R (with calendar dates for TOOT).

- As TPDs and CTs we certainly appreciate the time and effort trainees demonstrate when preparing their LLPs. Overall, the standard of progress and achievement I see in NW stage 3 is excellent. Keep up the good work!

HET Updates

ARCP

LSA Trainee ARCP workshop

We are running the next Trainee ARCP workshop on the 22nd of October. The plan for the afternoon will be

13.30-15.00 Stage 1 trainees (ACCS and CORE)
15.00-16.00 Stage 2 trainees
16.00- 17.00 Stage 3 trainees

This workshop is open to all trainees and will be especially useful for anyone who is due to have a Winter ARCP.

Please see sign up links below for the ARCP Workshop.
Stage 1 Trainees – https://lasepgmdeevents.hee.nhs.uk/events/internal-het-events/ab91c532-0762-4731-89ef-63c7a46d177c
Stage 2 Trainees – https://lasepgmdeevents.hee.nhs.uk/events/internal-het-events/efa42f4c-9268-48a9-ae0f-12f0c3deeebb
Stage 3 Trainees - https://lasepgmdeevents.hee.nhs.uk/events/internal-het-events/40e9218d-ef23-4fc5-95fc-4209432b6002
Aasifa Tredray, Head of School, aasifa.tredray@nhs.net

LTFT

Following the removal of LTFT categories and central comms, you can find all the latest information on LTFT eligibility, when to apply and the form via the PGMDE portal FAQs here:
https://lasepgmdesupport.hee.nhs.uk/support/solutions/folders/7000009142

For specific timelines and information of windows you need to apply in, please refer to this FAQ:
https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000018502-when-can-i-apply-for-ltft-what-is-the-notice-period-
*Please note you can only apply for LTFT, under the below grounds, within the windows for your rotation Month:

- Welfare and wellbeing
- Unique opportunities
- Religious commitment
- Non-medical development
- Flexibility for training and career development

Please ensure you discuss all applications with your TPD prior to submitting your application form.

Notice period for LTFT: 16weeks for grounds you can apply for throughout the year, and within the rotation windows for the remaining grounds above.

Events

Regional Anaesthesia for Stage 1 and 2 Trainees - OCTOBER 2024
Do you want to get better at your PLAN A blocks but you are struggling to get the practice you would want? You are good but want to learn the secrets from true RA experts?

Then this is the course you don't want to miss!
WHEN: Friday 11th October 2024
WHERE: University College Hospital

A FEW HIGHLIGHTS:
- small group hands-on practice on live models
- 1 Consultant & 1 RA fellow for each station
- state of the art US machines and RA teaching aids thanks to our generous sponsors
- RA-UK approved course

- fully reimbursable as per December 2023 HEE Study Leave list (code ANAES0043).

SOME FEEDBACK from last edition:
"Excellent teaching. Covered a lot of material with good hints and tips for patient positioning and ergonomics"
"Extremely clearly explained. Ample time to practice scanning"

Book through the following link: https://www.ra-uk.org/index.php/meetings-and-courses/book-a-course/ra-uk-course/introduction-to-regional-anaesthesia-4.html
Mattia Baldini (Anaesthetics ST7) - mattia.baldini@nhs.net

New starter induction

Just a quick reminder about the new starter induction. This will be held remotely via Teams. This is for all new starters to the school starting in February 2024 or August 2024.

Please sign up to attend the event using the booking link below:
https://lasepgmdeevents.hee.nhs.uk/events/inductions/60204a73-7fe1-4c47-8d0a-7f3aad02ab95

The induction day will begin at 9.30am (For ACCS trainees only), and for all other new starters at 10.30 am. The day will finish at approximately 16.30. Please contact your departments to book study leave ASAP. The afternoon will include break-out sessions where you can meet your TPDs from your individual rotations.

SIA applications for August 2025 and February 2026

The SIA booklet is available to read on the school website (below). For any further queries please contact your TPD.

https://london.hee.nhs.uk/specialty-schools/anaesthesia

SIA Applications will open on 1st September 2024, and will remain open for the whole of September, closing at 00.01 on 1st October 2024. Access to the

application form will be via the school website.

Thank you

Dr Adi Stewart - Deputy Head of School

Exam Courses

London FRCA Written Course

The London FRCA written course will take place at The Simulation Centre, Croydon University Hospital on 3rd, 4th September 2024.

This is a two day course for candidates preparing for September 2024 Final FRCA written exam. It will include:

1. CRQs based on recent BJA education articles and recent past questions.
2. Sessions on mandatory topics by consultants and senior trainees
3. Tips and techniques to write answers
4. Roughly 300 SBAs
5. Limited spaces available

The course fee is £180. Lunch included

The Final FRCA written exam is getting tougher as last exam in February 2024 had 5 new questions based on recent BJA education articles and had a pass rate of just 55.17%, which was quite low in comparison to September 2023(pass rate 79.78%). This course is tough and intense but so is the exam!

Please email FRCAcourse@gmail.com for any queries. The link to booking will open on 1st August but you can register by filling the google form given below.

https://docs.google.com/forms/d/e/1FAIpQLSfCkaPIATJHE3pX04CL2EcFXCG83JgCiD7EvSry5PD1h-vKcw/viewform?usp=sf_link

Corganizer, Meena Agarwal on FRCAcourse@gmail.com

Please see the details of upcoming online events led by the Royal College of Anaesthetists.

Welcome to anaesthesia
4 September 2024 | Online
For those starting anaesthesia and ACCS training.

Making the most of stage 2 and 3 training
19 September 2024 | Online
Aimed at ST4-ST7 anaesthetists in training, the day will be divided into two parts, an ‘Introduction to Stage 2’ in the morning and ‘After the Final FRCA: Stage 3 and beyond’ in the afternoon.

Returning to work in anaesthesia
18 October 2024 | Online

A friendly and supportive online course offering both wellbeing and organisational aspects along with case-based discussion.

GASagain (Giving Anaesthesia Safely Again)
17 January 2025 | Bradford Royal Infirmary
A popular and practical simulation course, designed to build confidence and provide the strategies for managing a successful return to work.

Many thanks

If you have any questions or queries, please do get in touch with the HET team via the PSP portal or School line below.

Best wishes
Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray
Healthcare Education Team, London and Kent, Surrey and Sussex
Health Education England
KSS & LDN HEE Website: https://kss.hee.nhs.uk/ https://london.hee.nhs.uk/

PGMDE support portal: https://lasepgmdesupport.hee.nhs.uk/support/home
School line: 0207 866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce

NHS England London

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