

Pan-London Training Day: Inflammatory Bowel Disease Date: Friday 30 October 2020

Welcome and Introduction	Speakers/Facilitators
09:15 Signing onto platform	Dr Naila Arebi Dr Charlotte Wong
Session 1 – Crohn's disease – lectures (one hour)	
09:30 Intestinal Crohn's disease – how to choose the right drug	Dr Naila Arebi
10:00 Diet in CD – what do patients need to know?	Gabriella Porfou
Session 2 – Generic skills applied to IBD part 1 (one hour)	
10:30 Quality improvement in IBD – how to start and complete a project A real world scenario has been given below:	Dr Nik Kamperidis
"The IBD advice line had a surge in phone calls from patients during the COVID-19 pandemic. Queries range from Shielding Advice to Medication Queries to Flare Management. The IBD nursing team are overwhelmed, the average response time is 5 days and there are numerous patient complaints. You have been tasked by your lead to devise a system to manage the volume of work."	
 11:00 Breakout groups Separate into 3 groups for interactive session You have been sent an invitation from a facilitator for each group Group 1: Action effect Diagram Group 2: Plan do study act (PDSAs) Group 3: Process map 11:30 Summary Session 	Dr Naila Arebi Susan Barber Tracey Tyrrell
All participants to re-join the General Room	Dr Nik Kamperidis
11.45 – 12:15 LUNCH	
Session 3 – Generic skills applied to IBD part 2	
12:15 Critical appraisal of recent published paper using evidence to guide clinical practice. Participants are advised to read the following paper before attending	Dr Naila Arebi Dr Lovesh Dyall
VARSITY Study Group. Vedolizumab versus Adalimumab for moderate-to- severe Ulcerative Colitis.	

Lirio RA, Bornstein JD, Schreiber S. N Engl J Med. 2019 Sep 26;381 (13):1215-1226.doi: 10.1056/MEJMoa1905725. PMID:31553834	
 Overview of the paper (10 mins) You will split into groups, as before, for the critical appraisal (40mins) Group 1 Group 2 Group 3 Each group nominates a member to present the paper having now critiqued it with facilitator in the group (10mins) 	Dr Arebi
Questions to address: 1. Abstract and introduction -research questions and hypothesis 2. Methods - study design and population/sampling bias - confounders allocation to groups 3. Description of data and its analysis 4. Interpretation of results 5. Applicability and discussion	
Session 4 – Ulcerative colitis	
13:15 Ulcerative Colitis – what's new?	Dr Ravi Misra
13:45 IBD Surveillance – how to get it right	Professor Siwan Thomas-Gibson
14:15 – 14:30 BREAK	
Session 5 – Case based discussion (one hour)	
14:30 Active perianal disease and fistulae - a surgeon's perspective	Professor Omar Faiz
15:00 Pouches and pouchitis Surgical techniques, acute & chronic pouchitis, surveillance	Professor Sue Clark
15:30 PLEASE FILL IN ATTACHED FEEDBACK FORM	END