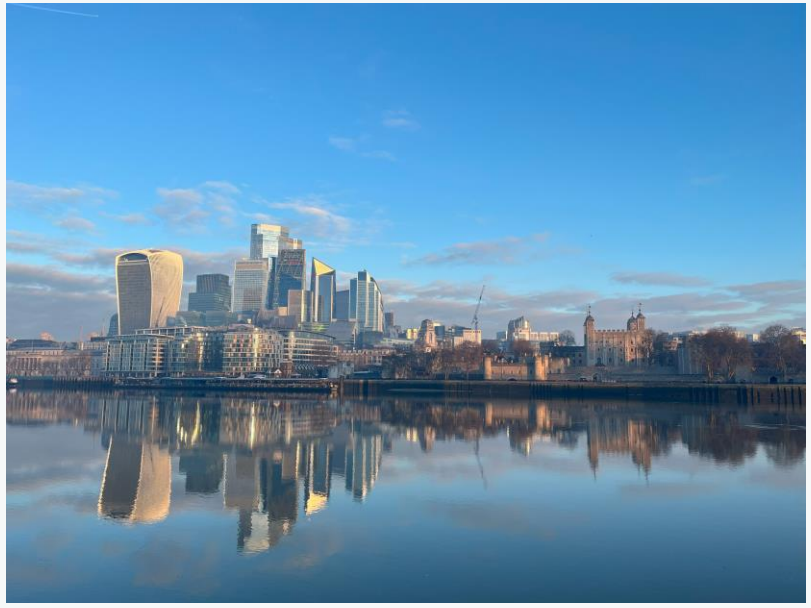
Welcome 2025



London Foundation School

Dr Alice Carter
Associate Dean (Foundation)

Overview

- Welcome to London
- Foundation Training
- Preferencing
- Factors to consider
- How to contact us
- Questions and answers

To become a doctor, you spend so much time in the tunnels of preparation – head down, trying not to screw up, just going from one day to the next – that it is a shock to find yourself at the other end, with someone shaking your hand and offering you a job. But the day comes.

- Atul Gawande



Who’s who

UK Foundation Programme

Four-nation

Recruitment

Curriculum

General Medical Council

Statutory, regulatory body

Foundation Schools

Allocate Programmes

Quality assure

Curriculum implementation

NHS Trust / LEP

Employer

Contracts / rotas

Occupational health

London Foundation School



London

- Area: 611 miles^2
- Population: 9 million people
- Integrated Care Systems (ICS): 5
- Acute and Mental Health Trusts: 30

- Doctors in training: approx. 14,000
- Foundation school: 1 Pan London
- Foundation doctors: > 2000



LFS

- 2-year programme in a series of placements: three x 4 months per year
- Most spend two years in one area (group)
- **Generic** clinical and professional training
- Opportunity to develop leadership, team working and supervisory skills
- Variety of workplace experience to assist career choice
- The purpose is **not** to provide specialty training

London Foundation

Total allocated: 1238

Pre-allocation: 304

SFP Pathway 1: 35

UK Foundation Programme

Comparison of Foundation Programme allocation results

Table 1. Comparison of allocation results for FP 2023, FP 2024 and FP 2025 showing the cumulative percentage of applicants that were allocated to each preference of Foundation School.

Foundation School Preference	Cumulative percentage of applicants for FP 2023	Cumulative percentage of applicants for FP 2024	Cumulative percentage of applicants for FP 2025
1	71.02	75.42	83.78
2	85.64	82.94	88.51
3	90.10	87.32	91.84
4	92.70	90.24	93.71
5	94.99	92.40	95.24
6	96.53	94.32	96.23
7	97.44	95.82	96.86
8	98.12	96.63	97.61
9	98.12	97.41	98.22
10	98.91	97.94	98.85
11	99.12	98.39	99.22
12	99.26	98.74	99.51
13	99.39	99.05	99.66
14	99.58	99.23	99.76
15	99.69	99.38	99.86
16	99.79	99.51	99.95
17	99.91	99.63	99.97
18*	99.99	100.00	100.00
19*	100.00	N/A	N/A

*Please note that in 2024 the number of foundation schools reduced to 18.

Table 2: Comparison of allocation results from FP 2017- FP 2025 showing the cumulative percentage of applicants that received their 1st preference, or one of their top 2 or top 5 preferences of Foundation School.

	2017	2018	2019	2020	2021	2022	2023	2024	2025
1st preference	74%	77%	73%	75%	75%	74%	71%	75%	84%
Top 2 preferences	82%	84%	80%	83%	83%	86%	86%	83%	89%
Top 5 preferences	94%	96%	90%	94%	94%	95%	95%	92%	95%

Preferencing in London

Two stage:

1. Group preferencing

2. Programme preferencing

Stage 1 Group Preferencing

All candidates except:

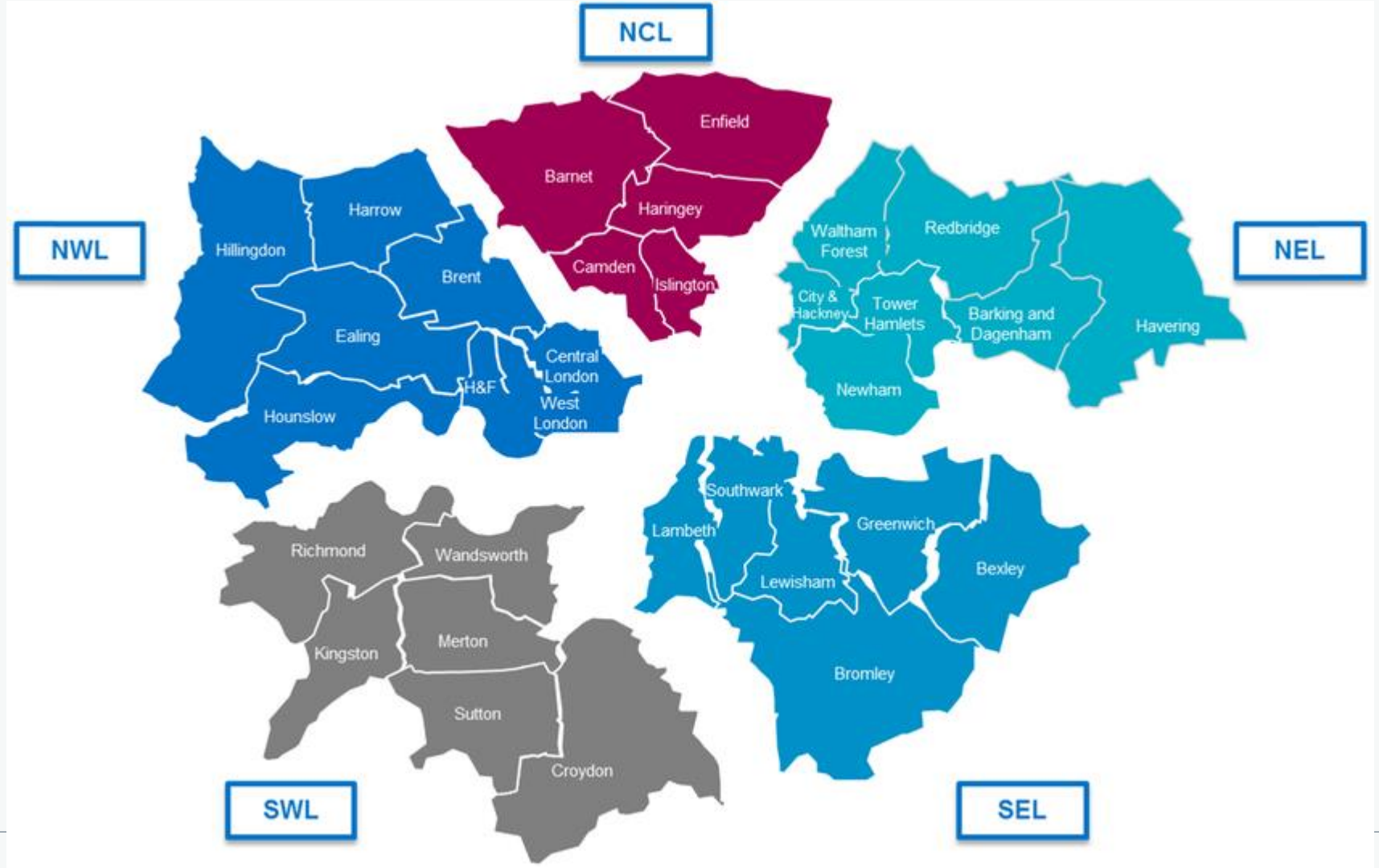
- **SFP Pathway 1 candidates**
- **Pre-allocation Criteria 1 – 4**
- Allocated to a Group based on ICB postcode

Pre allocation criteria 5: Need to undertake stage 1 group preferencing

Groups

GROUP	Number Programmes	Pre-allocation 1-4 / SFP nomination	Available1
1. North West London	257	17	**240**
2. North Central London	183	14	**169**
3. North East London	218	8	**210**
4. South East London	203	9	**194**
5. South West London	181	16	**165**
6. SFP (Pan London)	105	35	**70**
7. Placeholders			(91)
Grand Total	**1147**	**99**	**1048**

Integrated Care Systems / Groups



North-West London



Imperial

- St Mary's
- Charing Cross
- Hammersmith

Chelsea and Westminster

- Chelsea and Westminster
- West Middlesex

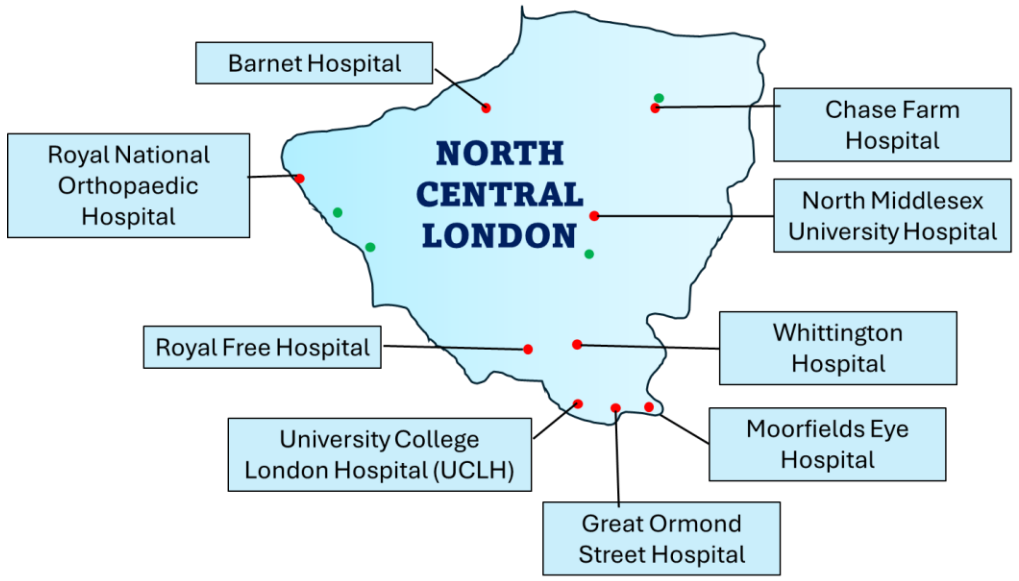
Hillingdon Hospital

North West London

- Ealing
- Northwick Park

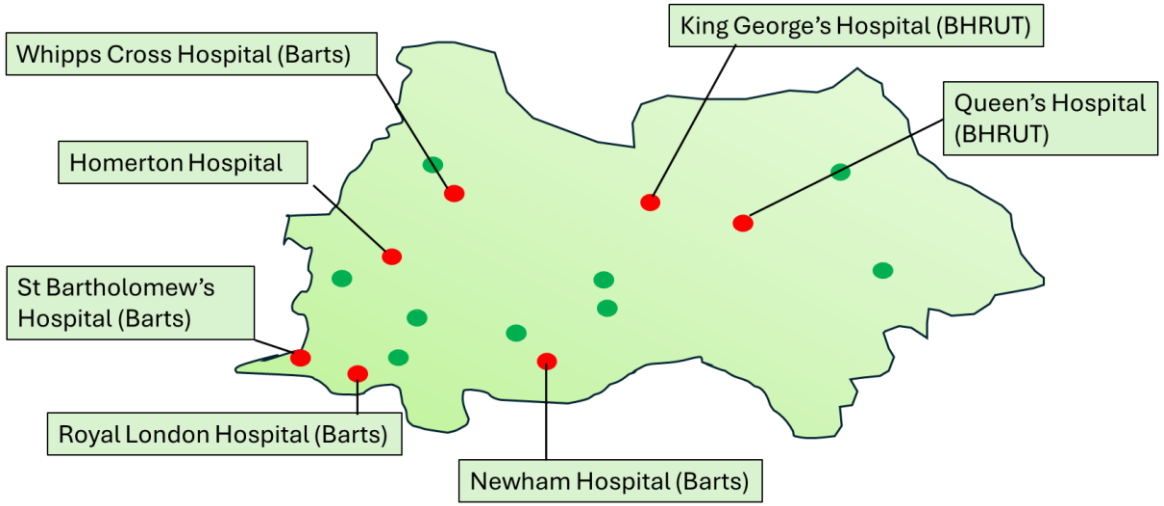
North-Central London

- Royal Free NHS Foundation Trust
  - Royal Free, Pond Street
  - Barnet Hospital
  - Chase Farm
  - North Middlesex University Hospital
- University College London NHS Trust
- Whittington Health NHS Trust



* Community posts will be < 1 hour from main acute trust

North-East London



Barts Health NHS Trust

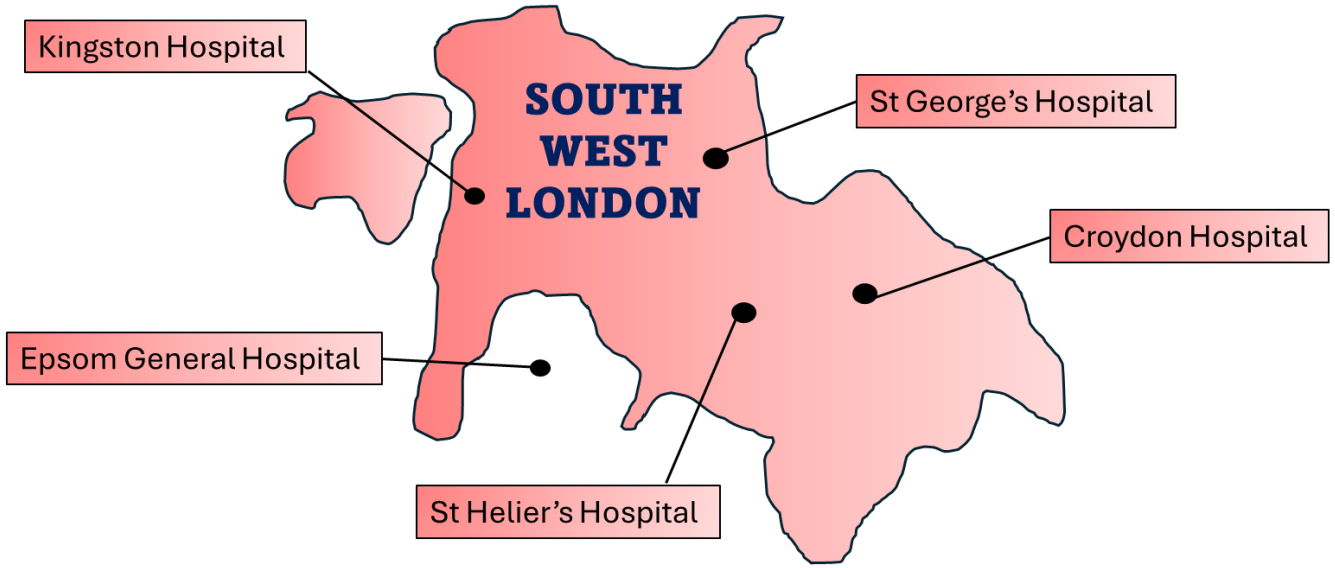
- Royal London
- St Bartholomew's
- Newham
- Whipps Cross

Homerton University Hospital NHS Trust

Barking, Havering, Redbridge University Hospital NHS Trust

- King George
- Queens Hospital

South-West London



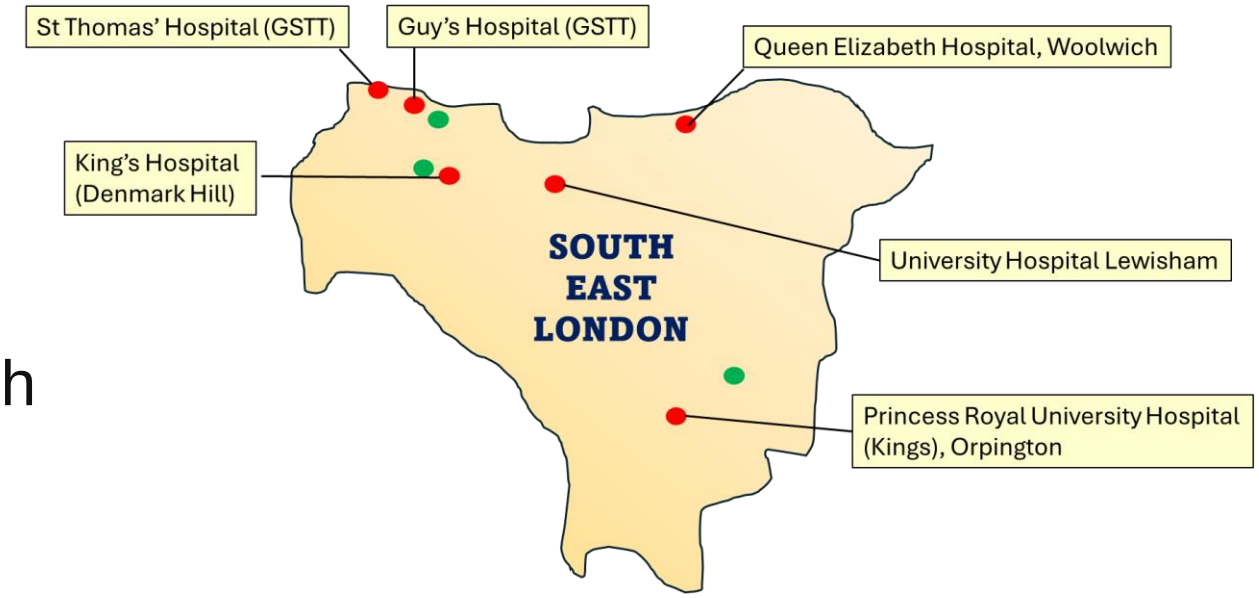
- St George's Hospital
- Kingston
- Epsom and St Helier
- Croydon

South-East London

- Kings College Hospital Foundation Trust
  - Denmark Hill site
  - Princess Royal University Hospital (PRUH)

- Guys and St Thomas' Foundation Trust
  - Guy's site
  - St Thomas'
  - Royal Brompton

- Lewisham and Greenwich
  - Lewisham Hospital
  - Queen Elizabeth Hospital, Woolwich



Specialised Foundation Programme (SFP)

- **Pathway 2**
- **F1: 3 x clinical 4 month posts**
- **F2: 1 x 4-month secondment**
- **Mostly research – *does NOT need to be in your 'chosen' field***
- **Education** ***- currently 2 rotations***



Specialised Foundation Programme

AREA	Programmes Available
Imperial	23
QMUL	15
Kings College London	16
City St Georges	5
University College London	11
Grand Total	**70**

Placeholders



Factors to consider?



- Breadth of experience
  - location
  - ways of working
- Opportunities to try out specialties
- Gain relevant competences / develop your portfolio
- Complementary areas

Strategic considerations

Advantages of going outside central London:

1. Less competitive
2. More appreciated
3. Social aspects
4. Cheaper
5. Better access to a variety of clinical presentations

Rank as many as you can

If all your choices are taken, you will be allocated

Allocation is by PIA ranking

Less Than Full-Time (LTFT)

- Many reasons to train LTFT
- 0.5 to 0.8 whole time equivalent (WTE)
- **Time** and competency
- Duration of training increases pro rata
- LTFT in existing full-time post or Slot share



Timeline for Preferencing

Recruitment Activity	Dates
Group preferencing window	27 Feb -13 March 2025 (12:00 midday GMT)
Group match results released	20 March 2025
Programme preferencing window	20 -31 March 2025 (12:00 midday GMT)
Programme match results released	**10 April 2025**

If you decline your allocation of either Foundation School (UoA) or programme, you must withdraw from this year's application process.

Programme Talks

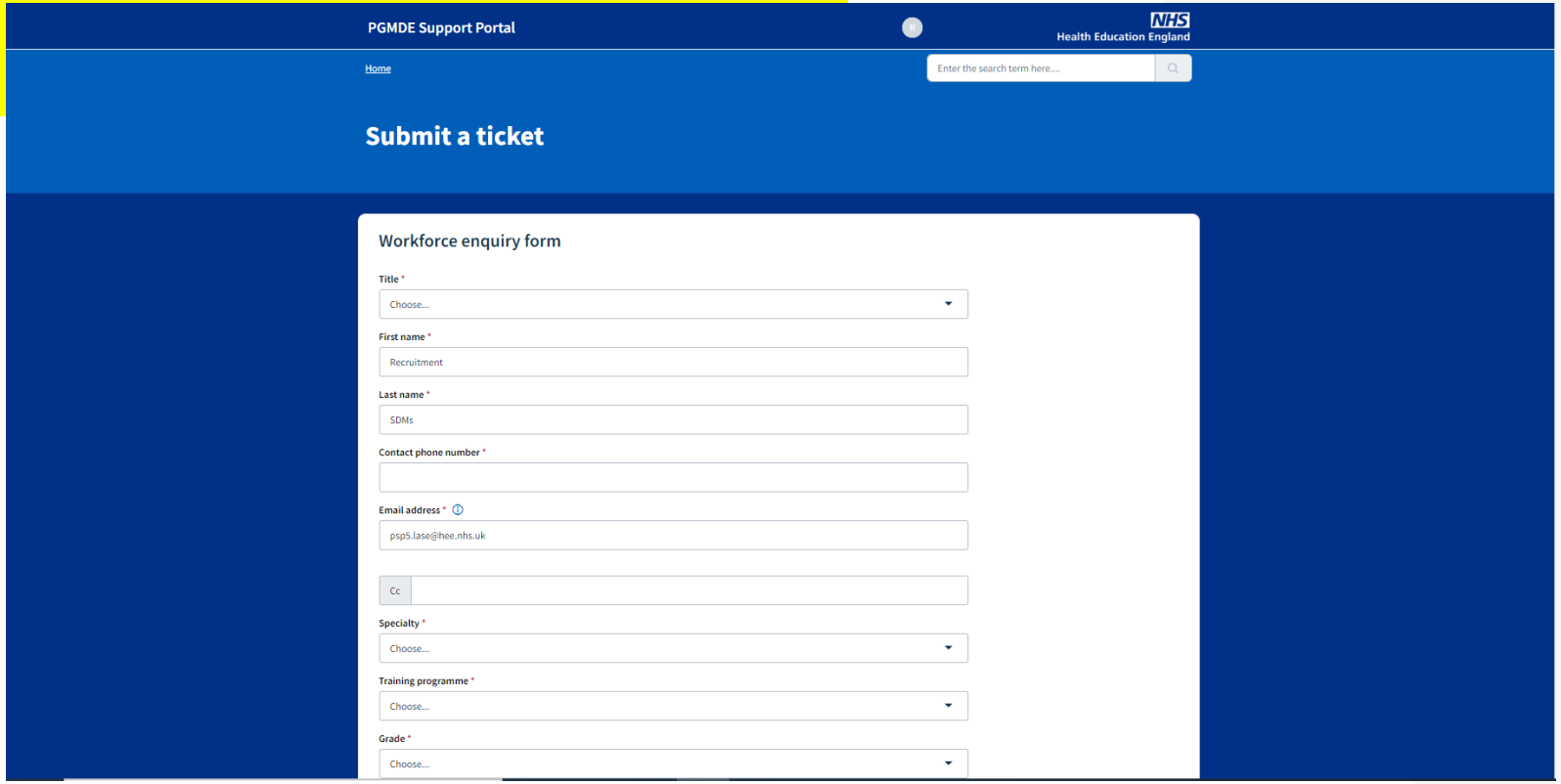
- **Friday 21st 2025**

- **South London: 10:00- 11:30**
- **Placeholders: 12:00- 13:00**
- **North London: 14:00- 15:30**
- **SFP Group: TBC**

How to contact us

PGMDE portal:

https://lasepgmdesupport.hee.nhs.uk/support/home



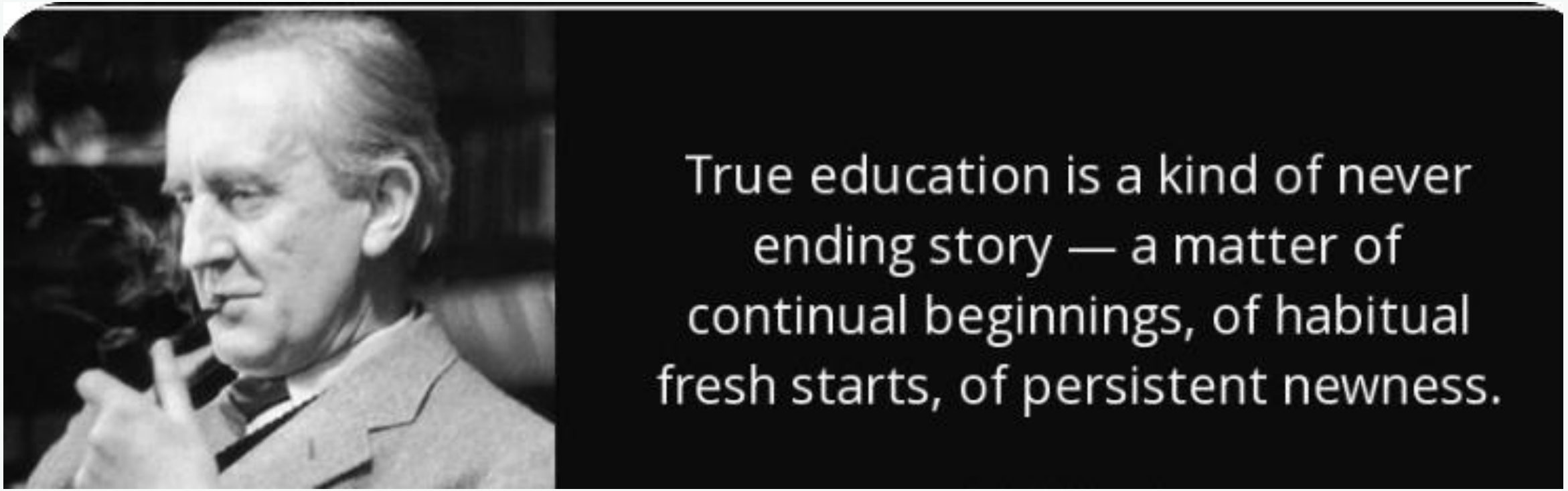
Contact us about

- **Withdrawing**
- **Deferrals**
- **Working LTFT**
- **Reasonable adjustments**

Where to find our more

https://london.hee.nhs.uk/medical-training/london-foundation-school

Questions


True education is a kind of never ending story — a matter of continual beginnings, of habitual fresh starts, of persistent newness.