

Resident Doctor Bulletin School of Intensive Care Medicine

May 2025



Hello and welcome

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Team

London School of Intensive Care Medicine Head of School – Dr Charlotte Anderson	
TPD- Stage 1	Dr Louise MA
TPD Stage 2	Dr Russ HEWSON
TPD Stage 3	Dr Viplaw SHUKLA
TPD Academic:	Dr Nish ARULKUMARAN
TPD - RTDs	Dr Gonzalo de la Cerda
TPD – Simulation	Dr David Melia
Trainee Reps:	Dr Sittiga Hassan-Reshat
	Dr Emma Jenkins
	Dr Tim Snow (academia)
	Dr Jo- Anne Strul
Intensive Care Medicine - Health Education Team Service Delivery Manger (SDM) - Jemma Thompson Operations Manager (OM) – Maurean Austin Officer – Deborah Bunce Administrators – Fahmeeda, Elizabeth	
Email: england.icm.lase@nhs.net - Trainer Enquiries PSP Link: - https://lasepgmdesupport.hee.nhs.uk/support/home - Trainee Enquiries	

Useful Links:

- Website : [HEE London | London](https://www.hee.nhs.uk/london)
- PSP: <https://lasepgmdesupport.hee.nhs.uk/support/home>
- FICM : <https://www.ficm.ac.uk>
- Gold Guide: <https://www.copmed.org.uk/publications/gold-guide/gold-guide-10th-edition>

HoS/TPD updates

HoS Update:

Dear ICM Residents,

Great to see so many of you at the London Intensivists in Training (LIIT) Conference 2025 in March. I am always struck by what a remarkable and outstanding group of professionals we have training to become ICM consultants in London! Thank you to all the organisers, panel chairs, presenters and our keynote speaker, Dr Steve Shepherd, who made the day such a success. As ever a special mention goes to the trainee reps (Emma, Tig and Tim) as well as Dr Dave Melia (TPD) who led on planning this special event. Congratulations to Ed Palmer & Teddy Hla, the winners of the Angela McLuckie Prize for a great presentation; you have certainly improved my technological literacy although there is sadly still some way to go!

Congratulations on the success of those who applied for partner specialty training in August 2025. Please make sure

you've been in touch with your TPDs, and best of luck for future applications for those who weren't successful.

Congratulations to those also who have passed the FFICM at the most recent sitting. Please make sure that you let the school know how you've done and whether we can be of any support if you were less fortunate.

Please can I remind everyone about the fantastic courses which have been developed in response to new consultant feedback in London. These courses are designed to bridge training gaps and ease the transition to consultant practice; the simulation programme and advanced communication training (more information below). Please take advantage of this offering and sign up.

Finally, congratulations to those who have secured an Outcome 6 (gained all the competencies to CCT) at ARCP over the recent months

CCTs Oct 24 to March 25

Edward Watson
Chloe Baker
Sekina Bakare
Emma Karsten
Abigail Dias
Jiten Patel

Best wishes
Charlotte
Dr C Anderson (Head of School, London School of ICM)

Stage 1- Louise Ma, Training Programme Director

ARCPs

Nine months has gone since our new recruits have joined in August, and quite a few have completed their first ICM ARCPs. Like other specialty ARCPs, the ICM curriculum requires trainees to demonstrate their competencies through SLEs, MSFs and HiLLO curriculum sign offs. There is considerable amount of evidence to upload in time for your ARCP, so do meet with your educational supervisor and faculty tutor to ensure ESSR sign offs are satisfactory. This is to avoid delay in ARCP outcomes affecting end of stage 1 completion and consequently affect progression to stage 2 training.

For more information about ARCP preparations, please see LSICM webpage:

<https://london.hee.nhs.uk/specialty-schools/intensive-care-medicine>

LTFT and OOP applications

We welcome all LTFT applications through the PGMDE support portal. Please be aware that a 16-week advance notice from application to date of LTFT applies to applications for parental care, disability, ill-health or other caring responsibilities; all other reasons need to be submitted within the application windows determined by your rotational dates (<https://lasepgmdesupport.hee.nhs.uk/support/solutions/article/s/7000018502-when-can-i-apply-for-ltft-what-is-the-notice-period->)

This is to provide the individual trusts and training programme time to plan for these changes. Of course, unforeseen emergencies do happen, and we will try our best to support trainees whenever possible, but it is very difficult to do this with little notice, so do get in touch with your respective TPD for advice and support.

All OOP can only be taken after successful completion of stage 1 ICM training.

For more information about OOP:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/7000038225>

For more information about LTFT:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/7000006974>

Stage 2- Russ Hewson, Training Programme Director

Stage 2 placements

Everyone in programme should have a good idea what they are doing for their stage 2 specialty modules and SSY now; if not then please get it touch. We've continued to be able to offer almost everyone their first or second choice of SSY, which is brilliant, and though we realise that the specialty hospital placements can end up with a number of 3-month blocks during this year, the experience offered at those hospitals should be excellent.

To remind you, those of you who are dual with anaesthetics will have all of your stage 2 placements organised by anaesthetics and those dualling with other specialties will be with them apart from their specialty ICM placements.

FFICM timing/exams

Firstly, I'd like to echo Dr Anderson's congratulations to those who have passed the FFICM at the latest sitting and add my commiserations to those who still have parts to complete. Please do not hesitate to contact us to let us know your results (we don't get this centrally from FICM) as we may be able to help with some support. I'd also like to say (again!) that the exam is a statutory requirement to enter stage 3 ICM, this means that not getting it before your stage 3 clinical placements for standalone and anaesthetics dual (usually 12 months WTE before CCT), or before you enter stage 3 in the dual programme with other duals (usually 18 months WTE before CCT) will lead to an extension. We'll generally plan to do that extension within the post you were expecting to go to anyway and add the further required stage 3 time at the end of your programme.

ARCPs

May 2025 ARCPs, can I put out a plea to read your ARCP outcome forms, we should be letting you know when your next end of stage critical progression point is, confirming your CCT date and setting your next ARCP date. Your next ARCP has to be within 15 months and will generally be annually, it may be sooner due to end of stage timings, especially if less than full time, or end of extension reviews, but usually we will try to avoid them more frequently than every 9 months. If there is an unusually short period between ARCPs we will explain the reasoning in the outcome form ("Next ARCP in 3 months, with the exam results at the end of the Outcome 3 extension period" – for example). Please contact us if you are unsure or think we have scheduled you too early.

The ARCP forms are not a very good tool for recording ST grade, due to the fact that for any number of reasons (e.g. going LTFT) they may not fall at the time you are moving from one ST grade to another. We will do our best to make sure they are roughly right; the most important thing is that the grade is right on TIS as that's the one that determines the pay progression point!

Stage 3 – Vipraw Shukla- Training Programme Director

Advanced communication course for Stage 3 trainees

The school is offering a communication course for stage 3 trainees. Trainees can access course info and booking through the Frontline communication website and the course fees will be reimbursed through the study leave budget process.

<https://frontline-communication.com/advanced-communications-skills-training-acst/>

Information on Notification of completion of training (NoCOT) form

As per recently updated FICM guidance, stage 3 trainees can submit their NoCOT form online directly to FICM within 4 months of their CCT date. TPD approval is not needed anymore. Web link-

<https://www.ficm.ac.uk/trainingexamstrainees/completion-of-training#no-back>

Curriculum updates

The main curriculum update is that new SSYs are being considered by the FICM, palliative care, liver ICM, follow-up and also a Medical Law and Ethics one. We don't have the timescale that these will be available yet, but there are already centres that might be able to offer them, so hoping that we'll be able to hit the ground running with them within LSICM.

Trainee rep updates

Trainee Representative vacancy – apply by Friday 13 June 2025

The London School of ICM welcomes applications for those wishing to apply for the role of trainee representative. Further information regarding the role can be found on the [ICM website](#) and candidates can submit their application using [the on LSICM TRAINEE REP APPLICATION](#) form.

by Friday 13 June 2025.

HET Updates

ARCPs

LSICM 2025 Summer ARCP's dates below:

Day 1 = **9 May 2025**
Day 2 = **12 May 2025**
Day 3 = **15 May 2025**

Wash-up

7 July 2025 (wash up date)

If you are due a summer ARCP you **should** have received an email from england.donotrespondworkforce.lase@nhs.net

If you have not received an ARCP invitation (and think you should have) please contact the HET team through the support portal

<https://lasepgmdesupport.hee.nhs.uk/support/home>

LTFT

To submit an application and for further information including LTFT windows please see the PGMDE support portal:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000018502-when-can-i-apply-for-ltft-what-is-the-notice-period->

OOPs

Please ensure you discuss your OOP plans with your TPD and ES (both specialities if dual training) before submitting your application.

Further information on the OOP process and windows to apply in can be found here:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000019131-oop-application-form-and-guidance>

Events

RTD (regional training days) and SIM day (simulation days)

The upcoming RTD and SIM Day information can be found on the LDN website – please find link here:

<https://london.hee.nhs.uk/specialty-schools/intensive-care-medicine>

Platform for ICM RTD Recordings

RTD recordings are saved on the NHS Learning Hub.

Trainees can access the [NHS Learning Hub](#) using their e-LfH

or OpenAthens credentials and then request access to the [London School of Intensive Care Medicine catalogue](#). These recordings are accessible to ICM London trainees only.

If you have any questions or queries, please do get in touch with the HET team here at HEE, either [via the PSP portal](#) or School line 020 7866 3237

Best wishes

ICM

Healthcare Education Team

NHS England

LDN Website: <https://london.hee.nhs.uk/>

PGMDE support portal:

<https://lasepgmdesupport.hee.nhs.uk/support/home>



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