Barking, Dagenham and Havering (BDH)

The Barking, Dagenham & Havering GP Training Scheme consists of a collection of training practices extending across the east of the Region including the Boroughs of Barking & Dagenham and Havering. It is a well-established scheme having been founded over 30 years ago.

The training is undertaken within the Barking, Havering, Redbridge University Trust and includes Queen's Hospital, Romford, Barking Hospital and King George's hospital, Goodmayes. The North East London Foundation Trust provides the mental health services and St Francis' Hospice provides the palliative care services for the patch.

We offer a wide range of primary care experience from small to large practices in both inner city and more rural locations, catering for a diverse multicultural population.

We are part of the Targeted Enhanced Recruitment Scheme (TERS) enabling trainee applicants to work in under-doctored and more deprived areas of the patch with additional funding, enhancing valuable experience working in these specific areas.

In addition we provide innovative integrated GP posts with different specialities, as well as Leadership experience with the local GP Federation and Medical Education with Queen Mary's University London.

We share a commitment to the highest standards of medical education and meet regularly as a group to discuss the latest advances in this field. There is an excellent half-day educational release course on Wednesday afternoons during term time, which all our registrars are expected to attend. During these sessions we cover a wide range of topics, including those set out in the GP curriculum as well as broader topics including leadership, commissioning and communication and consulting skills.

Our website https://sites.google.com/view/romford-vts/home will allow you a brief overview of the structure of our practices. Many link further into the individual practice websites where a more complete picture can be obtained.

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We hope you will be interested in coming to see us. We know that we can offer you an enjoyable and stimulating passage on your voyage of discovery into general practice.