

Epsom and St Helier University Hospitals NHS Trust

Trust contact details

St Helier Hospital
Wrythe Lane, Carshalton, Surrey, SM5 1AA
020 8296 2000 (Switchboard)

Epsom General Hospital
Dorking Road, Epsom, Surrey, KT18 7EG
01371 735 735 (Switchboard)

www.epsom-sthelier.nhs.uk

Foundation training Programme Directors

Group Director of Medical Education

Dr Sophie Vaughan

Group Head of Medical Education

Mr Nick Gosling

Associate Director of Medical Education

Mr Mark Middleton

Medical Education Manager

Ms Karen Saridis

F1 Foundation Programme Directors

Dr Rina Patel & Dr Sam Raveney

F2 Foundation Programme Director

Dr Sarah Milliams

Foundation Programme Coordinator

Mrs Debra Gent

Facilities - Postgraduate Medical Centres (Location and resources)

There is a well-equipped postgraduate medical centre on each site, both the Epsom and the St Helier Hospital site with videoconferencing facilities for cross-site teaching.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available on site. For information contact the Accommodation Departments: St Helier Hospital 0208 296 3693.

Social activities

The mess president at Epsom and St Helier sites organizes a lively program of events. There is a doctors' mess centrally located in the hospital in each site.

Library facilities

Epsom and St Helier University Hospitals NHS Trust has two physical libraries: The Hirson and the Sally Howell Library.

I.T facilities

Resident doctors have access to 10 PCs and 4 laptops in the Hirson Library. There are 7 PCs and 3 laptops in the Doctors' Mess computer room. Scanning facilities are also available for scanning documents into Horus.

Transport links

A short bus ride takes you to Morden tube station on the Northern line (zone 4) or to Sutton station, which provides the easiest access with frequent buses to the hospital. Sutton has direct rail services running to and from Epsom, Croydon, London Bridge, London Victoria, Clapham Junction and Wimbledon. Also running through Sutton is the Sutton Loop Thameslink line which links Luton and St Pancras International directly with the stations on the loop. St Helier is approximately 8 miles from London. There is also a black cab rank outside Sutton station and the taxi journey takes about 5 minutes.

Local amenities/attractions

St Helier is very close to Sutton, a busy town with excellent shopping centers, restaurants, cinemas and leisure centers.

Parking arrangements

Staff parking is available on all sites. There is an annual permit costs and the daily charge is dependent on salary.

Accolades/achievements of the trust

We are one of the best performing trusts in South West London. We are one of the most improved in London overall and meet all the key standards which makes us ranked as Good by the CQC.

Any additional information

Epsom and St Helier University Hospitals NHS Trust was formed in 1999 when Epsom Health Care NHS Trust and St Helier NHS Trust merged. It provides services to approximately 420,000 people in South West London and North East Surrey. We provide specialist renal services and a neonatal intensive care to a wider area. We cover some of the most prosperous postcodes in the country as well as some poorer areas and together with our colleagues in our CCG's.

The Trust operates on two major sites: St Helier Hospital incorporating Queen Mary's Hospital for Children and Epsom Hospital. We also provide services from a number of other local hospitals. We have 11 renal centres throughout South London and Surrey and we host the Elective Orthopaedic Centre (EOC) at Epsom which is operated by the Trust in conjunction with neighbouring trusts on a partnership basis. The EOC is the largest hip and knee replacement centre in the UK and one of the largest in Europe. The EOC is also a major centre for shoulder surgery and hip arthroscopies as well as undertaking more than 1,000 minor orthopaedic procedures, most of them as day cases or short stay.

Epsom Hospital serves the southern part of the catchment area and provides an extensive range of inpatient, day and outpatient services. It has an Accident and Emergency service with 54,000 attendances per year. It also undertakes all elective (pre-booked) inpatient surgery within the Trust. There is an extensive range of diagnostic and supporting services, including pathology, radiology (including CT, MRI and ultrasound) and vascular diagnostic services, and a busy modern purpose-built day care and day surgery unit. The site also includes an acute psychiatric facility operated by Surrey and Borders Partnership NHS Foundation Trust. St Helier Hospital is the largest site within the trust and shares its site with Queen Mary's Hospital for Children. The hospital has a comprehensive range of diagnostic facilities within pathology and radiology (including MRI and CT scanning, nuclear medicine, ultrasound and vascular diagnostic services), a busy Accident and Emergency department dealing with 80,000 attendances per annum, and a range of outpatient facilities. It undertakes all the emergency surgery in the Trust. The renal unit provides acute renal care and dialysis and is

integrated with the St George's Hospital transplant program. For more information about the Trust see the website www.epsom-sthelier.nhs.uk.

Foundation specific - Induction/shadowing arrangements

The Preparation for Professional Practice is organized via the Foundation Programme administration team. For F1's there are 7 days of clinical induction training events and opportunities for shadowing. F2's are inducted as part of the general August induction intake.

Foundation specific – tasters

A good selection of tasters are available including:

Ophthalmology Microbiology, Chemical Pathology, Dermatology, GU Medicine, Immunology, Radiology, O&G, Diabetes, ED, Renal Medicine, Paediatrics, Anaesthetics, Cardiology, Neurology, Psychiatry, Palliative Care, Respiratory Medicine and Gastroenterology. Each taster is arranged collaboratively with the trainee and the programme outline is designed around the individual trainee's needs.

Foundation specific – simulation

The trust has a well-equipped Simulation centre on the Epsom hospital site and also has mobile Simulation equipment. We run an extensive programme of simulation courses including at all levels. ALS is offered to all F1 doctors.

Foundation Doctor forums

Junior doctors' representatives are elected for each year. They represent their colleagues at the Foundation Programme Faculty Group meetings and Junior Doctor Forum meetings.

Foundation specific - educational & clinical supervision

The Foundation Programme supervision team is comprised of 100 clinical supervisors and 25 educational supervisors. Foundation trainees are allocated a clinical supervisor for each four-month post and an educational supervisor for the year they spend with us. The clinical supervisor will supervise the trainee (in consultation with their educational supervisor and the Programme Director) to maintain an overview of the development and progress of the foundation doctor within the training programme. An educational agreement will be agreed at the initial meeting within each post. Mid-point reviews are also required in each post.

Foundation specific - teaching programme

F1s have three hours of protected teaching each week on a Tuesday afternoon on the St Helier site. F2s from all sites (including those in general practice) have their teaching on Wednesday mornings on the St Helier site.

Foundation specific Additional information

The trust has 46 foundation year 1 posts in General Medicine, General Surgery, Haematology, Trauma and Orthopaedics, Urology, UCC, Palliative Care and Psychiatry. There are 45 foundation year 2 posts, covering Trauma and Orthopaedics, General Surgery, ED, Paediatrics, General Practice, General Medicine, Renal medicine, ITU and Obstetrics and Gynaecology. Most programmes involve rotations on both main sites, Epsom General Hospital and St Helier Hospital.

Foundation Buddy Programme

A near-peer mentoring programme where F1s can gain from the support of an SHO when they join the trust. Voluntary option for F2s to be mentors in this programme.

Self-Development Time

F1s & F2's have two hours a week to use for Supervisor meetings, portfolio work, audit or teaching preparation, etc.

For more information about the Trust see the website www.epsom-sthelier.nhs.uk and for information on any aspect of foundation training at Epsom and St. Helier University Hospitals NHS Trust please contact:

Mrs Debra Gent

020 8296 4010

esth.foundation.programme@nhs.net

Foundation Programme

FY1 Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR50/035/F1/001 LDN/RVR50/035/F1/002 LDN/RVR50/035/F1/003
Placement Details:	General (Internal) Medicine (Medical Assessment Unit) AMU
Department:	The Acute Medical Units encompass SDEC (Same Day Emergency Care) – previously Ambulatory unit Acute Assessment Short Stay wards
Type of work to expect and learning opportunities:	<p>All F1 Doctors in hospital posts are generally ward based during the ‘normal’ working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty attachment. The F1 will be involved with the generic clerking of unselected take during the daytime when on-call and are responsible for the on-going care of the patients when admitted.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Interpret the findings on examination and investigations • Identify and create a problem list • Present cases to the consultant and other specialties when appropriate • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers
Where the placement is based:	Chuter-Ede ward in Epsom Hospital

Clinical supervisor (s) for the placement:	Dr Imran Malik Dr Simona Petkovic Dr Thomas John
Main duties of the placement:	Preparing and presenting the clinical cases Documenting plan from clinical review Undertaking jobs from the clinical review Maintaining patient safety at all times Communicating with specialties and disciplines to facilitate discharge Presenting cases and plan in MDT meeting
Typical Working Pattern in this placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to do daily ward rounds and be involved in daily medical care of patients on their ward irrespective of specialty attachment. Opportunities exist to attend theatre and specialty clinics with agreement with educational and clinical supervisors
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR50/035/F1/001

LDN/RVR50/035/F1/002

LDN/RVR50/035/F1/003

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/</p>

Location	Chuter Ede Ward	Emergency Department	
DAY	AMU Ward Round	Bedded Ward Round	Post Take Ward Round
Monday	<p>Board Round 09:00-09:15 Ward Round 09:15-12:00 MDT Meeting 12:00-12:30 Radiology Teaching 13:00-14:00 Ward jobs/Engagement 14:00-15:30 MDT update 15:30-15:45 Finishing off outstanding jobs & handover 15:45-17:00</p>	<p>SDEC briefing 09:00-09:30 Ward Round 09:30-12:30 Radiology Teaching 13:00-14:00 Ward jobs/Engagement 14:00-16:30 Finishing off outstanding jobs & handover 16:30-17:00</p>	<p>Ward Round 07:30-08:30 Handover Meeting 08:30-09:00 Ward jobs/Engagement 09:00-12:30 Radiology Teaching 13:00-14:00 Finishing off outstanding jobs & handover 14:00-15:00</p>

Tuesday	<p>Board Round 09:00-09:15 Ward Round 09:15-12:00 MDT Meeting 12:00-12:30 Ward jobs/Engagement 13:00-14:00 Weekly F1 Teaching 14:00-17:00</p>	<p>SDEC briefing 09:00-09:30 Ward Round 09:30-12:30 Ward jobs/Engagement 12:30-13:00 Finishing off outstanding jobs & handover 13:00-13:30 Weekly F1 Teaching 14:00-17:00</p>	<p>Ward Round 07:30-08:30 Handover Meeting 08:30-09:00 Ward jobs/Engagement 09:00-13:00 Finishing off outstanding jobs & handover 13:00-13:30 Weekly F1 Teaching 14:00-17:00</p>
Wednesday	<p>Board Round 09:00-09:15 Ward Round 09:15-12:00 MDT Meeting 12:00-12:30 Department Teaching 13:00-14:00 Ward jobs/Engagement 14:00-15:30 MDT update 15:30-15:45 Finishing off outstanding jobs & handover 15:45-17:00</p>	<p>SDEC briefing 09:00-09:30 Ward Round 09:30-12:30 Department Teaching 13:00-14:00 Ward jobs/Engagement 14:00-16:30 Finishing off outstanding jobs & handover 16:30-17:00</p>	<p>Ward Round 07:30-08:30 Handover Meeting 08:30-09:00 Ward jobs/Engagement 09:00-12:30 Departmental Teaching 13:00-14:00 Finishing off outstanding jobs & handover 14:00-15:00</p>
Thursday	<p>Board Round 09:00-09:15 Ward Round 09:15-12:00 MDT Meeting 12:00-12:30 Grand Round 12:30-13:30 Ward jobs/Engagement 14:00-15:30 MDT update 15:30-15:45 Finishing off outstanding jobs & handover 15:45-17:00</p>	<p>SDEC briefing 09:00-09:30 Ward Round 09:30-12:30 Grand Round 12:30-13:30 Ward jobs/Engagement 14:00-16:30 Finishing off outstanding jobs & handover 16:30-17:00</p>	<p>Ward Round 07:30-08:30 Handover Meeting 08:30-09:00 Ward jobs/Engagement 09:00-12:30 Grand Round 12:30-13:30 Finishing off outstanding jobs & handover 14:00-15:00</p>
Friday	<p>Board Round 09:00-09:15 Ward Round 09:15-12:00 MDT Meeting 12:00-12:30 Ward jobs/Engagement 13:00-15:00 Weekend Handover 15:00-15.30 MDT update 15:30-15:45 Finishing off outstanding jobs & handover 15:45-17:00</p>	<p>SDEC briefing 09:00-09:30 Ward Round 09:30-12:30 Ward jobs/Engagement 13:00-16:30 Finishing off outstanding jobs & handover 16:30-17:00</p>	<p>Ward Round 07:30-08:30 Handover Meeting 08:30-09:00 Ward jobs/Engagement 09:00-13:30 Finishing off outstanding jobs & handover 14:00-15:00</p>

Foundation Programme

FY1 Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/035/F1/001 LDN/RVR05/035/F1/004
Placement Details:	Acute Internal Medicine General Internal Medicine
Department:	Acute Medicine The Acute Medical Units encompass Same Day Emergency Care (SDEC) service and the Acute Medical Unit. In the acute medical pathways, Consultants work closely with specialty physicians, providing care for acutely unwell medical patients referred directly from their GP's care or from the A&E Department either at the front door or following admission. Acute medicine procedural skills e.g. ascitic drain, plural aspiration, intercostal chest drain and lumbar punctures are available.
Type of work to expect and learning opportunities:	<p>All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Medicine/CAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Undertake and complete relevant clinical administrative documentation • Cope with ethical and legal issues which occur during the management of patients with general medical problems • AIM in-situ simulation • AIM physicians trained to lead and deliver key procedural skills.

Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Educational Lead: Dr Shuaib Quraishi Acute Internal Medicine Senior Physician Team
Main duties of the placement:	Acute Medicine The Acute Medical Units encompass Same Day Emergency Care (SDEC) service and the Acute Medical Unit. In the acute medical pathways, Consultants work closely with specialty physicians, providing care for acutely unwell medical patients referred directly from their GP's care or from the A&E Department. either at the front door or following admission.
Typical Working Pattern in this placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. General Internal Medicine includes on-calls and weekend working.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/035/F1/001

LDN/RVR05/035/F1/004

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • In-situ Simulation • Crisis Communication skills • Script modules • e-learning • specialist clinics • theatre sessions presentation • participation in Quality improvement projects 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Acute Medicine - MAU St Helier
Monday	AMU board round 9:00 AMU Board Review 1530
Tuesday	AMU board round 9:00 Weekly Bedside Teaching for non-F1 1500 Weekly F1 Teaching (3Hrs) 14:00 – 17:00 AMU Board Review 1530
Wednesday	AMU board round 9:00 AMU Meeting 13:30 AMU Board Review 1530
Thursday	AMU board round 9:00 Grand Round Lunch Time Meeting 12:30-13:30
Friday	

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/007/F1/001
Placement Details:	Cardiology (Cardio-vascular disease)
Department:	We offer inpatient and outpatient treatment for patients with all forms of heart disease especially acute coronary syndromes, heart failure, arrhythmia and endocarditis. The team has two specialist doctors, a ST4/5 cardiology resident and a clinical fellow. The site has a complete range of non-invasive cardiac investigations, CT angiography and nuclear perfusion scanning.
Type of work to expect and learning opportunities:	<ul style="list-style-type: none"> • CCU-experience: Start on CCU with daily consultant-led ward rounds and close supervision. • Defined caseload: Manage a focused CCU list (up to ~11 patients) to build confidence and continuity. • Predictable timetable: A consistent weekly pattern balancing CCU responsibility with learning time. • Accessible seniors: Regular input from a compact senior team under direct supervision. • ECG learning: Build confidence in this essential skill from experts. • Strong imaging exposure on site: TOE, CT coronary angiography and nuclear perfusion scanning. • Follow the patient journey: Optional Cath Lab taster—follow patients through invasive procedures and Outpatient experience. • Protected development time: Weekly FY1 teaching, Self Development Time (1 day per month), ALS and e-learning. • Early portfolio wins: Supported SLEs and a quality improvement project with opportunities to present.

	<ul style="list-style-type: none"> Build generalist skills: Work in a friendly, supportive team committed to medical education.
Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Dr Richard Bogle (Interventional Cardiologist/Postgraduate System Dean)
Main duties of the placement:	Clerk acute admissions and contribute on ward rounds, presenting cases and refining differentials and management plans with senior input. Keep clear, contemporaneous electronic notes, arrange investigations, review results with the team, and write concise discharge summaries with clear follow-up and safety-netting. Work closely with nursing and the multi-professional team to deliver coordinated care and safe handovers.
Typical Working Pattern in this placement:	Daily ward rounds and undertaking ward jobs. General medicine on calls includes clerking new patients referred from GPs/A+E, and ward cover. There are long days 08:00–21:00 but no night shifts). You work one weekend each month with a day off before and after and on average 1 long day each week. There is lots of support and learning opportunity.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes :

LDN/RVR05/007/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training “outcomes” to be achieved within the curriculum; termed the Foundation professional capabilities Each one describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

To progress to the next stage of training, foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the foundation professional capabilities.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including</p> <p>mini-CEXs</p> <p>DOPs</p> <p>CBDs</p> <p>Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio</p> <p>http://www.foundationprogramme.nhs.uk/pages/home/your-career-path</p> <p>http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP</p> <p>http://www.stfs.org.uk/</p>

<ul style="list-style-type: none"> start to develop interest for career progression 			
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Day of the Week	CARDIOLOGY St Helier
Monday	08:00 Heart Failure MDT Meeting (Optional) 9:00 Ward round 14:00 Echo Meeting
Tuesday	09:00 Ward round 14:00 Mandatory F1 Teaching (3h)
Wednesday	09:00 Ward round 13:30 Outpatient Clinic (Optional)
Thursday	12:30 Grand Round 09:00 Ward Round
Friday	09:00 Ward round

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom
National Post Number:	LDN/RVR50/007/F1/001
Placement Details:	Cardiology (Cardio-vascular Disease)
Department:	The department offers inpatient and outpatient treatment for patients with all forms of heart disease. There are consultants with specialist interests in arrhythmia, coronary heart disease, imaging, heart failure and devices. Patients requiring invasive treatment go to Epsom Hospital or one of the tertiary centers (St Thomas', St George's or King's College). The team consists of two specialist doctors, a ST4 and a Clinical Fellow. We provide care combined with cardiac nurses and physiologists support staff. The department has a full range of non-invasive investigations including transesophageal echocardiography, CT angiography and perfusion scanning.
Type of work to expect and learning opportunities	<p>F1 doctors are based on the cardiology ward during the 'normal' working day supported by the ST4 or Clinical Fellow. They are expected to deliver daily medical care to patients under the cardiology team of 11 patients under supervision. The educational objectives of the F1 year are provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Formulate a diagnosis using appropriate clinical reasoning. • Identify and synthesise a problem list. • Prescribe safely. • Keep accurate and relevant medical records. • Manage time and clinical priorities effectively. • Communicate effectively with patients, relatives, and colleagues. • Use evidence, guidelines, and audit to benefit patient care. • Act in a professional manner. • Cope with ethical and legal issues which occur during the management of patients with general medical problems. • Educate patients effectively. • Become life-long learners and teachers.
Where the placement is based:	Epsom Hospital
Clinical supervisor (s) for the placement:	Dr Abhay Bajpai
Main duties of the placement:	The FY1 doctor will be involved with the clerking of patients, attending the ward round, keeping notes, arranging investigations, writing

	discharge summaries, liaison with tertiary cardiology centers. There is an opportunity to attend the echocardiography meeting and the heart failure MDT meeting. Experience of outpatient cardiology clinic can also be provided. There is also an opportunity to undertake a quality improvement project.
Typical Working Pattern in this placement:	Daily Ward Round and then Ward Work. Opportunity to come to outpatient clinic. Opportunity to be taught bedside echo if the post-holder wishes.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR50/007/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/</p>

Day of the Week	Cardiology Epsom
Monday	Heart Failure MDT Meeting 08:00 (Optional) Ward round 09:00 Opportunity to attend the cath lab 14:00 Echo Meeting
Tuesday	Ward round 09:00 Opportunity to attend the cath lab Weekly F1 Teaching (3Hrs) 14:00-17:00
Wednesday	Ward round 09:00 Attendance at Outpatient Clinic (Optional)
Thursday	Grand Round meeting 12:30–13:30 Ward Round 09:30 Opportunity to attend the cath lab
Friday	Ward round 09:00 Opportunity to attend the cath lab

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/030/F1/001 LDN/RVR05/030/F1/002
Placement Details:	Primary Care / Emergency Medicine
Department:	SDEC/Urgent Care Centre
Type of work to expect and learning opportunities	<p>This role offers FY1 doctors the chance to develop clinical skills in a supportive, multidisciplinary setting. Under the supervision of EM Consultants/or UTC GP, they will handle a variety of cases in the UTC/ED. Key responsibilities include:</p> <p>I: Clinical Responsibilities:</p> <ul style="list-style-type: none"> • Assess and treat patients with minor injuries/illnesses under supervision. • Assist with or carry out practical procedures appropriate to their experience. • Collaborate with occupational therapy, physiotherapy, and social services. • Communicate effectively with patients, families, and carers. • Facilitate discharges with community support. <p>II: Professional Development:</p> <ul style="list-style-type: none"> • Participate in weekly teaching (Wednesdays 08:00 – 09:00hrs). • Attend the Foundation Year 1 programme (Tuesdays 14:00 – 17:00hrs). • Complete an audit or quality improvement project (QIP). • Cover the majority of the FY1 curriculum during the placement. <p>III: Self-Development:</p>

	<ul style="list-style-type: none"> • Dedicated time for self-development, reflection, and skill enhancement. • This placement offers extensive clinical experience, multidisciplinary teamwork, regular teaching, and personal development, helping FY1 doctors grow into confident, well-rounded clinicians
Where the placement is based:	SDEC/Urgent Care Centre/ St Helier
Clinical supervisor (s) for the placement:	Dr Sharif Zarif – GP
Main duties of the placement:	<p>UTC/SDEC/ED Responsibilities:</p> <ul style="list-style-type: none"> • Assess and treat patients with minor injuries or illnesses under the supervision of an EM Consultant or GP. • Assist with or carry out practical procedures as appropriate. • Communicate effectively with patients, families, and carers. • Facilitate patient discharges with appropriate community support. <p>This placement provides hands-on clinical experience, fostering essential communication and procedural skills in a supportive environment.</p>
Typical Working Pattern in this placement:	<p>Primarily based in UTC/ED SDEC, with opportunities to gain experience in ED Majors.</p> <p>All Shift times: 8:00-16:00</p> <ul style="list-style-type: none"> • Protected teaching time: Foundation programme on Tuesdays 14:00-16:00 • Every Tuesday 08:00-12:00, the F1s follow the shadow induction rota; the timetable provides a structured framework for Resident doctors to gain clinical experience and essential skills with the following clinicians: • Emergency Nurse Practitioner (ENP) • Triage • Frailty Team

	<ul style="list-style-type: none"> • Drug/Alcohol Team • GP shadowing in the Urgent Treatment Centre (UTC) • Social services, psychiatric liaison, and the Rapid Response Team (RRT) in later weeks. • 1:1 shadowing with senior doctors (at least SpRs level), offering deeper insights into clinical decision-making and advanced practice. <p>This broad exposure ensures F1 doctors experience multidisciplinary care in various settings.</p> <p>The F1 Rota provides a structured framework for Resident doctors to gain clinical experience and essential skills.</p> <p>These sessions are designed to develop hands-on proficiency in critical areas and familiarize F1 doctors with emergency protocols.</p> <p>The timetable also includes personalized learning opportunities:</p> <p>Self-Development Time on Tuesdays 12:00-14:00.</p> <p>These structured shadowing sessions, combined with clinical rotations, provide a well-rounded induction, giving F1 doctors a comprehensive overview of the department while building their skills and confidence.</p>
<p>Local Education Provider/Employer information:</p>	<p>The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk</p>

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/030/F1/001

LDN/RVR05/030/F1/002

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations 	<p>SLEs including mini-CEXs</p> <p>DOPs</p> <p>CBDs</p> <p>Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio</p> <p>http://www.foundationprogramme.nhs.uk/pages/home/your-career-path</p> <p>http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP</p> <p>http://www.stfs.org.uk/</p>

<p>the healthcare environment</p> <ul style="list-style-type: none"> • start to develop interest for career progression 	<ul style="list-style-type: none"> • participation in Quality improvement projects 		
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Day of the Week	Urgent Treatment Centre (UTC) St Helier. Additional opportunity to spend time in the SDEC & Majors areas of the ED & UCT
Monday	08:00-16:00 UTC
Tuesday	08-12 UTC 12-14 SDT Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	08-09 Departmental Teaching 08-16 UTC
Thursday	08:00-16:00 UTC
Friday	08:00-16:00 UTC

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/001/F1/009
Placement Details:	Endocrinology and Diabetes Mellitus (N/A)
Department:	The Diabetes Specialist team provides a comprehensive, multidisciplinary service, which is based in purpose-built centers at St Helier Hospital and at Epsom Hospital. Our highly experienced and integrated teams include diabetes physicians, diabetes specialist nurses, specialist dietitians, a diabetes psychologist, and diabetes specialist podiatrists. We have an active and highly regarded structured educational program for patients (BERTIE). There are educational meetings for the diabetes team held in the Diabetes Centre and trainees are encouraged to attend. There are opportunities to attend specialist diabetes clinics such as weekly diabetes foot clinics, insulin pump clinics and antenatal services. Also, endocrine clinics and MDT endocrine-radiology and endocrine-chemical pathology meetings.
Type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Medicine/Diabetes attachment the F1 will be involved with the generic clerking of patients being admitted and the on- going care of the patients in the unit.</p> <ul style="list-style-type: none"> • The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely

	<ul style="list-style-type: none"> • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Dr Mamta Joshi and Dr Jasmine Tharma
Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Typical Working Pattern in this placement:	Whilst in the General Medicine/Diabetes attachment the F1 will be involved with the generic clerking of patients being admitted and the on-going care of the patients in the unit.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes: LDN/RVR05/001/F1/009

The Foundation Program Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation program training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’. Learning Outcomes

Day of the Week	General Medicine – Endocrine St Helier
Monday	Consultant Ward round 9:30 -12:00
Tuesday	Ward round: 9:00 Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	MDT radiology 8:30 – 9:00 Ward round: 9:00
Thursday	Grand Round 12:30-13:30 Consultant Ward round 9:30
Friday	Ward round: 9:00

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/001/F1/010 LDN/RVR05/001/F1/002
Placement Details:	General Medicine - Gastroenterology
Department:	Gastro Ward A4
Type of work to expect and learning opportunities	<p>The gastroenterology department deals with all aspects of general gastroenterology (digestive system) and hepatology (liver) in both inpatient and outpatient settings. Endoscopy is carried out at Epsom, St Helier and the Nelson hospitals, with more complex therapeutic endoscopies (ERCP, stents) centralised at St Helier Hospital. The department works closely with the gastrointestinal surgical department and specialist gastrointestinal radiologists within the Trust. There are five full time adult gastroenterology consultants, two registrars, SHO's, plus nurse specialists in endoscopy, viral hepatitis, inflammatory bowel disease and upper and lower gastrointestinal cancer. There is also one full-time consultant in paediatric gastroenterology. Services the department provides are:</p> <ul style="list-style-type: none"> • gastroenterology outpatients • viral hepatitis and inflammatory bowel disease services • gastroscopy • colonoscopy • ERCP • liver biopsy • therapeutic endoscopy • urea breath testing • oesophageal manometry • 24 hour PH testing
Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Dr Asif Mahmood / Dr Andras Fenyvesi
Main duties of the placement:	Generally ward based during "Normal "working day and expected to deliver the medical care of all patients.
Typical Working Pattern in this placement:	Whilst in the General Medicine/ Gastroenterology Attachment the F1 will be involved with the generic clerking of patients, being admitted and the on-going care of the patients in the unit.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/001/F1/010

LDN/RVR05/001/F1/002

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning specialist clinics theatre sessions presentations participation in Quality improvement projects 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<ul style="list-style-type: none"> start to develop interest for career progression 			
Day of the Week	General Medicine - Gastroenterology St Helier		
Monday	Consultant Ward round 8:00 – 9:00		
Tuesday	Ward round 8:00 – 9:00 GI Radiology Meeting 13:20 Weekly F1 Teaching (3Hrs) 14:00 – 17:00		
Wednesday	Ward round 8:00 – 9:00		
Thursday	Grand Round meeting 12:30 – 13:30 Consultant Ward round 9:30		
Friday	Ward round 8:00 – 9:00		

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/001/F1/005 LDN/RVR05/001/F1/016
Placement Details:	Respiratory Medicine (Gen Med)
Department:	<p>Services:</p> <ul style="list-style-type: none"> • General Respiratory Outpatient clinics • TB Service with weekly clinics and monthly MDT • Lung Cancer Service with weekly clinics and MDT • Interstitial Lung Disease weekly clinics and fortnightly MDT • Specialist Respiratory Nursing Care clinics including Asthma, COPD, Oxygen assessment clinics • Pulmonary function testing • Ward rounds and assessments • Education programmes for all health care staff in both primary and secondary care • Weekly Bronchoscopy and pleural procedures lists • Audit and Quality Improvement Project opportunities
Type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts are generally ward based during the ‘normal’ working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty Whilst in the General Medicine/Respiratory attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p>

	<ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Dr Jonathan Ratoff/ Dr Rebecca Lawrence
Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Typical Working Pattern in this placement:	Whilst in the General Medicine/Respiratory attachment, the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/001/F1/005

LDN/RVR05/001/F1/016

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<p>the healthcare environment</p> <ul style="list-style-type: none"> start to develop interest for career progression 	<ul style="list-style-type: none"> participation in Quality improvement projects 		
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Day of the Week	General Medicine- Respiratory St Helier
Monday	<p>Daily Consultant Ward round 9-12</p> <p>TB and General clinic</p>
Tuesday	<p>Daily Consultant Ward round 9-12</p> <p>Weekly Lung cancer MDT 9:00</p> <p>Monthly TB MDT</p> <p>Weekly F1 Teaching (3Hrs) 14:00 – 17:00</p> <p>Lung Cancer Clinic</p>
Wednesday	<p>Interstitial Lung disease fortnightly MDT</p> <p>Daily Consultant Ward round 9:00</p> <p>Bronchoscopy and Pleural procedures list</p> <p>Departmental Teaching 13:00 – 14:00</p> <p>ILD clinic</p> <p>Lung cancer clinic</p>
Thursday	<p>Daily Consultant Ward round 9-12</p> <p>Grand Round meeting 12:30 – 13:30</p> <p>General Respiratory clinic</p>
Friday	<p>Daily Consultant Ward round 9-12</p> <p>Radiology meeting 12-13:00</p>

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR50/001/F1/003 LDN/RVR50/001/F1/005
Placement Details:	Respiratory Medicine (N/A)
Department:	<p>Services:</p> <ul style="list-style-type: none"> • Outpatient clinics • Home visits • Ward rounds and assessments • Airborne allergy testing • Hyper-reactivity testing • Education programmes for all health care staff in both primary and secondary care, patients and carers • Oxygen and nebuliser assessment clinics • Pulmonary rehabilitation programmes
Type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Medicine/Respiratory attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based:	Epsom
Clinical supervisor (s) for the placement:	Dr Shakil Rahman/Dr Jonathan Ratoff

Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Typical Working Pattern in this placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/001/F1/003

LDN/RVR05/001/F1/005

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/</p>

Day of the Week	Respiratory Medicine (Gen Med) Epsom
Monday	White board MDT 9:00 Daily Consultant Ward round (teaching component) 9:30 - 12:30 X Ray MDT 12:30 – 13:00
Tuesday	White board MDT 9:00 - 9:30 Daily Consultant Ward round, (teaching component) 9:30 - 12:30 Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	White board MDT 9:00 9:30 - 12:30 Daily Consultant Ward round, (teaching component)
Thursday	White board MDT 9:00 - 9:30 Daily Consultant Ward round, (teaching component) 9:30- 12:30 Grand Round Lunchtime meeting 12:30– 13:30
Friday	Formal Respiratory Teaching. Resident doctor feedback. Review & Planning Staffing levels + Resident doctor feedback. MDT. 8:30 - 9:30 9:30 - 10:00 White board MDT 10:30 - 12:30 Daily Consultant Ward round. (Teaching component)

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR50/001/F1/001 LDN/RVR50/001/F1/004 LDB/RVR50/001/F1/002
Placement Details:	Stroke Medicine. (Geriatric Medicine)
Department:	The care of the elderly departments at Epsom Hospital and St Helier Hospital sees all patients over the age of 75 for all medical conditions referred by GPs or other referring consultants. We aim to see patients within four to six weeks of referral to our consultants, and a plan is usually discussed with the patient regarding their pathway. Once they are medically fit and the consultant is happy with the progress made, the patient is discharged back to the GP's care. There are three care of the elderly wards (two female and one male) at St Helier Hospital, and four general medicine wards and one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through A&E.
Type of work to expect and learning opportunities	The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues. Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based:	Epsom Hospital
Clinical supervisor (s) for the placement:	Dr Puneet Kakar Dr Ugharadar Shehzadhusain
Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.

Typical Working Pattern in this placement:	Whilst in the Care of Stroke (COTE) attachment the F1 will be involved with the generic clerking of patients being admitted and the on-going care of the patients in the unit.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR50/001/F1/001

LDN/RVR50/001/F1/004

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<p>their professional and clinical skills/acumen</p> <ul style="list-style-type: none"> • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 		
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Day of the Week	Geriatric Medicine- Stroke Epsom
Monday	Consultant Ward round 8:00 – 9:00
Tuesday	Resident ward round Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Consultant Ward round 8:00 – 9:00 X-ray meeting 13:00
Thursday	Grand Round meeting 12:30 – 13:30 Resident ward round
Friday	Consultant Ward round after teaching

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR50/052/F1/001
Placement Details:	General Psychiatry (Liaison Psychiatry)
Department:	<p>The liaison psychiatry service assesses and manages mental health problems arising in the general hospital, including the emergency department. These include:</p> <ul style="list-style-type: none"> • Self-harm • Complex problems related to alcohol and substance misuse • Mood disorders in the context of physical illness • Complex confusional states (delirium and dementia) • Medically unexplained physical symptoms • Behavioural problems related to psychological issues (e.g. poor adherence to treatment, brain injury) • Complex assessments of capacity • Eating disorders • Ante- and post-natal mental health problems.
Type of work to expect and learning opportunities	<p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Understand and address ethical and legal issues which occur in the general hospital • Educate patients effectively
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Dr Sentil Soubramanian
Main duties of the placement:	The liaison psychiatry service assesses and manages mental health problems arising in the general hospital, including the emergency department.
Typical Working Pattern in this placement:	Twice daily handover/board meetings. Assessment and follow-up of patients. Team business meetings and educational sessions.

Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
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****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/052/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	<ul style="list-style-type: none"> Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning specialist clinics theatre sessions presentations 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<ul style="list-style-type: none"> • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • participation in Quality improvement projects 		
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Day of the Week	Liaison Psychiatry St Helier
Monday	Board Rounds 9:00 & 13:30 Ward and ED assessments and follow-up 09:30-17:00 Clinical supervision occurs within the working week and at meetings held at variable times
Tuesday	Board Rounds 9:00 & 13:30 Ward and ED assessments and follow-up 09:30-17:00 Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Board Rounds 9:00 & 13:30 Ward and ED assessments and follow-up 09:30-17:00 Team business and educational meetings are held monthly on different days
Thursday	Grand Round meeting 12:30 – 13:30 Board Rounds 9:00 (if F1 not at Grand Round) & 13:30 Ward and ED assessments and follow-up 09:30-17:00
Friday	Board Rounds 9:00 & 13:30 Ward and ED assessments and follow-up 09:30-17:00

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom
National Post Number:	LDN/RVR50/056/F1/001
Placement Details:	General Psychiatry (Older People Psychiatry)
Department:	Merton CMHT for Older People, Springfield Hospital, 61 Glenburnie Road, London SW17 7DJ, 0203 513 6301
Clinical supervisor (s) for the placement:	Dr Rajen Shah
Main duties of the placement:	Extensive outpatient Memory clinic experience (new patient assessments and follow up reviews, under supervision) Home visits with Consultant and team members. Learning to work in the Community. MDT working/team meetings In-patient acute older adult psychiatric ward work (Wednesday). Academic meetings in term time (Thursday afternoon) Letter writing to GP and other health and social services. Home visits with Consultant and correspondence to GP Medical r/v of community caseload with MDT and Crocus ward inpatients.
Typical Working Pattern in this placement:	Surgery On calls - St Helier Hospital
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR50/056/F1/001

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/</p>

Day of the Week	Older People Psychiatry Springfield Hospital
Monday	AM Clinic at the dementia hub, Merton PM Home Visit New patient assessments with Consultant or SpR
Tuesday	AM clinic at The Nelson OPC Follow up patients seen under supervision 9 – 12 Weekly F1 Teaching 3 hours 2 - 5
Wednesday	AM – Crocus Ward Day PM - Crocus Ward Day
Thursday	
Friday	
On-Call Shift	Surgery St Helier On-Call

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital / Cross site
National Post Number:	LDN/RVR05/021/F1/003 LDN/RVR05/021/F1/011 LDN/RVR05/021/F1/009 LDN/RVR05/021/F1/010 LDN/RVR05/021/F1/002 LDN/RVR05/021/F1/005 LDN/RVR05/021/F1/012 LDN/RVR05/027/F1/003 LDN/RVR05/027/F1/004
Placement Details:	General Surgery/Urology
Department:	An extensive range of surgery is carried out at the Trust, including: <ul style="list-style-type: none"> • General surgery • Ear, nose and throat • Ophthalmology • Oral • Plastics • Trauma and Orthopaedics • Urology. <p>All emergency surgery takes place at St Helier Hospital, while all elective (pre-booked) surgery takes place at Epsom Hospital.</p>
Type of work to expect and learning opportunities	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the General Surgery attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.

	<p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. • There are clerking opportunities and attending Emergency Theatre if the ward work allows
Where the placement is based:	St Helier / Cross site
Clinical supervisor (s) for the placement:	Mr Trystan Lewis / Mr Ashraf Raja / Mr Tou Pin Chang / Mr Abdulazeez Bello / Mr Philip Brousil / Miss Lavanya Varatharajan
Main duties of the placement:	Whilst in the General Surgery attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the Unit. Maintain an up-to-date list of current patients and prepare this with recent results and observations prior to ward rounds.
Typical Working Pattern in this placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.

Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
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Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/021/F1/003

LDN/RVR05/021/F1/011

LDN/RVR05/021/F1/009

LDN/RVR05/021/F1/010

LDN/RVR05/021/F1/002

LDN/RVR05/021/F1/005

LDN/RVR05/027/F1/003

LDN/RVR05/027/F1/004

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects • Urology Department Teaching Meeting 	<p>SLEs including mini-CEXs</p> <p>DOPs</p> <p>CBDs</p> <p>Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP</p> <p>http://www.stfs.org.uk/</p>

Day of the Week	General Surgery & Urology St Helier
Monday	<p>Gen Surgery Ward Round & handover 8:00 – 9:00</p> <p>Urology Consultant Ward round 8:00 – 9:00</p> <p>General surgery department teaching/X-ray meeting 12:30</p> <p>Urology departmental teaching 12:30 – 14:00</p>

Tuesday	Ward Round & handover 8:00 – 9:00 Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Ward Round & handover 8:00 – 9:00
Thursday	Ward Round & handover 8:00 – 9:00 Grand Round Breakfast meeting 12:30 –13:30
Friday	Ward Round & handover 8:00

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR50/011/F1/006 LDN/RVR50/011/F1/002
Placement Details:	Geriatric Medicine - COTE (N/A)
Department:	The care of the elderly departments at Epsom Hospital and St Helier Hospital sees all patients over the age of 75 for all medical conditions referred by GPs or other referring consultants. We aim to see patients within four to six weeks of referral to our consultants, and a plan is usually discussed with the patient regarding their pathway. Once they are medically fit and the consultant is happy with the progress made, the patient is discharged back to the GP's care.
Type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit There are three care of the elderly wards (two female and one male) at St Helier Hospital, and four general medicine wards and one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through A&E.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based:	Epsom Hospital
Clinical supervisor (s) for the placement:	Dr Mashkur Khan

Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.
Typical Working Pattern in this placement:	There are three care of the elderly wards (two female and one male) at St Helier Hospital, and four general medicine wards and one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through A&E.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR50/011/F1/006

LDN/RVR50/011/F1/002

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources

<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/</p>
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Day of the Week	Geriatric Medicine Epsom
Monday	Board round 9:00 Elderly Medicine / Case Based Discussion 12:30
Tuesday	Board round 9:00 Elderly Medicine Journal Club 12:30 Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Board round 9:00 COTE MDT 13:00
Thursday	Board round 9:00 Grand Round Lunchtime meeting 12:30 pm – 13:30
Friday	Board round 9:00

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom General Hospital
National Post Number:	LDN/RVR50/011/F1/001
Placement Details:	Integrated care Geriatric Medicine - Frailty (N/A)
Department:	The frailty service works within Epsom General Hospital (EGH) and Surrey Downs Health and Care (SDHC). This interface role offers a fantastic opportunity to work across the whole frailty pathway for patients within Surrey Downs interfacing with the acute hospital as part of a wider team. As a member of a large multidisciplinary team, there are opportunities to develop a variety of skills that can be transferred into other specialties.
Type of work to expect and learning opportunities	<p>The F1 will have the opportunity to work across the whole frailty pathway. There are opportunities for ward work with a group of enthusiastic Residents; to assess patients with supervision in the ED, SDEC and AMU, frailty hot clinic and opportunities to work with GPs in the SDHC @home team and undertake joint home visits. If desired there are also opportunities to gain exposure to community MDT work including community matron frailty reviews. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues and working as part of a team • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers • Many opportunities to be involved with clinical audits and quality improvement work
Where the placement is based:	EGH and SDHC
Clinical supervisor (s) for the placement:	Dr Erin Lonsdale, Dr Rachel Emery and Dr Christopher Sin Chan

Main duties of the placement:	<p>The main posting for the F1 will be the Mary Seacole Unit (acute frailty and community rehab beds) working with a group of enthusiastic Residents. When opportunities arise, the F1 can join the members of the wider team to gain experience of reviewing acutely frail patients in ED or have joint visits with clinicians as part of the virtual ward.</p> <p>If desired there are also opportunities to gain exposure to community MDT work including community matron frailty reviews.</p> <p>The F1 will be on the on-call medical rota.</p>
Typical Working Pattern in this placement:	<p>Supervised ward work with senior clinicians. Regular MDT meetings and MDT review of patients on wards and in ED. Opportunities to be part of the general medicine on-call rota at SHO level at EGH</p>
Local Education Provider/Employer information:	<p>The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk</p>

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Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR50/011/F1/001

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Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/</p>

career progression			
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Day of the Week	Frailty Epsom
Monday	Mary Seacole Unit MDT 0900-0930, followed by ward reviews and jobs
Tuesday	Mary Seacole Unit MDT 0900-0930, followed by ward reviews and jobs. F1 Teaching St Helier – 14:00-17:00
Wednesday	Mary Seacole Unit MDT 0900-0930, followed by ward reviews and jobs
Thursday	Mary Seacole Unit MDT 0900-0930, followed by ward reviews and jobs Grand Round Epsom – 12:30-13:30
Friday	Mary Seacole Unit MDT 0900-0930, followed by ward reviews and jobs

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/011/F1/002 LDN/RVR05/011/F1/004 LDN/RVR05/011/F1/006 LDN/RVR05/011/F1/007 - Ortho Geris
Placement Details:	Geriatric Medicine
Department:	The Care of the Elderly department St Helier Hospital comprises of four wards, A5, C5 and A3 (Orthogeriatric) in addition to B5 which is Frailty. All admissions come directly from ED and subsequently AMU (Acute Medical Unit). We admit any patient over the age of 65 with complex medical issues. The department has three medical Registrars and a large number of Resident doctors i.e. GPST, IMT and FY1's. There are also T & P year medical students as well as physician associates whom we train and teach. The department is renowned for teaching and training and multi-disciplinary teamwork.
Type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patientcare • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Dr Samad Samadian / Dr Rajaratnam Jeyarajah/ Dr Nivi Singh / Dr Mohamed Elokl
Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all

	the patients on their ward irrespective of specialty. Whilst in the COTE attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit
Typical Working Pattern in this placement:	There are four Care of the Elderly wards at St Helier Hospital and four general medicine wards. There is one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through ED.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/011/F1/002

LDN/RVR05/011/F1/004

LDN/RVR05/011/F1/006

LDN/RVR05/011/F1/007 - Ortho Geri

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Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<ul style="list-style-type: none"> • increasing understanding of the healthcare environment • start to develop interest for career progression 			
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Day of the Week	Geriatric Medicine - COTE St Helier
Monday	Consultant Ward round
Tuesday	Ward round Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Consultant Ward round
Thursday	Grand Round Breakfast meeting 12:30 – 13:30 Consultant Ward round
Friday	COTE teaching 09:00-10:00 Consultant Ward round after teaching

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/073/F1/001
Placement Details:	Haematology
Department:	<p>The Department of Haematology offers a 24-hour clinical and laboratory service. We have our own in- and outpatient workload, and we support general medical, surgical and paediatric services and GP surgeries. The Department runs specialist outpatient clinics in Thrombosis, Multiple Myeloma and Sickle Cell Disease in addition to more general clinics. Our in-patients usually have complications of their disease or its treatment. We also have the responsibility for providing support to the anti-coagulant clinic whenever appropriate. The laboratory holds training status with Health Professions Council and has training programs in place for technical staff and specialist nurses. It liaises with the community to provide a neonatal screening service for the diagnosis of sickle disease and other abnormal hemoglobin. The department also includes the South West Thames Newborn Bloodspot Screening laboratory. This provides screening for rare congenital, usually inherited, disorders using a bloodspot sample.</p>
Type of work to expect and learning opportunities	<p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care

	<ul style="list-style-type: none"> • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Dr Simon Stern
Main duties of the placement:	Whilst in the Haematology attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the inpatients in the unit.
Typical Working Pattern in this placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 1 Resident Doctors

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including mini-CEXs</p> <p>DOPs</p> <p>CBDs</p> <p>Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP</p> <p>http://www.stfs.org.uk/</p>

Day of the Week	Haematology St Helier
Monday	<p>Morning Consultant ward round 9:00</p> <p>Afternoon: putting ward round plans into action</p>
Tuesday	<p>SpR ward round 9:00</p> <p>Weekly F1 Teaching (3Hrs) 14:00 – 17:00</p>

Wednesday	SpR ward round 9:00 Blood film teaching 16:00 (monthly)
Thursday	Grand Round Breakfast meeting 12:45 –13:45 Haematology MDT 9.30 M&M meeting 11.30 (every 8/52) Discussion of current in-patients 11:30 – 12:30 Afternoon Consultant Ward round
Friday	SpR Ward round 9:00

FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/040/F1/001
Placement Details:	Obstetrics and Gynaecology
Department:	Obstetrics and Gynaecology
Type of work to expect and learning opportunities	Work as part of the acute gynaecology on call team and manage the workload on gynaecology ward. See patients attending A&E with the SHO. Do labour ward on call every 5th weekend under supervision with the SHO/ registrar and consultant. Attend special interest sessions (theatres/ clinics) for learning once a week.
Where the placement is based:	St Helier Hospital.
Clinical supervisor (s) for the placement:	Oudai Ali & Miss Antoinette Johnson
Main duties of the placement:	As above.
Typical Working Pattern in this placement:	Monday to Friday 8am to 4pm. Every 5th Saturday on call. (Working pattern has been discussed with the trainee and the Rota Coordinator).
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Obstetrics and Gynaecology – St Helier
Monday	Ward Round
Tuesday	Ward Round Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Ward Round Evening Departmental Teaching 18:00 – 19:00
Thursday	Ward Round Grand Round Meeting 12:30-13:30
Friday	Ward Round

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom
National Post Number:	LDN/RVR50/056/F1/001
Placement Details:	General Psychiatry (Older People Psychiatry)
Department:	Merton Services for Older People, Wilson Hospital Cranmer Road Mitcham CR4 4TP Telephone: 0203 513 5000
Clinical supervisor (s) for the placement:	Dr Yasmin Al-daghistani
Main duties of the placement:	Extensive outpatient Memory clinic experience (new patient assessments and follow up reviews, under supervision) Home visits with Consultant and team members. Learning to work in the Community. MDT working/team meetings In-patient acute older adult psychiatric ward work (Wednesday). Academic meetings in term time (Thursday afternoon) Letter writing to GP and other health and social services. Home visits with Consultant and correspondence to GP Medical r/v of community caseload with MDT and Crocus ward inpatients.
Typical Working Pattern in this placement:	Surgery On calls - St Helier Hospital
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR50/056/F1/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	<ul style="list-style-type: none"> Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning specialist clinics theatre sessions 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<ul style="list-style-type: none"> • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • presentations • participation in Quality improvement projects 		
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Day of the Week	Older People Psychiatry Springfield Hospital
Monday	AM Clinic at The Memory Hub, Mitcham PM Home Visit New patient assessments with Consultant or SpR
Tuesday	AM clinic at The Nelson OPC Follow up patients seen under supervision 9 – 12 Weekly F1 Teaching 3 hours 2 - 5
Wednesday	AM – Home visits PM - Crocus Ward Day
Thursday	AM – MDT meeting Wilson Hospital/Crocus Ward Day PM – Academic Meeting at Springfield Hospital
Friday	AM – OPC at The Nelson Hospital
On-Call Shift	Surgery St Helier On-Call

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/094/F1/001
Placement Details:	Palliative Medicine
Department:	<p>The palliative care team works together with other disciplines to provide support and information for patients, their family and friends. We are experienced in helping people cope with the problems they may face when a life limiting illness has been diagnosed; for example, managing pain, other symptoms, or emotional issues.</p> <p>Core team members:</p> <ul style="list-style-type: none"> • Consultants in palliative medicine • Clinical nurse specialists • Senior social workers • Admin support
Type of work to expect and learning opportunities	<p>During their rotation with Palliative Care Team, the F1 will be part of a liaison service which provides specialist advice to patients under the direct clinical care of other teams on different wards across the hospital. They will have opportunities to build on their communication skills in addition to knowledge about opioids and symptom control. They will have the chance to visit the local hospice and follow patients from hospital into the community. There are opportunities to take part in QI (Quality Improvement) projects, audit, grand rounds, departmental bite size teaching sessions and journal clubs. Previous F1s have put forward abstracts/posters for publication. The F1 will learn procedures relevant to palliative care such as the insertion of subcutaneous insuflon lines and syringe pump set up. If available during their rotation, the F1 can join an End-of-Life Care Simulation Teaching Session or Sage and Thyme Communication Teaching.</p>

Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Dr Sam Raveney, Dr Rina Patel, Dr Simone Ali
Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day. Whilst in the Palliative Care attachment the F1 will be part of a liaison service, providing specialist advice to patients under the direct clinical care of other teams on different wards across the hospital.
Typical Working Pattern in this placement:	The palliative care team has a daily multidisciplinary handover am and pm. The F1 will work alongside senior doctors and nurses. They will share a caseload with a Clinical Nurse Specialist and have senior supervision. There is self development time allocated to the F1 onsite on Weds morning after the weekly MDT Meeting. The F1 will take part in the acute medicine on-call rota. During their on-call, they will be expected to undertake generic clerking of patients being admitted and the on-going care of the patients in the hospital.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability'

meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • Weekly F1 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	<p>SLEs including</p> <p>mini-CEXs</p> <p>DOPs</p> <p>CBDs</p> <p>Developing the clinical teacher</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio</p> <p>http://www.foundationprogramme.nhs.uk/pages/home/your-career-path</p> <p>http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP</p> <p>http://www.stfs.org.uk/</p>

Day of the Week	Palliative Care St Helier
Monday	Handover & Ward round 9:00 – 17:00
Tuesday	Bite Size Teaching (departmental) 9:00 – 9:30 (monthly) Handover & Ward work 9:30 – 12:30 Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	MDT Meeting 09.30 Self Development Time 10.30-12.30 Handover and Ward work 13.30pm AMU Teaching 14.00-15.00pm Ward work 15.00-17:00
Thursday	Grand Round meeting 12:30 – 13:30 Journal Club 9.00 - 9.30 (monthly)
Friday	Handover & Ward work 9:00 – 17:00

FY1 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/015/F1/005
Placement Details:	Renal Medicine
Department:	<p>The South West Thames Renal and Transplantation Unit is one of the largest units in the UK. As a tertiary renal unit, we offer the full range of renal services including nephrology, dialysis and transplantation services, serving a population of about two million across South West London and Surrey. Transplant surgery is performed at St George's Hospital.</p> <p>Each of the acute Trusts served by the renal unit has an on-site nephrologist presence at least twice a week, offering clinic and ward referral services.</p> <p>Inpatient services include a 44-bed unit on two wards with fully trained renal nurses and facilities for acute haemodialysis and plasma exchange.</p> <p>At the end of September 2025, there were 1,017 transplant recipients, 1170 haemodialysis patients, and 135 peritoneal dialysis patients. On average the network undertakes 50-60 kidney transplants for patients at St Helier hospital each year.</p>
Type of Work to expect	<p>At the Renal referral centre you will see a large number of patients with renal disease. You will always be supported by a registrar or Consultant whilst on duty. You will have the opportunity to learn many practical procedures.</p>
Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Dr Seema Jain
Main duties of the placement:	See 'Type of work to expect'

Typical Working Pattern in this placement:	Rota TBC
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/015/F1/005

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	<ul style="list-style-type: none"> Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pa

<ul style="list-style-type: none"> • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • e-learning • specialist clinics • theatre sessions • presentations • participation in Quality improvement projects 	ges/home/foundation- AR CP http://www.stfs.org.uk/
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Day of the Week	Renal Medicine
Monday	AM: Handover Consultant's Ward Round Lunchtime: Journal Club PM: Ward Work
Tuesday	AM: SDL or Clinical or Procedures Lunchtime: Case Based Teaching PM: FY1 Teaching
Wednesday	AM: Renal SHO Teaching Handover & Ward Round PM: Ward Work, Renal Histopathology MDT
Thursday	AM: Handover & Ward Round Grand Round (Term Time) PM: Microbiology MDT & Ward Work
Friday	AM: Handover and Consultants Ward Round Lunchtime: MDT, M&M Meeting or Guest Speaker

	P.M: Ward Work
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FY1 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/024/F1/001 LDN/RVR05/024/F1/003 LDN/RVR05/024/F1/004
Placement Details:	Trauma and Orthopaedic Surgery (N/A)
Department:	<p>The trauma and orthopaedics department of the Trust provides acute care for patients with musculoskeletal injuries (such as fractures and dislocations) as well as planned care for patients with bone and joint disorders and the care of children with orthopaedic problems. Specialist services are offered in a number of different areas.</p> <p>The department is actively involved in training Resident doctors and teaching medical students from St George's Medical School.</p> <p>The department offers care for almost the entire range of orthopaedic problems. The Elective Orthopaedic Centre (EOC) is recognised as a national centre of excellence</p>
Type of work to expect and learning opportunities	<p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patientcare Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers.
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Mr Markus Baker / Mr Jonathan Craik / Mr Mark Middleton
Main duties of the placement:	All F1 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Typical Working Pattern in this placement:	Whilst in the Orthopaedics attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.

Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
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Educational Opportunities for Foundation Year 1 Resident Doctors

F1 Programme codes:

LDN/RVR05/024/F1/001

LDN/RVR05/024/F1/003

LDN/RVR05/024/F1/004

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 13 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	<ul style="list-style-type: none"> Weekly F1 teaching ALS Simulation Crisis Communication skills Script modules e-learning specialist clinics 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<ul style="list-style-type: none"> • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment • start to develop interest for career progression 	<ul style="list-style-type: none"> • theatre sessions • presentations • participation in Quality improvement projects 		
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Day of the Week	Trauma & Orthopaedics St Helier
Monday	Trauma & teaching meeting 8:00 FT/SHO teaching FOOT & Ankle 13:00 TBC once a month
Tuesday	Trauma meeting & handover 8 :00 – 9:00 GP teaching meeting 1 pm Weekly F1 Teaching (3Hrs) 14:00 – 17:00
Wednesday	Trauma meeting & handover 8 :00 – 9:00
Thursday	Trauma/teaching Meeting T&O am Grand Round Breakfast meeting 12:30 –13:30
Friday	Trauma meeting & handover 8 :00 – 9:00

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/072/F2/001
Placement Details:	Chemical Pathology
Department:	Metabolic Medicine/Chemical Pathology
Type of work to expect and learning opportunities	<p>Duty biochemist training, with the aim of understanding science behind biochemistry tests and how to interpret them.</p> <p>Attending Medical Investigation Unit with opportunity to learn about complex endocrine and metabolic dynamic function tests and their interpretation</p> <p>Outpatient clinics in Lipid, Metabolic Stone and Metabolic Bone and endocrine disorders</p> <p>MDT in endocrinology/ metabolic bone and metabolic stone disease</p> <p>Attending consultant run nutrition ward rounds</p> <p>Opportunity to perform projects in Metabolic Medicine with an aim to publish cases/audits</p> <p>Opportunity to learn about newborn screening testing and understand the work of regional and national laboratories in screening babies for inherited metabolic disorders</p>
Where the placement is based:	St Helier Hospital
Clinical supervisor (s) for the placement:	Dr Mehdi Mirzazadeh, Dr Nikhil Johri, Dr Rashim Salota
Main duties of the placement:	Attending outpatient clinics and Medical Investigation Unit, working in the clinical laboratories, duty biochemist work under supervision, Attending endocrine/metabolic bone MDTs, opportunity to complete QI and audit projects

Typical Working Pattern in this placement:	<p>TPN round 2 days a week (2 hrs)</p> <p>MIU work 2 days a week (2hrs)</p> <p>OP clinic 1-2 sessions a week (4-8 hours)</p> <p>Lab work 2 sessions a week (8 hours)</p> <p>Duty biochemist 2 sessions a week (8 hours)</p>
Local Education Provider/Employer information:	<p>The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk</p>

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

LDN/RVR05/072/F2/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

the healthcare environment			
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Day of the Week	Chemical Pathology
Monday	Lipid Clinic 9:12:30, Endocrine MDT/ Dep meetings 13-14, QI/ Personal development 14-17
Tuesday	TPN/Bone clinic round 9 -11:00 MIU/ Bone clinic 12:00-14:00 Laboratory work 15:00-17:00
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Admin work 13:00-14:00 Laboratory work 14:00 -17:00
Thursday	Grand Round meeting 12:30 – 13:30 TPN round / MIU cover 9:30- 12:30 Hospital Meeting 12:30 – 13:30 Endocrine Clinic 14:17
Friday	Duty Biochemist 9:00 -17:00

FY2 Foundation Programme
Individual Placement Descriptor

Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Intrepid Post Code (and local post number if known)	LDN/RVR05/011/F2/005
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine, Respiratory Medicine
Department	<p>Services:</p> <ul style="list-style-type: none"> • Outpatient clinics including specialist clinics in Lung Cancer, TB, Asthma / COPD and Interstitial Lung Disease • Ward rounds and assessments • Lung function testing • Lung Cancer MDT • Respiratory Radiology meeting • Pleural procedure list including chest drains, pleural fluid aspiration and bronchoscopies • Education programmes for all health care staff in both primary and secondary care, patients and carers • Oxygen and nebuliser assessment clinics • Respiratory Nursing care team clinics
Type of work to expect and learning opportunities	The department has an excellent multidisciplinary clinical governance and education programme to which Resident doctors contribute including weekly Respiratory Departmental teaching sessions and monthly Morbidity and mortality meetings.
Where the placement is based	St Helier Hospital
Clinical supervisor(s) for the placement	Drs Jennifer Martinovic, Rebecca Lawrence, Claire Wells, Jonathan Ratoff, Kavina Manalan, Charlie Francis, James Kent Bramer, Kate Brady and Helen Hall
Main duties of the placement	Specific duties to be advised upon placement
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Specific working pattern to be advised upon placement

Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
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Educational Opportunities for Foundation Year 2 Junior Doctors

F2 Post code:

LDN/RVR05/011/F2/005

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day	Respiratory St Helier
Monday	Ward Round SHO clinic pm on rotation (supervised by Drs Francis, Kent Bramer, Manalan) – dates to be advised in induction
Tuesday	Ward Round 9:00 Lung cancer MDT (optional) 0900-1000
Wednesday	ILD MDT (optional) 0800-0900 Ward Round 9:00 Foundation Teaching 09:30 – 12:30 Procedure list (on rotation – attend once during placement) 0900-1300 Respiratory Departmental Teaching 12.30 – 13.30
Thursday	Grand Round meeting 12:30-13:30
Friday	Ward Round 9:00 Respiratory Radiology meeting 12.00-13.00

FY2 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier
National Post Number:	LDN/RVR05/030/F2/001 LDN/RVR05/030/F2/002 LDN/RVR05/030/F2/004 LDN/RVR05/030/F2/005 LDN/RVR05/030/F2/008 LDN/RVR05/030/F2/009
Placement Details:	Emergency Medicine
Department:	Busy general adult emergency department seeing all varieties of acute illness and injury.
Type of work to expect and learning opportunities	You will see a large number of patients with everything from minor trauma to cardiac arrest. You will be supported by a registrar or Consultant whilst on duty. You will have the opportunity to learn many practical procedures including fracture reduction and ultrasound scanning. Compulsory ALS and Simulation training provided on site. ATLS and APLS courses also run in Trust.
Where the placement is based:	St Helier Emergency Department
Clinical supervisor (s) for the placement:	TBC on appointment
Main duties of the placement:	Initial assessment and clinical management of adult patients. Shop floor teaching for medical students. Role in departmental audit.
Typical Working Pattern in this placement:	Please refer to educational opportunities. Rota tbc

Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
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****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	<ul style="list-style-type: none"> Weekly F2 teaching ALS Simulation Crisis Communication skills 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-

<ul style="list-style-type: none"> • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Script modules • e-learning 		ARCP http://www.stfs.org.uk/
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Day of the Week	Emergency Medicine St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	ED Breakfast teaching STH 8:00 - 9:00 F2 Weekly Teaching 9:00– 12:00 (3 Hrs)
Thursday	To be agreed with Clinical Supervisor
Friday	To be agreed with Clinical Supervisor

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier
National Post Number:	LDN/RVR05/030/F2/001 LDN/RVR05/030/F2/002 LDN/RVR05/030/F2/004 LDN/RVR05/030/F2/005 LDN/RVR05/030/F2/008 LDN/RVR05/030/F2/009
Placement Details:	Emergency Medicine
Department:	Busy general adult emergency department seeing all varieties of acute illness and injury.
Type of work to expect and learning opportunities	You will see a large number of patients with everything from minor trauma to cardiac arrest. You will be supported by a registrar or Consultant whilst on duty. You will have the opportunity to learn many practical procedures including fracture reduction and ultrasound scanning. Compulsory ALS and Simulation training provided on site. ATLS and APLS courses also run in Trust.
Where the placement is based:	St Helier Emergency Department
Clinical supervisor (s) for the placement:	TBC on appointment
Main duties of the placement:	Initial assessment and clinical management of adult patients. Shop floor teaching for medical students. Role in departmental audit.
Typical Working Pattern in this placement:	Please refer to educational opportunities. Rota tbc
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Emergency Medicine St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	ED Breakfast teaching STH 8:00 - 9:00 F2 Weekly Teaching 9:00– 12:30 (3.5Hrs)
Thursday	To be agreed with Clinical Supervisor
Friday	To be agreed with Clinical Supervisor

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/800/F2/001 LDN/RVR05/800/F2/003 LDN/RVR05/800/F2/008 LDN/RVR05/800/F2/006 LDN/RVR05/800/F2/007 LDN/RVR05/800/F2/010
Placement Details:	General Practice (N/A)
Department:	General Practice
Type of work to expect and learning opportunities	<p>To work in a supervised capacity with Doctors and members of the Primary Care Team. Specific duties to be determined by mutual agreement but will include working in the surgery and possibly home visits.</p> <p>Generic Skills/Professional Development FY2 Programme (6 days)</p> <p>Monthly Tuesday Lecture Programme</p> <p>e-learning resources to support induction and on-going professional development.</p> <p>Psychiatry Exposure</p> <p>Each trainee attends 1 day per week in a psychiatry community and/or ward setting, per rotation.</p>
Where the placement is based:	Local GP surgeries
Clinical supervisor (s) for the placement:	Varies depending upon which General Practice.
Main duties of the placement:	Specific duties to be determined by mutual agreement but will include working in the surgery and possibly home visits.

Typical Working Pattern in this placement:	Varies depending upon which General Practice.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	<ul style="list-style-type: none"> Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-

<ul style="list-style-type: none"> • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • e-learning 		ARCP http://www.stfs.org.uk/
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Day of the Week	General Practice - St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) GP teaching Wednesday or Thursday 13:00 - 14:00
Thursday	Grand Round meeting 12:30 – 13:30 GP teaching Thursday 13:00 - 14:00
Friday	To be agreed with Clinical Supervisor

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	South West Merton Integrated Recovery Hub, Wilson Hospital
National Post Number:	LDN/RVR05/052/F2/003
Placement Details:	General Adult Psychiatry - community (Morden Community Mental Health team)
Department:	South West Merton Integrated Recovery Hub (Community Mental Health Team) South West London & St George's Mental Health NHS Trust
Type of work to expect and learning opportunities	<p>Working as part of a multidisciplinary team, which includes two consultants (one full-time, one 0.7wte), a core trainee (rotational), a team manager, community psychiatric nurses, psychologists, an occupational therapist and other staff.</p> <p>Gaining skills in the diagnosis and treatment of the whole range of psychiatric disorders e.g. affective disorders, schizophrenia and emotionally unstable personality disorders who are already under the care of the SWM IRH.</p> <p>There is frequent need to liaise with other community and primary care services to assess changes in functioning, to make safe plans for continuity of care after discharge, and to communicate the discharge plan to the GP.</p>
Where the placement is based:	In the community in Merton borough, with a team base at Wilson Hospital, Cranmer Road, Mitcham CR4 4TP Tel: 0203 513 5000
Clinical supervisor (s) for the placement:	Dr Shafaq Javaid, Consultant Psychiatrist Shafaq.Javaid@swlstg.nhs.uk
Main duties of the placement:	Gaining experience and skills in community psychiatry, which will include seeing outpatients in the team base and in their own homes with more experienced clinicians. See job description in the following pages of this Placement Descriptor.

Typical Working Pattern in this placement:	The work will include outpatient clinics, community visits, meeting with families, multidisciplinary meetings, and adult safeguarding meetings.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions 	<ul style="list-style-type: none"> Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-

<ul style="list-style-type: none"> • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • e-learning 		ARCP http://www.stfs.org.uk/
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Day of the Week	Community Psychiatry - South West Merton Integrated Recovery Hub
Monday	AM – Zoning. New patient assessment PM: follow up clinic
Tuesday	Outpatient clinics AM CPA reviews PM
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) PM: Self-directed learning
Thursday	AM - MDT meeting. Supervision PM - Springfield Academic Programme
Friday	Zoning then outpatient clinic

FY2 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Jubilee Health Centre, Wallington
National Post Number:	LDN/RVR05/052/F2/001 LDN/RVR05/052/F2/002
Placement Details:	General Psychiatry (Sutton and Cheam IRH)
Department:	Sutton and Cheam IRH
Type of work to expect and learning opportunities	Gaining experience and competencies in the assessment and ongoing management of patients with common and serious mental illness
Where the placement is based:	Jubilee Health Centre East, 6 Stanley Park Road, Wallington, Surrey. SM6 0EX
Clinical supervisor (s) for the placement:	Dr Hamid Rahmanian
Main duties of the placement:	Working alongside the substantive consultant and the other locum consultant within the team in the outpatient clinics. Writing reports, assessments, referral, or letters which provide meaningful clinical information. Provision of accurate prescriptions, Supporting the MDT with the completion of Cardiometabolic Assessments, Providing teaching and support to Medical Students. Reviewing investigation / ECG reports and acting on the findings.
Typical Working Pattern in this placement:	This placement will require work in outpatient clinics overall, but also home visits. The F2 Doctor will be expected to participate in the multidisciplinary team meetings and attend other meetings as well (safeguarding meetings, best interest meetings, professional meetings) that may be of relevance for the placement.

Local Education Provider/Employer information:	<p>The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk</p> <p>The local education provider is South West London & St George’s Mental Health NHS Trust.</p> <p>Acting TPD for Foundation Doctors: Dr Marcus Hughes Marcus.hughes@swlstg-tr.nhs.uk</p>
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****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and 	<ul style="list-style-type: none"> Weekly F2 teaching ALS Simulation Crisis 	<p>SLEs including mini-CEXs</p> <p>DOPs</p> <p>CBDs</p>	<p>http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-</p>

<p>long-term conditions</p> <ul style="list-style-type: none"> • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Communication skills • Script modules • e-learning 	<p>Developing the clinical teacher</p>	<p>path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/</p>
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Day of the Week	Psychiatry – Carshalton & Wallington Recovery and Support Team
Monday	<p>Flexible Assertive Community Treatment (FACT) /Zoning Meeting 9:00 – 10:00 Consultant’s Outpatient clinic 10:00 -13:00 FY2 Outpatient Clinic 13:00 – 16:00 plus supervision afterwards</p>
Tuesday	<p>Outpatient clinic 09:30 – 13:00 13:00- 16:00 Home visits/ Outpatient clinic 16:00- 17:00 Formal supervision</p>
Wednesday	<p>Weekly F2 Teaching (3.5Hrs) 09:00 - 12:30</p>
Thursday	<p>MDT 9:00 – 11:00 Monthly Learning Forum OR home visits with consultant OR Monthly Business Meeting Academic Programme, Springfield University Hospital (weekly guest speakers, case presentations and journal clubs) or Audit / Research / Service Improvement Projects 13:15-17:00</p>
Friday	<p>Flexible Assertive Community Treatment (FACT) /Zoning Meeting 09:00 – 10:00 Consultants Outpatient Clinic 10:00 -11:00 New Patient Assessment with Consultant 11:00 – 12:30 New Patient Assessment with Consultant 14:00 – 15;30</p>

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Sutton (Address below)
National Post Number:	LDN/RVR05/052/F2/004
Placement Details:	Community Psychiatry (Home Treatment team - Sutton)
Department:	South West London & St George's Mental Health NHS Trust
Type of work to expect and learning opportunities	Working as part of a multidisciplinary team, which includes a full-time consultant, a part-time F2 doctor, Band 6 specialist nurses and support workers. Gaining skills in the diagnosis and treatment of the whole range of psychiatric disorders from patients with affective disorders presenting in acute crises who may be seen briefly by the team and discharged back to primary care to those patients with severe and enduring mental health disorders who are already under the care of the Sutton Recovery & Support Team. There is frequent need to liaise with community and primary care services to assess changes in functioning, and to make safe plans for continuity of care after discharge, and to communicate the discharge plan to the GP.
Where the placement is based:	In the community in Sutton borough, with a team base at Jubilee Health Centre East, 6 Stanley Park Road, Wallington, Sutton, SM6 0EX, Tel: 020 3513 3926
Clinical supervisor (s) for the placement:	Dr Louise Guest, Consultant Psychiatrist
Main duties of the placement:	Gaining experience and skills in community psychiatry, which will include seeing outpatients the team base and in their own homes with more experienced clinicians. See job description in the following pages of this Placement Descriptor.
Typical Working Pattern in this placement:	The work will include outpatient clinics, community visits, meeting with families, multidisciplinary meetings, and adult safeguarding meetings.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	General Psychiatry Home Treatment Team St Helier - Sutton
Monday	AM -Assessment Team meeting. CPA clinic
Tuesday	AM- Urgent MDT reviews/admin PM - Outpatient Clinic/CPAs
Wednesday	F2 Weekly Teaching 9:00–12:30 (3.5Hrs) PM - GP Liaison Visits
Thursday	AM - MDT Meeting Grand Round meeting 12:30–13:30 PM – Springfield Academic Programme
Friday	AM - Assessment clinic

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital/ Epsom General Hospital (Cross Site)
National Post Number:	LDN/RVR05/021/F2/003 LDN/RVR05/021/F2/004
Placement Details:	General Surgery (N/A)
Department:	<p>An extensive range of surgery is carried out at the Trust, including:</p> <ul style="list-style-type: none"> • ear, nose and throat • general surgery • ophthalmology • oral • plastics • trauma and orthopaedics • urology. <p>All emergency surgery takes place at St Helier Hospital, while all elective (pre-booked) surgery takes place at Epsom Hospital, Sutton Hospital and St Helier Hospital.</p>
Type of work to expect and learning opportunities	<p>To examine patients, investigate, instigate treatment, prescribe as appropriate and/or admit or discharge, in line with departmental protocols, with the required senior supervision.</p> <p>Give advice and assistance to the departmental F1s</p> <p>To participate in Audit within the department.</p>
Where the placement is based:	General Surgery - Epsom & St Helier Hospitals (cross site)
Clinical supervisor (s) for the placement:	Mr Dhiren Nehra
Main duties of the placement:	See 'Type of work to expect and learning opportunities'
Typical Working Pattern in this placement:	All F2 Doctors in hospital posts are generally ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	General Surgery St Helier
Monday	Surgery Handover 08:00 Surgery Teaching 12:30
Tuesday	Surgery Handover 08:00 To be agreed with Clinical Supervisor
Wednesday	Surgery Handover 08:00 F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Palliative Care Teaching (pm)
Thursday	Surgery Handover 08:00 Grand Round meeting 12:30 – 13:30
Friday	Surgery Handover 08:00 To be agreed with Clinical Supervisor

FY2 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/011/F2/003
Placement Details:	Orthogeriatrics (N/A)
Department:	<p>The Hip Fracture Unit at St Helier Hospital is a centre of excellence for the management of older patients with hip fractures. It is a busy unit with approximately 400 hip fractures per year. All patients are admitted under joint care of the orthopaedic and the orthogeriatric teams and remain under both teams for the duration of their admission.</p> <p>There is also very close working with the anaesthetic department, pain control teams, rheumatology, dietetics and therapy teams.</p>
Type of work to expect and learning opportunities	<p>Holistic approach to the management of frail older patients with multiple comorbidities.</p> <p>Attend the daily trauma meeting to discuss new hip fracture patients.</p> <p>Attend daily acute hip fracture ward rounds to optimise new patients for surgery so that delays to surgery are minimised.</p> <p>Peri-operative management of elderly trauma patients and optimisation for surgery including careful fluid balance, early detection of decompensation in cardiac status etc. so that complications are minimised.</p> <p>Comprehensive geriatric assessment including nutritional status and skin care.</p> <p>Management of complex polypharmacy</p> <p>Complex ethical issues</p> <p>Secondary prevention of falls and fractures and assessment and optimisation of bone health</p> <p>Rehabilitation - working closely with MDT to enable safe and timely discharge of patients</p>

	<p>Management of complex discharge planning</p> <p>Collaborative working with orthopaedic and anaesthetic depts.</p> <p>On the on call rota for general medicine.</p>
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Dr Nivi Singh
Main duties of the placement:	Specific duties to be advised upon placement.
Typical Working Pattern in this placement:	Please refer to the Educational Opportunities. Rota TBC.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

LDN/RVR05/011/F2/003

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

the healthcare environment			
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Day of the Week	Orthogeriatrics St Helier
Monday	Trauma Meeting 8:00 – 9:00 Orthogeriatrics MDT 13:30
Tuesday	Trauma Meeting 8:00 – 9:00
Wednesday	Trauma Meeting 8:00 – 9:00 F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Grand Round meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR05/011/F2/002
Placement Details:	Geriatric Medicine STROKE
Department:	<p>The care of the elderly departments at Epsom Hospital and St Helier Hospital sees all patients over the age of 75 for all medical conditions referred by GPs or other referring consultants.</p> <p>We aim to see patients within four to six weeks of referral to our consultants, and a plan is usually discussed with the patient regarding their pathway. Once they are medically fit and the consultant is happy with the progress made, the patient is discharged back to the GP's care. There are three care of the elderly wards (two female and one male) at St Helier Hospital, and four general medicine wards and one CCU ward at Epsom Hospital. If considered necessary, our patients will be admitted to these wards. They can also be admitted to these wards through A&E.</p>
Type of work to expect and learning opportunities	<p>Day to day management of inpatients</p> <ul style="list-style-type: none"> • To support and supervise the F1s attached to COTE • To support the SpR and Consultant on call in providing assessment, investigation and treatment of patients as directed • To participate in out of hours medical team as part of a full shift system • To ensure clear handover of patients to colleagues at the change of each shift • To attend outpatients for educational purposes • To ensure that prompt written communication is made with GPs when patients are discharged.
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Dr Shehzadhusain Ugharadar
Main duties of the placement:	See 'Type of work to expect and learning opportunities'
Typical Working Pattern in this placement:	Whilst in the Care of the Elderly (COTE) attachment the F2 will be involved with the generic clerking of patients being admitted and the on-going care of the patients in the unit: On call requirements:
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Geriatric Medicine - COTE St Helier
Monday	Consultant Ward round 08:00 – 09:00
Tuesday	Ward round 08:00 – 09:00
Wednesday	Consultant Ward round 08:00 – 09:00 Weekly F2 Teaching (3.5Hrs) 09:00 – 12:30 X-ray meeting (13:00)
Thursday	Grand Round meeting 12:30 – 13:30
Friday	COTE teaching 08:30 – 09:30 Consultant Ward round after teaching

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/034/F2/001
Placement Details:	Intensive Care Medicine
Department:	<p>Epsom and St Helier University Hospitals NHS Trust works across 2 acute hospital sites.</p> <p>There are a total of 13 critical care beds at St Helier and a further 6-8 High dependency beds at Epsom. The units provide intensive or high dependency care for the more complicated elective surgical patients and all medical and surgical patients requiring level 2 or 3 care.</p> <p>The Units are staffed by a dynamic, supportive and pro-active multi-disciplinary team of professionals striving to provide the highest standard of care to patients and their next of kin.</p>
Type of work to expect and learning opportunities	<p>As an F2 you will be an active member of a Critical Care Team.</p> <p>You will always be supported by a registrar or consultant whilst on duty. The main aim of the attachment is to learn to identify the deteriorating or critically ill adult patient. This will include taking referrals, assessing patients and liaising with the duty consultant.</p> <p>As part of the team, you will be an active participant on the on-call rota (always paired up with a senior trainee). This will include weekend work.</p> <p>You will have multiple learning opportunities, including ward round presentations, taking (and reviewing) acute referrals, learning practical procedures, and participating in the weekly teaching, M&M meetings, and journal club sessions.</p>
Where the placement is based:	ITU, St Helier
Clinical supervisor (s) for the placement:	Dr Sarah Milliams
Main duties of the placement:	Specific duties to be advised upon placement.
Typical Working Pattern in this placement:	<p>Ward rounds: 08:00, 12:00 & 17:00</p> <p>On call requirements; rota compiled by Dr M Abbas</p>
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

LDN/RVR05/034/F2/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	ITU St Helier
Monday	Ward rounds: 08:00, 12:00 & 17:00 To be agreed with Clinical Supervisor
Tuesday	Ward rounds: 08:00, 12:00 & 17:00 To be agreed with Clinical Supervisor
Wednesday	Ward rounds: 08:00, 12:00 & 17:00 F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Ward rounds: 08:00, 12:00 & 17:00 Grand Round meeting 12:30 – 13:30 M&M meeting 13:45 and fortnightly Journal Club
Friday	Ward rounds: 08:00, 12:00 & 17:00 To be agreed with Clinical Supervisor

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR50/040/F2/001
Placement Details:	Obstetrics and Gynaecology (N/A)
Department:	<p>Gynaecology. There are multiple consultant-led clinics. These include general gynaecology clinics and specialist clinics such as colposcopy, fertility, urogynaecology, scan and outpatient hysteroscopy clinic.</p> <p>General gynaecology (e.g. menstrual disorders) Urogynaecology (bladder control)</p> <p>One stop gynaecology (trans-vaginal scan and outpatient hysteroscopy)</p> <p>Oncology (cancer)</p> <p>Urgent gynaecology referrals</p> <p>Menopause and endocrine gynaecology (eg PCOS)</p> <p>Subfertility (e.g. assisted conception)</p> <p>The consultants are supported by sister, staff nurses, healthcare assistants and support staff, including a counselling service. The consultant's team may also include registrars, senior house officers, staff grades, and medical and nursing students.</p> <p>There is also an Acute Gynaecology Unit and Early Pregnancy Assessment Unit offering consultant led acute gynaecology and early pregnancy scanning and assessment services.</p> <p>Obstetrics. Both Epsom Hospital and St Helier Hospital have a maternity unit, providing care for pregnant women at the antenatal, intrapartum (labour and birth) and postnatal stages. The hospital and community midwifery service is fully integrated and managed by the Trust.</p>
Type of work to expect and learning opportunities	<p>Learning Opportunities:</p> <p>Gaining experience and familiarity in dealing with a wide variety of medical conditions</p>

	<p>Developing the skills of history taking, physical examination, appropriate investigation and rational prescribing</p> <p>Mastering several basic medical techniques</p> <p>Improving communication skills with patients, relatives and colleagues</p> <p>Developing skills in managing time and conflicting priorities.</p>
Where the placement is based:	Epsom Obstetrics and Gynaecology
Clinical supervisor (s) for the placement:	Miss Faizah Mukri
Main duties of the placement:	Specific duties to be advised upon placement.
Typical Working Pattern in this placement:	Please refer to Educational Opportunities. Rota TBC.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes: LDN/RVR50/040/F2/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Obstetrics & Gynaecology Epsom
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Bleep Free O&G teaching 12:30 – 13:00
Thursday	Grand Round Lunchtime meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

FY2 Foundation Programme
Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/040/F2/002
Placement Details:	Obstetrics and Gynaecology (N/A)
Department:	<p>Gynaecology. There are consultant-led clinics</p> <p>General gynaecology (e.g. menstrual disorders) Urogynaecology (bladder control)</p> <p>One stop gyneacology (trans-vaginal scan and outpatient hysteroscopy)</p> <p>Oncology (cancer)</p> <p>Urgent gynaecology referrals</p> <p>Menopause and endocrine gynaecology (eg PCOS)</p> <p>Subfertility (e.g. assisted conception)</p> <p>The consultants are supported by sister, staff nurses, healthcare assistants and support staff, including a counselling service. The consultant's team may also include registrars, senior house officers, staff grades, and medical and nursing students.</p> <p>There is also an Acute Gynaecology Unit and Early Pregnancy Assessment Unit offering consultant led acute gynaecology and early pregnancy scanning and assessment services.</p> <p>Obstetrics. Both Epsom Hospital and St Helier Hospital have a maternity unit, providing care for pregnant women at the antenatal, intrapartum (labour and birth) and postnatal stages. The hospital and community midwifery service is</p> <p>fully integrated and managed by the Trust.</p>

Type of work to expect and learning opportunities	Gynae & post-natal ward rounds; seeing new cases in labour ward and A&E; variety of theatre & clinics in 'specials week'
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Miss Antoinette Johnson
Main duties of the placement:	Specific duties to be advised upon placement.
Typical Working Pattern in this placement:	Please refer to the Educational Opportunities. Rota TBC.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes: LDN/RVR05/040/F2/002

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Obstetrics & Gynaecology St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) O&G teaching (pm)
Thursday	Grand Round meeting 12:30 – 13:30
Friday	To be agreed with Clinical Supervisor

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	Epsom Hospital
National Post Number:	LDN/RVR50/002/F2/002 LDN/RVR50/002/F2/001
Placement Details:	Paediatrics (N/A)
Department:	<p>Services are provided from Epsom Hospital, Queen Mary's Hospital for Children, and a wide range of community settings, including children's own homes.</p> <p>Neonatal care The neonatal unit provides emergency care for sick newborn babies. Babies born at less than 34 weeks and those likely to need intensive or high dependency care are brought to St Helier Hospital which offers level two care.</p> <p>Children's accidents and emergencies (A&E) The Trust provides accident and emergency facilities at both Epsom and St Helier hospitals, and there is a dedicated paediatric A&E area on both hospital sites, where children under the age of 16 are seen.</p> <p>Inpatient services We have two dedicated children's wards in the Trust: Casey ward at Epsom Hospital and the children's ward at Queen Mary's Hospital for Children. Our children's wards care for children with a variety of surgical, orthopaedic and medical conditions.</p> <p>Outpatient services We have two designated children's outpatients departments providing services for babies, children and young adults (0-16 years).</p> <p>Assessment units The assessment units at Queen Mary's Hospital for Children and Ebbisham ward at Epsom Hospital provide a day service for medical investigations and procedures.</p> <p>Specialist care The paediatric department provides treatment and care in a number of specialist areas: cystic fibrosis, diabetes, endocrinology,</p>

	<p>epilepsy, gastroenterology, haematology, nephrology, respiratory services, allergy and rheumatology and oncology.</p> <p>Paediatric surgery All types of paediatric surgery are performed by the Trust; mostly day surgery but also some inpatient surgery for orthopaedics an general surgery such as appendicectomy.</p> <p>Children's therapies and other departments Children being cared for at Epsom Hospital or Queen Mary's Hospital for Children can be referred by their consultant to a range of therapies including physiotherapy, dietetics and occupational therapy.</p>
Type of work to expect and learning opportunities	Specific duties to be advised upon placement.
Where the placement is based:	Paediatrics - Epsom
Clinical supervisor (s) for the placement:	Dr Emily Goodlad, Dr Meena Hindmarch
Main duties of the placement:	Specific duties to be advised upon placement.
Typical Working Pattern in this placement:	Please refer to the Educational Opportunities. Rota TBC.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes: LDN/RVR50/002/F2/002 & LDN/RVR50/002/F2/001

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

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Day of the Week	Paediatrics Epsom
Monday	SHO presentation and X-ray meeting 12.30-2pm
Tuesday	Journal club or SHO topic teaching 09.00 – 09.30
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Paediatric / Neonatal Simulation 09.00 – 09.30 Grand Round Lunchtime meeting 12:30 – 13:30 Paediatric Academic Afternoon 14:00-15.00/16.00
Friday	Informal Teaching / “Cake” Friday – afternoon

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/002/F2/001 LDN/RVR05/002/F2/002
Placement Details:	Paediatrics
Department:	<p>Services are provided from Epsom Hospital, Queen Mary's Hospital for Children, and a wide range of community settings, including children's own homes.</p> <p>Neonatal care the neonatal unit provides emergency care for sick newborn babies. Babies born at less than 34 weeks and those likely to need intensive or high dependency care are brought to St Helier Hospital which offers level two care.</p> <p>Children's accidents and emergencies (A&E) The Trust provides accident and emergency facilities at both Epsom and St Helier hospitals, and there is a dedicated paediatric A&E area on both hospital sites, where children under the age of 16 are seen.</p> <p>Inpatient services We have two dedicated children's wards in the Trust: Casey ward at Epsom Hospital and the children's ward at Queen Mary's Hospital for Children. Our children's wards care for children with a variety of surgical, orthopaedic and medical conditions.</p> <p>Outpatient services We have two designated children's outpatients' departments providing services for babies, children and young adults (0-16 years).</p> <p>Assessment units the assessment units at Queen Mary's Hospital for Children and Ebbisham ward at Epsom Hospital provide a day service for medical investigations and procedures.</p> <p>Specialist care the paediatric department provides treatment and care in a number of specialist areas: cystic fibrosis, diabetes, endocrinology, epilepsy, gastroenterology, haematology, nephrology, respiratory services and oncology.</p> <p>Paediatric surgery All types of paediatric surgery are performed by the Trust; mostly day surgery but also some inpatient surgery for orthopaedics and general surgery such as appendectomy.</p> <p>Children's therapies and other departments Children being cared for at Epsom Hospital or Queen Mary's Hospital for Children can be referred by their consultant to a range of therapies including physiotherapy, dietetics and occupational therapy.</p>
Type of work to expect and learning opportunities	Specific duties to be determined upon placement.

Where the placement is based:	St Helier – Queen Mary’s Hospital for Children
Clinical supervisor (s) for the placement:	Dr Ritu Handa / Dr Ranga Tirumallai
Main duties of the placement:	Specific duties to be determined upon placement
Typical Working Pattern in this placement:	Please refer to the Educational Opportunities. Rota TBC.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Paediatrics St Helier
Monday	To be agreed with Clinical Supervisor
Tuesday	To be agreed with Clinical Supervisor
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Renal/Histopath Teaching 16:00 – 17:00
Thursday	Grand Round meeting 12:30 – 13:30 Paediatrics teaching 14:00 – 17:00
Friday	To be agreed with Clinical Supervisor

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/015/F2/001 LDN/RVR05/015/F2/002 LDN/RVR05/015/F2/003
Placement Details:	Renal Medicine (Nephrology)
Department:	<p>The South West Thames Renal and Transplantation</p> <p>Unit is one of the largest units in the UK. As a tertiary renal unit, we offer the full range of renal services including nephrology, dialysis and transplantation services, serving a population of about two million across South West London and Surrey. Transplant surgery is performed at St George's Hospital.</p> <p>Each of the acute Trusts served by the renal unit has an on-site nephrologist presence at least twice a week, offering clinic and ward referral services.</p> <p>Inpatient services include a 44-bed unit on two wards with fully trained renal nurses and facilities for acute haemodialysis and plasma exchange.</p> <p>At the end of September 2025, there were 1,017 transplant recipients, 1170 haemodialysis patients, and 135 peritoneal dialysis patients. On average the network undertakes 50-60 kidney transplants for patients at St Helier hospital each year.</p>
Type of work to expect and learning opportunities	At the Renal referral centre you will see a large number of patients with renal disease. You will always be supported by a registrar or Consultant whilst on duty. You will have the opportunity to learn many practical procedures.
Where the placement is based:	Renal Unit, St Helier

Clinical supervisor (s) for the placement:	Dr David Makanjuola/Dr Ayesha Irtiza-Ali
Main duties of the placement:	See 'Type of work to expect and learning opportunities'
Typical Working Pattern in this placement:	Please refer to the Educational Opportunities. Rota TBC.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

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There are 20 foundation programme training 'outcomes' to be achieved within the curriculum; these are termed 'foundation professional capabilities'. Each 'foundation professional capability' describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each 'foundation professional capability' meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams 	<ul style="list-style-type: none"> Weekly F2 teaching ALS 	SLEs including mini-CEXs	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foun

<ul style="list-style-type: none"> the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> Simulation Crisis Communication skills Script modules e-learning 	DOPs CBDs Developing the clinical teacher	dationprogramme.nhs. uk/pages/home/your-career-path http://www.foundationprogramme.nhs. uk/pages/home/foundation-ARCP http://www.stfs.org.uk/
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Day of the Week	Renal Medicine St Helier
Monday	Journal Club 13:00 – 14:00
Tuesday	Renal Teaching 13:00 – 14:00
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs) Teaching 8:15 - 9:00 Renal/Histopath MDT 4:00 – 5:00
Thursday	Grand Round meeting 12:30 – 13:30 Microbiology MDT 14:00 – 15:00
Friday	Renal-Radiology MDT and Academic lectures/M&M meetings 12:30 – 14:00

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Sites:	Epsom General Hospital & Princess Alice Hospice
National Post Number:	LDN/RVR50/094/F2/001
Placement Details:	Palliative Care – Epsom Hospital Palliative Care team & Princess Alice Hospice in-patient unit
Department:	Palliative Care
Type of work to expect and learning opportunities	<p>They would gain valuable experience within the hospital palliative care team and in the community; a sound grounding in palliative care on the hospice in-patient unit (IPU), opportunities of visiting patients in their own homes, joint working with primary care team professionals including GPs, involvement with education and teaching including medical students.</p> <p>They will experience the continuity of care that we provide for palliative care patients across hospital/hospice/community (home).</p> <p>They will get the opportunity to follow patients seen at Epsom Hospital/ hospice/community setting, and vice versa when they are re-admitted to hospital. Experience in assessing and managing holistic needs of palliative care patients including developing skills in prescribing opioids and the wide range of medications for symptom control.</p> <p>Enhancing communication skills and advance care planning for patients. Gain an understanding of bereavement risks and support available. Experience in liaising with external professionals including oncology teams to co-ordinate patient care.</p> <p>Non-medical interventions in symptom control. Supporting patients to be cared for in their preferred place of care. Ethical decision making and application of the Mental Capacity Act</p> <p>They will gain a better understanding of true multidisciplinary working and decision making. Opportunity to complete the European Certificate in Essential Palliative care - to be discussed with clinical</p>

	supervisor. Opportunities to complete audits/quality improvement projects
Where the placement is based:	Princess Alice Hospice/ Epsom General Hospital
Clinical supervisor (s) for the placement:	Dr Aruni Wijeratne / Dr Emma Jones
Main duties of the placement:	<p>The FY2 would start their attachment with a 2-month block at the hospice (in-patient unit), where they would be closely supervised and take part in hospice educational activities. After this period, the aim would be to work with the specialist palliative care team at Epsom Hospital. Completing first assessments for patients on the hospital wards and admitting patients to the IPU at the hospice.</p> <p>Daily assessments and follow up of patients. Presenting and discussing patients at the weekly MDTs. Participating in handover of patients and documentation of clinical records. Completing necessary paperwork and documentation following the death of patients on the IPU including Medical Examiner and coroner referrals (Hospice only)</p> <p>Preparing and completing discharge summaries and TTAs for hospice patients on discharge. Liaising with external teams to gather information and share information following admission to the hospice.</p>
Typical Working Pattern in this placement:	<ul style="list-style-type: none"> • 9am – 5pm Monday to Friday. No weekend or on-call commitments. • Multiprofessional handover meetings • Multiprofessional admissions meetings • Consultant ward rounds • Weekly MDT meetings • Admitting patients to in-patient unit • Community visits • Daily ward patient reviews with senior supervision • Internal educational meetings including weekly Journal Club and Monday lunchtime medical teaching

	<ul style="list-style-type: none"> • Handover for weekend on-call doctors
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

There are 20 foundation programme training ‘outcomes’ to be achieved within the curriculum; these are termed ‘foundation professional capabilities’. Each ‘foundation professional capability’ describes a key clinical or professional aspect of medical practice. Foundation doctors must provide evidence of how their achievements related to each ‘foundation professional capability’ meet or exceed the expected minimum standard of performance for their year of foundation training.

In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-

<p>their professional and clinical skills/acumen</p> <ul style="list-style-type: none"> increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> e-learning 		<p>ARCP http://www.stfs.org.uk/</p>
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Day of the Week	Palliative Medicine Epsom Hospital/Princess Alice Hospice
Monday	Princess Alice Hospice in-patient unit/Epsom Hospital
Tuesday	Princess Alice Hospice in-patient unit/Epsom Hospital
Wednesday	Princess Alice Hospice in-patient unit/Epsom Hospital
Thursday	Princess Alice Hospice in-patient unit/Epsom Hospital
Friday	Princess Alice Hospice in-patient unit/Epsom Hospital

FY2 Foundation Programme
Individual Placement Descriptor*

Trust	Epsom And St Helier University Hospitals NHS Trust
Site	Epsom Hospital
Intrepid Post Code (and local post number if known)	LDN/RVR50/004/F2/001
Placement details (i.e. the specialty and sub-specialty)	Respiratory Medicine
Department	<p>Services:</p> <ul style="list-style-type: none"> • Outpatient clinics • Home visits • Ward rounds and assessments • Airborne allergy testing • Hyper-reactivity testing • Education programmes for all health care staff in both primary and secondary care, patients and carers • Oxygen and nebuliser assessment clinics • Pulmonary rehabilitation programmes
Type of work to expect and learning opportunities	The department has an excellent multidisciplinary clinical governance and education programme to which all junior doctors contribute
Where the placement is based	Epsom Hospital
Clinical supervisor(s) for the placement	Dr Praveen Molanguri & Dr Jonathan Ratoff
Main duties of the placement	Specific duties to be advised upon placement
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	Specific working pattern to be advised upon placement

Local education provider (LEP) / employer information	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk
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*It is important to note that this description is a typical example of the placement and may be subject to change.

Educational Opportunities for Foundation Year 2 Junior Doctors

F2 Post code:

[LDN/RVR50/004/F2/002](#)

The Foundation Programme Curriculum 2021 is the framework for educational progression and doctors are assessed against the outcomes in the curriculum.

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities’.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

	Respiratory Epsom
Monday	Lung MDT 9:00 Ward Round after MDT
Tuesday	Ward Round 9:00
Wednesday	Ward Round 9:00 F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Grand Round Lunchtime meeting 12:30 – 13:30
Friday	Ward Round 9:00

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/027/F2/003
Placement Details:	Urology (N/A)
Department:	<p>The department is staffed by 12 consultant urological surgeons, two specialist registrars, four trust registrars, and four foundation year doctors from the St George's Hospital Medical School.</p> <p>There are six clinical nurse specialists and a team of ward and clinic nurses who are experienced in the management of urological conditions. Together we provide a comprehensive multidisciplinary service in all aspects of adult urology. We have well developed tertiary referral links with the Royal Marsden Hospital and St Georges Hospital.</p> <p>Sub-specialties</p> <p>The department has sub-specialist interests in a number of areas. These include:</p> <p>Modern management of Benign prostatic hyperplasia (BPH) including Greenlight laser prostatectomy.</p> <p>A comprehensive multidisciplinary prostate cancer service, provided in collaboration with our surgical and oncology colleagues from the Royal Marsden Hospital.</p> <p>A comprehensive bladder cancer service with specialist input from Mr Rami Issa and Miss Andrea Tay from St Georges for high-risk localised disease and links into the specialist unit at the Royal Marsden hospital for muscle invasive disease.</p> <p>A large stone unit providing a comprehensive service involving all aspects of stone treatment including a regional lithotripsy service, PCNL and laser stone surgery.</p> <p>Advanced laparoscopic ("keyhole surgery") for kidney cancer and benign kidney conditions.</p> <p>Female urology service including vaginal tape procedures (TVT) and botox bladder injections.</p>
Type of work to expect and learning opportunities	St Helier site deals with acute admissions only. There are occasional opportunities to go to theatre & clinic.
Where the placement is based:	Urology dept, mainly at St Helier, but sometimes Epsom.
Clinical supervisor (s) for the placement:	Mr Pieter Le Roux
Main duties of the placement:	Ward work; clerking patients; surgical on calls.

Typical Working Pattern in this placement:	Please refer to the Educational Opportunities. Rota TBC.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

****It is important to note that this description is a typical example of the placement and may be subject to change.***

Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Urology at St Helier
Monday	Consultant Ward round 8:00 – 9:00 Urology departmental teaching 12:30 – 14:00
Tuesday	Ward round 8:00
Wednesday	Ward round 8:00 Weekly F2 Teaching (3Hrs) 9:00 – 12:30
Thursday	Ward round 8:00-10:00 MDT & X-ray meeting Grand Round meeting 12:30 – 13:30
Friday	Ward round 8:00

FY2 Foundation Programme

Individual Placement Descriptor

Trust:	Epsom and St Helier University Hospitals NHS Trust
Site:	St Helier Hospital
National Post Number:	LDN/RVR05/024/F2/001 LDN/RVR05/024/F2/002
Placement Details:	Trauma and Orthopaedic Surgery
Department:	<p>The trauma and orthopedics department of the Trust provides acute care for patients with musculoskeletal injuries (such as fractures and dislocations) as well as planned care for patients with bone and joint disorders and the care of children with orthopaedic problems. Specialist services are offered in a number of different areas.</p> <p>The department is actively involved in training Resident doctors and teaching medical students from St George's Medical School.</p> <p>The department offers care for almost the entire range of orthopaedic problems. The Elective Orthopaedics Centre (EOC) is recognised as a national centre of excellence.</p>
Type of work to expect and learning opportunities	<p>The FY2 doctor attached to Orthopaedics will share responsibility for patients under all consultants on the ortho wards with the other FY2 doctors, supported by middle grade staff for each specialty.</p> <p>Responsibilities include: Day to day care of all patients on the ward (admission clerking and assessment, daily or more frequent clinical review, legible notes in medical records, prescribing, requesting investigations and actioning results), Ward Rounds, Attending theatre lists, Discharge planning and discharge notifications, Maintaining patient safety by abiding by the Medicines Code, Infection Prevention procedures and Medical Equipment/Devices policy, On-Call responsibilities (nights & lates), Clerking of new admissions and other ward-based duties as above, Reviewing of sick patients of other teams and specialties & inputting into their care.</p> <p>Learning Opportunities.</p> <p>Generic Skills / Professional Development FY2 Programme (6 days)</p> <p>Departmental educational Meetings</p> <p>Learning on the Job: Ward rounds, informal teaching from peers, middle grade and consultant staff, interaction with medical students and their educational activities etc. e-learning resources to support induction and on-going professional development</p>
Where the placement is based:	St Helier
Clinical supervisor (s) for the placement:	Ms Andrea Sott/Mr Sohail Yousaf
Main duties of the placement:	See 'Type of work to expect and learning opportunities'

Typical Working Pattern in this placement:	Mon-Fri: 8am - trauma handover meeting; 9am - ward round +/- SHO/SpR/Cons. If consultant on call, ward round for pre-op patients first, afternoon - ward jobs. On call requirements.
Local Education Provider/Employer information:	The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk

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Educational Opportunities for Foundation Year 2 Resident Doctors

F2 Post codes:

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In order to progress to the next stage of training foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the 'foundation professional capabilities'.

Learning Outcomes	Formal and informal Learning Opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> • the ability to work adaptively in healthcare teams • the ability to manage patients with acute and long-term conditions • continuous improvement in their professional and clinical skills/acumen • increasing understanding of the healthcare environment 	<ul style="list-style-type: none"> • Weekly F2 teaching • ALS • Simulation • Crisis • Communication skills • Script modules • e-learning 	SLEs including mini-CEXs DOPs CBDs Developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

Day of the Week	Trauma & Orthopaedics - St Helier
Monday	Mr Dinah T&O teaching 7:45 Trauma meeting & handover 8:00 FT/SHO teaching foot & ankle tbc (once a month)
Tuesday	Trauma meeting & handover 8:00 GP teaching 13:00
Wednesday	Trauma meeting & handover 8:00 F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Trauma meeting & handover 8:00 Grand Round meeting 12:30 – 13:30
Friday	Trauma meeting & handover 8:00

Foundation Programme

Individual Placement Descriptor*

Trust	Epsom And St Helier University Hospitals NHS Trust
Site	St Helier Hospital
Trainee Information System (TIS) Post Code (and local post number if known)	LDN/RVR05/035/F2/001
Placement details (i.e. the specialty and sub-specialty)	Acute Internal Medicine & Genito-Urinary Medicine
Department	Acute Internal Medicine & Genito-Urinary Medicine
Type of work to expect and learning opportunities	<p>To work on AMU to gain acute internal medical experience as well as 1 day a week in Genito-Urinary Medicine. There will also be an on-call element to this role for medicine including nights and weekends.</p> <p>Teaching will occur on the ward, on call and in GUM and the F2 will be expected to attend F2 teaching on Wednesday morning (protected teaching).</p> <p>They will also have the opportunity to attend procedure clinics (chest drains, paracentesis, lumbar punctures etc)</p>
Where the placement is based	St Helier Hospital
Clinical supervisor(s) for the placement	<p>Dr Collin Sinclair (AMU)</p> <p>Dr Olubanke Davies (GUM)</p>
Main duties of the placement	AMU – Participate in all aspects of the AMU including main AMU Ward Rounds, bedded patients (in ED), TAKE and Post-TAKE work. They will be supported in this by 3 AMU Registrars and 9 AMU Consultants, with each being Consultant led.

	<p>Whilst on-call they will be under the supervision of the GIM Consultant on call and will partake in the clerking and management of new patients attending the ED.</p> <p>GUM- GUM- Key responsibilities during the placement include actively participating, under supervision, in the screening and treatment of patients with genitourinary symptoms, sexually transmitted infections, and HIV. Additionally, you will gain exposure to the administration of short and long-acting contraception.</p>
<p>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</p>	<p>Mon/Wed/Thur/Fri AMU based work. Some weekend work as part of AMU rota</p> <p>Tues GUM clinics including HIV and contraception clinics</p> <p>The On call element of the role takes precedence over the day time work. So if on call doing nights, they will be expected to do that rather than GUM clinics or AMU</p>
<p>Local education provider (LEP) / employer information</p>	<p>The employer for this post is Epsom and St Helier University Hospitals NHS Trust. http://www.epsom-sthelier.nhs.uk</p>

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Educational Opportunities for Foundation Year 2 Junior Doctors

F2 Post codes: LDN/RVR05/035/F2/001

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In order to progress to the next stage of training, foundation doctors will be assessed at the end of each year of training. Progression will be dependent on meeting or exceeding the minimum expected standard of performance in each of the ‘foundation professional capabilities.

Learning Outcomes	Formal and Informal learning opportunities	Opportunities for obtaining experience and training outcomes	Useful links and additional resources
<ul style="list-style-type: none"> the ability to work adaptively in healthcare teams the ability to manage patients with acute and long-term conditions continuous improvement in their professional and clinical skills/acumen 	Weekly F2 teaching ALS Simulation Crisis Communication skills Script modules e-learning	SLEs including mini CEXs, DOPs, CBDs, developing the clinical teacher	http://www.foundationprogramme.nhs.uk/pages/home/e-portfolio http://www.foundationprogramme.nhs.uk/pages/home/your-career-path http://www.foundationprogramme.nhs.uk/pages/home/foundation-ARCP http://www.stfs.org.uk/

<ul style="list-style-type: none"> increasing understanding of the healthcare environment 			
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	AMU & GUM
Monday	TBC
Tuesday	TBC
Wednesday	F2 Weekly Teaching 9:00 – 12:30 (3.5Hrs)
Thursday	Grand Round meeting 12:30 – 13:30
Friday	TBC