**Advanced Pain Training Post Information for Potential Applicants**

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| **Training Centre:** | Medway NHS Foundation Trust |
| **Clinical Lead:** | Dr Sami Alawad |
| **Pain Faculty Tutor & contact information:** | Dr Raja Reddy  rajareddy@nhs.net |
| **Training post pairing/ rotation details:** | Medway (6 months)/ GSTT (6 months) |
| **Anaesthetic on-call commitment/ details:** | 1:8 full shift senior registrar on call (Obstetrics or General) |
| **Anaesthetic TPD/ Rota Co-ordinator and contact information:** | Anaesthetic TPDs:  Marina Choudhury ([Marina.Choudhury@gstt.nhs.uk](about:blank))  Dev Mahtani ([dev.mahtani@gstt.nhs.uk](about:blank))  Oliver Rose (oliver.rose@nhs.net)  Anaesthetic College Tutor/ Rota Co-ordinator:  Dr Kumarvel Verrappan |
| **Information on Training Centre and Post:**   * Background/ opening paragraph about your centre/ Trust * Number of referrals * Types of clinics (e.g. community-based, specialty clinics, multidisciplinary) * Interventions offered (types & frequency of lists and numbers per year) * Unique to centre | Medway NHS Foundation trust is a District General Hospital in Kent serving a population of approximately 500,000. The chronic pain department is well established and currently we have a team of 4 consultants, 1 specialist pain nurse, 1 psychologist, 1 physiotherapist & 3 secretaries.  Medway NHS Trust receives more than 1600 referrals to our chronic pain services per year including non msk referrals from GP’s, Msk referrals from community triage centres & direct referrals from colleagues in our trust.  Our trust conducts more than 400 specialist pain clinics per year in secondary care where our DGH is based. We work closely with Rheumatology, Neurology & Orthopaedics. We have a well-established Complex Spinal MDT involving our orthopaedic spinal surgery colleagues  We perform more than 120 pain interventional theatre lists per year in our day case unit to include approximately 900 interventions per year  We offer the following interventions to our patients and most of them are image guided IG (Fluoroscopy Guided FG / Ultrasound Guided USG)  FG Cervical, Thoracic & Lumbar Facets Medial Branch Blocks & Radiofrequency Ablation  FG Cervical, Thoracic & Lumbar Dorsal Root Ganglion blocks & pulsed radiofrequency  FG Cervical, Thoracic, Lumbar & Caudal epidural injections  IG Cervical, Thoracic & Lumbar Sympathetic chain injections  FG Sacro coccygeal ganglion injections  FG Lumbar Adhesiolysis/RACZ  IG Sacro Coccygeal Ganglion injections  IG Shoulder, Hip & Knee Radiofrequency Ablation  UNIQUE TO OUR CENTRE  Exclusive Ultrasound Guided Interventions for Botox  Platelet Rich Plasma & Neuromodulation interventions  USG Greater Occipital, Third Occipital Nerve, AAJ & C2/C3 cervical facets injections for Occipital Neuralgia & Cervicogenic headache  USG Maxillary, Supra Orbital nerve blocks for facial pain  USG Cervical Selective extra foraminal injections  USG Cervical Sympathetic chain injections  USG shoulder diagnostic & therapeutic interventions for LHB tendinosis, Sub acromial Impingement, ACJ & GHJ arthritis  USG PRP injections for Rotator cuff tendinosis, medial and lateral epicondylitis, Patellar tendonitis & Plantar Fasciitis  USG Botox injections for chronic migraine, Piriformis and other Myofascial syndrome  USG peripheral nerve external neuromodulation & trigger point injections  USG pudendal nerve injections for chronic pelvic pain/pudendal neuralgia  USG Hip Joint, Greater Trochanteric Complex, Knee & Ankle joint injections |
| **Access to MDTs:** | We encourage a collaborative multidisciplinary approach and run spinal MDTs. You will be able to attend regular Combined Spine-Radiology- MSK Clinical Assessment- Pain MDT |
| **Pain Management Programmes:** | The Medway Pain Management Programme runs PMPs on an outpatient basis. You will have the opportunity to follow a group of patients from assessment through their programme. |
| **Cancer pain experience:**  e.g. local hospice | You will be able to attend regular cancer pain MDMs virtually at St Thomas’. At King’s you may gain experience with St Christopher’s Hospice |
| **Paediatric pain experience:** | You will have the opportunity to attend a monthly Paediatric Pain Clinic, as well as joining ward rounds at the Evelina Children’s Hospital whilst at St Thomas’ as part of the rotation |
| **Neuromodulation experience:** | At St Thomas’ there is a well-established & highly regard Neuromodulation Service with opportunity for Neuromodulation Fellowships if this is an area of interest. |
| **Research opportunity:** | We are enthusiastic as regards to research and you will have an opportunity to participate in ongoing work. |
| **Quality Improvement:** | We are actively involved in multiple QI projects and the trainees will have opportunities to be part of the team |
| **Management & Leadership Opportunities:** | We conduct a host of interventional pain workshops wherein the trainee can get a chance to develop their management and leadership skills |
| **Education & Training Opportunities:** | There will be the opportunity to teach medical students and junior members of the team, as well as teach within the wider multidisciplinary team. |
| **Trainee Testimonials/ Feedback:** | Feedback from trainees is positive… |