

London School of Anaesthesia February 2023 Bulletin

HET London and KSS <LondonTrainees@news.hee.nhs.uk>

Fri 17/02/2023 10:25

To: Aasifa Tredray <Aasifa.Tredray@hee.nhs.uk>

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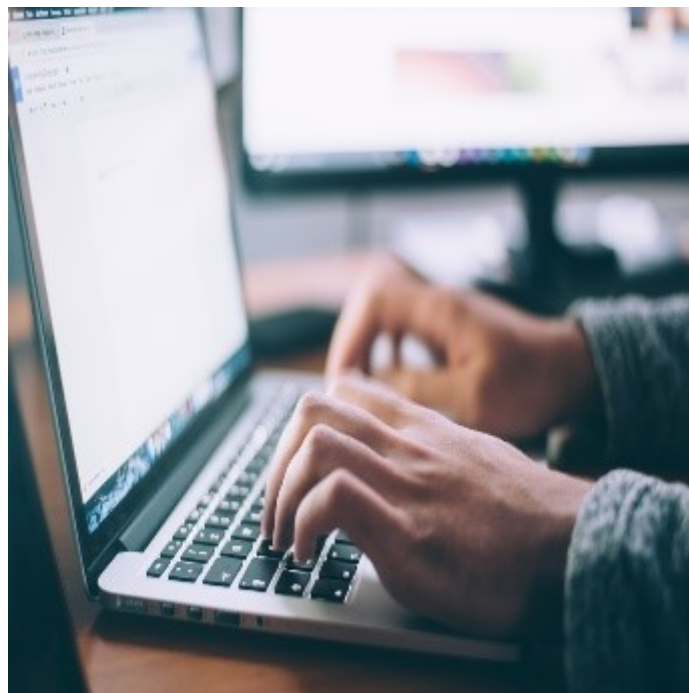


Health Education England

Trainee Bulletin

London School of Anaesthesia

February 2023



Hello and Welcome

In this bulletin, you will find updates on:

- Introduction
- School Resources
- HoS update
- Education Delivery
- HET Updates
- ARCPs

- Events

Introduction

Welcome to the February edition of the London School of Anaesthesia bulletin. We are sorry for the delay in circulating this bulletin and for not circulating one for January. Going forwards, we will circulate this bulletin on the 1st Wednesday of every month to keep all trainees and trainers informed of everything that is happening within the school and within HEE.

The content of the bulletin will vary from edition to edition depending upon what is happening within the school and this month we will be focusing on education delivery.

If you want to include any submissions, please email them to the HET Anaesthetic team 1 week before the publication date. A copy of each Bulletin will be uploaded to the London School of Anaesthesia website under a new tab titled 'trainee bulletin'.

School Resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days, ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia>

London And South East Support Portal

<https://lasepgmdsupport.hee.nhs.uk/support/home>

For curriculum, LLP, and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the school website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link:

<https://lasepgmdsupport.hee.nhs.uk/support/home>

(trainee enquiries)

HoS/TPD Updates

Welcome to the new ST4 trainees who joined the school in February. I hope you are all settling well. We will be holding a mini induction for you on the 16th March from 15:00-16:00 so please apply for study leave possible so you can join. Further details with a link to register, will be sent to you soon.

2023 is going to be a busy year for the school. We started off with our January Winter ARCPs and are now moving on to our first face to face Annual Trainee Conference since the pandemic. Josh and Mel have put together an excellent programme once again, so please register and come along if you haven't done so already. We only have 37% capacity left and it will be lovely to see lots of you there.

LSA Annual Trainee Conference

Date: Friday 17th February 2023

Venue: Mary Ward House, 5 - 7 Tavistock Place, WC1H 9SN

Who for: all CT1-ST7+ Anaesthetic Trainees from LSA (event limit 300 trainees)

Booking Link: <https://lasepgmdeevents.hee.nhs.uk/events/specialty-conferences/cb8a01e9-fb39-4e27-9de8-7ef4bd544cde>

There are a couple of big moves planned this year. In April, Health Education London will relocate from Stewart House to Canary Wharf, and we will officially merge with NHSE too. Details about the merger are starting to come through so I will use future bulletins to let you know about any changes which will affect you.

Summer ARCP dates have been finalised and are include in the ARCP section. As a reminder it is only trainees who are at a critical progression point, so end of stage 1, 2 or 3, who will be reviewed in the July window.

Enjoy this edition of the Bulletin, which features a spotlight on Education Delivery written by our new Education Delivery TPDs, Emilie and Gunjeet.

Education Delivery

Hello all,

We are the new Pan London TPDs for Educational delivery: Dr Gunjeet Dua, consultant anaesthetist at GSTT, and Dr Emilie Martinoni Hoogenboom, consultant anaesthetist at UCLH. We collaborate with all the Educational Leads, TPDs, DHoS and HoS on organising and delivering a high-quality regional training days (RTDs) programme and other courses.

Thanks to our HEE Events Team (HET), the dates for the 2023 RTDs are now available on the [LSA webpage](#), to help with timely study leave booking in your departments (registration links are being made available in due course). The [HEE Support page](#) provides comprehensive information.

During your training you are encouraged to attend stage-specific training days. You can complement the offer of RTDs by attending other courses. Please note that the indication "mandatory, optional, discretionary" on the [curriculum courses' list](#), specifically relates to the **funding arrangements** only and does not indicate an obligation to attend the course/RTD (in contrast to the statutory and mandatory training you have to attend in accordance with your Trust policy).

There are 2 parts to attending a RTD or an external course or conference.

- 1) In the first instance you must find out the process to apply for study leave and attendance to RTDS in your department. This process is governed by local trust policies with each department setting its own notice period and rules for study leave requests.
- 2) The second part is applying for funding from HEE, if needed. The [study leave section](#) of the support portal provides you with lots of information about how to access funding for RTDs and courses.

Your Educational Supervisors and College Tutors will facilitate your attendance to RTDs, courses and conferences, whenever possible, taking into consideration your educational needs but also the need to ensure adequate and safe clinical staffing in your place of work.

Together with your ES you will discuss and determine which courses are beneficial for your stage and educational requirements. The LSA does not mandate a minimal number of RTDs, but attendance to RTDs and other courses or conferences, should be evidenced in your LLP, and mapped to the capability's requirements at your stage of training. This will be reviewed as part of the meetings with your ES and adequate progress monitored.

This information should also be summarised within the non-clinical activities section of your ARCP ESSR. The ARCP requirements are set out in the [RCoA ARCP checklist](#):

We have provided rotation and stage [specific calendars](#) on the LSA website. There is increased collaboration throughout the London region in organising and delivering RTDs, which should give you ample opportunities to access high-quality teaching. You should aim to attend RTDs organised by your own rotation, on a specific month. You can also request to attend an RTD from another rotation, provided it is specified that this is open to trainees outside of the organising rotation. Virtually delivered RTDs can be attended by trainees Pan-London at the relevant stage of training, unless specified otherwise. Please also remember that recordings are available on your MS Teams channels.

We regularly liaise with your trainee reps, and we are keen to receive any feedback on any aspects of the RTDs. Please do not hesitate to get in touch.

COURSE ADVERTS

CORONIAL DAY

6th of March, [Click here](#)

OBSTETRIC ANAESTHESIA

The team at Northwick Park Hospital has created an online resource for those new to Labour Ward - www.nwlobsanaesthesia.com.

TRANSFER MEDICINE

A Journey through Transfer medicine - A new MOOC

Who is the course for? This course is designed for all healthcare professionals with an interest in the transfer of critically ill patients.

If you've ever been involved in transfer of a critically unwell patient - be it 100 yards or 100,000 miles - then you know how challenging and varied transfer medicine can be. We would love for you to join our inaugural massive open online course: **A Journey Through Transfer Medicine** - this *free and open access course* aims to help

us all better understand the complexity and diversity of transfer medicine for critically ill patients across a global landscape. In partnership with UCL & Futurelearn, and endorsed by the RCOA, the NAEMSP, the BACN - this MOOC is spread over 4 weeks (approximately 3-4 hours per week of self-directed learning) bringing together contributions from an expert international faculty.

What will you achieve?

By the end of the course, you will be able to...

- Explore the scope of transfer medicine practice and understand the risks involved in transferring critically unwell patients
- Summarise the physiological principles, human factors and relevant guidelines in order to optimise a patient, transfer them safely and handle critical incidents
- Assess the importance of equipment and different modes of transport in executing a safe transfer
- Develop an understanding of specialist, unusual and remote situations and specific patient groups who need safe critical transfer

Course launches on **January 9th 2023** - sign up using the link below!

[A Journey Through Transfer Medicine - Medicine Course Online - FutureLearn](#)

Sent on behalf of the Transfer Medicine MOOC Team

HET Updates

ARCPs

North Central London Anaesthetics

- 23rd and 26th May & 18th July

North West London Anaesthetics

- 12th May 2023
- 17th May 2023
- 14th July 2023

North East London Anaesthetics

- 22nd May 2023
- 14th June 2023
- 26th July 2023

South East London

- 22nd May 2023
- 23rd May 2023
- 17th July 2023

South West London

- 15th May 2023
- 16th May 2023
- 19th July 2023

The next ARCP workshop will be held on the 16th Match 16:00-17:30. This is open to all trainees and will be online. We are hoping to cover an overview of the ARCP process, preparing for your ARCP and RCOA documents you need to know during this know, during this process with lots of time for Q&A too. Link can be seen below:

<https://lasepgmdeevents.hee.nhs.uk/events/regional-training-days/2251b462-410c-4d20-851c-4ff2b5336fc0>

Events

Dear Anaesthetists, Intensivists, rouleurs and colleagues,

One line summary: Majorca's most cycling friendly anaesthetic conference is back...May 18-19th 2023.

www.cleatlearning.co.uk

I am spreading the word about a conference called CLEAT – the dubious acronym for Colleague Led Education for Anaesthetists and Trainees. It is open to Consultants, Trust Grades and Trainees. It is trying to occupy the slightly niche market of being the friendliest, most cycling-friendly anaesthetic conference run in Majorca.

We offer relevant CPD in delivered at a level that is practical to real-life work.

The conference is popular with cyclists of all standards (including the non-cycling hotel & pool dwelling type) and is based in Port de Pollença. The programme is built to maximise both the cycling and the learning.

The hotel (Playa Mar) and tour company we use (Stuart Hall Cycling) provide decent level carbon road bike hire and transfers, and Stuart Hall organises group rides that dovetail with the educational programme.

The website www.cleatlearning.co.uk provides some more information, and my twitter feed @cleatlearning now has almost 90 followers #viral. Alternatively, please feel free to contact me directly on cleatlearning@gmail.com which is more reliable.

Thank you very much for reading this far. If you know someone who might be interested, please spread the word, or ideally come and join us.

Best wishes

Lawrie Kidd

Consultant Anaesthetist



CLEAT
CONFERENCE

- Cycling
- Friendly
- Anaesthetic
- Learning

@cleatlearning
cleatlearning@gmail.com
www.cleatlearning.co.uk

CLEAT

18-19TH MAY
2023
PORT DE POLLENSA
MAJORCA

Latest news from PLAN

Reminder: Survey - Trainee Use of Risk Stratification Tools

We are pleased to announce the re-launch of PLAN surveys. Our first will be looking at trainee experience and usage of different risk stratification tools.

We are looking for local trainee leads for each hospital to promote the survey within your department. All local leads will receive a certificate of participation and be listed as a collaborator on any resulting publications.

Please contact Urvi Sanganee (PLAN vice chair and lead for this survey) at urvi.sanganee@doctors.org.uk to register your interest. The survey window will remain open until 28th February 2023.

We are always on the lookout for more surveys – see our website for submission details: <http://www.uk-plan.net/article.php?newsid=132>.

If you have any questions or queries, please do get in touch with the HET team here at HEE, either via the [PSP portal](#) or **School line below.**

[Healthcare Education Team, London and Kent, Surrey and Sussex](#)

Health Education England

KSS & LDN HEE Website: <https://kss.hee.nhs.uk/> <https://london.hee.nhs.uk/>

PGMDE support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

School line: 0207 866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce



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