

Advanced Pain Training Post Information for Potential Applicants

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| Training Centre: | Barts Health NHS Trust |
| Clinical Lead: | Dr Kristin Ullrich (RLH) Kristin.Ullrich@nhs.net |
| Pain Faculty Tutor & contact information: | Dr Saowarat Snidvongs (RLH) Saowarat.Snidvongs@nhs.net Dr Farrah Ayob (WX) Farrah.ayob@nhs.net |
| Training post pairing/ rotation details: | The post holder will spend 6 months at The Royal London Hospital and St Bartholomew's Hospital, and 6 months at Whipps Cross University Hospital. Specialty clinical commitments including paediatric pain, pain management programmes, community pain clinics and cancer/palliative care experience will be achieved during each placement at St Bartholomew's, The Royal London, Mile End and Whipps Cross University Hospitals. |
| Anaesthetic on-call commitment/ details: | There are no daytime anaesthetic commitments, but the advanced pain trainee will be on the specialist registrar anaesthetic on-call rota (typically 1 in 8), covering general or obstetric anaesthesia, or on the intensive care unit at their respective hospital attachments. |
| Anaesthetic TPD/ Rota Co-ordinator and contact information: | bartshealth.collegetutorsRLHAnaesthesia@nhs.net (RLH) |
| Information on Training Centre and Post: <ul style="list-style-type: none"> • Background/ opening paragraph about your centre/ Trust • Number of referrals • Types of clinics (e.g. community-based, specialty clinics, multidisciplinary) • Interventions offered (types & frequency of lists and numbers per year) • Unique to centre | <p>This is a speciality training post open to trainees of ST5 and above who have completed higher pain training, wishing to pursue a career in pain medicine. The successful candidate will spend 12 months as an advanced pain trainee at Barts Health NHS Trust, as part of the multidisciplinary specialist pain team. Barts Health NHS Trust is the largest NHS Trust in the UK, consisting of five hospitals across East London and the City of London, and serving a population of 2.5 million people.</p> <p>The post delivers the required curriculum set out by the Royal College of Anaesthetists, leading to eligibility to apply for the Fellowship of the Faculty of Pain Medicine of the Royal College of Anaesthetists (FFPMRCA) examination. We support less than full time training</p> <p>The multidisciplinary team at The Royal London and St Bartholomew's Hospitals includes 6 substantive pain consultants, a post-CCT pain fellow, a clinical psychologist and a highly specialist pain physiotherapist, in addition to a large nursing team. There are 3 pain consultants at Whipps Cross University Hospital, supported by anaesthetist consultants with an interest in acute pain management. The pain service accepts patients from a wide catchment area in East London and further afield, with approximately 1050 new patients seen annually. There are approximately 10 outpatient pain clinics weekly at St Bartholomew's Hospital alone.</p> |

| | <p>There are daily consultant-led pain ward rounds at The Royal London Hospital, one of the busiest major trauma centres in Europe. There are also regular consultant-led pain ward rounds at St Bartholomew’s Hospital, a centre of excellence for cardiac and cancer care.</p> <p>Advanced pain trainees will have the opportunity to learn and carry out a wide range of interventional pain procedures, with more than 10 interventional pain lists taking place weekly at The Royal London Hospital, Mile End Hospital and Whipps Cross University Hospital.</p> <p>Sample weekly timetable</p> <table border="1" data-bbox="517 631 1386 963"> <thead> <tr> <th></th> <th>Monday</th> <th>Tuesday</th> <th>Wednesday</th> <th>Thursday</th> <th>Friday</th> </tr> </thead> <tbody> <tr> <td>AM</td> <td>Clinic</td> <td>Intervention list</td> <td>Community pain clinic/pain management programme</td> <td>Clinic</td> <td>Community pain clinic</td> </tr> <tr> <td>PM</td> <td>Clinic</td> <td>Intervention list</td> <td>Clinic</td> <td>Intervention list</td> <td>Ward round and audit/quality improvement</td> </tr> </tbody> </table> | | Monday | Tuesday | Wednesday | Thursday | Friday | AM | Clinic | Intervention list | Community pain clinic/pain management programme | Clinic | Community pain clinic | PM | Clinic | Intervention list | Clinic | Intervention list | Ward round and audit/quality improvement |
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| <p>Access to MDTs:</p> | <p>There are unique opportunities to attend multidisciplinary and interdisciplinary pain clinics and meetings including spinal multidisciplinary team meetings and attend pain management programmes. Advanced pain trainees will be expected to regularly attend the community pain clinics at the locomotor services at St Leonard’s Hospital and the Tower Hamlets Persistent Pain Services at Mile End Hospital.</p> <p>Specialist clinics at The Royal London Hospital include a headache clinic, abdominal pain clinic, sickle cell pain clinic and complex opioid clinic.</p> | | | | | | | | | | | | | | | | | | |
| <p>Pain Management Programmes:</p> | <p>Advanced pain trainees are expected to complete a pain management programme as a clinical observer, and may be asked to facilitate patient education sessions. Available pain management programmes include the Pain Exercise and Education Programme (PEEP) at Mile End Hospital and the unique Bengali PEEP, and the MSK Pain Management Programme at Whipps Cross Hospital.</p> <p>Trainees may also choose to attend the pain management programme at St Leonards’ Locomotor Pain Service in Hackney, and their Understanding Pain and Possibilities Programme (UPP).</p> | | | | | | | | | | | | | | | | | | |
| <p>Cancer pain experience: e.g. local hospice</p> | <p>Cancer pain training is provided through a placement with the palliative care team at the Margaret Centre at Whipps Cross Hospital, and via palliative care ward rounds at St Bartholomew’s Hospital.</p> <p>Pain trainees will also attend clinical sessions at St Joseph’s Hospice, a specialist palliative care centre in East London.</p> | | | | | | | | | | | | | | | | | | |

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| Paediatric pain experience: | <p>There are regular consultant-led paediatric pain ward rounds at The Royal London Hospital.</p> <p>Previous advanced pain trainees have arranged placements at Great Ormond Street Hospital and St Thomas' Hospital to attend outpatient clinics and intervention lists.</p> |
| Neuromodulation experience: | <p>The pain team at Barts Health NHS Trust has a strong interest in neuromodulation including spinal cord stimulation, dorsal root ganglion stimulation and occipital nerve stimulation. There are approximately four multidisciplinary neuromodulation clinics and six neuromodulation intervention lists each week at The Royal London and St Bartholomew's Hospitals.</p> <p>https://bartsneuromodulationcentre.com</p> |
| Research opportunity: | <p>The advanced pain trainee will be encouraged to take part in clinical research and quality improvement activity, through a collaboration with the Pain and Anaesthesia Research Centre at St Bartholomew's Hospital which has strong links with Queen Mary University of London. The post holder will be encouraged and supported to attend and present at national and international pain conferences, and there will be publication opportunities (e.g. review articles, editorials and ongoing clinical research studies). The research team's interests are in interventional pain management, quantitative sensory testing, and neuromodulation.</p> <p>http://www.painresearch.co.uk</p> |
| Quality Improvement: | <p>All advanced pain trainees are expected to be involved in local quality improvement projects and will have dedicated time to work on service improvement. Barts Health NHS Trust is a leading centre in national safety standards for invasive procedures.</p> |
| Management & Leadership Opportunities: | <p>Trainees will be encouraged to prepare for a consultant post by attending relevant management and leadership courses, and will be given the opportunity to develop these skills during their fellowship.</p> |
| Education & Training Opportunities: | <p>The post holder will be expected to assist with the team's teaching commitments. This includes teaching medical students at Barts and The London School of Medicine and Dentistry, anaesthetic trainees and GPs, in addition to participation at patient education sessions. There is a weekly journal club, a bi-monthly teaching programme, and a monthly morbidity and mortality meeting.</p> <p>The advanced pain trainee is expected to agree a personal programme of study with the pain faculty tutor, with the aim of obtaining the award of the FFPMRCA. We have an excellent record of examination success and many of our previous trainees have gone on to secure substantive pain consultant posts in London.</p> <p>Pain fellows will undertake regular review and appraisal, with quarterly assessments as set out in the curriculum.</p> |
| Trainee Testimonials/ Feedback: | <p>On request.</p> |

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