

## Advanced Pain Training Post Information for Potential Applicants

<b>Training Centre:</b>	The Royal National Orthopaedic Hospital (RNOH), Stanmore, HA7 4LP
<b>Clinical Lead:</b>	Dr Dan Mihaylov
<b>Pain Faculty Tutor &amp; contact information:</b>	Dr Dan Mihaylov <a href="mailto:dan.mihaylov@nhs.net">dan.mihaylov@nhs.net</a>
<b>Training post pairing/ rotation details:</b>	12 months Fellowship approved by the RCoA FPM; 6 months at the RNOH followed by 6 months at UCLH
<b>Anaesthetic on-call commitment/ details:</b>	<b>There is no anaesthetic on call – commitment in either the RNOH or UCLH as part of this Fellowship</b>
<b>Anaesthetic TPD/ Rota Co-ordinator and contact information:</b>	Dr Kate Adams is the educational supervisor for anaesthetic trainees at the RNOH <a href="mailto:kate.adams3@nhs.net">kate.adams3@nhs.net</a>
<b>Information on Training Centre and Post:</b>	<ul style="list-style-type: none"> <li>• Background/ opening paragraph about your centre/ Trust</li> <li>• Number of referrals</li> <li>• Types of clinics (e.g. community-based, specialty clinics, multidisciplinary)</li> <li>• Interventions offered (types &amp; frequency of lists and numbers per year)</li> <li>• Unique to centre</li> </ul>
<b>Access to MDTs:</b>	The RNOH is a 220-bedded specialist Tertiary Referral Centre caring mainly for patients with complex orthopaedic problems. The RNOH Chronic Pain Management Centre is a Tertiary service for neuro-musculoskeletal pain. The current Consultant workforce consists of 4 full time Consultants (who occupy shared posts with Anaesthetics) as well as 1 part time Consultant. Whilst most clinical activities take place at the Stanmore site, some occur at our Bolsover site in central London. Apart from 'general' pain management services, we run a Neuromodulation service, multidisciplinary high intensity residential pain rehabilitation programme, paediatric pain management clinics and dedicated spinal cord injury related pain clinics. The above services are supported by a large number of MDT activities. A dedicated day case unit will become operational on the Stanmore site in November of 2021. Fellows will have exposure to at least 5 regular interventional lists per week. We undertake all standard neuro - musculoskeletal pain management interventions e.g. radiofrequency denervations, selective nerve root blocks etc. Given our patient complexity, we work in close liaison with the RNOH Interventional Radiology team.
<b>Pain Management Programmes:</b>	Fellows have access to and are expected to attend the following clinical MDTs: 1) weekly radiology MDT, 2) weekly spinal surgical MDT, 3) weekly residential pain management programme (PMP) MDT, 4) monthly general patient psychiatry / psychology MDT, 5) monthly Neuromodulation patient MDT
<b>Cancer pain experience:</b> e.g. local hospice	We run a nationally recognised residential high intensity PMP. All Fellows are expected to attend the key sessions delivered as part of this programme.
	We can provide limited exposure to cancer pain medicine. Our Fellows gain the necessary exposure to cancer pain medicine during their second 6 months of training at UCLH.

<b>Paediatric pain experience:</b>	Dr Roxaneh Zarnegar runs a regular paediatric pain management clinic at the RNOH. Her training in paediatric pain medicine has been accredited by the RCoA FPM. Specialist therapists deliver care to paediatric patients as part of this service. Fellows are given the opportunity and are encouraged to participate in these activities.
<b>Neuromodulation experience:</b>	There is a Neuromodulation service run by Drs Tacson Fernandez and Dan Mihaylov. Normally we run 2 Neuromodulation theatre sessions each week. Fellows are encouraged to participate in these activities.
<b>Research opportunity:</b>	Two of the Consultants, Drs Zarnegar and Fernandez have academic links and affiliations with UCL. They are active in research / publication activities and Fellows are encouraged to participate and contribute.
<b>Quality Improvement:</b>	Fellows are expected to complete at least one quality improvement project, under Consultant supervision and support, during their 6 month stay at the RNOH
<b>Management &amp; Leadership Opportunities:</b>	Fellows are expected to attend and contribute to the regular chronic pain management department monthly Business Meeting as well as the regular monthly Quality Meeting
<b>Education &amp; Training Opportunities:</b>	There is a weekly multi – specialty Pain Management Interest Educational Meeting. Fellows are expected to present at least once during this meeting. Regular teaching time is provided on Tuesdays of every week. Fellows are expected to attend the APT regional study days.
<b>Trainee Testimonials/ Feedback:</b>	As an advanced pain trainee at RNOH I've had the opportunity to see a breadth of complex pain cases as tertiary referrals as well as new referrals from the local community. I have had access to a long established and experienced dedicated pain multidisciplinary team such as psychiatrists, physiotherapists, specialist nurses and occupational therapists. RNOH has one of the longest standing residential pain management programmes, with referrals from all of the country. As a trainee, I have the chance to focus solely on pain training without having to provide service provision for anaesthetic on calls. This gives me a great advantage in learning the new subject of pain but also allows me time to revise for the pain exams and really consolidate the wealth of experience gained here at RNOH. The team have been very welcoming and ensure that trainees get every opportunity available and I would very much recommend this as one of the best rotations in advanced pain training.