

# Barking, Dagenham and Havering (BDH)

Romford Trainers Group consists of a collection of training practices extending across the east of the Region - in a corridor from inner city Dagenham to the edge of the M25. This is a well-established scheme having been founded over 30 years ago.

We offer a wide range of experience from small to large practices. Romford and Hornchurch are old English towns, each with their own unique character.

There is an excellent half-day release course on Wednesday afternoons at MyPlace, Harold Hill, which all our registrars are encouraged to attend.

We share a commitment to the highest standards of medical education and meet regularly as a group to discuss the latest advances in this field. Our website <https://sites.google.com/view/romford-vts/home> will allow you a brief overview of the structure of our practices. Many link further into the individual practice websites where a more complete picture can be obtained. Please click on "Trainers Information" at the top of this page to link to the practices.

We aim to cover the whole curricula over the 3-year period. Please see our website which shows an ongoing record of the curriculum coverage.

Highlights have been the well-received residential courses.

## Training Programme Directors

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We hope you will be interested in coming to see us - we know that we can offer you an enjoyable and stimulating passage on your voyage of discovery into general practice.