

# Bromley

## Bromley General Practice Training Programme

**Website:** <https://bethbromley.org/gp-training-programme/>



### Description of scheme

The Bromley GP Training Programme is an innovative scheme invested in providing the fundamental foundations required to become a competent and confident General Practitioner. We are a friendly GP Training scheme which is highly-rated by current and past trainees. The team consists of 3 Programme Directors and an administrator, who all play a vital role in the smooth running of the scheme.

### Location

The training scheme is based in Bromley, Kent. You get the best of both worlds with easy quick transport links into the heart of the capital and also great access to the Kent countryside. The historical heart of Bromley is situated around a bustling shopping centre which is home to a variety of restaurants and shops. For a more rural experience it is the only borough in London to encompass an area of outstanding natural beauty in the Kent Downs.

Apart from its geographical advantage, the Bromley GPTP Scheme enjoys support from the Bromley Education and Training Hub (BETH), Bromley GP Alliance (BGPA) and King's NHS Trust. Teaching takes place in the Education Centre of the Princes Royal University Hospital (PRUH), Farnborough.

### Posts/Rotations

The Bromley GPTP Scheme currently has 3 x 4-month hospital rotations in ST1 and ST2 with posts offered in Emergency Medicine, O&G, Paediatrics, General Medicine, ENT and Psychiatry, and 2 x 6-month rotations in GP and GPwsi or GP Plus in Community Paediatrics, Dermatology, CCG, BETH, BGPA, Genito-Urinary Medicine and Frailty posts.



## Educational Activities

We meet regularly on Wednesday afternoons for our HDRC programme, which includes Away Days, Simulation, CSA/RCA Preparation. Our much-loved Annual Teambuilding Away Day for all trainees has included activities such as Go-Ape, Go-Karting, Treasure Hunts and the Crystal Maze.

## Highlights

Here is some feedback from previous trainees giving the "highlight" of their training:-

**ST3:** "My highlight- coming half way through my training from a different deanery with a new 6month old baby was stressful but exciting. The other Bromley trainees and PD's were supportive and approachable. Very helpful with questions!"

**ST2:** "The rotations are 4 months long which make for great experience in loads of different placements. The GP directors and admin staff are all very friendly and approachable, and make for entertaining teaching sessions and gatherings! They've also treated us to Go-Ape at the end of last year which was memorable and a great team building experience!"

**ST2:** " -especially useful bits during rotations were O&G being allowed to do lots of clinics. The team are very good at working with GP trainees to do useful things like gynae clinics and antenatal clinics. As the rota is made by Obs & Gynae trainees, if you speak to the rota maker, they are usually very good at letting people do clinics where they feel they need more exposure to so I did quite a few gynae clinics as I really wanted practice using speculums and understanding what level of things needed referral to secondary care.

- ENT was probably the most fun/rotation with the most teaching. Team were brilliant at always being happy to take time out to do sign offs or do impromptu teaching. 4 months was quite a long time on the rotation as it's quite specialist but it was so useful for recognising common presentations and understanding what needs referring from GP. After a teaching session from one of the ENT consultants, a lot of other trainees commented that they'd wished they had the chance to do this rotation so I feel very lucky to have done it

- now when I am in GP I appreciate how useful the paediatric rotation was. After this rotation I feel much more confident in managing babies/children after all the guidance from seniors during the rotation. The consultants I worked with were all lovely & very supportive. On calls were the most supported of any job I have ever done. When I did a GP rotation before Paeds, I worried about seeing children but now I look forward to dealing with childhood illnesses.

## **Contacts**

### **Programme Directors**

Hasib Ur-Rub  
[hasib@nhs.net](mailto:hasib@nhs.net)

Natasha Hoare  
[natashahoare@nhs.net](mailto:natashahoare@nhs.net)

Kaushal Kansagra  
[kkansagra@nhs.net](mailto:kkansagra@nhs.net)

### **Workshop Convenors**

Selena Wong  
[Selena.wong@nhs](mailto:Selena.wong@nhs)

Sivaja Sithamparapillai  
[s.sithamparapillai@nhs.net](mailto:s.sithamparapillai@nhs.net)

### **Scheme administrator**

Nicola Jones  
[nicolajones6@nhs.net](mailto:nicolajones6@nhs.net)