

**Genitourinary Medicine Speciality Training**  
**Guy's and St Thomas' Hospitals NHS Foundation Trust**

**SpR in GENITOURINARY / HIV MEDICINE**  
**4 Year Training Programme**  
**JOB DESCRIPTION**

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## **1) INTRODUCTION**

This is a Specialty Registrar position based in the HIV department (Harrison Wing) and across the integrated sexual health service at Guy's and St Thomas' NHS Foundation Trust. The major clinical responsibilities of the post holder include caring for patients, the sexual and reproductive health (SRH), outpatient clinics and HIV outpatients and inpatient care. There is an EWDT-compliant 1:6 on call rota which includes evening and weekend for HIV admissions and ward cover, and in addition each trainee contributes to second on general medical on call rota for 6 months over the four year training program.

During Years 1 and 2 trainees are expected to accumulate extensive clinical experience, teach and train others and perform and present an audit project each year. By the end of year 2, the postholder is expected to have passed the Diploma in GU Medicine, completed their Gynaecology attachment, the DFSRH and letters of competence of subdermal implant and intrauterine contraception. Years 3 and 4 are spent consolidating clinical experience, Dermatology training, laboratory experience, attending a teaching Course, a management Course and consolidating administrative and leadership skills. The Diploma in HIV Medicine may be taken in Years 3 or 4.

The department operates a modular training programme through which the trainee will rotate every 4 months. The modules will be primarily HIV or SRH based. This system has been highly praised by previous trainees for providing structure and continuity to GUM/HIV at the trust and includes two four-month placements on the HIV wards. There is also a responsibility for the post holder to undertake administration, quality improvement projects and research activities and be involved undergraduate, postgraduate and departmental teaching. The GMC National training survey highlights the high standards of training in GU Medicine at GSTT having achieved 13 green flags in the 2019 survey.

Appraisals with an educational supervisor will be attended every six months as well as an annual ARCP, together with work-based assessments. Whilst there is no formal rotation to another Trusts the GUM department is diverse and offers the possibility of working in both community and acute settings providing a diverse training environment with distinct patient cohorts with differing sexual health needs.

OOPes are available in the UK and overseas to undertake supervised clinical attachments / research or to gain a recognised qualification (MSc or MPH). These are usually undertaken in years 2/3 of training after passing the Dip GUM examination.

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## **2) DEPARTMENT OF SEXUAL HEALTH & HIV**

### **SEXUAL AND REPRODUCTIVE HEALTH**

The Sexual Reproductive Health department occupies purpose-built premises at Burrell Street Clinic (SE1 0UN) and two smaller clinics; Streatham Hill clinic (SW2 4TP) and Walworth road (SE17 1RY). These clinics serve the local population in a relatively deprived inner city area and provide care to distinct patient cohorts with different care needs. The service sees over 85000 patient episodes each year including a 7 day service at Burrell Street to improve patient access to sexual health services.

Since 2020, modalities of clinical consultation include telephone, virtual appointment using 'Attend Anywhere' in addition to face to face appointments. The department has over 100 clinical staff providing integrated sexual health care across the three sites.

Dr An Vanthuyne is a Consultant in Sexual and Reproductive health who is the clinical lead for contraceptive provision and training within the department.

Specialist clinics include specialist STI clinic (complex management), PrEP, female referral clinic, psychosexual service, virtual urology clinic, genital dermatoses service, complex contraception clinics including deep implant removal. Trainees can link with Kings to gain experience in Transgender services. There is opportunity to join working groups focusing on specific patient groups. Examples include pregnant women, vulnerable and minority groups including outreach, and MSM.

### **DEPARTMENT OF HIV MEDICINE; HARRISON WING**

Lambeth and Southwark have the highest HIV prevalence in the country. There are currently about 3500 HIV positive patients under follow up at the Harrison Wing of whom 30% are female. Patients are seen in appointment clinics either in person, via Video 'Attend Anywhere' or telephone consultation and there is a walk-in service for emergencies. The specialist clinics include the Treatment Advice Clinic (TAC), the antenatal clinic, the HIV/Hepatitis co infection clinic, pharmacy clinic, nurse led clinics, metabolic clinic and the TB clinic. Patients requiring admission are admitted to a dedicated ward in St Thomas' Hospital under the care of the Harrison Wing on a dedicated Infection Ward. There is a dedicated HIV Pharmacy in the clinic, a Dietician, Nurse led services and Newfill are available. There is an active Research Clinical Trials unit and an Academic Department of Sexual Health and HIV with special interests in Immunology, HIV disease progression and STI/HIV transmission in deprived communities.

### **ACADMIC UNITS OF SEXUAL HEALTH & HIV**

The GU Medicine Research is led by Dr Achyuta Nori within the SRH department and the HIV Academic Unit is led by Dr Julie Fox at the Harrison Wing. The department mostly recruits to phase III drug trials. In addition to the medical staff there is a database co-

ordinator and research nurses. The trainee will rotate through the research department and be involved with recruitment and management of patients within clinical trials

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### 3) CLINICAL ORGANISATION

The Head of service and service manager work within a multi-disciplinary management team including clinical nurse specialists, nurses, health advisors and administrators.

#### MEDICAL STAFF (2020)

Consultants	Dr Nick LARBALESTIER (Clinical Lead HIV) Dr Anatole Menon-Johansson Dr Daniella Chilton Dr Julie Fox Dr Ranjababu Kulasegaram Dr Anatole Menon-Johansson Dr Cath Rodgers Dr Gulshan (Cindy) Sethi Dr Amelia Hughes (College Tutor for GUMedicine) Dr Rudiger Pittroff Dr Achyuta Nori Dr An Vanthuyne (Consultant in SRH) Dr Rebecca Simmons Dr Hannah Alexander (Locum) Dr Aseel Hegazi Dr Phillip Hay (Locum) Dr Mark Pakianathan (Locum) Dr Leila Frodsham (Consultant in Psychosexual Med) Dr Julie Fox
Head of Academic HIV Unit	
Associate and Specialty Doctors	Dr Jennifer Dobbie (Clinical lead SRH) Dr Ruslan Artykov Dr Pippa Farrugia Dr Rashidat Kike Rabi Dr Amelia Kidd Dr Katherine Creamer Dr Iftikar Begum Dr Julianne Lwanga (HIV)
SpRs/StRs	7 GU Medicine and 1 SRH trainee
F2s	3 ( 2 in SRH department and 1 HIV ward)
GPVTS	4

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## **4) TRAINING OPPORTUNITIES**

### **CLINICAL & EDUCATIONAL SUPERVISION**

In-post training will be tailored to the appointee's qualifications and previous experience. Advice from senior staff is available at all times.

Structured appraisal of doctors in training by the consultants takes place regularly. This includes discussion of doctors' professional development so that arrangements can be made for further study and training as appropriate. Each trainee has a named Clinical and Educational Supervisor.

Weekly training takes place on Wednesday mornings. The clinic is closed at these times to enable doctors to attend. There will be a full induction programme on arrival and training needs will be reviewed. Study leave and funding for training are available upon application.

GSTT has a named Consultant Lead for Less Than Full Time (LTFT) trainees and all trainees who are LTFT or have flexible working patterns are fully supported to ensure all training needs are met within individual working schedules.

All trainees are provided with Trust Laptops and IT support for remote working.

### **SPECIFIC TRAINING IN SRH & HIV**

#### **GUM clinics**

- STIs diagnosis and management, partner notification and health promotion, HIV tests (including point of care), all contraception (including LARC), health adviser consultations, nurse led clinics, results are computerised SMS and telephonics options

#### **GUM Specialist Clinics**

- GUM Female referral clinics – chronic recurrent problems such as BV, candidiasis, vulvodynia
- Virtual Urology clinic – recurrent NGU, prostatitis
- Specialist STI clinic – complex management including MG and Syphilis
- Wart clinic including hyphrefaction
- Genital Dermatoses Clinics – assessment, biopsy, management and referral of genital dermatoses
- Psychosexual / sexual dysfunction clinic
- Complex contraception clinics

#### **GUM Meetings – part of Wednesday afternoon programme**

- Weekly rolling academic programme at Burrell Street Clinic

#### **HIV Specialist Clinics**

- HIV Antenatal clinic
- HIV Metabolic clinic
- HIV Treatment advice clinic

- HIV/Hepatitis co infection clinic
- HIV Adolescent transition clinic
- HIV / ID / Micro rotation – Lab training

HIV Ward Rounds

HIV Meetings

- Monthly HIV Histopathology meetings, Histopathology seminar room, Wednesdays 9.30am-10am
- Wednesday morning academic meeting

## **TEACHING**

Medical students attend the department each week for clinical teaching, and the postholder will be expected to contribute to this as well as to teaching other medical and other postgraduates including MRCP teaching.

## **AUDIT**

The department is actively involved in clinical audit, and the postholder will be expected to participate fully.

## **RESEARCH**

Is encouraged strongly and there is a wealth of opportunities in GUM and HIV. Trainees are expected to write up and publish a Case Report, an Audit, A piece of original research (first author) and a collaborative research project and aim for poster and oral presentations at BASHH and BHIVA meetings.

## **5) ADDITIONAL TRAINING BENEFITS AT GSTT**

### **POSTGRADUATE MEDICAL DEPARTMENT**

GSTT has strong leadership in both undergraduate and postgraduate medicine who ensure all students, trainees and trainers are supported in their role. Many courses are available to staff free including faculty training in simulation and multiple courses delivered by School of improvement ([www.guysandstthomaseducation.com/project/school-of-improvement/](http://www.guysandstthomaseducation.com/project/school-of-improvement/)) including preparing for CESR, management, leadership, interview preparation skills, Audit and Quality improvement, Supervision, Coaching and mentoring, Root cause analysis and investigating serious incidents, paired learning, medical education fellowship and wellbeing.

GSTT is part of Kings Health Partners ([www.kingshealthpartners.org](http://www.kingshealthpartners.org)) which is an Academic Health Sciences Centre where world-class research, education and clinical practice are brought together for the benefit of patients. The benefits include access to training,

funding and research opportunities, and the partnership includes Kings College Hospital NHS Foundation Trust, South London and Maudsley NHS Foundation Trust, Kings College London and Guys and St Thomas NHS Foundation Trust.

## 6) POSTHOLDER SPECIFIC DUTIES AND RESPONSIBILITIES

The post is for 4 years and is for 10 sessions per week. A sample job plan is set out below for appointments to cover Years 1-2 It provides comprehensive experience in Genitourinary and HIV medicine. The on-call rota is 1:6. A full time post holder will have 7 clinical session each week in addition to 3 non clinical sessions; departmental teaching, research and administration.

### Sample Timetable of SpR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
a m	SRH clinic		Academic Meeting including HIV inpatient MDM	Emergency HIV clinic	HIV clinic
p m	Audit/ Research	Specialist STI clinic	SRH	Emergency HIV Clinic	Clinic Admin
ev e		Specialist STI Clinic			
<b>ON CALL 1:6</b>					

### Sessions per week:

HIV appointment clinic	1
HIV Emergency clinic	2
STI clinic	4
Clinic Admin	1
Audit/Research	1
Training	1
<b>TOTAL</b>	<b>10</b>

### Sample Timetable Ward Based STR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
am	SpR WR	Consultant WR	HIV inpatient MDM Ward Round Grand round +/- academic meeting	SpR WR	Consultant WR
pm	Ward work	Ward Work	Emergency clinic	HIV discharge clinic	
eve					
<b>ON CALL 1:6</b>					

#### Sessions per week:

HIV discharge clinic/	1
HIV emergency clinic	1
Ward work/ ward round	5
Clinic Admin	1
Training	1
Audit/Research	1
<b>TOTAL</b>	<b>10</b>

### DUTIES AND RESPONSIBILITIES

#### HIV service

- To look after HIV outpatients including appointment and walk in patients. To supervise antiretroviral therapy, STI screens when appropriate, liaise with other disciplines and specialties and refer when appropriate.
- To participate in the HIV on call rota 1:6 with prospective cover, dealing with emergencies and referrals from other departments

#### GUM Service

- To look after STI clinic attendees including history, examination, investigation, treatment and appropriate management. To liaise with colleagues in a multidisciplinary setting to ensure that patients are seen as smoothly as possible at all times.
- To provide contraception (including long acting reversible contraception)

#### Administration

- To complete clinic notes properly.
- To write clinic letters promptly

- To write GP and referral letters as required

#### Teaching and Training

- To teach undergraduate students as required
- To arrange induction and train junior staff as required

#### Audit and Clinical Governance

- To regularly audit clinic activity, present findings, modify guidelines and re-audit as required
- To complete adverse incident forms and participate in AI /Risk management meetings
- To attend clinic management meetings
- To undertake quality improvement programmes

#### Research

- To participate in research in relation to the work of the Centre.
- To keep up to date about current developments and research about STIs and HIV and present updates to the department

#### Other duties including Management

- To participate fully in meetings and training when necessary
- To work as part of a team
- To adhere to all Centre policies and procedures and generally to assist in the smooth running of the Centre

### **PERSONAL RESPONSIBILITIES**

To be aware of local policies and procedures.

In accordance with the Health and Safety at Work Act 1974, to be aware of local safety policies and to report all accidents, untoward occurrences and complaints as required by these policies.

To ensure that all duties as a service provider and employee are carried out with due regard to Guy's and St Thomas' NHS Foundation Trust Equal Opportunities Policies.

Annual leave and study Leave: to ensure the efficient running of the service the postholder must ensure that, in conjunction with colleagues, adequate arrangements are made to cover planned absences or annual leave.

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## **7) THE EXCEPTIONAL BENEFITS OF WORKING AT GSTT.**

The 2019 Staff Survey highlight that 88% of staff at GSTT were happy with the standard of care provided by the trust compared to a national average of 71%, and 78% of GSTT staff would recommend it as a place to work , compared with an average of 64%.



<https://www.guysandstthomas.nhs.uk/about-us/quality-story/our-staff/nhs-staff-survey.aspx>

In addition to opportunities as part of Kings Health Partners and the post graduate medical education department, further benefits include the sports and social club, staff gym at St Thomas' Hospital and a 25m swimming pool at Guy's Hospital, subsidised on-site nursery and childcare vouchers, on-site cinemas for patients and staff, a comprehensive staff health and well-being programme, '5 ways to a healthier YOU', weekly lunchtime walking group, ride to work scheme, employee assistance programme, free staff counselling service and free stop smoking service.

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## **8) TERMS AND CONDITIONS OF SERVICE**

- Appointment is conditional upon a satisfactory medical assessment, which may include an examination.
- Salary is on the scale for SpRs/STRs plus London weighting allowance.
- For up-to-date information on the 2016 UK GUM curriculum - JRCPTB website

**For further information please email the GSTT College Tutor**

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