

London Foundation School Prospectus

Programmes Commencing in August 2024





Contents

Welcome	3
Meet the Foundation School Team	3
Foundation School contact details	6
The UK Foundation Programme Office (UKFPO)	7
What is a foundation school?	7
Structure of foundation training	9
NHS trusts affiliated to London Foundation School	10
Glossary of trust staff	14
Foundation key documents	15
Information about your training	16
Communications	19
North London Acute Trusts	20
South London Acute Trusts	83

Welcome

The London Foundation School officially started August 2023, with North-West London, North Central and East London and South London combining. Kent, Surrey and Sussex (KSS) uncoupled from South Thames to form an independent KSS Foundation School.

There is one Foundation School Director (FSD)/ Associate Dean, who works closely with 5 deputy FSDs, each aligned to a geographical area (North-West, North Central, North-East, South-West and South-East), each also lead on a Pan-London workstream.

The London Foundation School covers a huge diverse cultural and socio- economic area giving a huge range of training opportunities for the more than 2000 Foundation doctors in the school. There are five London Integrated Care Systems (ICS): NW, NC, NE, SW and SE, overseeing 34 acute and mental health trusts, along with many General Practices. There is a wealth of experience and opportunities here and we look to welcoming you to our school.

This prospectus should provide you with all the information you require when considering foundation training in London.

We hope you find it useful.

London Foundation School Team.

Meet the Foundation School Team

London Associate Dean / Foundation School Director: Dr Alice Carter



Ali graduated from Edinburgh University, worked in Edinburgh and then Leeds for a few years, before moving to London to complete her training. She works as an Intensive Care Medicine (ICM) and anaesthetics consultant at University College London Hospital (UCLH) in North Central London.

Ali has a long-standing interest in medical education and has undertaken a variety of education roles including local Postgraduate Medical Education Lead and Faculty tutor for ICM, Training Programme Director (TPD) for Foundation Doctors at UCLH, Lead TPD for Pan-London Intensive Care Medicine Specialty training, Associate Dean (Distribution) before becoming Associate Dean for Foundation in 2023. Ali continues to be a FICM Regional Advisor for North Central London.

Deputy Foundation School Directors

North West (NW) London: Dr Fionnuala Crummy

Workstream Lead: Supporting LTFT and Return to Training (RTT)



Fionnuala is a consultant respiratory physician at UCLH and an honorary associate professor at UCL.

She graduated from the Queen's University of Belfast. She completed her training in Respiratory Medicine and General Internal Medicine in Northern Ireland. She subsequently undertook a fellowship in Sleep Medicine at the Alfred Hospital, Melbourne Australia. She was appointed as a consultant respiratory physician at UCLH in 2008. She has an interest in medical education, was awarded an MSc in Medical Education by UCL in 2019 and has held a number of educational leadership posts within UCH and UCL medical school.

North Central (NC) London: Dr Celia Bielawski

Workstream Lead: Supporting International Medical Graduates (IMGs)



Celia trained at Kings College Hospital Medical School and works as a consultant geriatrician and physician at Whittington Hospital.

At Whittington Hospital, she has held various education roles, including undergraduate sub dean, Foundation Training Programme director and Director of Postgraduate Medical Education. As well as being Deputy Director of North Central & East London Foundation School, appointed August 2018, she is a censor at The Royal College of Physicians.

North East (NE) London: Dr Nick Rollitt

Workstream Lead: Community Liaison



Nick qualified from The London Hospital and did his post graduate training in Essex and South West London where he gained his CCT in Geriatric and General Medicine. He has been a consultant at the North Middlesex Hospital since 2007.

He has been an active member of the post graduate faculty at the North Middlesex and has served as foundation Training Programme Director, Director of Post Graduate Medical Education and Guardian of Safe Working Hours. He was appointed as Deputy Director of the Foundation School in May 2019.

South West (SW) London: Dr Mark Cottee

Workstream: Teaching



Mark qualified in 1986 from Guy's Medical School. He subsequently trained in Geriatric and General Medicine in various hospitals throughout the south-east and spent one year working in New Zealand. In 1996 he was appointed as a consultant and senior lecturer in Geriatric Medicine at St George's Hospital and Medical School.

Mark has developed a strong interest in undergraduate and postgraduate education since his appointment as a consultant. He has served as college tutor for St George's and programme director for Geriatric Medicine for nearly 15 years. At undergraduate level he is head of teaching in Geriatric Medicine and ageing and is chair of the board of finals examiners.

South East (SE) London: Dr Amelia Hughes

Workstream Lead: Simulation



Amelia qualified from University of Wales College of Medicine (Cardiff) in 2002 and moved to London in 2003. Amelia then completed her postgraduate training within London, and was appointed as a Consultant in Sexual health and HIV at Guys and St Thomas' hospital (GSTT) in 2012.

Amelia has keen interest in both undergraduate and postgraduate medical education. Previous roles include College Tutor for Genitourinary medicine and Foundation Training Programme Director at GSTT. Amelia remains in post as an undergraduate block lead for 'transition to foundation 1', preparing final year student doctors for Foundation training.

TPD (Specialised Foundation Programme): Dr Channa Jayasena



Dr Channa Jayasena PhD FRCP FRCPATH is Academic Director of the LaSE (Imperial) Foundation Programme. He has extensive experience in both postgraduate and undergraduate education, leads his own research laboratory at Imperial, and is a member of the Imperial Clinical Academic Training Board.

Dr Jayasena also works as a clinical lead and consultant in Reproductive Endocrinology & Andrology at Hammersmith Hospital & St. Mary's Hospital.

Foundation School contact details

Please contact us via the Support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

Service Delivery Manager: Mark Bellaera

Operational Manager: Simon Rosan

Officers:

Andrew Goodhand. Mainly covers North-West London

Tarek Hussain. Mainly covers North-East and North-Central London

Adeola Teluwo. Mainly covers South London

Administrators

Paige Arnold
Launa Broadley
David Jarvis
Molly Norton-Bragg

The UK Foundation Programme Office (UKFPO)

The UK Foundation Programme Office provides a central information point for medical schools, foundation schools, foundation doctors and the faculty involved in foundation training. The aim of the UKFPO is to develop and promote innovative training methods, such as e-learning and the electronic portfolio, as well as to develop and administer the recruitment and programme allocation system throughout England, Northern Ireland, Wales and Scotland.

What is a foundation school?

Foundation training is a two-year programme acting as the bridge between undergraduate medical education and further training to become a general practitioner or specialist. Foundation schools oversee the training of the foundation doctors (FDs) in that school. They bring together local medical schools, local education and training boards (LETBs), trusts and other organisations involved in training doctors.

Purpose of the Foundation Programme

The foundation programme is part of the continuum of medical education. It is the only point in medical training which is common to all United Kingdom medical students and doctors and bridges the 'gap' between undergraduate medical training and hospital or general practice specialty training.

The foundation programme aims to ensure that all doctors deliver safe and effective patient care in accordance with GMC guidance. During the programme, FDs work in a supportive environment where they are properly managed and supervised enabling them to learn through service delivery whilst ensuring that patients are not put at risk. FDs practise within their own level of competence and are provided with adequate supervision and feedback to reach higher levels of competence and to acquire new competences. The foundation programme builds on and develops the responsibilities of clinical professionalism.

Satisfactory progress indicates that a doctor is moving towards independent practice. Throughout medical school and foundation training, students and graduates should draw upon career information and guidance and reflect on their abilities, interests, opportunities and service needs to make more informed choices about their future career.

The foundation programme aims to:

Build on undergraduate education by guiding recently graduated doctors with the attributes of professionalism, and the primacy of patient welfare, which are required to provide for safe and effective practice and the care of patients.

with acute and long-term conditions Provide deliberately generic training ensuring that FDs develop and demonstrate a range of essential clinical skills that are required of all doctors regardless of specialty. Provide the opportunity to begin to develop leadership, team working and supervisory skills in order to deliver care in the setting of a contemporary multidisciplinary team and to begin to make independent clinical decisions with appropriate supervision. Provide opportunities for foundation doctors to experience a variety of career options in order to inform career choice and ensure that whatever career path is subsequently entered, all FDs have experienced the provision of medical care in both hospital and community settings.

Outcomes of foundation training

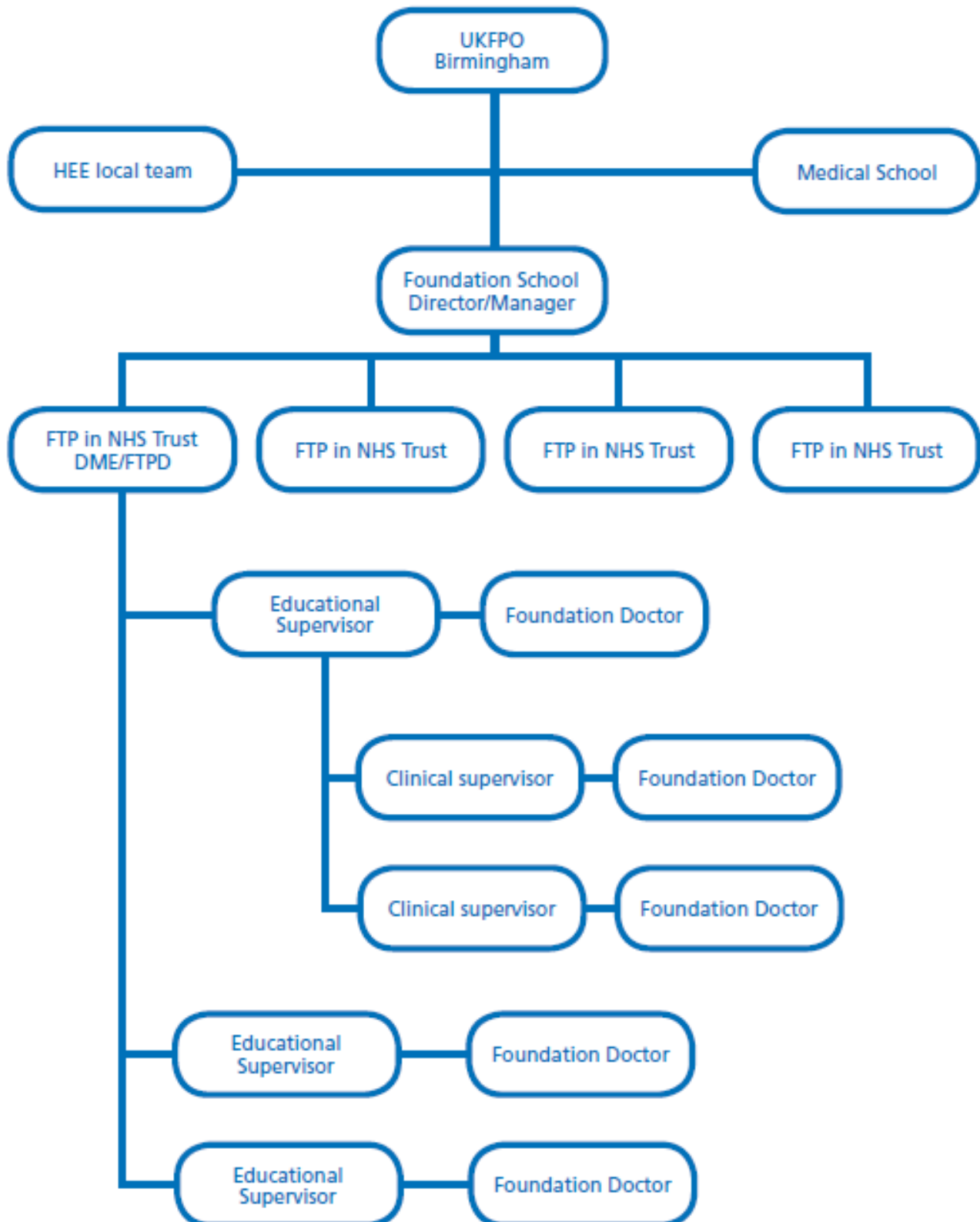
Foundation Year 1 enables medical graduates to begin to take supervised responsibility for patient care and consolidate the skills learned at medical school. Satisfactory completion of F1 allows the relevant university, or their designated representative in a postgraduate local education and training board (LETB) or foundation school, to recommend to the GMC that the FD be granted full registration. Foundation year 2 doctors remain under clinical supervision (as do all doctors in training) but take on increasing responsibility for patient care. In particular, they begin to make management decisions as part of their progress towards independent practice. F2 doctors further develop their core generic skills and contribute more to the education and training of allied healthcare professionals, medical students and less experienced doctors. At the end of F2 they will have begun to demonstrate clinical effectiveness, leadership and the decision-making responsibilities that are essential for hospital and general practice specialty training. Satisfactory completion of F2 leads to the award of a Foundation Programme Certificate of Completion (FPCC) which indicates that the doctor is ready to enter a core, specialty or general practice training programme.

Structure of foundation training

FTP = Foundation training

DME = Director of Medical Education

FTPD = Foundation Training Programme Director



NHS trusts affiliated to London Foundation School

North West London

Acute Trusts

Chelsea & Westminster Hospital NHS Foundation Trust: www.chelwest.nhs.uk

- *Chelsea and Westminster Hospital*
- *West Middlesex University Hospital*

Imperial College Healthcare NHS Trust: www.imperial.nhs.uk

- *Charing Cross Hospital*
- *Queen Charlotte's & Chelsea Hospital*
- *Hammersmith Hospital*
- *St Mary's Hospital*

London North West Healthcare NHS Trust: www.lnwh.nhs.uk

- *Central Middlesex Hospital*
- *Ealing Hospital*
- *Northwick Park Hospital*

The Hillingdon Hospitals NHS Foundation Trust: www.thh.nhs.uk

- *Hillingdon Hospital*

Community Trust

West London Mental Health NHS Trust: www.westlondon.nhs.uk

- *Claybrook Centre*
- *Lakeside Unit*

North Central London

Acute Trusts

North Middlesex University Hospital NHS Trust: www.northmid.nhs.uk

- *North Middlesex University Hospital*

Royal Free London NHS Foundation Trust: www.royalfree.nhs.uk

- *Barnet Hospital*
- *Chase Farm Hospital*
- *Royal Free Hospital*

University College London Hospitals NHS Foundation Trust: www.uclh.nhs.uk

- *University College London Hospital*

Whittington Health NHS Trust: www.whittington.nhs.uk

- *The Whittington Hospital*

Community Trusts

Barnet, Enfield & Haringey Mental Health NHS Trust: www.beh-mht.nhs.uk

- *Chase Farm Hospital*
- *St Ann's Hospital*

Camden & Islington NHS Foundation Trust: www.candi.nhs.uk

- *Highgate Acute Mental Health Centre*
- *St Pancras Hospital*

North East London

Acute Trusts

Barts Health NHS Trust: www.bartshealth.nhs.uk

- *Mile End Hospital*
- *Newham University Hospital*
- *St Bartholomew's Hospital*
- *The Royal London Hospital*
- *Whipps Cross Hospital*

Barking, Havering & Redbridge University NHS Trust: www.bhrhospitals.nhs.uk

- *King George Hospital*
- *Queen's Hospital*

Homerton University Hospital NHS Trust: www.homerton.nhs.uk

- *Homerton University Hospital*

Community Trusts

East London NHS Foundation Trust: www.elft.nhs.uk

- *Mile End Hospital*
- *Newham Centre For Mental Health*

North East London NHS Foundation Trust: www.nelft.nhs.uk

- *Goodmayes Hospital*

South East London

Acute Trusts

Guys and St Thomas' Hospital: <https://www.guysandstthomas.nhs.uk/>

- *St Thomas' Hospital*
- *Guys Hospital*

Kings College Hospital: <https://www.kch.nhs.uk/>

- *Kings College Hospital, Denmark Hill Site*
- *Princess Royal University Hospital, Orpington*

Lewisham and Greenwich NHS Trust: <https://www.lewishamandgreenwich.nhs.uk/>

- *Queen Elizabeth Hospital, Woolwich*
- *Lewisham Hospital*

South West London

Acute Trusts

Croydon Health Services NHS Trust: <https://www.croydonhealthservices.nhs.uk/>

- *Croydon University Hospital*

Epsom and St Helier University Hospital: <https://www.epsom-sthelier.nhs.uk/>

- *Epsom Hospital*
- *St Helier Hospital*

Kingston NHS Foundation Trust: <https://kingstonhospital.nhs.uk/>

- *Kingston Hospital*

St Georges University NHS Foundation Trust: <https://www.stgeorges.nhs.uk/>

- *St George's University Hospital*

Glossary of trust staff

Your training within trusts is provided by a number of people, some based in a postgraduate or education centre. Their contact details will be included in trust induction packs, but a summary of their roles is given below.

Director of medical education (DME)

The director of medical education is a consultant in the trust and works for the hospital. They have managerial responsibility for medical education. They work closely with the clinical tutor/s and MEMs and can also be approached for formal and informal advice.

Foundation training programme director (FTPD)

The FTPD is a consultant at the trust who oversees the training of 20- 40 FDs at that trust. They are responsible for organising trust induction and organising FD teaching programmes. They will be responsible for local curriculum delivery and chair ARCP panels at the end of the year. If you have any problems with educational matters or supervision you can take them to the FTPD. They can also help you deal with any problems concerning your career, as they have wide experience and specialist contacts.

College tutor (specialty programme director) / 'Local Education Lead'

The college tutor is a consultant with particular responsibility for training in a specialty. They usually organise departmental teaching programmes, and can be asked for advice about the specialty, including careers.

Educational supervisor

This may be the clinical supervisor for your first attachment or for another attachment depending on local arrangements. They have a particular responsibility for your education through the whole year. You will meet them at regular intervals and they should generally be the first port of call for any concerns you may have about your training.

Clinical supervisor

The clinical supervisor is normally the consultant you are working for in each attachment, and is responsible for your teaching and supervision. You should have regular meetings with them during your attachment.

Medical education manager (MEM)

The medical education manager runs the postgraduate centre and administers the induction and educational programmes. They work closely with medical staffing and the clinical tutor. They are readily available for general advice and will be on hand to help you adapt to your new way of life in the Trust.

Foundation key documents

Curriculum

The Foundation Programme Curriculum sets out the framework for educational progression that will support the first two years of professional development following graduation from medical school.

FDs should familiarise themselves with the current Curriculum requirements. The curriculum was last updated in 2021. These are published on the UKFPO Website here:

www.foundationprogramme.nhs.uk/curriculum

Reference guide

The Reference Guide provides guidance to LETBs and foundation schools about the structures and systems required to support the delivery of the curriculum. It is a companion document to the FP curriculum and should be used in conjunction with it. The reference guide is available to download from www.foundationprogramme.nhs.uk

Horus e-Portfolio

In England the eportfolio for Foundation Doctors is called Horus. F1s are issued with a user name and password on entry to Foundation School. The e-portfolio is a record of an FD's progress and development through the foundation years. Evidence of achievement of outcomes and increasingly sophisticated performance will be recorded in the e-portfolio. The completed e-portfolio contributes to the end of year report. Elements of the e-portfolio may also be used in specialty interviews by FDs to demonstrate competence and highlight achievements. See lonkssfoundation.hee.nhs.uk/horus for further details.

Self-Development Time (SDT)

Following the Foundation Review, it was established that Foundation Doctors were not receiving sufficient time to complete essential development activities. Since 2020, all FDs should have two hours per week of self-development time in their work schedule.

Further information regarding Self-Development Time (SDT) can be found on the NHS Employers website: www.nhsemployers.org/your-workforce/plan/medical-workforce/foundation-review/self-development-time

Information about your training

GMC Registration

All F1 doctors **MUST** have provisional GMC registration before they start work. Failure to achieve this before the start date, will mean that offer of Foundation Programme will be withdrawn.

From 1 April 2015, the length of time doctors will be allowed to hold provisional registration is limited to a maximum of three years and 30 days (1125 days in total). After this provisional registration will expire. For Please visit www.gmc-uk.org/registration-and-licensing/join-the-register/provisional-registration

All F2 doctors **MUST** have full GMC registration before they start work as an F2.

Shadowing

It is a mandatory requirement for those entering the foundation programme to undertake a paid period of four days' shadowing and induction with their first F1 employer immediately before the start of their employment. This provides incoming F1s with an opportunity to work closely with the F1 doctor who is in the post that they will take up and to familiarise themselves with the department and hospital settings before starting their post.

The shadowing placement should be paid on an unbanded F1 basic pay basis. An F1s first day of work will be the first Wednesday of August however we suggest that FDs keep the 10 days before available for induction and shadowing as starting dates can vary between trusts.

Extended induction

For non-UK graduates or those who qualified more than 2-years before commencing F1, are offered an opportunity to undertake an additional 2-weeks of extended induction/shadowing in order to familiarise them with the NHS in advance of formally commencing F1. Invitations to attend extended induction are sent out shortly after allocation to programmes.

STEP (Supporting Trainees Entering Practice)

All FDs are required to complete a transfer of information questionnaire before the beginning of both their F1 and F2 years. The STEP (previously known as TOI) process is supportive and designed to allow FDs to highlight to their training programme director (FTPD) any issues that might be relevant to their training, such as academic, health, social or psychological difficulties. It is strongly recommended that the F1 form should be completed with the help and support of medical school advisors/tutors or another appropriate medical school member of staff, and the F2 form with the FD's F1 FTPD. A medical school clinical advisor or official must countersign the F1 form and the F1 FTPD the F2 form.

Deferring the start of foundation training

An applicant who has been accepted onto the Foundation Programme may only defer the start date of their training for a statutory reason (e.g. maternity leave, sickness). Wherever possible, applicants are asked to give their foundation school as much notice as possible of the need to defer the start date. This may allow the foundation school to offer the foundation placement to someone else.

Training vs employment (inc banding & EWTR)

Although the Foundation School oversees foundation training, NHS trusts are the employing healthcare organisations responsible for all contractual issues including:

- Pay
- Rotas
- Accommodation

Information on new contract

The new junior doctors' contract came into effect on 3 August 2016, so all doctors entering F1 training now start on this contract. Additional supplements are payable for working on-call rotas and there is also a weekend allowance. Further information is available on: www.nhsemployers.org

The new contract also includes new features, including work scheduling and exception reporting. Work schedules provide information about the range and pattern of duties expected, as well as intended learning outcomes, and are personalised once you are in post following discussion with your supervisor. Exception reports enable you to raise issues if you feel that your work schedule does not reflect the reality of the post as regards service or training. Each trust also has a guardian of safe working hours. This is a senior appointment made jointly by the employer and junior doctors. The role of the guardian is to ensure that issues of compliance with safe working hours are addressed.

Training support

If an FD feels that they are struggling/experiencing difficulties they should contact their foundation training programme director as soon as possible so that appropriate support/advice can be provided. FDs may also self-refer to the Practitioner Health Programme (PHP), a free, confidential service, for additional support. See

www.php.nhs.uk.

Trust foundation faculty groups meet on a regular basis and will update the area deputy FSD on any FDs experiencing difficulties, so that additional support can be considered.

Less than full time training (LTFT)

If you are considering working less-than full time, please see [here](#) for more information and let the school know via the portal as soon as possible.

Applicants considering applying for LTFT should submit a request via PGMDE Support Portal. Please note there is a 16 week notice period for any change in % working.

For new doctors starting in August, the window will be **31st March – 19th April** (different to the generic dates on the application form). The windows for December and April windows will remain as listed on the LTFT application form.

Foundation training is both competency and time-based and so pro-rata time will be required. Eg. An F1 doctor working LTFT 0.8 will undertake F1 over 15 months.

Slot-sharing is usually the most effective means of meeting educational needs and must be explored before alternative options are considered. In slot-sharing, two FDs share one full-time post and the out-of-hours is managed between them. Each doctor is paid as an individual trainee. LTFT FDs must work a minimum of 50% to ensure educational approval.

Special circumstances

A few F1 doctors have significant special circumstances. Provided they meet one of the nationally agreed criteria, the Foundation School will endeavour to allocate such doctors to a trust within a reasonable commuting distance (90 mins). However, it is unable to guarantee that this will be possible.

Criterion 1:

The applicant is a parent or legal guardian of a child or children under the age of 18, who reside primarily with you and for whom you have significant caring responsibilities.

Criterion 2:

The applicant is the primary carer for someone who is disabled (as defined by the Equality Act 2010).

Criterion 3:

The applicant has a medical condition or disability for which ongoing follow up for the condition in the specified location is an absolute requirement.

Criterion 4:

If you consider that there are particular unique circumstances that require you to be in a particular environment whilst you undertake your Foundation Programme, you can apply for Special Circumstances under this criterion.

Time out of foundation programme (TOFP)

Requests for time out of the foundation programme (TOFP) will be reviewed in accordance with the 'Time out of foundation programme (TOFP)' entry contained within the foundation programme reference guide. TOFP for up to 12 months will be permitted only in exceptional circumstances and is usually undertaken between F1 and F2. 6 months' notice period is required.

Inter foundation school transfers (IFST)

Transfers normally take place at the start of the F2 year, after successful completion of F1. Arrangements for IFSTs must be agreed between Foundation school directors on the basis of individual FD requirements if there are special circumstances. Guidance notes and an application form are available on the UKFPO website. Transfers will take place only if:

- there are places available in the receiving foundation school
- the applicant has special circumstances for doing so

Leaving the foundation programme early

The foundation programme is both time and competency based. If you wish to leave before the official end date of your F1 or F2 programme in order to take up other employment opportunities, you will not be signed off as having met foundation training requirements.

In addition, you must give adequate notice to your employing trust. Failure to do so, could have implications for patient safety and could therefore, lead to a referral to the General Medical Council (GMC).

Communications

Email

Please keep your contact details up to date.

Although doctors are given email addresses by their trusts, audits have shown that doctors in training often do not use them. In addition, medical school email addresses may be discontinued after graduation.

Hotmail and other accounts are not always secure or spam-free and are often changed, so it is very difficult to keep an up to date email list for hundreds of doctors. In addition, their spam filters may block emails from the school or specialty recruitment.

Bulletin

It is essential that all FDs read the Foundation School Bulletin which is sent around fortnightly, via email. We share a lot of important actions, updates, opportunities that you will need to be aware of.

Representation

The LFS is keen to ensure that the views of FD's are adequately represented at relevant local/national meetings. During August, FD's are invited to express their interest in being a representative on various committees/groups by submitting a 100-word statement explaining why they wish to take part and how they would ensure that they represented the views of their peers.

North London Acute Trusts

Barking, Havering, and Redbridge University Hospitals NHS Trust

Trust contact details

Queen's Hospital, Rom Valley Way, Romford, RM7 0AG

King George Hospital, Barley Lane, Goodmayes, Ilford IG3 8YB

Switchboard
01708 435000

Website
www.bhrhospitals.nhs.uk/

Foundation Training Programme Directors

FY1 Training – Dr Muhammad Saleem - Muhammad.Saleem10@nhs.net

FY1 Training – Dr Gursharan Bawa - gursharan.bawa@nhs.net

FY2 Training - Dr Edmond Smithers Edmond.Smithers@nhs.net

FY2 Training – Vacant

Key Personnel

Director of Medical Education

Vacant

Head of Medical Education

Caroline Curtin - Caroline.Curtin@nhs.net

Deputy Medical Education

Jane Bearman - Jane.Bearman@nhs.net

Foundation Training Officer

Ciara O'Brien - Ciara.O'Brien2@nhs.net

Overview of Trust

We would like to welcome you to Barking, Havering & Redbridge University Hospital NHS Trust, one of the largest NHS Trust within the UK, serving a population of approximately 800,000 from a wide range of social and ethnic groups. We also provide healthcare services to people in South-West Essex, and specialist neurosciences services to the whole of the county. We have approximately 8,000 staff and volunteers working at our Trust providing care for the residents of three of the most diverse London boroughs. More than half of our 8,000 strong workforce are from Black, Asian and minority ethnic groups and most live in Barking and Dagenham, Havering, and Redbridge.

Our vision is to provide outstanding healthcare to our community delivered with PRIDE.

Our services include all the major specialties of a large acute hospital, and we operate from two main sites – King George Hospital in Goodmayes and Queen's Hospital in Romford. We have two of the busiest emergency departments in London with more than 300,000 people visited our A&Es in 2023.

We are particularly proud of our regional Neurosciences Centre; Radiotherapy Centre; Hyper Acute Stroke Unit; and dedicated breast care service at King George Hospital. We are also pleased to be part of the North East London Cancer Alliance.

We provide outpatient services at Brentwood Community Hospital, Barking Hospital, Loxford Polyclinic and Harold Wood Polyclinic.



Queen's Hospital, Romford



King George Hospital, Ilford

We're pleased to be leading the way in [reducing the time our patients](#) wait to get the treatment they need and this work will be strengthened by our purpose-built Community Diagnostic Centres (CDC) at Barking Community Hospital, and St. George's CDC, Hornchurch due to open next year.

The New Elective Surgical Hub at King George Hospital is underway which will include two new theatres allowing to provide 100 additional operations each week. The KGH Elective Hub is one of eight across the country to be accredited as part of a national scheme which will house the latest technology inside the state-of-the-art theatres.

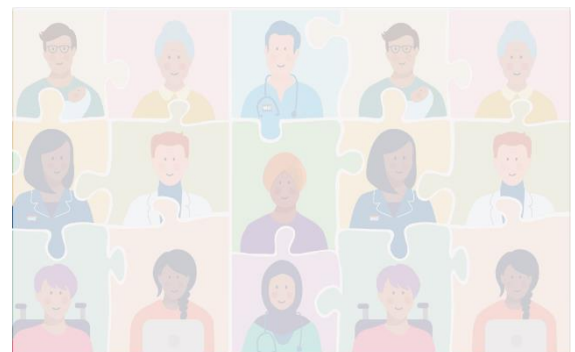
The Trust is currently working to introduce Electronic Patient Record system. The Trust is aiming to have the system go live in 2025.

Equality, Diversity, and Inclusion at BHRUT

Equality, Diversity, and Inclusion

At BHRUT, we are proud of the diversity within our hospitals, and we are committed to ensure our colleagues and patients are listened to, respected, and have a positive experience. Our Equality, Diversity and Inclusion team have a real focus on supporting staff networks. There are regular Staff Network Forums that you can join:

- Ability Not Disability Network
- Racial, Ethnicity and Cultural Heritage (REACH) Network
- LGBT+ Network,
- Women's Network.
- Men's Health Network



Workplace App – Trust Information



Workplace is a Communication App which you can access from your mobile and desktop. Workplace connects everyone at our Trust and provides tools to improve the two-way communication for everyone. Features include sharing news, updates on processes, ideas, feedback, and live broadcasts from colleagues.

Facilities – Education Centre (Location and resources)

The Medical Education Department is based across both sites within The Education Centre's.

The Education Centre at Queen's Hospital is based on the Ground Floor, Neutral Zone where you will find two lecture theatres, four seminar rooms and two clinical skills training room. The centre is open from 8.30am – 5.00pm Monday to Friday.

The James Fawcett Education Centre at King George Hospital is based on the First Floor, Block 1 where it holds one lecture theatre, two seminar rooms and a Simulation Centre. The centre is open from 8am – 4pm Monday to Friday.

Both Education Centre's are equipped with audio visual equipment, teleconferencing facilities and display upcoming internal and external courses.

Connected App

The Medical Education Team launched the Connected App during the peak of the pandemic in March 2020. The key features of the App include Trust Information, Local Speciality Information, Virtual Map Tours, Links to Exception Reporting, Wellbeing Information, Medical Education Staff Directory and Peer Group Support Network Information. The App also features Instant Messaging to allow App users to connect with peers and supervisors.



Facilities - Accommodation (Info about pricing, location etc.)

Accommodation can be arranged by contacting our external providers:

Swan Housing, Romford

Swan Housing, which is approx. 5 minutes from the hospital, has 369 units of accommodation within walking distance of Romford Town Centre. Accommodation can be booked on a nightly basis or long term. The accommodation is fully furnished and ranges from studio and one bed flats to shared (bedsit) accommodation. For more details including costs, please contact 01277 314359 or 01277 844733, or email NHSOldchurch@swan.org.uk

L&Q and King George Hospital offer accommodation for our staff at King George Hospital and have a range of shared flats and studio flats to 3-bedroom apartments available. For more details including costs, please email LQ-KWSRedbridge@lqgroup.org.uk

On-Call Rooms

There are On-Call rooms available on Trust Site – full details will be provided during induction.

Social activities

Doctors mess

There is a Doctors Mess across both sites. Foundation trainees will have the opportunity to be involved in the Doctors Mess, full details will be provided during induction.

Library facilities

You can access our fantastic library services for the time you are working or studying here. You can borrow medical and fictional books, study in a quiet area as well as printing and scanning facilities. You can also purchase a membership which gives you 24-hour access to our libraries on both sites. The library staff are available Monday to Friday to assist with memberships and journal access.

I.T facilities

Computers are accessible across the Trust, in the Library and Bistro within the Education Centre at Queen's Hospital and in the computer, room located in the James Fawcett Education Centre, King George Hospital. There are also computers available in the Doctors mess and on most wards.

Other facilities

Occupational Health and Wellbeing

The Occupational Health department offer services and activities to keep staff members physically and emotionally fit, happy, and healthy at work. Services are available for Physical and Mental Wellbeing, Health Assured Employee Assistance Programme, Chiropody services, Complimentary Therapies and Exercise classes. There are also staff benefits such as Salary Sacrifice, Season Ticket Loan and Cycle to Work scheme as well as support with the cost living.

Doctors in Training Support

The Medical Education Department offer comprehensive and professional support for all doctors in training. The past few years has been challenging and difficult and our door remains open to anyone who needs to talk, who feels overwhelmed or anxious at any time. As well as support from our team, there are also other internal and external resources available to support your health and wellbeing; further information can be provided by contacting The Occupational Health Department.

Little Book of Wellbeing

The Health and Wellbeing Team at BHRUT have devised the 'Little Book of Wellbeing' to support all Trust staff members and provide guidance and resources to help care for your own health and wellbeing. The book provides a list of internal and external support to help you take care of your daily wellbeing and to allow you to work, rest and play be it at work or at home. There are resources available for Emotional and Mental Wellbeing, Physical Wellbeing, Sleep, Bereavement, Financial Support and Support for Relationships and Families. The Little Book of Wellbeing will be distributed electronically during Induction.

Transport links

Queen's Hospital

There is a bus station within the grounds of Queen's Hospital.

Buses 5, 128, 175, 193, 365, 496, 498 and 499 all come into the hospital grounds.

Buses 103 and 174 serve Oldchurch Road, which is a 5-minute walk from the hospital.

Romford Station is the closest station to Queen's Hospital by train via The Elizabeth Line. The journey from London Liverpool Street to Romford station is approx. 26 minutes. The hospital is a 10-minute walk away. Buses opposite the station run between the hospital and the station.

King George Hospital

The buses 173, 362, EL3 and 396 all serve King George Hospital.

Buses 66 and 296 serves Eastern Avenue and bus stop 'Barley Lane' is a 10-minute walk via the back of the hospital.

Goodmayes station is the closest station to King George Hospital by train via the Elizabeth Line. The journey from London Liverpool Street to Goodmayes Station is approx. 20 minutes. The hospital is approx. one mile away from the station and is a 20-minute walk away or you can board the EL3 bus on the opposite side of the road from the station which brings you directly into the hospital.

If you are travelling by tube, the nearest station is Newbury Park (Central line) which is a 25-minute walk from the hospital. The 396 bus drives directly into the hospital or you can get buses 66 or 296.

Local amenities/attractions

Both of our hospitals are local to train stations that provide easy access into London. Westfield Shopping Centre, London Stratford is approx. 20 minutes from Romford Station and approx. 15 minutes from Goodmayes Station.

Queen's Hospital is located in The London Borough of Havering. Romford Town Centre is a 10-minute walk from Queen's Hospital where you can find a shopping centre, cinema, bowling, gym facilities and plenty of bars and restaurants.

King George Hospital is located in The London Borough of Redbridge and is within easy reach to Ilford Town Centre which is approx. 2.3miles away. Close by to King George Hospital is Hainault Forest Country Park and Fairlop Waters.

Staff Car Parking Permits

The Car-parking team have introduced a points-based criteria when applying for a staff car parking permit. Points are awarded based on your role, your commute to work by public transport and the hours you do. This gives priority to those with the longest commute, cross-site, and shift workers. Peak and Off-Peak Permits are available at Queen's Hospital and King George Hospital as well as additional permits off site in nearby car parks in Romford Town Centre.

Any additional information

Waste Management and Sustainability

BHRUT Trust is committed to sustainability and carbon reduction by aiming to decrease the impact our hospitals have on the environment. We follow a waste colour coding system so we can dispose of clinical and non-clinical waste appropriately, safely, and legally.

Staff shuttle bus

There is a shuttle bus service provided for staff members to travel between our hospitals. The service runs every half an hour from 7:00am to 7:30pm.

Go by Bike Scheme

Go by Bike scheme promotes sustainable and healthy modes of travel to meet the Trust's commitment by fulfilling the sustainability and health and wellbeing objectives. Both our hospitals have secure bike sheds with ample space and free air pumps. The Trust has also introduced pool bikes, allowing staff to cycle between the two hospital sites.

Hire a Brompton Bike

At Queen's Hospital, there is a Brompton Bike Docking Station to help support you with a healthier and more sustainable way of getting to work.

Season Ticket Loan

Buying an annual season ticket often means you can benefit from a discounted price. If you need to buy a season ticket to help you travel to and from work the Occupational Health and Wellbeing Team can help.

Childcare services

We have great childcare facilities on both hospital sites:

Busy Bees (King George Site) – 0208 599 0066

Little Explorers (Queen's Hospital Site) – 01708 503820

Foundation Specific – Foundation Year 1 – Induction/shadowing arrangements

The Medical Education Department facilitate a robust Induction and Shadowing Programme for FY1 Doctors. All Foundation Doctors are invited to attend a virtual induction where you will meet The Medical Education Team and activate your IT log ins. As part of the virtual induction programme, you will then be required to complete your induction by viewing modules on our e-learning platform BEST. Once your induction has been completed online, you will arrive on Trust site to collect your ID Badge, attend IT Training, Clinical Skills Training, Simulated On-Call Training, portfolio guidance and shadow the outgoing FY1 Doctor.

Foundation Specific – Taster Week

A taster week is designed to give Foundation Doctors the opportunity to work in a speciality of interest. A maximum of 5 days may be taken for a taster week which is to be arranged by the trainee. A taster application form must be completed with your educational supervisor to ensure your aspirations are met and later approved by the Foundation Training Programme Director.

Foundation Specific – Simulation/Human Factors Training

During your foundation year, you will also be required to attend Simulation/Human Factors Training for one full day. The Simulation Training Suite is based within the James Fawcett Education Centre at King George Hospital.

Simulation Centre

The Simulation Centre is located within The James Fawcett Education Centre, King George Hospital. We have high-fidelity, full immersion simulation facilities capable of delivering human factors, patient safety, acute and critical care skills training. This includes bays for up to six beds/trolleys/cots, a viewing room, separate consultation rooms and a seminar room for debriefing. The area is equipped with new SMOTs cameras, monitors, and manikins, including SimMan 3G, SimMum, SimBaby and SimNewbie.

Foundation Doctor Forums

Junior Doctor Forums are held monthly via MS Teams. This is a safe space for trainees to raise any issues with rotas, facilities, exception reporting or any other concerns regarding employment at BHRUT. All Doctors in Training are welcome to attend.

Foundation Specific - Educational and Clinical Supervision

Every doctor in training will be allocated a Clinical Supervisor and Educational Supervisor. The Medical Education Team will allocate Educational Supervisors who will be with you throughout your training at BHRUT. Your Educational Supervisor is responsible for the overall supervision and management of your educational progress. You will receive details of your allocated Educational Supervisor during Induction.

Your Clinical Supervisor are allocated locally within the speciality you are working in. Your clinical supervisor will change every time you rotate. Your clinical supervisor is usually the consultant that you are working with on a regular basis, and they are responsible for overseeing your clinical work and providing constructive feedback during your placement.

Foundation Specific – Core Teaching Programme

All Foundation Doctors are required to attend a minimum of 30 hours of core teaching per each Foundation Training Year. Each study day will consist of various topics relevant to your clinical duty which follows The Foundation School 2021 curriculum.

We offer a blended approach to teaching, where some sessions will be held face to face whilst others will be held virtually via MS Teams. Core Teaching sessions are scheduled in the afternoon which are delivered monthly.

Foundation Specific – Non-Core Teaching Programme

Regular speciality teaching is arranged locally within the departments for Foundation Doctors which count towards 'Non-Core Teaching' on Horus.

The Medical Education Fellows coordinate optional teaching sessions such as advanced clinical skills and evening lectures for the Foundation Doctors to attend. Certificates of attendance will be issued for trainees to upload on to their Horus portfolio to count towards learning hours on your Personal Learning Log.

The Medical Education Team facilitate The Multi-Disciplinary Grand Round which is hosted by The Director of Medical Education. These sessions are held virtually via MS Teams. The Multi-Disciplinary Grand Round is open for all Trust colleagues to attend. Grand Round attendance can be counted toward 'Non-Core' Teaching on Horus.

Foundation Specific – Additional information

At BHRUT, there are 63 F1 Doctors and 63 F2 Doctors.

Placements for F1 doctors include General Surgery, Acute Medicine such as Care of Elderly and Medical Receiving Unit and General Medicine placements such as Renal, Diabetes and Endocrine, Respiratory, Cardiology, Gastroenterology as well as Psychiatry placements which are based in the community as part of North East London NHS Foundation Trust.

F2 placements include the above specialities as well as Emergency Medicine, Intensive Care Medicine, Ophthalmology, Haematology and Oncology and General Practice within the BHRUT community.

F2 Doctors are required to attend the virtual Doctors Corporate Welcome and Induction on the first week of August. Full details will be provided prior to start date.

Whilst working at BHRUT, F1 and F2 doctors will have the opportunity to register their interest to become a trainee representative for the Foundation Training Programme. Full details will be provided during induction.

Mid-Point Reviews

During your placement at BHRUT you will receive a Mid-Point Review which is panelled by the Senior Medical Education Team and The Foundation Training Programme Directors who will review your Horus portfolio and address any concerns with progression prior to ARCP.

Local Faculty Meetings

Local Faculty Meetings are held prior to Core Teaching sessions where trainees can ask any questions or raise any issues or concerns with The Medical Education Team and Foundation Training Programme Directors.

On site facilities

- Costa Coffee in the main atria of both King George and Queen's hospitals.
- Both hospitals serve hot and cold food and drink in the restaurants.
- Subway and Yard Bird eateries at Queen's Hospital
- Convenience Store at King George and Queen's Hospital
- Regular Street Food Stalls
- Fresh Fruit stall at King George and Queen's Hospital
- Hot and Cold Food Vending machines across both sites
- Cash machines across both sites
- Free Wi-Fi across both sites
- Secure Cycle Parking Facilities across both sites
- Brompton Bike Docking Station at Queen's Hospital
- Multi-faith Prayer Rooms across both sites
- Lavender Garden at Queen's Hospital
- Outside Gym Facilities at Queen's Hospital
- Healthy Hikes walking routes around our hospital sites.

Barts Health NHS Trust

Trust contact details

Whipps Cross Hospital

Whipps Cross Road,
Leytonstone,
London
E11 1NR
Tel: 020 8539 5522

Newham University Hospital

Glen Road,
Plaistow,
London,
E13 8SL
Tel: 020 7476 4000

The Royal London Hospital

Whitechapel Road,
London,
E1 1FR
Tel: 020 3594 7810

St. Bartholomew's Hospital

West Smithfield,
London,
EC1 7BE
Tel: 020 3765 8523

Foundation training programme directors

Whipps Cross Hospital

Director of Medical Education:
Mr Stuart Graham

Foundation training programme directors:

Dr Saurabh Chaudhri (FY1)
Dr Susan Li (FY1)
Mr Ismail Wong (FY2)
Ms Chi-Ying Li (FY2)

Foundation Programme Administrator:
Maria Field

Medical Education Manager:
Natasha Adu-Amankwah

Newham University Hospital

Director of Medical Education:
Dr Emma Young

Foundation training programme directors:

Dr Mohammad Khanji (FY1)
Dr Sarah Nunn (FY2)

Foundation programme administrator:
Hamsa Inpadhas

Medical Education Manager:
Caleo Lindo

The Royal London & St. Bartholomew's Hospitals (shared programmes)

Directors of Medical Education:
Dr Salim Cheeroth (RLH)
Mr Martin Griffiths (RLH)
Prof Mark Westwood (SBH)

Foundation training programme directors:
Dr Matthew Mak (RLH)
Ms Kate Hancorn (RLH)
Dr Craig Stiles (SBH)

Foundation Programme Administrator:
Tahera Mirza

Medical Education Managers:
Mehma Rahman
Sultan Uddin

Facilities - Postgraduate Centre (Location and resources)

Whipps Cross Hospital

The Medical Education Centre and Library are located in the main building at Junction 11 Willow Lodge, top floor. The foundation programme administrators, TPDs and DME are based in the centre, and the trainees are welcome to pop in to discuss issues. The education centre has a large lecture theatre, many seminar rooms and an MDT room for video conferencing. The Simulation and Essential Clinical skills (located at Junction 8) service offers a range of training programmes for clinical and medical staff; from task trainers that enable staff to learn and practice on replica body parts, to full immersion training where a room is set up to resemble a hospital area.

Newham University Hospital

The Alan Naftalin Education Centre is located in Zone 2 of the main hospital and spans the ground and first floors. The centre contains a lecture theatre, events room and various seminar rooms, many of which contain video-conferencing facilities. The centre has an active simulation skills education team with a SIM suite, clinical skills room and haptic skills room (available 24/7 with ID card access). The Foundation programme administrators, TPDs and DME are based in the centre, and the trainees are welcome to pop in to discuss issues.

The Royal London Hospital

The Education Academy at Royal London Hospital is based within the Dental Hospital, Basement on Turner Street (Whitechapel). The Education Academy houses a number of seminar rooms, lecture theatres, a Resus training centre, simulation suite, and a moving and handling centre.

St Bartholomew's Hospital

Our Medical Education team at St Bartholomew's Hospital are based at 1 Saint Martin Le Grand, West Smithfield. The Simulation Centre is based in the East Wing, 3rd floor.

Facilities - Accommodation (Info about pricing, location etc)

Whipps Cross Hospital

At Whipps Cross Hospital, we have limited accommodation for on-calls which can be booked via switchboard (out of hours) or the estates and facilities team.

Newham University Hospital

The Newham site does not offer any on site accommodation to trainees. The hospital is easily accessible from Stratford or Docklands where rented accommodation is readily available.

The Royal London Hospital

The Royal London Hospital offers limited accommodation for on-calls in John Harrison House.

St Bartholomew's Hospital

St Bartholomew's Hospital has no hospital accommodation available.

Social activities / Mess

Whipps Cross Hospital

Whipps Cross Hospital has an active Doctor's Mess, with the Mess committee arranging various social events throughout the year including gatherings, pub quizzes, various sporting activities, and a Christmas party. It has 2 sitting rooms; Sky TV; comfortable sofas, a ping pong/table tennis table, and a kitchen with facilities to make tea/coffee and a toaster.

Newham University Hospital

Newham Hospital has an active Doctors Mess with the mess committee arranging various social events throughout the year including gatherings, pub quizzes, other outings, a Christmas dinner and a Summer Ball.

The Royal London Hospital

The Mess is situated on the 11th floor at RLH Main building in Gym 2. It was recently moved in 2022 with an increase in rest facilities, with sofas and massage chair present. There is also a mini kitchen (with free tea, coffee and snacks provided weekly), work stations, a TV and games. Mess social events are organised by the mess committee, often in the local pubs and bars around Whitechapel. We also do twice monthly food orders from local restaurants such as Bagels, burgers and pizzas! We also host a Winter and Summer Ball.

St. Bartholomew's Hospital

The mess is situated on the basement floor, behind the coffee shop in the KGV Building. It was newly renovated in 2022 with the help of an interior designer, and comprises a relaxing lounge area with comfortable sofas, a mini kitchen (with free tea, coffee and biscuits), workstations, a large screen TV and games consoles. Mess social events are organised by the mess committee, often in the local pubs and bars in Farringdon and the surrounding area.

Library facilities

There are library facilities across all sites, and the staff are friendly and enthusiastic to help you access the plethora of resources available. Once you have registered for an OpenAthens account, you will have access to a range of clinical support tools. In addition to the standard copying and printing services and library loans, the staff will help you with literature search training, evidence searches and can put you in touch with a specialist librarian in your area of interest. The library staff have been nominated every year for Barts Health Hero Awards due to the excellent level of assistance they provide.

Whipps Cross Hospital

The library is located within the Medical Education Centre with various resources; quiet study and group work areas, and houses 2 computer rooms.

Newham University Hospital

The library is located on the first floor of the Education Centre and is open 9am to 5pm, Monday to Friday. The Knowledge hub is available 24/7 with staff ID badge access.

The Royal London Hospital

The Royal London Hospital library is located on the 2nd floor in the main hospital near outpatient therapies and can be accessed 24 hours a day with ID cards.

St Bartholomew's Hospital

St. Bartholomew's Hospital has a Library located on the ground floor in the main building near the imaging department and is also accessible 24/7 with ID badges.

I.T. facilities

There are computer rooms across all our sites. Trust emails can be accessed offsite via [NHSmal 2 Portal - Home](#) and the Barts Health intranet can also be accessed externally via [Home | WeShare | WeShare \(bartshealth.nhs.uk\)](#).

There are computers available in the Doctor's Mess, and the library and knowledge hubs provide 24 hours access to computers on all sites. Wi-Fi is available throughout the hospital.

Barts Health uses Cerner Millennium as its patient record and clinical system.

Other facilities (recreational or otherwise)

Health & Wellbeing Support

We offer all staff and students access to internal and external staff support lines, which includes immediate access to mental health and wellbeing support, 1-2-1 support, emotional support and counselling, family and dependent care, information legal and tax information, dealing with debt information, information sourcing and research services, mental health first aiders, employee wellbeing service, resilience webinars, wellbeing hubs on each site, and much more.

Each hospital site has staff wellbeing areas for you to take a calming break:

- **Whipps Cross Hospital** - the wellbeing hub can be found in the medical education centre, junction 11. It is available to staff all day, every day. Coffee and tea are available.
- **Newham University Hospital** - the wellbeing area is in the atrium of St Andrew's Wing. It's a bright and relaxing space for staff to take a moment away. The wellbeing hub is accessible 24/7 with an ID card. Books and magazines are available as well as recliner massage chairs. Staff can also take a stroll in the relaxing Globe Garden.
- **The Royal London Hospital** - the wellbeing hub is on the 9th floor and available to staff all day, every day. Offering refreshments, reading material, a massage therapy chair, and views across London.
- **St Bartholomew's Hospital** - several rooms on the west side of the North Wing are available for quiet and social spaces. Free tea, coffee and snacks are available, and the space is open from 8am to 4pm, Monday to Friday. This space is available to all staff, wherever you work in the hospital.
- **Mile End Hospital** - the wellbeing hub is on the 2nd floor (via Bancroft Entrance) and available to staff all day, every day. Offering refreshments, three private rooms, and a pool table.

We also offer: Cycle to work scheme, Two-day mental health first aid course, Mindfulness sessions, MOT health check, and smoking cessation.

We have a Champion of Flexible Working, and each site has a Deputy Director of Medical Education with specific focus on Junior Doctor pastoral support.

Whipps Cross Hospital

Near the maternity Block is M&S, open 7am-9pm (Mon-Sat) and 8am -8pm (Sun).

There is a shop at Junction 5 and in the Outpatients area which sells food, drinks and newspapers to visitors. The opening hours are, Monday-Friday, 7am – 10pm. Sunday 9am – 1:30pm. The hospital restaurant provides a range of food, snacks and hot/cold drinks to visitors. It is open daily from 7am-7pm and is located between junctions 4 and 5 off the main corridor in the red zone. There is also a coffee shop located next to the restaurant. It is open Monday-Friday from 7am-7pm. A trolley selling newspapers and sweets visits every ward each morning and a library trolley run by the volunteer's service visits at least once a week. Please leave any borrowed books with ward clerks. Donated books are always welcomed.

Newham University Hospital

Newham Hospital has a canteen (open until 2am), coffee shop and Lloyd's Pharmacy within the premises, and local convenience stores and fast-food outlets nearby. Newham leisure centre is a 10-minute walk away.

The Royal London Hospital

At the Royal London Hospital there is a kiosk selling hot and cold beverages, fruit and snacks in the Stepney Way atrium which is open 8am – 3pm Monday – Friday. The staff, patient and visitor restaurant is located on the fifth floor of the main building. It is open daily 7.30am – 7pm, including weekends and bank holidays. With impressive views of the surrounding area, the restaurant has 180 seats and serves a varied menu to cater for a range of diets. A selection of hot and cold food is available in the restaurant. In the restaurant is a vending machine and water dispenser which are accessible 24 hours a day throughout the week.

St Bartholomew's Hospital

At St Bartholomew's Hospital, a shop can be found on the ground floor of the King George V building, which sells toiletries, confectionary, newspapers and magazines, cards and hospital souvenirs. The shop is open Monday – Friday 8:30 am – 4pm. There are also takeaway coffee shops in the basement of the King George V building and on the ground floor of the West Wing. There are also a wide range of meals and snacks at the hospital restaurant on the first floor of the catering building, behind the East Wing. The restaurant is open from 11:45 am – 3pm, Monday – Friday. There is a restaurant on the second floor of the King George V building, which serves hot food from 12pm – 2:30pm and 5pm – 6:30pm, Monday – Sunday. Cold snacks are served every day from 2:30pm – 5pm.

Transport links

Whipps Cross Hospital

Whipps Cross University Hospital is located in Leytonstone in the East End of London, within the London borough of Waltham Forest.

By Bus: W12, W15, W19 and 357 stop within the hospital grounds, you can alight and the main entrance stop. Buses 20, 56, 230 and 257 also all stop near the hospital grounds at the Whipps Cross roundabout. Low-floor wheelchair accessible buses run on all routes serving the hospital.

By Tube: The closest Underground stations are Leytonstone (Central line) and Walthamstow Central (Victoria line). Wood Street and Walthamstow Central are on the London Overground line running from Chingford to Liverpool Street or Leyton Midland Road is on the London Overground line running from Barking to Gospel Oak. Leytonstone station can be reached within a 29-minute walk from the main entrance of the hospital. Walthamstow Central can be reached within a 33-minute walk and Wood Street in an 11-minute walk.

A number of these bus services provide connections to local underground and overground railway stations. The W15 and W19 stop at Leytonstone tube station. The 230 goes to Wood Street, and the 20, 230, 257, 357, W12, W15 and W19 all stop at Walthamstow Central.

By bike: We encourage visitors, staff and patients living nearby, to cycle to the hospital if possible. Cycle parking facilities are available around the hospital.

Newham University Hospital

Newham Hospital is located in Plaistow in the East End of London, within the London borough of Newham.

Tube: Plaistow Station (District/Hammersmith & City lines) is 20 minutes away by foot, or 12 minutes by bus. West Ham tube station (Jubilee, District, Hammersmith & City, DLR and C2C) is 20 minutes away by bus

Stratford (Central, Jubilee, DLR, Elizabeth Line and National rail services) is 20 minutes away by bus.

By bus: 276, 473, 262, 304

There is a shuttle bus service that will pick-up and drop-off Newham Hospital staff at local tube stations in the evening. The service will run daily, departing from outside the St Andrew's Wing entrance of the hospital. It will first go to Canning Town station, wait for 5 minutes, then depart for Plaistow Station, where it will again wait for 5 minutes, before returning to the hospital. The first bus will depart at 17:15, and the last bus at 23:15, with the service expected to run every hour.

Bike: The Greenway is a traffic free cycle route that runs alongside the hospital, between Beckton and Bow. It is a 15-20 minute cycle to reach Stratford High Street where you can join the CS2 cycleway. This hospital is also in close proximity to the CS3 cycleway which gives direct access to the city. New for 2020 will be improved cycle storage facilities for our large group of cycling commuters.

The Royal London Hospital

The Royal London is located in Whitechapel in East London, within the London borough of Tower Hamlets.

Bus: 25 (24 hour service), 106, 205 and 254 on Whitechapel Road as well as night buses N205 and N253, the D3 on New Road, 15, 115 and 135 as well as night buses N15 and N550 on Commercial Road. Low-floor wheelchair accessible buses run on all routes serving The Royal London Hospital. 25 (24 hour service), 106, 205, 254, on Whitechapel Road. D3 on New Road.

By Tube: Whitechapel station which is served by Elizabeth line, Hammersmith and City line, District line, as well as the London Overground, is directly opposite the hospital. Liverpool Street (Elizabeth Line, Central, Metropolitan, Circle, London Overground and national rail services) is a 25 minute walk. Alternatively, you can get the Elizabeth Line or Hammersmith & City from Whitechapel to Liverpool Street.

By bike: We encourage visitors, staff and patients living nearby to cycle to the hospital if possible. Cycle parking facilities are available around the hospital. Santander cycle hire docking stations are available to hire and dock bikes near to the Royal London Hospital at:

- Royal London Hospital, Whitechapel (on Whitechapel Road closest to the main entrance to the hospital)
- New Road 1, Whitechapel (closest to the Royal London Dental Hospital)

St Bartholomew's Hospital

St Bartholomew's Hospital is located in the City of London, close to St Paul's Cathedral.

By bus: The following buses stop outside or close to the hospital: 4, 8, 17, 25 (24 hour service), 45 46, 56, 63, 76, 100, 153, 172, 242 (24 hour service) and 521 (Mondays to Fridays only) as well as night buses N8, N63 and N76.

Low-floor wheelchair accessible buses run on all routes serving St Bartholomew's Hospital.

By Tube: The closest underground stations are Barbican (Metropolitan, Circle, Hammersmith & City), Farringdon (Elizabeth, Metropolitan, Circle, Hammersmith & City, National Rail services), Blackfriars (Circle, District), Moorgate (Hammersmith & City, Northern, Metropolitan, Circle and National rail

services) and St Paul's (Central). All stations are between 6 – 15 minutes' walk away. Liverpool Street is a 17-minute walk or a short tube, bus or taxi ride away.

By Bike: We encourage visitors, staff and patients living nearby to cycle to the hospital if possible. Cycle parking facilities are available around the hospital.

Cycle hire:

Santander Cycle hire docks are located on West Smithfield near the King Henry VIII Gate entrance and on King Edward Street near main reception entrance

- City of London provides dockless hire bays and can be viewed [via their interactive map](#)
- Coming soon - Brompton Hire dock on-site

Cycle parking:

- Onsite cycle rack facilities are available outside the transport lounge and outside the Nuffield Health at St Bartholomew's Hospital building, the latter can accommodate most cargo bikes
- Offsite City of London cycle racks [are located near hospital entrances](#)
- Secure cycle store area available for Barts Health employees (please visit main reception to update access card)

Local amenities/attractions

Whipps Cross Hospital

Whipps Cross is based in Leytonstone, close to the natural landscapes of Wanstead & Leyton Flats and Epping Forest, a sprawling woodland with over 4000-acres of old growth forest, walking trails, rivers & ponds. The hospital is also just a 12minute drive or 30min journey on public transport to the vast shopping, restaurant and entertainment facilities of Westfield Shopping Centre as well as the Olympic Park.

Newham University Hospital

The hospital is located in a largely residential area in Newham, though there are a few local convenience stores within walking distance. Westfield shopping centre at Stratford is a 20-25 minute bus ride away with the Olympic Park, London stadium and London Aquatics Centre easy walking distance from there. It is also close to London City Airport, Canary Wharf, The Thames Barrier and the Royal Observatory at Greenwich.

The Royal London Hospital

The Royal London Hospital Museum and Archives are located in the former crypt of the old Royal London Hospital church of St Philip's. The museum celebrates the lives of key figures in the hospital's history and tells the story of the hospital's development. Only a short walk away, you'll find the famous Brick Lane, Shoreditch, as well as bars and restaurants in and around Whitechapel and Aldgate. With the new Elizabeth line, you'll be one stop from the riverside restaurants and bars of Canary Wharf; Westfield shopping centre and Olympic park at Stratford; and main line transport links at London Liverpool Street.

St Bartholomew's Hospital

With the new Elizabeth Line now open, coming directly into Farringdon, and plenty of direct transport links via the Central, Hammersmith & City and Circle line services, as well as numerous bus links, St. Bartholomew's is the ideal place to work. In addition to the beautiful buildings and square of the historic hospital itself, only a stone's throw away you will find St. Paul's Cathedral as well as an abundance of shops, bars, cafes and restaurants.

St Bartholomew's Museum and archives are set in the historic North Wing of St Bartholomew's Hospital. The museum tells the story of this renowned institution, celebrates its achievements and explains its place in history. The archives, also based in the North Wing, hold documents dating back to 1137, are available for research.

Parking arrangements

Whipps Cross Hospital

Parking on the hospital site is limited; we encourage staff not to travel by car wherever this is possible. The main entrance to the hospital is on Whipps Cross Road (A114). Staff can either do pay as you go or pay monthly via salary. Please contact the Foundation Year Administrator for more information.

Newham University Hospital

Staff car parking is available on site on a first come first serve basis. Please contact the Foundation Year Administrator for more information.

The Royal London Hospital

Pay and display parking available around the hospital. There is an NCP car park about 5mins walk away and parking available via JustPark or YourParkingSpace.

St Bartholomew's Hospital

There is an NCP car park nearby and parking available via JustPark or YourParkingSpace.

Accolades/achievements of the trust

Barts Health is the second largest NHS trust in the UK. Our group of five hospitals has been working together since 2012. We're internationally known for our excellence and innovation, and each of our hospitals celebrates a rich and varied history. We're very proud of the part our hospitals have played in improving the lives for people in this part of East London over hundreds of years, and in their ability to overcome challenges, coming out stronger and continuing to improve. Today, each hospital retains its unique character and we work together with the common vision to provide safe and compassionate care to 2.5 million patients in East London and beyond.

Whipps Cross Hospital

The redevelopment of Whipps Cross Hospital is a once-in-a-lifetime opportunity to design a new hospital from scratch. It is also a unique chance to be at the forefront of national efforts to transform how healthcare is provided for local people, as set out in the NHS long-term plan. Our vision is for a new hospital within a wider health and wellbeing setting, alongside new homes, leisure, culture and other community facilities. The Barts Health group and our local partners are sharing some early ideas about the potential site of a new hospital, the services it will provide, and the scope of the building, in our new publication: Building a brighter Future for Whipps Cross Hospital. The government announced in September 2019 that it will invest in a brand new hospital at Whipps Cross. This has been confirmed in a letter from Rt Hon Matt Hancock MP, Secretary of State for Health and Social Care. A new hospital with a full range of acute health services for a growing population could be built on a fraction of the land now occupied at Whipps Cross Hospital. Our site master plan envisages a new, taller building on about one-fifth of the site, bringing all the hospital's services closer together under one roof.

Newham University Hospital

Newham is a fascinating place to learn and practice medicine. Together with Tower Hamlets, Newham is amongst London's youngest, most diverse and most deprived communities. In 2018, Newham had the lowest life expectancy and highest rates of heart disease in London. In 2019 it was reported that Newham had the highest rates of TB in the UK at 107 per 100,000 (higher than Rwanda at 67 per 100,000). Those of us that work here are committed to providing the best quality health care to this population. The Gateway Surgical Centre is a state-of-the-art stand-alone facility run by Barts Health for our patients. The Centre boasts some of the most innovative and modern diagnostic and surgical facilities available anywhere in the world, with doctors and nurses who are highly skilled, experienced and caring.

The Royal London Hospital

The Royal London provides a full range of emergency and local services, including one of the largest children's hospitals in the UK and one of London's busiest A&E departments. Home to London's Air

Ambulance charity, the Royal London is also one of the capital's leading trauma and hyper-acute stroke centres.

St Bartholomew's Hospital

St Bartholomew's hospital is the oldest hospital in Britain occupying the site it was originally built on. Healthcare has been provided at this site since 1123. The state-of-the-art Barts Heart Centre and Barts Cancer Centre are both located in the King George V wing of the hospital. We're also home to one of the busiest heart attack centres in the UK. Our list of innovative services includes robotic surgery and complex electrophysiology. We're a leading provider of stem cell transplantation and immunotherapy for cancer treatment.

Any additional information

There are ample opportunities to get involved in clinical teaching of medical students across all specialties.

Foundation specific - Induction/shadowing arrangements

All foundation doctors starting at Barts Health are invited by Medical Staffing to complete their pre-employment checks. FY1s are requested to attend a 7-day Trust induction and shadowing of the outgoing FY1s. During this extended shadowing week, trainees will do a simulation-based training session called 'An hour on call', workshops and talks from a variety of people relevant to being an FY1 and have a minimum of 4 days pure shadowing.

Foundation specific – tasters

Foundation trainees can use up to 5 days of study leave per year for a taster. Trainees are encouraged to take a taster within a specialty of their choice. With access to the variety of specialties that Barts Health has to offer, you are sure to find something that interests you!

Foundation specific – simulation

We have a dedicated simulation suite on all of our Barts Health sites, consisting of an operating room, debrief room and communications room. In situ simulation is offered in the majority of our departments. Psych simulation is also being rolled out to all our FY trainees. Trainees will get an opportunity to develop and explore different ways of communicating.

Foundation Doctor forums

We invite FY1s and FY2s to become trainee reps when they start with us in August. The reps are responsible for collating feedback from their colleagues and attending education meetings. The medical education department arranges bimonthly foundation faculty group meetings and quarterly trust wide foundation faculty meetings which are attended by the trainee representatives, Clinical and Educational Supervisors, Training Programme Directors and the Medical Education admin team to get an update on all matters in relation to the foundation programme.

All junior doctors are invited to attend the Junior Doctors Forum held on each site every month. The first 30 minutes are only for the trainees, with members of the senior management team joining for the last 30 minutes. This is to ensure that the trainees can be open with their concerns, the Forum rep can collate all the issues or concerns, and when the senior management team join, all the issues or concerns can be addressed.

Foundation specific - educational and clinical supervision

Each foundation trainee is allocated a Clinical Supervisor for each of their placements and an Educational Supervisor for the whole year.

Foundation specific - teaching programme

Whipps Cross Hospital

In addition to departmental teaching, FY1 and FY2 have 2-hour bleep free teaching every Wednesday afternoon. The format is designed to be case based and interactive.

Whipps Cross Hospital also runs a half day Quality Improvement Poster Presentation, whereby all staff can put forward ideas and posters, individually or as a team.

Newham University Hospital

FY1 core teaching is scheduled weekly for an hour on Wednesday lunchtimes. The FY2's are scheduled once a week core teaching for an hour on Thursday lunchtimes. All FY2s at Newham rotate through the emergency department and whilst there attend 2 hours of core teaching. We also offer Person and Professional Development sessions.

The Royal London Hospital and St Bartholomew's Hospital

Mandatory FY1 teaching takes place once a week on Wednesdays 12:45 – 13:45 and is streamed online for those based at St Bartholomew's Hospital. FY2 teaching takes place for one whole day per month at the Royal London Hospital.

Foundation specific - any additional information

At the end of each rotation, the FTPD and FY admin meet with the trainees to collate feedback and also ensure the trainees are meeting all their curriculum requirements. They are also welcome to attend the weekly grand round teaching and monthly Schwartz Rounds.

St Bartholomew's Hospital additionally runs hot cases teaching sessions fortnightly.

Chelsea and Westminster Hospital Foundation Trust

Chelsea and Westminster Hospital NHS Foundation Trust is one of the top ranked and top performing trusts in the UK. We employ more than 6,000 staff at our two main hospital sites—Chelsea and Westminster Hospital (CW) and West Middlesex University Hospital (WM)—and in community-based clinics in North West London. Both our sites offer high performing, award-winning and responsive services within an attractive, modern environment, underpinned by our PROUD values. Please see www.chelwest.nhs.uk/foundationprogrammes for details of our foundation programmes.

Trust contact details

Chelsea and Westminster Hospital

369 Fulham Road
London
SW10 9NH
T: 020 3315 8000

West Middlesex University Hospital

Twickenham Road
Isleworth, Middlesex
TW7 6AF
T: [020 8560 2121](tel:02085602121)

W: www.chelwest.nhs.uk

Twitter

[@chelwestft](https://twitter.com/chelwestft)
[@westmidhospital](https://twitter.com/westmidhospital)

Facebook

[@chelwest](https://www.facebook.com/chelwest)
[@westmidhospital](https://www.facebook.com/westmidhospital)

Instagram

[@chelwestft](https://www.instagram.com/chelwestft)

Foundation training programme directors

Director of Medical Education

Dr Orhan Orhan (CW)
Miss Christina Cotzias (WM)

Foundation Training Programme Directors

Dr Julian Collinson (CW)
Dr Ravneeta Singh (WM)
Dr Hannah Skene (CW)
Dr Jasmin Cheema (WM)

Junior Doctors Coach

Dr Fiona MacAuslan (CW)
Dr John Platt (WM)

Facilities - Postgraduate Centre (Location and resources)

Each hospital site has a dedicated Postgraduate Education Centre where the majority of teaching courses take place. Two enthusiastic postgraduate education fellows are based at each site, and a serious incidents fellow

works cross-site. We also have a LEEP (Leading through Education to Excellent Patient care) working cross site to deliver the only HEE approved leadership programme. All fellows and the postgraduate team are on hand to assist you and maintain an open-door policy. The teams provide an exciting and dynamic programme of education. Weekly teaching comprises grand rounds, Medical Mondays, foundation teaching, and departmental teaching. The Trust offers a plethora of courses including communication, interview skills, leadership and management, teaching skills courses, appraisal updates, educational supervisor updates and MRCP PACES training. We also offer a range of external courses, including live streams from the Royal College of Edinburgh. Both sites have simulation facilities and clinical skills labs with full-time teams to coordinate resuscitation training courses, simulation programmes and opportunities to develop your clinical skills.

Facilities - Accommodation (Info about pricing, location etc)

Doughty House (CW) is in the heart of Chelsea, less than two minutes' walk from the hospital. It offers fully furnished flats at competitive rates, subject to availability. All-inclusive rent for a bedroom with shared kitchen, bathroom and lounge/dining facilities starts at £561 per month, including a weekly cleaning service for common areas and on-site laundry facilities. To find out more, email accommodation@chelwest.nhs.uk or call 020 3315 6993.

Helix House and Galloway House (WM), located less than five minutes' walk from the hospital, offer comfortable accommodation with five fully furnished rooms per floor, shared kitchens and bathrooms and in-suite laundry, with a weekly cleaning service in communal areas. A deposit of £597 and a payment of one month's rent is required to secure a room. For further information, email wmuaccommodation@chelwest.nhs.uk or call 020 3315 6993.

Social activities

Chelsea and Westminster Hospital junior doctors enjoy an active social programme organised by the doctors' mess, including monthly payday gatherings and our famous Christmas and summer balls in locations including the Natural History Museum and the Tower of London. The mess is located on the 2nd Floor in the main hospital and boasts a large seating area around a widescreen TV (including Sky channels) as well as a full-size pool table. There is a kitchen stocked with tea, coffee and snacks and a vending machine. Adjacent are four newly refurbished shower rooms and lockers.

West Middlesex University Hospital is a friendly hospital with a true sense of community. Join in and contribute to the running of our mess! We pride ourselves on being inclusive, with comfy sofas, television, a Nespresso machine, on-call rooms, showers and a kitchen to provide everyone with a place to unwind and relax. There is an ethos of camaraderie with social meals, payday parties and our famous summer ball.

Library facilities

The medical library (CW) is open for reference with access to Trust computers 24 hours a day, and a highly skilled team is available for assistance Mon–Sat. Registration gives you access to Imperial College London libraries at various sites and includes:

- Access to journals/eJournals
- Inter-library loans
- Print and electronic document delivery
- Logins to Imperial College London computers
- Training on literature searches, critical appraisals and writing for publications

Learn more at www.imperial.ac.uk/library/nhs or call 020 3315 8107.

The Patricia Bowen Library and knowledge service (WM) supports the education and training needs of all staff. There are evidence-based literature searching services, training to search literature, clinical decision tools to keep you up-to-date and a document delivery service. The library is accessible 24/7 with ID card access. See www.library.wmuh.nhs.uk/wp for more details.

I.T facilities

Trust computers are available on all wards, in clinical departments, the doctors' mess and libraries. We offer free public Wi-Fi in our hospitals and have secure printing facilities. We are also piloting new projects such as virtual desktops for easier clinical access.

Other facilities (recreational or otherwise)

The arts and music programme at Chelsea and Westminster Hospital hosts a revolving exhibition of artworks from the Chelsea Arts Club in collaboration with Trust charity CW+. Weekly musical performances are normally enjoyed in the atriums at both CW and WM, however these are on hold during the pandemic.

Chelsea and Westminster Hospital is very lucky to have a MediCinema on the 3rd Floor with a 3D screen and 40 luxury cinema seats. Screenings are free for staff and a guest, subject to availability.

The Wellness Centre (CW) offers hairdressing, manicures, pedicures and massage. We offer free monthly wellbeing workshops to staff. Beautiful chaplaincy spaces exist in the chapel and the Tent (multi-faith prayer room) for prayer, reflection and worship.

The Multi-faith Centre (WM) provides patients and staff with spiritual support. There are several outdoor spaces to choose from, including our staff area, a patient and staff garden outside the Multi-faith Centre and the Education Centre garden. We also have a lake which can be used for picnics.

Extensive staff benefits and discounts are available for a variety of shops locally and online. The hospital also participates in the cycle to work scheme.

Transport links

Chelsea and Westminster Hospital is well-connected via London Underground (District, Circle and Piccadilly lines from Fulham Broadway, Earl's Court, South Kensington and Gloucester Road) and bus (14, 414, 211, 328 and C3).

At West Middlesex University Hospital, Syon Lane and Isleworth rail stations are only half a mile away with direct trains to London Waterloo in just 35 minutes. Hounslow East is our closest Underground station with services to Covent Garden and Knightsbridge in less than 40 minutes. There are a number of bus links on the hospital site (117 H22 and 481).

Local amenities/attractions

Chelsea and Westminster

Regular stalls sell books, accessories and fresh flowers. Food and drink are available at the hospital restaurant, Costa Coffee, the Friend's shop and a Toss salad vending machine. Just outside are Starbucks, Pret a Manger, Subway and many local restaurants. A small Boots pharmacy is on site. The hospital is in the heart of one of the most beautiful boroughs in London—restaurants, cafes, bars, cinemas, clubs and shops are within walking distance along Fulham Road and King's Road. The Thames is a 5-minute walk away and South Kensington 15 minutes, where you will find famous London museums.

West Middlesex Hospital

West Middlesex hospital recently refurbished the main atrium with a brand-new welcome desk, M&S food, Costa Coffee and WHSmith. For something more substantial, head to Rumbles Restaurant or Subway. Nearby attractions include Kew Gardens, Syon Park, Osterley House and the Thames. There are lots of pubs and restaurants along the river and in nearby Twickenham, Teddington and Richmond.

Parking arrangements

Chelsea and Westminster Hospital

The hospital has an underground car park—spaces are limited for staff. There is also secure bicycle parking underground. Access is available on request via Facilities.

West Middlesex Hospital

On-site parking is available—staff permits are offered but availability is limited. Motorbikes and scooters can park for free in designated areas. There are several bike sheds with keypad entry systems—codes are available from security or the education centre.

Accolades/achievements of the trust

The Trust is one of the top ranked and top performing trusts in the UK. The Trust is one of the best performers against national access standards for A&E, referral to treatment (RTT) and cancer. We are committed to providing world-class service and excellent care now and in the future. We are a partner to the West London Genomic Medicine Centre—one of eleven Genomic Medicine Centres (GMCs) which have been designated by NHS

England to contribute to delivering the 100,000 Genomes Project as a recruitment centre. The aim is to create a new genomic medicine service for the NHS, transforming the way we care for people.

Any additional information

We pride ourselves in providing outstanding care to a community of more than a million people. Both our hospitals have major A&E departments, treating more than 300,000 patients each year. We run the second-largest maternity service in England, delivering more than 10,000 babies each year. Our specialist care includes our world-renowned burns service, the leading centre in London and the South East, Chelsea Children's Hospital with specialist inpatient and outpatient services, and several award-winning specialist HIV and sexual health services in the community.

Foundation specific - Induction/shadowing arrangements

FY1s commence induction in the last week of July. During this time, they will meet the foundation programme leads and coordinator, the director of medical education, the doctor's coaches and the medical education fellows. FY1 induction runs over three days and is followed by two days of clinical shadowing with the team of your first clinical rotation. You will be introduced to the clinical team, computer and administrative systems, ready for your first days of work. FY2s do not have a shadowing period but have both Trust and departmental induction when they start.

Foundation specific – tasters

Tasters are facilitated by the postgraduate education department and all foundation doctors are allowed to use five days of study leave for this. The Trust offers a wide variety of specialities, including specialist tertiary centre services in plastic surgery, paediatric and neonatal surgery, HIV and sexual health, gastroenterology and hepatology.

Foundation specific – simulation

A comprehensive simulation programme is provided to FY1s and FY2s, using high-fidelity simulation with state-of-the-art manikins. Sessions develop clinical skills and an understanding of the impact of human factors on clinical situations in a safe environment. With a focus on authentic simulation, the programme has expanded to include nurses and doctors with different levels of experience, to mimic true-to-life situations. All FY1s have the opportunity to complete ALS training. FY2s may apply for ATLS if relevant to their training. All foundation doctors receive a clinical skills day as well.

Foundation Doctor forums

Foundation trainees in FY1 and FY2 from both sites represent trainees in local faculty group and foundation group meetings where they bring feedback from their peers. Trustwide groups involved in research and developing services, such as the Medication Safety Group, are keen to have foundation trainees on their committees. The postgraduate education team and the guardian of safe working run regular junior doctor forums every ~~other~~ month. These are opportunities to meet with senior members of the education team and the guardian of safe working to discuss any issues they have faced.

Foundation specific - educational and clinical supervision

All foundation doctors are allocated an educational supervisor for the year and a clinical supervisor per rotation.

Foundation specific - teaching programme

Both postgraduate education departments run courses throughout the year, including leadership and management, teaching skills, interview skills and more. There are also active departmental teaching programmes, as well as weekly grand rounds, Medical Mondays, and fortnightly medical meetings. The postgraduate education department at Chelsea and Westminster Hospital provides one hour to FY1s and two hours to FY2s of weekly bleep-free teaching. The postgraduate education department at West Middlesex University Hospital delivers 90 minutes per week of bleep-free teaching for both FY1 and FY2 doctors. Both departments take advantage of the wealth of expertise in the hospitals to provide a programme designed to meet curriculum requirements. Doctors also have the opportunity to deliver teaching and complete teaching assessments. Additional organised training opportunities are available at the Centre for Clinical Practice.



Foundation specific - any additional information

Placements include a variety of medical, surgical, psychiatry and community placements in line with Broadening the Foundation Programme initiative. The Trust is associated with Imperial College School of Medicine. Foundation trainees across both sites are encouraged to engage with medical students and develop their teaching skills. This can be in the form of bedside teaching, clinical skills teaching and larger group teaching of medical students under the care of the Undergraduate Department of Medical Education. Details of our foundation programmes are available at www.chelwest.nhs.uk/foundationprogrammes.

Homerton Healthcare NHS Foundation Trust

Trust contact details

Homerton Healthcare NHS Foundation Trust,
Homerton Row, London
E9 6SR
Tel: 0208 510 5555



Foundation training programme directors

Dr Michelle Emery F1
Dr Geraint Morris F2

Facilities – Education Centre (Location and resources)

The Education Centre is located at the rear of the hospital and includes Medical Education, library, Simulation and Clinical skills suite, classrooms, lecture theatre, student lockers and café.

Facilities - Accommodation (Info about pricing, location etc)

Short term accommodation for when on call is based in Hill House on site.

Social activities

Doctors monthly mess parties, Christmas party & Summer ball

Library facilities

The Newcomb library is located in the education centre. Once registered you will have access to books and journals, e-resources, BMJ Best Practice, Dynamed, ClinicalKey, Anatomy.tv and more, as well as access to study space and PCs.

Opening hours:

Monday to Friday 09:00 – 17:00 staffed. You can access the library from 6am-9pm weekdays using your Homerton student card

Twitter: [@Newcomblibrary](https://twitter.com/Newcomblibrary)

I.T facilities

Doctors have access to Trust computers in clinical departments and on wards. There are also computers available to use in the education centre café, library, learning hub and Doctors mess.

Other facilities (recreational or otherwise)

Chatters restaurant, Costa Coffee and WH Smith in main hospital. Education centre café. There are a range of classes available, including exercise classes/sessions (Massage, yoga, reflexology).

Local amenities/attractions



Excellent transport links to central London. Outstanding local bars and restaurants, cinemas and Hackney empire theatre. Beautiful open spaces including numerous parks, London Fields lido, Regents canal network, River Lee, Woodbury Wetlands centre. <https://theculturetrip.com/europe/united-kingdom/articles/top-ten-things-to-do-see-in-hackney/>

<https://www.thecrazytourist.com/15-best-things-to-do-in-hackney-london-boroughs-england/>

<https://secretldn.com/things-to-do-hackney/>

<https://secretldn.com/things-to-do-in-clapton/>

<https://secretldn.com/reasons-to-visit-dalston/>



Transport links



Finding us by rail: Homerton's London Overground station, with ramped access, is a five-minute walk from the hospital and the station is now linked to most parts of London. Homerton is only two stops from Stratford International (for Central Line, Jubilee Line and Docklands Light Railway) and four stops from Highbury & Islington (Victoria Line and mainline rail).

By foot from Homerton station: From Homerton station - Exit the station, turn left and immediately left again, under the railway bridge and along Barnabas Road to Homerton High Street. Turn left on Homerton High Street and cross the road to take the first right on Wardle Street.

At the end of Wardle Street, the hospital is in front of you. Go left and follow the signs for the main entrance to Homerton Hospital. Use the map below to familiarise yourself with the roads that lead here.

By bus: Homerton Hospital is served by ten London bus routes: 26, 30, 308, 242, W15, 488, 425, 276, 394 and 236.

Bicycle users: There are bicycle racks at the front of the hospital, by the main entrance, adjacent to the police base. The racks are used by staff and visitor. Visitors for the education centre should also park bikes here and walk through the hospital to access the centre.

Parking arrangements

Limited parking facilities available (parking permits can be applied for). Staff on call out of hours can use on call permits for this period (free of charge).

Accolades/achievements of the trust

The Trust has consistently had good feedback for the GMC National Trainee Survey.
<https://www.gmc-uk.org/education/how-we-quality-assure/national-training-surveys>

Any additional information

Homerton Healthcare NHS Foundation Trust is an integrated care trust which provides hospital and community health services for Hackney, the City and surrounding communities. We provide hospital services from our main site in Homerton, and a full range of community services in people's homes and at locations across City and Hackney. Homerton University Hospital delivers general hospital and specialist services and has 400 beds across 11 adult inpatient wards, a 12 bed intensive care unit, and maternity, paediatric and neonatal wards. We have three day-surgery theatres and six main operating theatres, and perform a range of surgery including general surgery, trauma, orthopaedics, gynaecology, maxillofacial, urology and ear nose and throat (ENT). We offer a range of specialist care in obstetrics and neonatology, foetal medicine, fertility, HIV and sexual health, asthma and allergies, bariatric surgery and neurorehabilitation across east London and beyond. Community services operate from over 60 partner sites in Hackney and the City of London, and include sexual health, Locomotor rehabilitation services, school nursing and diabetic eye screening. The Trust also provides continuing healthcare at the Mary Seacole Nursing Home in Hoxton, east London.

We are known for the quality of training we offer nurses, doctors and allied professionals and are recognised as one of the top recruiters to high quality research studies in the UK, with particular interest in neonatology, sexual health and respiratory medicine.

Foundation specific - Induction/shadowing arrangements

FY1s will be employed from the last Wednesday in July. You will receive approximately 2.5 days of Trust induction which includes workshops, talks and electronic patient record training and 2.5 days of shadowing the post you will start on the first Wednesday in August.

Foundation specific – tasters

Taster opportunities are available for all FY1s. The Trust offers a range of specialties and where appropriate trainees can organise a taster outside the organisation.

Foundation specific – simulation



Homerton has an award winning simulation suite including sim man, sim junior and sim baby. Team based multi-professional in situ simulation takes place on all wards and in theatres regularly (weekly on the Acute Care Unit). The simulation team run numerous courses including Faculty Development training and Foundation Trainees are encouraged to get involved. In addition, all FY1 and FY2 receive a whole day simulation/human factors training and a half day mental health simulation training. Clinical skills sessions that we offer to foundation doctors include ultrasound guided cannulation, chest drain and lumbar puncture sessions. There are also many opportunities to teach clinical skills for undergraduates including phlebotomy, cannulation, NG tube insertion and A-E assessment.

<https://www.homerton.nhs.uk/homerton-simulation-centre>

Foundation Doctor forums

There is a Local Faculty Group for Foundation attended by FY1 and FY2 reps (voted in by peers. This reports to the Medical Education Committee (monthly). There is a Junior Doctors' Forum (open to all) and Joint Local Negotiating Committee.

Foundation specific - educational and clinical supervision

All FY1 and FY2s are allocated an Educational Supervisor for the whole year and a Named Clinical Supervisor for each placement. In addition to this Foundation Doctors meet with the Trust Foundation Training Programme Director in December to discuss progress at the mid point reviews.

Foundation specific - teaching programme

FY1s receive two hours weekly lunchtime teaching, mapped to the curriculum, which takes place in the education centre. ALS courses are available. FY2s have 7 full day teaching sessions, mapped to the curriculum. In addition, there are also online learning opportunities, departmental teaching, Medical Unit Meeting, simulation and clinical skills.

Foundation specific - any additional information

We have 44 FY1s and 32 FY2s at Homerton. There are opportunities to teach medical students including becoming a Junior Clinical Teaching Fellow (competitive process).

Imperial College Healthcare NHS Foundation Trust

Trust contact details

We have five hospitals on four sites, as well as a growing number of community and digital services across central and west London:

St Mary's Hospital

Praed Street
London
W2 1NY

Western Eye Hospital

Marylebone Road
London
NW1 5QH

Charing Cross Hospital

Fulham Palace Road
London
W6 8RF

Hammersmith Hospital

Du Cane Road
London
W12 0HS

Queen Charlotte's & Chelsea Hospital

Du Cane Road
London
W12 0HS

Main switchboard: 020 3311 3311

Website: www.imperial.nhs.uk

Associate Medical Director (Education)

Dr Helgi Johannsson

Directors of Medical Education

Dr Rachel Bartlett
Dr Lucy Bingham
Dr Mehrengise Cooper

Foundation Training Programme Directors

Dr Heather Lewis (St. Mary's) – F1 Lead
Mr Arvind Mohan (St. Mary's) – F2 Lead
Dr Aruchuna Ruban (Charing Cross and Hammersmith) – F1 Lead
Dr David Pinato (Charing Cross and Hammersmith) – F2 Lead

Head of Medical Education

Danielle Bennett

Medical Education Manager

TBC

Deputy Medical Education Manager

Lorenza Colosi

Postgraduate Education Managers

Christian Kalialia (Hammersmith)* *Interim cover for Kikelomo Ibikunle*

Martha Fish (St Mary's)

Naomi Woods (Charing Cross)

Facilities - Postgraduate Centres

Across three sites (St. Mary's Hospital, Charing Cross Hospital and Hammersmith Hospital), we have a designated postgraduate centre managed by a dedicated site manager and team. Centres provide a base for training within the trust - admin support, training rooms, simulation skills facilities, pastoral care and more. Please do not hesitate to get in contact if you have any questions or require further information.

St Mary's & Western Eye Hospitals

2nd floor, Mint Wing, St Mary's Hospital

T: 020 3312 6038

E: imperial.postgradededucation.smh@nhs.net

Charing Cross Hospital

1st Floor, Education Building, Charing Cross Hospital

T: 020 3311 7703

E: imperial.postgradededucation.cxh@nhs.net

Hammersmith Hospital

Ground floor, Hammersmith House, Hammersmith Hospital

T: 020 3313 7317

E: imperial.postgradededucation.hh@nhs.net

Overview of the Trust



By undertaking your Foundation Training at Imperial College Healthcare NHS Trust you will become part of a community of 12,000 staff working with a wide range of partners to offer 'better health, for life'.

Formed in 2007, we are one of the largest NHS trusts in the country – providing acute and specialist care to over a million patients each year in central and north London and beyond. With a global reputation for ground-breaking research and innovation as well as excellence in education, we offer huge expertise across a wide range of clinical specialities.

Alongside our five hospitals; Charing Cross, Hammersmith, Queen Charlotte's & Chelsea, St Mary's and the Western Eye – we have a growing number of community and digital services, reflecting our commitment to developing more integrated care with our partners. We also provide private healthcare at all of our hospitals (in dedicated facilities).

Together with Imperial College London and two other NHS trusts, we form one of six academic health science centres in the UK – focussed on translating research into better patient care. We also host one of 20 National Institute for Health Research biomedical research centres in partnership with Imperial College London.

Trainees undertaking Foundation training at Imperial will have the opportunity to work with some of the leading specialists in the country and network with leaders in their chosen field. We have great links and relationships with various GPs in the west London area providing trainees with a chance to gain valuable experience and see how a practice works first hand.

Our values and behaviours

With our staff and partners, we have developed a clear and ambitious vision as well as a set of core values that shape everything we do. Together they guide our organisational strategy and our behaviours framework:

- **Kind:** we are considerate and thoughtful so everyone feels valued, respected and included
- **Collaborative:** We actively seek others' views and ideas so we can achieve more together
- **Expert:** We draw on diverse skills, knowledge and experience so we provide the best possible care
- **Aspirational:** We are receptive and responsive to new thinking, so we never stop learning, discovering and improving

Foundation - Rotations at the trust

I really enjoyed my ICU FY2 rotation at St Mary's Hospital and learned so much from my time spent there. The team is lovely and supportive, there is plenty of departmental teaching for the juniors and lots of supervised learning opportunities for procedures and skills. Being a tertiary Vascular, Trauma and Neurosurgery centre there is always an interesting mix of clinical cases and opportunities to work alongside these specialty teams in ICU.
FY2 Doctor – St Mary's Hospital (2023-24)

I have thoroughly enjoyed my time so far at Imperial. We are surrounded by world class academics who are always keen to share their knowledge and expertise. As a result my clinical skills and knowledge base have developed immensely since starting in August.
FY1 Doctor – Charing Cross Hospital (2023-24)

Working at the hospital has been a great experience. The staff are welcoming and supportive, creating an excellent learning environment.
FY2 Doctor – Hammersmith Hospital (2023-24)

At Imperial College Healthcare NHS Trust foundation rotations are either based at a single site or across two sites, to ensure a balanced yearly programme. We offer a wide range of medical as well as surgical rotations, paired with integrated and community placements.

An example of our F1 rotations:

- Obstetrics and gynaecology (*Queen Charlotte's & Chelsea Hospital*)
- Geriatric Medicine (*Charing Cross Hospital*)

- Acute internal medicine (*Charing Cross Hospital*)
- or
- Trauma and Orthopaedic Surgery (*St Mary's Hospital*)
 - Respiratory Medicine (*St Mary's Hospital*)
 - Acute Internal Medicine/ Emergency Medicine (*St Mary's Hospital*)

An example of an F2 rotation:

- General Practice (*assigned GP Surgery*)
- Geriatric Medicine (*Charing Cross Hospital*)
- Respiratory Medicine (*Charing Cross Hospital*)

Foundation – Induction and Shadowing Programme



All FY1 Doctors are enrolled onto a bespoke Induction and Shadowing Programme. This takes place across a number of days and in advance of the August changeover (when trainees will officially start in post). The programme is designed to provide supportive orientation on both a Trust-wide and local departmental level. The aim of the Trust and Local Inductions are to ensure that new doctors are set up and confident using the relevant systems, e.g. our patient record system Cerner.

The induction is a blended programme including virtual and face to face activities. It includes a corporate Trust induction with welcome talks from the CEO, Medical Director, as well as the Director of Medical Education, Foundation Training programme Director, Clinical Wellbeing Lead and Guardian for Safe Working Hours and the outgoing Foundation Reps.

An Extended Shadowing Programme is also available for International Medical Graduates (IMGs) to opt-in to. In addition to this a separate IMG Induction will also provide trainees joining us from abroad with a more in-depth induction into the NHS as well as working and training in the UK. We appreciate that starting Foundation Training can be an exciting or even daunting experience for trainees as they navigate the transition between undergraduate education and postgraduate training and employment. Where possible we want to ensure that all FY1s feel confident starting their clinical careers.

During the induction period new doctors have dedicated time to shadow the outgoing F1 who is in the post that the incoming trainee will take on. This shadowing period helps ensure a smooth handover process

and will give trainees the opportunity to learn useful tips and local processes. The Foundation Trainees will also have the opportunity to meet their Foundation Training Programme Director and local Postgraduate Medical Education Team as part of the induction programme. By the end of the induction period we hope that you will be feeling comfortable and confident taking on your first job!

Foundation - Educational and Clinical Supervision

All foundation doctors are assigned an Educational Supervisor for a full year. This is usually a consultant who you will be working with you in your first placement and will fulfil clinical supervisor duties during your first four-month placement. For your second and third placement, you will be assigned a Clinical Supervisor from the relevant specialty that you'll be working in.

In addition, you will also be supported by your Foundation Training Programme Director (FTPD) who is there to provide additional support and guidance. There is the opportunity to meet with them throughout the year should you require this.

Foundation - Simulation

As a large NHS Trust with many specialist and tertiary services, there is a strong emphasis on good team-working to ensure patient safety and to reduce errors in the clinical environment. At Imperial College Healthcare NHS Trust we run 90 different simulation and skills programmes to provide a safe area for learning for all our staff. The programmes are wide and varied involving almost all medical specialties as well as allied health care services. Many of our programmes are multi-disciplinary and focus on training human factors skills in the group setting.

At our St Mary's site we have The Patterson Centre, one of the best clinical skills and simulation training facilities in the country, and foundation trainees get a chance to attend their simulation training there during both FY1 and FY2 years.

Foundation - Teaching

The Trust holds weekly teaching for FY1 and FY2 doctors which is a Trust wide programme across all sites. It is delivered by a diverse combination of consultants, registrars and senior multi-professional team members, each bringing a wealth of knowledge from their area of expertise. The teaching programme is mapped to the foundation curriculum to ensure all required topics are covered. The teaching programme is delivered both virtually and face to face.

Clinical case-based teaching such as Acute Medicine Teaching where trainees have an opportunity to present alongside leading consultants and other senior clinicians, take place weekly. We are also the host for the internationally acclaimed Imperial College Grand Round and trainees are very much encouraged to attend and present their work.

Foundation doctors are encouraged to take part in quality improvement (QI) projects and to participate in the Lessons Learnt programme – reviewing serious incidents as a team and discussing the subsequent actions put in place by the department. This creates awareness of patient safety issues whilst driving quality improvement and enhancing team learning.

Foundation - Tasters

Foundation trainees will have an opportunity to complete a taster, usually 2-5 days, in a speciality, which is not included in your rotation. As one of the leading Trusts in the country we offer a varied set of specialties and all trainees are encouraged and supported to benefit from the available training experiences.

Junior Doctor Forum / Junior Doctor Exchange

The Trust values communication and accessibility for staff to feed back and be heard, running different meetings and networks to enable open discussion. For junior doctors specifically we offer two Trust wide monthly meetings accessible to all doctors below consultant level, both in and out of training.

At the **Junior Doctors' Forum** you can raise issues relating to work schedules and rotas or discuss any issues to do with your contract and working conditions at the Trust. It is chaired by the Guardian for Safe Working hours. Meanwhile the **Junior Doctor Exchange** functions as a meeting to provide opportunities for the exchange of ideas and suggestions for improvement and for training grade doctors to hear from the Trust leads on the strategy and direction of the organisation. It is chaired by a DME and an appointed junior doctor co-chair and is supported by array of guest speakers, including the Medical Director.

Both meetings aim to improve the experience of junior doctors by listening and responding to concerns and suggestions for improvement, to ultimately ensure the highest possible quality of care and patient safety. There are processes for submitting questions and ideas either through the senior specialty trainee representatives or via the internal website portal.

Schwartz Rounds

The Trust also runs Schwartz Rounds, which are reflective group discussions that focus on the personal, emotional and social aspects of our work in healthcare. They offer a safe space for staff from all disciplines across Imperial and our community partners, to reflect on the emotional aspects of the work.

Doctors' Mess

There are Doctors Mess facilities across all three main hospital sites (St Mary's Hospital, Charing Cross Hospital and Hammersmith Hospital) which offer rest facilities, computer stations, changing rooms, showers and well equipped kitchens which are regularly stocked with groceries.

All doctors will be able to opt-in to membership of the Doctors' Mess when starting at the trust and the £10 monthly membership fee will be deducted from their salary. Members can access regular grocery supplies within the mess and benefit from discounted events, activities and offers organised by the committee throughout the year.

All doctors can access the mess space and are welcome to attend events organised by the mess committee (without a discount). The recruitment of the mess committee takes place each year in August and full details of how to get involved will be given during your induction.

Library

The Trust's affiliation with Imperial College London means that our trainees are able to access a host of educational resources free of charge. Membership to all Imperial College libraries, Open Athens, BMJ Learning and many more tools are available to all our staff.

On-site libraries are located at Charing Cross, Hammersmith and St Mary's sites and are part of Imperial College London. Once registered you have access to:

- World class book and journal collections
- Ordering services
- Silent and group study areas
- Support with literature searches
- Lunchtime workshops on a range of topics

IT Facilities

Junior doctors have access to trust computers in most clinical departments and wards. There are also computers available for use in postgraduate centres and doctors' messes. Trust email can be accessed from home via webmail and remote desktop access can also be obtained via the department.



Accommodation

The trust has limited accommodation available at nearly all main sites. It is subject to availability and is managed by the trust's Accommodation team which can be contacted on: imperial.accommodation@nhs.net

- **Hammersmith Hospital** has on site accommodation of studios and one-bedroom flats. The studio accommodation is for single people and the one bed accommodation is prioritised for couples, although single people can also apply. This accommodation is managed by Thames Valley Housing who have an office on the site.
- **Charing Cross Hospital** has on-site provision of shared accommodation for single people; shared accommodation for couples; a very small number of family flats; student room and on-call rooms. The accommodation is managed by Dominion Housing Group (formerly Acton Housing).
- **St Mary's Hospital** – there is no on-site staff accommodation but there are some housing schemes within commutable distance. These schemes usually have vacancies but this is not guaranteed. They are single rooms within shared flats. Minimum tenancy period is usually 6 months.

Transport links and parking

All hospitals have excellent public transport links within London:

- **St Mary's Hospital:** easy access to underground and over ground via Paddington station as well as bus routes.
- **Charing Cross Hospital:** easy access to underground via Barons Court and Hammersmith stations as well as bus routes
- **Hammersmith Hospital and Queen Charlotte's and Chelsea Hospital:** easy access to underground via East Acton, White City and Wood Lane stations as well as bus routes.

- **Western Eye Hospital:** easy access to underground via Marylebone and Edgware Road stations as well as bus routes.

Hopper Bus

The Trust also provides a staff hopper bus, which operates between three major hospital sites: Charing Cross, Hammersmith and St Mary's. Hopper buses are available from 8:00am until 5.20pm and runs nearly every hour from each site.

Parking Arrangements

Limited car parking facilities are available on Charing Cross Hospital and Hammersmith Hospital sites which are managed via central team:

imperial.staff_car_parking_permits@nhs.net

Local Amenities

All of our main hospitals are short bus ride or walking distance away from busy high streets, which offer good public transport links and easy access to restaurants, bars, theatres, cinemas, clubs, parks and much more.

Health and Wellbeing Support

The trust offers various activities for staff to maintain their physical and mental wellbeing.

Counselling service

Imperial provides a highly regarded counselling service called CONTACT. Counsellors specialise in stress at work, trauma support and many other topics and due to the pandemic the service has expanded its staffing levels and accessibility to evenings and weekends. Trust staff have been very complimentary and grateful for the support provided by this exceptional service. Sessions can be booked via email: imperial.account.contact@nhs.net

Recreational facilities

Across all three main sites, there are gyms and various training facilities assessable to the staff:

- **St. Mary's Hospital**
 - Pinnacle Gym which has a wide range of cardiovascular, resistance, free weight and rehabilitation equipment. NHS members get 24/7 access to the gym. Membership also includes access to Imperial College's 20 metre swimming pool, located in the basement of the Faculty of Medicine on the St Mary's Campus.
- **Charing Cross Hospital**
 - Charing Cross Sports Club located next to the hospital offers a wide range of facilities including: 25 metre swimming pool, three gym areas, group exercise classes, four squash courts, two badminton courts and a multi-sports hall.
- **Hammersmith Hospital**
 - The Move Imperial Hammersmith Gym is located in the sub-basement of the Commonwealth Building. The gym includes a range of cardiovascular and resistance equipment as well as free weights to achieve a full body workout.

Cycling

If cycling is your chosen mode of transportation, please note that there are secure bike facilities at the three main sites and shower and changing facilities are accessible the doctors' mess. Charing Cross and St Mary's sites also have Santander Bike stands nearby.

The trust staff can also benefit from cycle-2-work initiative which offers an opportunity to save on the cost of a bike and associated equipment. The savings come through a 'salary sacrifice' where monthly payments are taken before income tax is deducted.

The trust also offers professional bike mechanics drop-in services across all three sites. Any minor adjustments and repairs they can make to the bike they do there and then.

Staff Arts Club

Trust employees can also gain a membership of the Staff Arts Club which is co-ordinated and funded by Imperial Health Charity and offers members range of benefits, including free admission to some of London's major museums and galleries (Royal Academy of Arts and Victoria and Albert Museum), as well as invitations to private tours and exhibition openings.

Royal Albert Hall tickets

The charity has been historically gifted a box at the Royal Albert Hall. Tickets for concerts are available to Trust staff through the charity's regular ballots.

London North West University Healthcare NHS Trust

Trust contact details

Northwick Park Hospital

Watford Road
Harrow
Middlesex
HA1 3UJ
Tel: 020 8864 3232

Central Middlesex Hospital

Acton Lane
Park Royal
London
NW10 7NS
Tel: 020 8965 5733

Ealing Hospital

Uxbridge Road
Southall
Middlesex
UB1 3HW
Tel: 020 8967 5000

St Mark's Hospital

Watford Road
Harrow
Middlesex
HA1 3UJ
Tel: 020 8864 3232

Trust Staff

Northwick Park, St Mark's & Central Middlesex Hospitals

Foundation Training Programme Directors

- Dr Gillian Park (Emergency Medicine Consultant)
- Dr Richard Nicholl (Consultant Neonatologist)
- Dr Nilanjana Ray (Consultant Paediatrician)
- Miss Sabina Rashid (Consultant Surgeon)

Associate Medical Director (Education, Research and Development)

- Dr Bhanu Williams

Director of Medical Education

- Dr Thungo Kuwani

Medical Education Manager

- Tereze Bogdanova

Postgraduate Centre Manager

- Sachin Trivedi

Postgraduate, Foundation School & Faculty Coordinator

- Rekha Kerai

Overview of the Trust

Our 9,000 strong team look after a wonderfully diverse population of more than 1 million people in North West London and beyond from our three hospitals:

- Northwick Park in Harrow
- Central Middlesex in Brent
- Ealing Hospital in Ealing

Facilities - Postgraduate Centre (Location and resources)

Northwick Park Hospital

The Postgraduate Centre for Northwick Park / St Mark's Hospitals is near the St Mark's side of the Northwick Park site, closest to Northwick Park tube station. Post-Graduate Medical Education (PGME) facilities include two large lecture theatres and 12 seminar /meeting / skills training rooms as well as two newly equipped simulation training suites.

The main library and the Dental Education Centre are nearby. Postgraduate offices on the main PGME corridor have an open-door policy and friendly supportive staff to provide advice, guidance and Foundation programme expertise.

The Director of Medical Education, Foundation Training Programme Directors and other educational leads can be contacted directly or via PGME department staff.

PGME facilities at Central Middlesex Hospital include a lecture theatre and two seminar rooms, managed centrally by Northwick Park's PGME department. Foundation trainees working at Central Middlesex have access to educational leads on site and leads can also be contacted via the PGME department at Northwick Park. The Central Middlesex Library and a clinical staff training facility are located in an area adjacent to the PGME office, which accommodates research, clinical training and cross-site PGME staff.

Ealing Hospital

The Postgraduate Centre is centrally located in Ealing Hospital's main building. It offers seminar room and lecture theatre facilities and also houses the library. Postgraduate and Undergraduate staff offices in the Centre have an open door policy and friendly supportive staff to provide advice, guidance and Foundation programme expertise. The Director of Medical Education, Foundation Training Programme Directors and other educational leads can be contacted via PGME department staff. The Centre's comfortable seating and kitchen facilities provides a welcoming meeting place for Foundation trainees.

Facilities - Accommodation

Northwick Park Hospital

Northwick Park Hospital accommodation is limited; however we have support for accommodation needs provided by Network Homes. All enquiries should be made via email to: PropertiesToRent@networkhomes.org.uk

Ealing Hospital

Ealing Hospital's on-site staff housing for long and short term rent is in high demand. For enquiries regarding facilities, availability, rates and further information, please contact:

Alli Ladha - Facilities Office

Tel: 020 8967 5161

LNWH-tr.ealingaccommodation@nhs.net

Social activities

Northwick Park Hospital

- The Doctors mess arranges a very active social programme.
- The Doctors mess organises regular social events outside of the hospital with subsidised ticket prices for members.
- Wellbeing events occur in the mess and include free lunches and therapy dog sessions.
- Christmas dinner and summer ball are large events to look forward to.
- The Northwick Park mess has collaborated with other hospitals such as Ealing and Imperial to host large, joint socials.

Library facilities

Northwick Park and Central Middlesex Hospitals

The Library Service maintains physical and electronic collections across all three Trust sites, in addition to study and computer space.

The John Squire Library, NPH is our main library (Education Centre, ground floor) and is open 9.30am to 5.00pm Monday to Friday (Tel: 020 8869 3322)

CMH – Monday, Wednesday, Friday

The service has around 16,000 books, primarily at NPH. Electronic resources can be accessed with an NHS OpenAthens account. This includes ebooks, ejournals, databases such as Medline and Embase, and evidence summary tools such as Dynamed and BMJ Best Practice. The knowledgeable library team is friendly and helpful. Literature searches can be carried out by library staff on request, and literature search guidance is available.

Other services include:

- Borrowing books and print journals
- Inter-library loans
- Computer workstations
- Printing
- Institutional fellowship to BMJ Case Reports
- Wellbeing Room and fiction library at NPH with smaller wellbeing collections at Ealing and CMH libraries.

Ealing Hospital

Located within the Postgraduate Centre, the library aims to support staff's education, training and research needs. The knowledgeable library team is friendly and helpful; one-to-one search training on electronic resource databases can be arranged on request. Services include:

- Access to the Trust's wide range of educational resources
- Borrowing books and print journals
- Access to electronic books, journals and resources using an NHS Open Athens login
- Printing, photocopying and scanning
- Inter-library loans
- Computer workstations
- Opening hours:
Staffed Monday – Friday 9am to 5pm
- 24/7 out of hours access via swipe card can be arranged by library staff on request.

I.T. facilities

Computers are available to trainees in most wards and departments. There are also computers available to use in the education centre, library, and the doctor's mess. Wi-Fi is available throughout the Trust.

Other facilities (recreational or otherwise)

Northwick Park Hospital

Shopping/refreshments on Northwick Park site:

Marks and Spencer Simply Food, WH Smith, Cutting Room – hairdressers, Bliss – dry cleaning and laundry service, mobile phone accessories, repairs & top-ups, The Friends shop (cards, soft toys, small gifts), Costa Coffee, Subway (sandwiches and salads), Wellspring restaurant (extensive menu), St Mark's tea bar (hot and cold food & drinks). Market traders' (stall changes daily)

Central Middlesex Hospital has a WH Smith, a restaurant and a café serving hot and cold snacks and drinks and a Costa Coffee.

Staff benefits:

Knowles Fleets car scheme offers a huge choice of electric and hybrid cars with different ways to pay monthly from your salary.

The season ticket loan is an interest free loan for employees to cover the cost of travelling to and from the workplace via modes such as tram, rail, bus or others.

Discounts on food, goods and services are available through NHS discounts and related schemes.

Keeping Well psychological support service - Keeping Well offers free, fast and confidential psychological support. Make an appointment between 8am and 8pm or use their online chat. It is run by Central and North West London NHS Foundation Trust and West London NHS Trust, and staffed by trained and experienced professionals.

Employee Assistance Programme - The Trust's free employee assistance programme provides access to independent confidential advice, information and specialist support for staff and immediate family.

Examples of areas covered by the programme include relationships, childcare support, debt, stress/anxiety, getting fit and living well, bereavement and financial, legal or tax information. The service operates a free 24 hour a day offering confidential support helpline with access to experienced therapists and advisors. There is also an online health portal.

Transport links

Northwick Park Hospital

Northwick Park and St Mark's nearest stations are: Northwick Park on the Metropolitan line (short walk from the hospital). Kenton station on the Bakerloo and London Overground (fifteen-minute walk from the hospital)

Bus routes: 186, 223, 483, H9, H10 and H14 enter the hospital grounds. 182 stops a short distance away on Watford Road. Bus routes H18 and H19 serve Northwick Park station and routes 114 and 183 stop on Kenton Road, about a 10-minute walk from the hospital.

There are good connections to central London. The average journey time between Northwick Park and Baker Street is 20 minutes.

Central Middlesex Hospital

Central Middlesex Hospital's nearest tube stations are: Harlesden on the Bakerloo and London Overground lines, North Acton on the central line, Park Royal on the Piccadilly line.

Buses which serve Central Middlesex Hospital include the 187, 224, 226, 228, 260, 440 and the 487.

Ealing Hospital

Nearest stations are: Ealing Broadway on the Central and District lines. Boston Manor, Northfields and South Ealing stations on the Piccadilly line. Southall station on Great Western Railway and Transport for London Rail. Ealing Hospital is served by a number of buses, including the 92, 195, 207, 282, 427, 483 and the 607.

Local amenities/attractions

Northwick Park St Mark's and Central Middlesex Hospitals

Local attractions include Wembley stadium, Box Park and the London Designer Outlet in Wembley Park with up to 70% off RRP, a nine screen Cineworld (3D and motion technology) and twenty restaurants.

Restaurants in Harrow and Kenton offer a variety of cuisines such as Indo-Chinese fusion, Indian, Vegetarian, European, British, Chinese, Middle Eastern, Afghani, Turkish and Italian.

The Harrow and Kenton area has a wide range of parks and recreation grounds with sports facilities including cricket and football pitches, tennis and basketball courts. Two golf courses are within ten minutes of Northwick Park hospital.

Harrow's local history museum is set in historic grounds with a 14th century moated manor house. Grim's Dyke, W.S Gilbert's blue plaque home and estate, is now the Harrow Weald hotel, a venue for Gilbert and Sullivan performances. London's only motorcycle museum is nearby in Greenford with 170 machines on display. The biker's classic Ace Café (near the North Circular exit for Central Middlesex Hospital) is a colourful local landmark which hosts regular bike and car meets and music gigs.

Ealing Hospital

Ealing's thriving multicultural community offers a diverse choice of restaurants and cafes together with busy high streets and shopping centres. The borough has a range of sports and leisure centres as well as outdoor sports grounds. A Parkrun in Northala Fields is held every Saturday morning. Ealing parks' programmes include carnivals and fairs, music, comedy and beer festivals, wildlife discovery and bird watch days. Pitshanger Manor and Gallery are located in Ealing's Walpole Park, with the National Trust's Osterley Park and House further afield.

Parking arrangements

Northwick Park and Central Middlesex Hospitals

Car parking permits are required to park on any of our hospital sites. There are limits on the number of permits that can be issued. All new permit applications are submitted using a staff parking permit portal. Permits are granted based on availability and eligibility for which you will only be eligible to apply if it takes you longer than 30 minutes to travel from your home postcode to your work, based on public transport (public transport travel time calculated using Google maps)

All parking will be charged at £3.75 per day. The charging period is Monday to Friday, 9am to 6.30pm.

The maximum amount you'll be charged in a four week period is £50. Therefore, the maximum annual payment is £650. Payments will be collected from the card details provided with the application.

Permits applications are assessed on an individual basis.

The Trust email address for parking queries is: lnwh-tr.parkingpermit@nhs.net

Accolades/achievements of the Trust

- St Mark's is a national specialist hospital for colorectal diseases and intestinal failure and an internationally recognised Centre of Excellence for digestive endoscopy.
- The Trust is a regional centre of specialist expertise for Oral and Maxillofacial Surgery.
- As a regional major vascular and interventional radiology centre, the Trust provides 24/7 emergency services.
- Northwick Park's Hyper Acute Stroke Unit is one of the few double-A rated stroke services in England.
- The Trust's regional Hyperacute Rehabilitation Unit is one of only three in the UK, providing specialist tertiary service for medically unstable patients with severe complex physical disabilities, often following brain or spinal cord injury.
- Northwick Park's children's ward cares for 3,500 children and young people each year and our maternity services deliver more than 4,500 babies every year.
- Innovative use of high-resolution images and videos to assess if patients have skin cancer has cut waiting time from two weeks to just a day. Virtual reality software is also advancing treatment of head and neck cancers by enabling surgeons to virtually pre-plan procedures involving microsurgery utilising needles and sutures barely visible to the human eye.
- As part of ongoing research and development our new dedicated, high specification clinical research facility has accommodated numerous clinical trials. Examples include Group B Streptococcus in new born babies and Hyper-Echo studies in hypertension.
- The Trust was at the epicentre of the COVID-19 pandemic which placed unprecedented demand on its intensive care unit (ICU). The ICU became the first in the world to use an innovative dialysis method, including utilising mobile home dialysis machines. Our infectious diseases unit, one of the UK's largest, was at the forefront of the London pandemic response.
- The Trust was the first in the country to perform community testing for coronavirus and pioneered drive-through testing on our hospital sites. This work was widely shared and implemented across the country.
- The Trust was at the epicentre of the COVID-19 pandemic which placed unprecedented demand on its intensive care unit (ICU). The ICU became the first in the world to use an innovative dialysis method, including utilising mobile home dialysis machines. Our infectious diseases unit, one of the UK's largest, was at the forefront of the London pandemic response.
- The Trust was the first in the country to perform community testing for coronavirus and pioneered drive-through testing on our hospital sites. This work was widely shared and implemented across the country.
- Orthopaedic surgeons from Imperial and Chelsea and Westminster have joined teams at Central Middlesex Hospital to perform the first surgeries at a new North West London Elective Orthopaedic Centre. The centre is expected to improve and speed up access to care for people across the area who need common orthopaedic operations.

Any additional information

London North West University Healthcare Trust (LNWH) is one of the largest integrated healthcare trusts in the country, providing hospital and community services to Brent, Ealing, Harrow and beyond.

Our team of more than 8,000 clinical and support staff serve a diverse population of more than a million people. We are a university teaching hospital, training clinicians of the future. The Trust runs two busy emergency departments and three urgent care centres. Research and Development department supports studies across a wide range of clinical specialties with more than 5,000 patients participating in ground breaking research programmes each year.

We run acute hospitals services at:

- **Central Middlesex Hospital:** Our planned care site including our planned range of outpatient services and a 24/7 urgent care centre.
- **Ealing Hospital:** A busy district general hospital providing a range of clinical services, as well as a 24/7 emergency department and urgent care centre.
- **Northwick Park Hospital:** Home to one of the busiest emergency departments in the country. The hospital provides a full range of services including one of the few double-A rated stroke services in England.
- **St Mark's Hospital:** An internationally renowned specialist hospital for colorectal diseases, based at Central Middlesex Hospital.

Foundation specific - Induction/shadowing arrangements

Northwick Park Hospital

Incoming Northwick F1 trainees undertake two days' induction and two days' shadowing whilst F2 trainees attend a half-day induction programme. All new starters undertake mandatory online Core Skills training.

Ealing Hospital

Ealing's Foundation induction and shadowing arrangements include two days' shadowing and an induction programme across a day and a half for incoming F1s trainees. Ealing F2 trainees attend a half-day induction programme. All new starters undertake mandatory Clinical Skills Training.

Foundation specific – tasters

Northwick Park Hospital

Foundation doctors are encouraged to arrange taster sessions in a specialty of interest to them, up to a maximum of five days. Tasters may be done on any of the Trust's hospital sites. If the specialty is not available at the Trust, a taster in another hospital will be considered. Tasters should be arranged locally by the trainee at a time agreed with both the department where their post is based and the proposed Taster specialty. Details of contacts in each specialty are available from the Foundation Administrators and Postgraduate Centre Manager.

Foundation specific – Simulation

Foundation trainees all undertake Simulation Training at Northwick Park in line with Foundation curriculum requirements.

Foundation Doctor forums

The Guardians of Safe Working Hours and Directors of Medical Education organise regular Junior Doctors Forums to:

- Receive feedback on rota or training issues and exception reporting.
- Support and advise trainees when there are issues around hours and safe working practices or other concerns.
- Advise trainees on responsibilities and recent or upcoming national changes relating to junior doctor' contracts.

Foundation specific - educational and clinical supervision

Each Foundation doctor is allocated an Educational Supervisor who will oversee their development and progress across their year in the Trust as they rotate through placements. The Educational Supervisor is usually a consultant the trainee works with in their first post. Trainees are also assigned a consultant Clinical Supervisor for each four-month placement.

Foundation specific - teaching programme

Foundation weekly protected teaching takes place on Tuesday (1-2pm) for Northwick F1s and F2s together. MS Teams remote teaching sessions are archived for later access. Ealing Foundation teaching runs on Tuesday (F1) and Friday (F2).

Departmental teaching is scheduled locally by the specialty. Multidisciplinary teaching Grand Rounds are scheduled on Thursday afternoons. Schwartz Rounds are scheduled on both sites. Foundation doctors undertake ALS training and prescribing training and assessment in their F1 year.

Foundation specific - any additional information

Northwick Park / St Mark's / Central Middlesex programmes comprise 40 F1 and 42 F2 trainees. Posts are mainly based on the Northwick Park site with the exception of community posts. Ealing has 36 F1 and 39 F2 Placements include a variety of Medicine, Surgery, Paediatrics, A&E, Psychiatry and GP posts, each lasting four months. I

In August, Foundation Doctors elect trainee representatives for their F1 and F2 years. Representatives are responsible for:

- Gathering feedback from Foundation doctors in their hospital.
- Acting as a contact point for Foundation trainees.
- Flagging concerns to Foundation Training Programme Directors, local faculty groups and specialty education leads.
- Working with specialties to address issues raised.
- Attending faculty, Foundation school and trainee forum meetings.
- FY1 representatives are required to attend the annual Programme Fair hosted by the Foundation School.
- Advertising social and charity events.
- Encourage students to attend teaching.
- Liaise with the mess committee to build a community through wellbeing events and gathering opinions on what to buy to stock/furnish the mess.

North Middlesex University Hospital

Trust contact details

North Middlesex University Hospital
Education Centre,
Level 1
Sterling Way
Edmonton
London
N18 1QX

Trust Switchboard: 020 8887 2000

www.northmid.nhs.uk

Foundation training programme directors

Director of Postgraduate Medical Education

Dr Alice Man

Assistant Director of Medical Education

Ms Jackie Dudley

DEPUTY DPGME

Dr Olu Wilkey

Foundation Training Programme Directors

Miss Bernadette Pereira

Dr Deepa Janga

Medical Education Manager

Mrs Mamta Misra

Medical Education Administrators

Mrs Carole Sammy

Facilities - Postgraduate Centre (Location and resources)

The Education centre is located on the lower ground floor of the tower block, which is the tallest building on site. It is comprised of the centre office, 5 education teaching/mentoring rooms, 2 clinical skills rooms, 1 high fidelity simulation suite, lecture theatre, seating 80 and a learning hub. Video conferencing facilities are available in the education rooms 3 and 5 and all rooms have audio visual equipment. The learning hub comprises the Library and e-learning centre: within the library is a quiet study room which is available to all staff 24/7. Each education room can host between 30-40 people and can be laid out in a variety of ways. The clinical skills room can host 10-20 people, for a more intimate teaching experience. All areas are brightly lit and welcoming.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available for FY1s and FY2s subject to availability, although not on site, this is a 5 minute walk from the main entrance and is owned by a private company 'Origin Housing'. Prices are competitive for the local area. The properties sit in a quiet residential development with well-maintained grounds and a children's play area. There are one, two- and three-bedroom properties available all with fitted carpets and furniture. We also offer shared accommodation if this suits you better. Accommodation is limited and applications will be assessed against the criteria prior to submission to Origin.

Social activities

There is a very active programme organised by the Foundation Doctors through the Doctors Mess. There is also the Sport, Arts and Social Club which has various activities planned throughout the year. They arrange an exciting calendar of events each year including; bake off competitions, quiz nights, bingo nights, football tournaments, shopping excursions and much, much more.

Due to the Covid pandemic, social activities are in line with current government guidelines on social distancing.

Library facilities

The Ferriman Information and Library service is part of the Learning Hub situated next to the Education Centre at the base of the Tower Block. The library is multi-disciplinary serving all hospital staff and students on placement. The library provides a light, spacious environment in which it is pleasant to study. There is seating for 72 people and a quiet study room which is available 24 hours a day, 7 days a week. Access outside library hours is by using a swipe card. The library is open Monday-Friday 9am – 5pm. Once you have registered with us, your trust ID card is your library card and you will be able to borrow up to 6 books. You can also request inter-library loans on books or articles that are not available from our stock. The Library provides you with access to 6 Trust PCs. Printing, scanning and photocopying are also available. You can sign up for any of the information training that we schedule as well as one to one training sessions. You are also entitled to request that a literature search is performed by a librarian on your behalf. There is pay-as-you-go self service photocopier available in the library as well as providing a ring binding and laminating service at a small cost.

I.T facilities

Wi-Fi is enabled across the Trust and is accessible for staff, patients and visitors alike. Access to this is given during your shadow week.

Other facilities (recreational or otherwise)

The North Mid running club meets every morning at 7:45am outside Trust HQ and runs around Pymmes Park. Whether you are just starting out or an experienced runner, you can come and join the club for a refreshing run and meet members of Team North Mid you may not usually meet.

Yoga sessions are held on site on Wednesday's between 5:30-6:30pm, in the education centre. Whether you are new to Yoga or have been going for years, these sessions offer a complete experience. These classes are subsidised by the Sports, Arts and Social Committee. North Mid has welcomed back its weekly Pilates classes with not one, but two sessions aimed at staff new to Pilates as well as regular attendees. These take place every Thursday. Colleagues new to Pilates can sign up for the Pilates beginners' class. Classes are run every Monday and all classes will take place in the education centre. Outside exercise equipment is accessible for all staff willing to brave the weather, as well as partnerships with gyms in the local area to bring discounted rates for membership: Fitness First and Aspire Sports & Fitness Centre.

Transport links

The hospital has excellent connections with London. Silver Street on the Overground is only a short walk and connects directly with the Victoria line (via Severn Sisters) as well as terminating at Liverpool Street.

The hospital is also within an easy bus journey of the Piccadilly line. www.Northmid.nhs.uk/contact-us/finding-us

A406 half a mile east of the A10

Buses from the city: 149, 259 and 279 to junction of A406 and Hertford Road, Edmonton ("The Angel"), then a few minutes' walk.

From Golders Green, Palmers Green, Wood Green, Chingford, Walthamstow and Ilford to outside the hospital: 34, 102, 144.

Local amenities/attractions

NMUH is located a short journey to central London giving easy access to restaurants, bars, theatres, cinemas, clubs, museums, shops and parks. On site, there are several cash machines, coffee shops, canteen and a well-stocked hospital shop.

Parking arrangements

There are parking facilities available on site, but parking permits are possible through an application process. There is also parking around the hospital premises which is only restricted on event days when Tottenham Hotspur are playing.

Accolades/achievements of the trust

North Middlesex University Hospital NHS Trust is investing £12 million over the next three years, to revolutionise clinical systems to enable improved patient care. Part of this investment comes from NHS digital, who has awarded £5 million to NMUH as part of the global Digital Exemplar programme, while the other £7 million will be funded by the trust. NMUH is working in partnership with the royal Free London NHS Foundation Trust as its 'fast follower' to share its experience of being a digitally advanced Trust. The investment will allow the Trust to:

- Improve staff access to clinical information so they can make the right decisions and deliver safer and more effective care
- Use technology to improve patient experience so that we can use it to improve quality, efficiency and patient outcomes
- Improve the way clinical systems across North Central London talk to each other so that clinicians can better manage patient care.

To help deliver this programme of work, NMUH will be working in collaboration with system C Healthcare and JAC Computer Services. In addition, hundreds of cancer patients in Enfield and Haringey are set to benefit from state-of-the-art cancer care due to new radiotherapy equipment now installed at NMUH. The Truebeam linear accelerator (LINAC) machine is an advanced radiotherapy treatment delivery system that targets tumours anywhere in the body with pinpoint accuracy with X-rays and is up to four times faster than conventional radiotherapy equipment. The £3 million investment in the technology and building work will allow the radiotherapy team to capture a tumour in motion, which has not been possible before. This allows the team to locate tumours better and improve the definitions of the treatment areas they want to target.

Any additional information

North Middlesex University Hospital is one of London's busiest acute hospitals, serving more than 350,000 people living in Enfield and Haringey and the surrounding areas, including Barnet and Waltham Forest. Every day, on average, we see 500 patients in A&E; 15 babies are born in our maternity unit; about 450 inpatients are cared for on our wards; about 50 patients have major or minor surgery in one of our 10 operating theatres; and about 800 people attend our outpatients' clinics. Most of our patients live in Enfield and Haringey – about half in each borough. One in eight are children under the age of 16. Over 40% are aged 16 to 50 and a similar number are over 50. We provide a full range of adult, elderly and children's services across medical and surgical disciplines. Our specialist services include stroke, HIV/AIDS, cardiology (including heart failure care) haematology, diabetes, sleep studies, fertility and orthopaedics. Our sickle cell and thalassaemia department is nationally recognised as a leading centre for these diseases. In addition to the full range of cancer diagnosis and treatment services, the Helen Rollason Cancer Support Centre is based on site and provides services to support cancer patients' wellbeing such as a massage. This is one of only two such centres in London. Our Macmillan Cancer Support service provides information, help and advice for cancer patients, their families and carers, for example, on medication, finances and local support services.

Follow us on Facebook: www.facebook.com/pg/NorthMidNHS/services

Follow us on Twitter:

www.twitter.com/northmidNHS

Foundation specific - Induction/shadowing arrangements

All FY1s will be employed from the 26th July 2021. As part of the week long induction there will be 3 days of relevant Trust induction which will include talks from a variety of people relating to working as an FY1, use of computer systems, medical equipment, pathology laboratory, as well as a whole morning dedicated to Pharmacy. Interspersed with this are approx.. 3 days dedicated to shadowing the existing FY1s and meeting the clinical team.

Foundation specific – tasters

A maximum of 5 days can be taken for a taster. All FY1s are required to take a taster in their FY1 year, FY2s can have a taster but it is not obligatory. These can be organised either by the individual or through the education centre.

Foundation specific – simulation

There is a dedicated simulation suite and all foundation trainees are required to attend simulation training. This training is multiprofessional with the student nurses at the Trust and always a mix of FY1s and FY2s.

Foundation Doctor forums

On starting at NNUH you will be asked to choose an FY1 and FY2 representative who will be your voice at various meetings held by the trust, as well as representatives for the Doctors Mess. There are monthly Junior Doctor Forums where issues pertaining to the Juniors are raised and discussed.

Foundation specific - educational and clinical supervision

An educational supervisor will be allocated to you for the year; they are usually the consultant you are working with in your first placement. Each 4-month rotation has a clinical supervisor and additionally there is an assigned Foundation Training Programme Director.

Foundation specific - teaching programme

As well as the normal departmental teaching, all Foundation trainees will receive weekly bleep free teaching. This is held on Wednesday afternoons in separate sessions for FY1 and FY2.

Foundation specific - any additional information

We have 42 FY1s and 43 FY2s. The placements include general surgery, medicine, psychiatry community as well as paediatrics and public health. The NNUH has a substantial number of academic posts and there is good opportunity for teaching in relation to both British and international medical students that attend the Trust. Teaching representatives are chosen at the beginning of the year and in that role, there is the opportunity to shape and participate in the on-going education of the next generation of doctors, through bedside and twilight teaching.

Royal Free London NHS Foundation Trust

Trust contact details

Royal Free Foundation Trust runs three hospitals in London:
Barnet Hospital: Wellhouse Lane, Barnet, Hertfordshire, EN5 3DJ



Chase Farm hospital: The Ridgeway, Enfield, Middlesex, EN2 8JL



Royal Free Hospital: Pond Street, London, NW3 2QG



Main switchboard: 020 3758 2000

Foundation training programme directors

Dr Fraser Ingham – Foundation Programme Training Director – Barnet
Dr Raj Vignaraja – Foundation Programme Training Director – Barnet
Dr Mel Romain – Foundation Training Programme Director – Barnet
Dr Philip Lodge – Foundation Training Programme Director – Hampstead
Dr Dean Noimark – Foundation Programme Training Director – Hampstead
Mr Raj Kucheria – Foundation Programme Training Director – Hampstead

Facilities - Postgraduate Centre (Location and resources)

Barnet Education Centre, Barnet Hospital (Includes a library)
Sheila Sherlock Education Centre, Royal Free Hospital (Includes a library affiliated with UCL Medical school and common room)

Facilities - Accommodation (Info about pricing, location etc)

Central residential accommodation (Royal Free site). We have various accommodation options available at the Royal Free site. For pricing and location please contact them directly. Email address: rf.accomodation@nhs.net

Social activities

Regular Doctors' Mess events including Summer Ball, nights out etc. The mess at Royal Free offers: Hot & cold food for sale at lunchtime Monday-Friday. Daily newspapers, Sky TV, Cereal/toast/hot drinks out of hours (8pm-11am). Lockers are available. Subsidised mess parties throughout the year.

Library facilities

On site staff libraries at both Barnet Hospital & Royal Free Hospital. The following resources are available at Royal Free library: Clinical reference tools, Databases, Printed collections, Electronic journals, Electronic books, Key electronic resources, Research publications database, Library catalogue, Quiet spaces for study and access to computers.

I.T facilities

On site staff libraries with IT facilities at both Barnet Hospital and Royal Free Hospital. Computers with internet access are available across most of the Trust, including several work stations in the library. We also have free Wi-Fi available at the Trust.

Other facilities (recreational or otherwise)

- Cycle to work scheme
- We have a REC club at the Royal Free site which includes a subsidised gym membership and pool.
- Wellbeing days
- Pilates and Yoga
- Employee assistance programme (Care First)
- Choir
- Childcare facilities
- Season ticket loan
- Car loan scheme
- NHS discounts available

Barnet Hospital

Barnet Hospital has a restaurant and a coffee shop, which actively promotes health and wellbeing for customers. The lifestyle restaurant, located to the left of the main entrance on the ground floor, serves a selection of food and drink including homemade daily specials, cooked breakfasts, a healthy breakfast selection of oats, cereals and fresh fruit, a range of hot meals, soup, salads, sandwiches, jacket potatoes and pizzas. It also serves bean to cup coffee and a choice of desserts and healthy snacks. The lifestyle restaurant is open everyday 7:30am to 8pm. Breakfast is served from 7:30am to 11am, lunch 12 noon to 3pm and dinner 6pm to 8pm. Snacks and 'lite bites' are available at all other times.



The Costa Coffee serves coffee and cold beverages, sandwiches, paninis, cakes and pastries. It is in the corridor that runs from the main entrance to the main lifts and is open Monday to Friday 8am to 7:30pm. There are vending machines located throughout the hospital, including in the A&E department, and we ensure they have healthy items. All products are available to takeaway via our retail outlets.

There is also a snack trolley service which visits wards and departments between 11am and 2pm Monday to Friday.

Chase Farm Hospital

At Chase farm Hospital we offer a wide range of food and drink for patients, visitors and the public. A costa Coffee outlet is available, serving hot and cold drinks, sandwiches and light snacks. Seating can be found on the ground floor in front of the café and on the first floor mezzanine level. Costa Coffee is open weekdays 7.30am to 7pm and at weekends 8am to 3pm. There is a Little Fresh shop on the ground floor selling a range of healthy snacks and fruit, hot and cold food, stationary, magazines and newspapers. The shop is open on weekdays 7.30am to 7pm and at weekends 8am to 3pm. Vending machines are dotted around the hospital, including in the urgent care centre waiting area.

The Royal Free Hospital

The Royal Free Hospital has a restaurant and two cafes, promoting healthy eating in the NHS. The 'Just Dine' restaurant located on the lower ground floor of the royal free hospital, serves a selection of food and drink including freshly made soups, salads, sandwiches and stir-frys made to offer.

'Just Dine' serves breakfast and lunch, Monday to Friday, from 7am to 3pm. To find it, follow the corridor from reception to the main lifts, past the William Wells Atrium. 'Just Deli café' serves a selection of hot and cold beverages, sandwiches, paninis, wraps and salads. It's open Monday to Friday from 7.30am to 8pm and can also be found by following the corridor from reception to the main lifts. On Saturdays and Sundays, the café is open from 7.30am to 6pm. The 'Glass café' is a modern designer café located at the Royal Free Hospital's Pond street entrance and provides delicious healthy food including sandwiches, salads, paninis and cakes and pastries to eat in or takeaway.

A range of specialty Costa coffees are available including cappuccino, latte, espresso and mocha. It is open from 7am to 6pm, Monday to Friday and is closed at weekends. There is a selection of vending machines located throughout the Royal Free Hospital, including in the A&E and theatre departments. These serves hot and cold beverages, soups and snacks including healthy food options. The Royal Free hospital also has 'Just Deli 2 go', situated at the Roland Hill entrance, this coffee cart serves a selection of hot and cold beverages and a small range of snacks and fresh fruit. Just Deli 2 go is open Monday to Friday from 7:30am to 10:30am and then 3.30pm to 5.30pm.

Transport links

Royal Free Hospital: Tube (Northern Line), Train (London Overground) and bus (24, 46, 168, 268 and c11)

Barnet Hospital: Tube (Northern Line), Train (First Capital Connect line) and bus (263, 307, 107 and 384)

Chase Farm Hospital: The nearest tube station to Chase Farm Hospital is Oakwood Tube station on the Piccadilly line. There are a number of buses that stop at Chase Farm Hospital. Bus route 313 from Chingford to Potters bar stops at Chase Farm Hospital, as do the W9 and W8 bus routes.

Following feedback, the W8, W9 and 313 buses are now stopping nearer the hospital. After the Hunters Way stop, they now stop near the Clock tower building.

Local amenities/attractions

At Royal Free we benefit from a host of local shops, restaurants and cafes in the Hampstead area, many of which offer NHS discount. There is fast and easy access to Central London and famous Camden Town market is just a short walk away. There are shops and cafes within walking distance from Barnet Hospital. The spires shopping centre and Barnet High street are also close by.

Parking arrangements

All staff are eligible to apply for a staff parking permit on site at Royal Free Hospital, Barnet Hospital and Chase Farm Hospital Site. There is very limited parking, which is subject to availability, for enquiries contact rf-tr.parking@nhs.net.

Accolades/achievements of the trust

The Royal Free Hospital was founded in 1828, one of the first hospitals in the UK to provide free healthcare. The Royal Free London combines globally recognised clinical expertise with local and friendly hospital care to represent the best in NHS treatment. Our hospitals are renowned for specialist services. The Royal Free London leads UK healthcare in a number of areas, including immunology, liver transplant, kidney and bone marrow transplant, cancer treatment, plastic surgery and ENT surgery. The Royal Free Hospital is a major neuroscience base with a network extending throughout North London and into the south East of England. We also run internationally recognised clinical research and training programmes and our hospitals conduct medical research, much of which is of international reputation. The Royal Free London is a leading Trust for the training of doctors, nurses, midwives and professions allied to medicine.

Chase Farm Hospital has recently rebuilt as the UK's first paperless Hospital. In the New Chase Farm Hospital, we have brought together our wide range of services under one roof. Co-designed by our patients, staff, the Royal College Art and specialist architects, we hope to have created a space which is accessible to all.

Any additional information

At each of our sites we ensure that we are **welcoming, respectful, reassuring and communicative**. These values were chosen by our patients and staff and should underpin all we do. Our staff have attended a series of world class care team sessions to explore exactly how they can ensure they are promoting these values everyday

in a changing environment. To do so, we must respond to changes in healthcare technology, finances and, most importantly, patients' needs and expectations.

The quarterly World class care awards were created to further promote our values, staff can nominate their world class colleagues who are actively promoting, championing and consistently delivering the values. The Trust hold an annual staff RFL Oscars awards ceremony, which are about recognising and celebrating the achievements of staff who go 'above and beyond' in making an overwhelmingly positive difference to the care and wellbeing of our thousands of patients.

Foundation specific - Induction/shadowing arrangements

All FY1s attend a paid 7 day induction and shadowing period. We provide different training sessions including Induction and meeting with the existing Foundation Doctors and Supervisors on the first 4 days, and the last 3 days are normally allocated to shadow the relevant departments.

Foundation specific – tasters

A maximum of 5 days may be taken for a taster either in the final 4 months of your F1 year or early within the Foundation Doctors F2 year. These should be arranged locally by you at a time convenient to the specialty you are working in and the proposed Taster specialty. A taster Application form must be completed and submitted to the Medical Education team for approval in the first instance. Details of the contacts in each specialty are available from the Foundation Programme Coordinator.

Foundation specific – simulation

We have a dedicated Simulation Suite which consists of a console room; debrief room and high-fidelity immersive simulation room. All Foundation trainees are required to attend a simulation training day.

Foundation Doctor forums

Junior Doctors' Executive Form is available for all junior Doctors to share their feedback. We have Foundation Year 1 and 2 Reps to support the Local Faculty Group and represent your views at these meetings. They will canvas your opinions at monthly Foundation Catch up meetings.

Foundation specific - educational and clinical supervision

The name of your educational and clinical supervisors for the entire programme will be sent to you before you start and update Horus accounts with their names as well. All Supervisors have been trained for the role.

Foundation specific - teaching programme

Weekly protected teaching time for Foundation Doctors

Simulation training day

3 days of Generic Skills sessions for FY2s

START Course

Other teaching sessions such as Medical and Surgical grand rounds, Royal Free rounds, Medical Morning report and other departmental teaching

Foundation specific - any additional information

The Trust offers a full range of acute and district hospital services. We run a Trust wide excellence in education poster and awards day which all junior Doctors are encouraged to take part in along with all education faculties in the Trust. The Trust also places great importance on staff wellbeing and there are variety programmes in place for staff to get involved.

The Hillingdon Hospitals NHS Foundation Trust

Trust contact details

Hillingdon Hospital
Pield Heath Road,
Uxbridge,
UB8 3NN
Tel: 01895 238282

Foundation training programme directors

Dr Neeraj Malhan
Dr Tristan Bate

Facilities - Postgraduate Centre (Location and resources)

The education centre is located on-site opposite the Trust main entrance. The Foundation team are based in the centre where trainees are welcome to come anytime for help and advice. The education centre has a few training rooms, this is where Foundation weekly teaching, Grand Round teaching etc takes place.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available across the road and is a three-minute walk from the Trust and is run via Thames Valley Housing association. There are two types of accommodation available, single occupancy rooms either en-suite or non-en-suite. En suite rooms – you will share a kitchen, dining room, lounge living space and the rent per month is £596.88. Non-ensuite – you will share a kitchen, dining room, lounge living space, bathroom and the rent per month is £549.50. One month's deposit is required upfront and the agreement is based on a 6 month contract.

Social activities

The hospital has a doctor's mess on-site and a mess committee who run social activities such as pay day pizza, an annual Christmas party and summer ball.

Library facilities

The library is in the education centre and is open 9am – 5pm Monday – Friday, but if you become a registered member of the library, entry codes will be given to you to allow 24-hour access. There is access to a range of educational online resources, books, and journals to support your training.

I.T facilities

Computers are available to trainees in most wards and departments. There are also computers available to use in the education centre library and the doctor's mess. Wi-Fi is available throughout the Trust.

Transport links

In addition to Heathrow airport, Hillingdon contains several transport links, including major UK motorways, the national rail network, and the London Underground. West Drayton station which is near the hospital is part of the Elizabeth line which means you can get into Tottenham Court Road in less than 40 minutes. Uxbridge and Hillingdon stations are served by the Metropolitan line and Piccadilly line are both a short bus ride away from the hospital.

Local amenities/attractions

Hillingdon is the second largest London borough by area, located 14 miles from central London. It has 800 acres of woodland, country parks, fields and farms, several rivers and the Grand Union Canal. Ruislip Lido boasts one of London's few beaches. Uxbridge town centre has a shopping centre and many restaurants and bars. Hillingdon

Sports and Leisure complex has a 50-metre indoor competition pool, leisure pool, outdoor lido, 100 station gym, athletics stadium, 400 metre running track, 3 floodlit pitches, sports hall and more.

Parking arrangements

There is both onsite and offsite parking locations. Which parking location you are offered will be dependent on your job, shift work and ward you are working on when you apply for a permit. Onsite parking costs £2.50 per day and offsite parking costs £2.00 per day. If you opt to have the parking deducted from your salary monthly, then this will cost £48.00 per month.

Any additional information

The Hillingdon Hospitals NHS Foundation Trust provides health services at two hospitals in Northwest London: Hillingdon and Mount Vernon. Hillingdon Hospital is the only acute hospital in the London Borough of Hillingdon and offers a wide range of services including A&E, inpatient care, day surgery, outpatient clinics and maternity services. Hillingdon hospital is the primary care site for Heathrow and is responsible as first port of call for any healthcare emergencies at the airport. The Trust provides clinical services to over half a million patients a year. It employs over 3,500 staff making it one of Hillingdon's largest employers.

Foundation specific - Induction/shadowing arrangements

F1 induction is 5 days long plus 2 days of shadowing. The 5 are comprised of key policies and procedures, statutory and mandatory training, an ALERT (Acute Life-Threatening Events Recognition and Treatment) course, a pharmacy course and prescribing assessment, a peer led 'day in the life of an FY1' session and simulated post take exercise delivered by a current F1.

Foundation specific – tasters

Up to 5 days may be taken for a taster in your FY1 year or early in your FY2 year. These are arranged by the Foundation Doctor themselves directly with the chosen specialty/department. They must take place at a time convenient to your department you are working in and be agreed by your supervisor.

Foundation specific – simulation

Hillingdon Hospital has a simulation suite and dedicated simulation team. All Foundation trainees attend a simulation training day which is made up of both a variety of simulation scenarios and an end-of-life care training session. There are opportunities for Foundation doctors to get involved in various other courses and opportunities for ward-based simulation within departments.

Foundation Doctor forums

Foundation doctors are appointed to act as representatives for their cohort of Foundation trainees. Reps are invited to meetings to relay feedback and raise issues. There is also a Junior Doctors Representation Group which all junior doctors are encouraged to attend. Trainees are also encouraged to attend their individual departments local faculty group meetings. The Guardian of Safe working will also hold two junior doctor's forums annually that trainees are encouraged to attend.

Foundation specific - educational and clinical supervision

All trainees are allocated an educational supervisor for the whole year who maintains an overview of the doctor's progress throughout the training year. A different clinical supervisor is allocated for each of the trainees' placements. Your ES and CS may be the same person in your first rotation.

Foundation specific - teaching programme

As well as the numerous teaching opportunities available in the Trust and in your individual departments, dedicated Foundation teaching takes place in the education centre weekly. As part of the teaching programme, an annual Education Excellence awards ceremony to honour trainees and trainers is held every summer including a QI competition and presentations.

Foundation specific - any additional information

There are numerous opportunities for trainees to get involved with Trust leadership programmes including the hospital negotiating committee, medical safety champion, Foundation rep, associate clinical tutor for the Royal College of Physicians, lessons learnt coordinator, Imperial College School of Medicine mock OSCE coordinator and mess committee.

Whittington Health NHS Trust



Trust contact details

The Whittington Hospital, Magdala Avenue, London, N19 5NF

www.whittington.nhs.uk

Main Switchboard: 020 7272 3070

PGME Office: 020 7288 3737/5802

Foundation training programme directors

Dr Julie Andrews – FY1 TPD

Dr Anna Gorringer – FY2 TPD /

Dr Sarah Gillis – FY2 Interim TPD

Facilities - Postgraduate Centre

The Trust opened the brand-new Whittington Education Centre (WEC) in 2022, fully accessible and purpose-built for education and training. It is just a short 30 second walk from the main-hospital site. The centre hosts the majority of teaching and educational events FTs will attend. There is also a state-of-the-art Simulation Suite on level 2, providing ALS and other national courses.

On the rare occasions Foundation Teaching needs to be moved, there are additional UCL facilities available on site, in either the Clinical Skills Centre, or the Undergraduate Centre.

Library facilities

Whittington Health Library offers a comprehensive and modern library service to NHS staff from Whittington Health, Camden and Islington NHS Foundation Trust and Primary Care in North Central London. This includes online access to journals and books via NHS OpenAthens, current awareness, literature searching and training.

The Library space has a carefully curated book stock covering health, wellbeing and equalities, as well as PCs and a laptop loan service, bookable spaces for Teams and Zoom calls and a wellbeing room.

The Library also manages desktop access to both UpToDate and BMJ Best Practice.

Located in in the Highgate Wing of the hospital. Opening hours:

- Monday – Thursday 9:00am – 7pm.
- Friday 9:00am – 5pm.

More information can be found on the Library web page www.whittington.nhs.uk/whl including online forms to request a literature search, books or articles.



I.T facilities

Aside from on the wards and in departments, PCs are available in The Junior Doctor's Mess and Whittington Health Library, if a quieter space for concentration is needed.

There is also public and staff Wi-Fi available.

All PCs are set up with 'UpToDate' access.

Other facilities

The Junior Doctors Mess is located in the main-site and available to all Junior Doctors as a relaxation space. Mess Members are entitled to help themselves to snacks and provisions provided.

The canteen has a separated staff area and a 23% discount, as well as a staff-lounge, courtyard, and 2 cafés open to the public.

Located at the back of the hospital there is a sensory garden with benches, table-tennis table, and a lawn area to sit in Summer.



Transport links

The Hospital is located 3 minutes from the Tube, and 10 minutes from the Overground, it intercepts many useful bus routes in and out of central London, meaning it's excellently connected and easy to get around London.

Nearest Stations:

Archway Tube Station (Northern line)

Upper Holloway (Overground line)

Busses: C11, 4, 17, 41, 43, 134, 143, 210, 263, 271, 390

Bike shed access is available through the facilities department, and free bike racks are located outside entrances to the hospital.

The Whittington also offers the Cycle to Work scheme, which can save you money if investing in a new bike.

Parking arrangements

Parking permits can be applied for through facilities, however the parking facilities are limited and applicants need to meet set criteria.

Social activities

Every year FY1s are recruited as Mess Presidents to organise social events, in most years these include;

- Monthly Mess Socials,
- Christmas/Winter Mess Social
- Summer Social
- End of Year Celebration.

In addition, the Consultants traditionally also plan a summer party for the Junior Doctors every year.

Local amenities/attractions

The Whittington Hospital is located in a historic part of London, sitting between two of the oldest roads on the map, it's claimed medical services have been provided here since 1473.

Nearby sites and things to do:

- Waterlow Park: Just a few minutes up the hill is picturesque Waterlow Park, with spectacular views over London, Lauderdale House & Café, Tennis Courts and more.
- Highgate Cemetery: burial place of Karl Marx and other notable historical figures.
- Hampstead Heath: we are very local to the Heath, arguably the best park in London, has tennis courts, a Lido, swimming ponds, Parliament Hill (views) and Kenwood House, which holds a famous collection of 17th & 18th Century artworks.
- Archway: is a busy area with lots of shops, pubs, restaurants, and cafes.
- Highgate Village: up from A&E you will find lots more shops, café's, restaurants, and pubs here too.
- Archway Leisure Centre, with a gym and swimming pool is on the way to the tube station.

Accolades/achievements of the trust

Whittington Health is recognised as one of the most supportive and friendly trusts in North Central London. We serve a very diverse population which brings a wide breadth of learning opportunities. As an Integrated Care Organisation, the Trust is keen to support multi-disciplinary working and learning together. This is reflected in the CQC overall rating for the Trust of 'Good'.

The Trust is repeatedly recognised in the GMC National Training Survey across many specialties for the quality of teamwork, educational and clinical supervision, and reporting systems. In 2021, the feedback for our Clinical Radiology Team was very high, placing them at the forefront of top performing training programmes in the NHS. In 2022, Clinical Radiology, Trauma & Orthopaedics, Obstetrics & Gynaecology and Respiratory Medicine all scored particularly highly. Our Whittington Health Orthopaedic Team also received the 'Hospital of the Year Award 2022' as voted for by trainees on the Percival Pott Rotation.

Our established postgraduate medical education team are keen to support trainees and are developing a suite of innovative clinical and generic training programmes, including multi-specialty simulation for critical care emergencies, mentorship development programme, and research methods.

Foundation specific - Induction/shadowing arrangements

The FY1 Shadowing & Induction programme spans 7 days and is designed to introduce trainees to the Trust, our policies & procedures, who we are, what to expect from the year ahead, and how to enjoy it.

You will be greeted by members of the PGME team, the Director of Medical Education and your TPD, as well as many other Consultant Leads in Education, who will want to welcome you warmly to the Trust.

Induction will include:

- Training on all relevant IT systems including the patient-noting system and the electronic prescribing system (EPMA).
- Safe-prescribing training and an assessment will be delivered by the pharmacy team, trainees are required to pass this before starting, sessions will be spaced throughout the week.
- We aim to deliver a full simulation training day, on day 2 or 3, called HELP; How to Evaluate and treat Life-threatening Problems, run by Dr Sarah Gillis and the Intensive Care Team, the day sees trainees rotate between 5 different sim scenarios, and is designed to help new FY1s feel more confident joining the workforce.
- Basic Life Support training
- Introduction to the Research Team, Quality Improvement Manager, UCL Teaching Fellows and the local BMA Rep.

You will also have extensive shadowing time throughout the week, so you know what to expect when you take over.

Foundation specific – tasters

Trainees are encouraged to undertake tasters in specialties of interest, internally and externally, in accordance with HEE study leave rules.

TPDs, Educational Supervisors and the PGME team are very happy to assist trainees in arranging these.

Foundation specific – simulation

During the year, all Foundation Trainees are enrolled on a simulation training day, run by the Trust's Sim-Lead. The day covers all simulation learning points set out in the Foundation Curriculum.

Foundation Doctor forums

Faculty Meetings: FY1 & FY2 representatives are elected soon-after induction and will be the voice for FTs at the Foundation Faculty Meetings, which take place 3 times a year.

JDF: The Junior Doctor Forum takes place every 2 months, chaired by the Guardian of Safe Working and/or the Chief Registrars. All junior doctors are invited to attend and share their views.

Foundation specific - educational and clinical supervision

Trainees have an allocated Consultant Clinical Supervisor in each of their placements, usually the supervisor in the first placement will also take the role of Educational Supervisor, and they will support you through the whole year of training.

Trainees will meet their Training Programme Director at Induction and then have the opportunity to arrange 1-to-1 meetings with them to discuss progress and careers in the Autumn.

FTs are also supported by a dedicated programme coordinator who will help navigate the Foundation year and ARCP process in June.

A new mentorship scheme, set up by the Trusts Chief Registrars, invites all junior doctors to learn skills to improve their mentor/mentee skills and also be linked with a mentor from a higher training grade.

Foundation specific - teaching programme

Foundation Teaching sessions take place on Tuesday and Thursday 13:00-14:00 (joint FY1 and FY2).

Foundation Trainees are also expected to attend MDTs, departmental teaching, weekly Grand Rounds and monthly Patient Safety Forums.



Foundation specific - any additional information

We have around 225 Doctors in Training in the workforce. This includes 33 FY1s and 27 FY2s; medical, surgical, and community placements (GP, Psychiatry and Palliative Care) in Camden and Islington. The number of Foundation Doctors will increase over the next couple of years as we expand our programme.

We offer the benefit of being a busy general hospital delivering a broad clinical experience, coupled with a strong commitment to teaching.

Our reputation precedes us as a “friendly” place to train, staff who work here enjoy the benefit of close-knit teams and frequently come back to work as consultants supervising today’s trainees.

We are immensely proud of our background as a university teaching hospital, being linked with UCL Medical School means trainees get to be involved with twilight teaching and share their knowledge with our future Foundation Trainees.

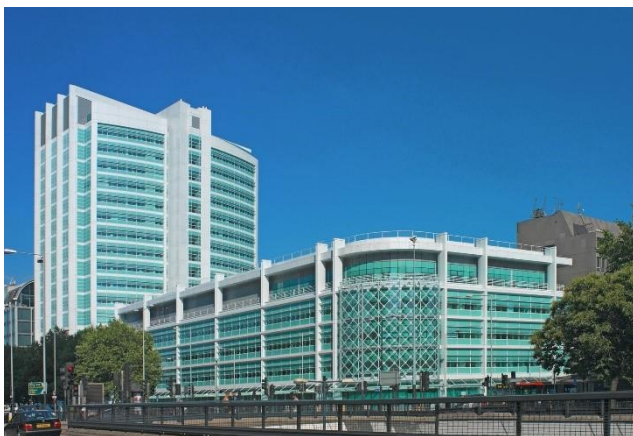
We also have a strong interest in staff wellbeing and quality improvement projects.

University College London Hospitals NHS Foundation Trust

Trust contact details

University College London Hospitals NHS Foundation Trust
235 Euston Road
London
NW1 2BU

Switchboard: 020 3456 7890



Foundation training programme directors

Miss Shalini Chawla, Foundation Year 1 TPD, Consultant in Obstetrics and Gynaecology
Dr Sheena Sikka, Foundation Year 2 TPD, Consultant in Acute Medicine

Contact for queries: uclh.enquiry.mdes@nhs.net

Facilities - Postgraduate Centre (Location and resources)

The Education Centre's facilities (1st Floor West, 250 Euston Road) provide fantastic opportunities for healthcare professionals at every level to learn, enhance and optimise their clinical skills and medical knowledge through experiential learning. Highlights of our simulation and clinical skills provision include:

- Accredited centre located in Education Centre
- Full immersion simulation suite
- Large portfolio of simulation-based courses
- Surgical and clinical skills training equipment available for small group teaching/practising skills

Facilities - Accommodation (Info about pricing, location, etc.)

Accommodation locations for UCLH staff:

There are 2 residential buildings, which are located within walking distance to UCLH – John Astor House and Elizabeth House.

Notting Hill Genesis are pleased to consider applications for single person accommodation at these properties. Please note there is currently 2-3 month waiting list for Trust Accommodation.

Social activities

The Mess, refurbished in 2018, is furnished with comfortable sofas, TV, tables and chairs and kitchen including fridge, microwave, and kettle. Our Mess Presidents are elected each year from our incoming doctors who organise regular socials. No subscription is required for the Mess facilities.

Library facilities

UCLH Library Services consist of a partnership of medical libraries supporting UCLH. Joining instructions and further details can be found on the relevant websites.

The libraries are:

UCL Cruciform Hub <https://www.ucl.ac.uk/library/using-library/libraries-and-study-spaces/ucl-cruciform-hub>

Located near University College Hospital and focuses on clinical medicine and medical sciences.

Queen Square Library (UCL Institute of Neurology) <https://www.ucl.ac.uk/library/using-library/libraries-and-study-spaces/ucl-queen-square-institute-neurology-queen-square-library>

This library is located near the National Hospital for Neurology and Neurosurgery and focuses on Neurology, Neurosurgery.

Complementary and Alternative Medicine Library and Information Service (CAMLIS)
<https://www.uclh.nhs.uk/our-services/find-service/integrated-medicine/education-department-rlhim/camlis>

Located at the Royal London Hospital for Integrated Medicine and it focuses on complementary therapy and alternative medicine.

Joining one of the UCL libraries provides staff with access to all other UCL libraries/hubs.

IT facilities

All junior doctors have access to Trust computers within the clinical departments and wards where they are based. Additionally, there are computer facilities in libraries, including the UCL Cruciform Hub which has a number of UCLH networked computers. NHS net emails can be accessed at home via web browsers. There is Wi-Fi access available across the Trust.

EPIC, our electronic health record system (EHRS), went live at UCLH in March 2019. It is a complete and integrated digital record that includes full patient records, clinical decision support, access and patient administration data, as well as tools for scheduling, reporting and communicating with patients, GPs and other healthcare professionals. As part of induction, all clinical and patient facing staff will undertake EPIC training before starting their roles. Epic can be accessed remotely from UCLH devices or own home computer/personal device. The initial set up needs to be done at UCLH.

Other facilities (recreational or otherwise)

Our size and resources enable us to offer a range of attractive benefits as well as unparalleled education and development opportunities for staff at all levels. This includes an extensive portfolio of academic and clinical courses and programmes ranging from ongoing personal development through to clinical excellence and leadership skills. UCLH prides itself on its investment in staff both in terms of developing career skills but also its commitment to staff health and wellbeing.

- Get fit, relax and improve your health and wellbeing at the discounts nearby gyms and parks. The discounts at nearby gyms are periodically reviewed, as it stands there are discounts at The Gym Group, Bloomsbury Fitness, Better Gym, Pure Gym, Anytime Fitness, Everyone Active, YMCA, Nuffield Health, Jubilee Hall, Gym Box, Fitness first, Anytime Fitness.
- We offer childcare provision at the UCLH Nursery, called the Mousehole Nursery, with places for babies and children aged from five months to five years. There is a salary sacrifice option available for

nursery fees. Our nurseries are all registered and inspected by OFSTED. We have links with some other nurseries, including partnership with the staff nursery at the nearby Great Ormond Street Hospital that offers UCLH staff access to available spaces.

- We encourage our staff to live healthy lifestyles and as part of this UCLH has signed up to the 'Bikes for the NHS' cycle to work scheme. This scheme helps staff with the purchase of a tax-free bike for journeys to and from the workplace and saves approximately 40% on the cost of a new bike. We buy the bike on your behalf and lease it back to you through a monthly salary sacrifice scheme, deducted from your gross pay. Once the hire period is complete, you have option to buy the bike for a fair market value or to extend the lease. Staff can hire a bike plus safety equipment up to the value of £1000 as long as you are employed by UCLH, over the age of 18 years and your employment contract exceeds the 12 months hire period so your wages do not fall below minimum wage after salary deductions.
- UCLH staff spa launched in March 2021 and offers top-class spa services – massage, reiki, aromatherapy to name a few – to staff for a £5 fee, which helps run the service.

Transport links

UCLH is located in Central London and is easily accessible by mainline rail, tube and bus transport services. University College Hospital is located on Euston Road, close to Warren Street and Euston Square Tube stations and is within walking distance of Euston railway station.



Local amenities/attractions

UCLH is located in the heart of central London, which makes it perfect for those planning to commute. It also has easy access to the West End's world-famous theatres, bars and restaurants, shopping and parks. For staff who plan to commute into work we offer interest-free season ticket loans to allow them to gain maximum discounts on their travel.

Parking arrangements

There is limited on-site car parking available for staff. The Trust charges for parking and there is likely to be a waiting list for a space.

Accolades/achievements of the trust



We are one of the largest and most successful NHS trusts in the country. Almost all services at UCLH operate from new or newly refurbished facilities. Amongst these facilities are the National Hospital for Neurology and Neurosurgery, the UK's largest dedicated neurological and neurosurgical hospital and the Macmillan Cancer Centre, which provides facilities for the diagnosis and treatment of a wide range of cancer and non-cancer conditions alongside Macmillan support and information services for patients, their carers and families. We have a reputation as a centre of clinical excellence.

- In the annual Newsweek release of the best specialist hospitals in the world, UCLH has ranked in the top 10 for three of the specialisms measured – Neurology (World rank 3, Neurosurgery (World rank 3), Urology (World rank 7).
- Our hospitals are in central London locations.
- We have new facilities and state-of-the-art medical technology.
- There is a wide range of career opportunities that we can offer.
- UCLH has been in the top 20% of all NHS Trusts for the overall staff engagement score in the NHS Staff Survey for the last three years.
- We have opened the University College Grafton Way Building in 2021. This is a major new facility with 11 floors, including haematology wards, 8 theatres, surgical wards, a critical unit and an imaging centre. The new building houses one of only two NHS proton beam therapy centres in the UK; the other centre being at The Christie in Manchester. This new building also houses Europe's largest blood disorder treatment centre and a short stay surgical service.

We benefit from a close working relationship with UCL Medical School.

Foundation specific - Induction/shadowing arrangements

All FY1s are invited to participate in shadowing prior to starting new roles. The incoming FY1s are paired with existing FY1s who are working in specialties the incoming FY1s will start at. This allows them to familiarise themselves with their responsibilities as Foundation Doctors, as well as with the department and hospital, local practices and hospital systems. Shadowing period is usually 3 days.

All new starters receive a Trust induction as well as a local induction for each placement.

Trust Induction typically includes welcome sessions by Foundation School representative, Training Programme Directors, Ward / Quality Improvement / Library / Wellbeing teams, as well as icebreaker sessions ran by current FY1s, mandatory training, mask fitting, etc.

Foundation specific – tasters

Support is provided for those trainees wishing to undertake a taster. We have a wide range of specialties and sub-specialties at UCLH to undertake taster sessions.

Foundation specific – simulation

Foundation doctors take part in a one-day full-immersion, inter-professional simulation training day each year. All trainees are required to attend this training, which features a range of scenarios. There is also the opportunity to participate in other team simulation courses including trauma, ICU, theatre teams etc. Some departments offer their own in-house training which uses the same simulation facilities. Foundation doctors may have an opportunity to attend these sessions.

Foundation Doctor Fora

Foundation doctors are asked to nominate Foundation representatives to represent their views at local faculty group meetings (LFGs). The representatives will canvas opinions before each LFG.

Foundation specific - educational and clinical supervision

All Foundation doctors are assigned an accredited Educational Supervisor for the full year of their rotation. They are also assigned a Named Clinical Supervisor for each clinical attachment. Training Programme Directors meet with trainees at least once a year to track progress and provide careers guidance.

Foundation specific - teaching programme

All Foundation doctors receive regular teaching which is fully protected and has been curriculum mapped. In addition, there is departmental teaching, clinical skills and online teaching.

We are fortunate to have access to a wide range of speakers from various specialties who contribute to the teaching programme.

ALS courses are provided for Foundation Trainees.

Leadership through Education for Excellent Patient care (LEEP) training is offered to all doctors at UCLH, including Foundation Doctors.



South London Acute Trusts

Croydon Health Services NHS Trust

Trust contact details

530 London Road, Croydon, Surrey, CR7 7YE

020 8401 3000

www.croydonhealthservices.nhs.uk

Foundation training programme directors

Dr Imran Qureshi (F1)

Dr John Rendle (F1)

Dr Rebecca Thurairatnam (F2)

Director of Medical Education

Dr Kathryn Channing

Deputy Director of Medical Education

Dr Deborah Kirkham

Support for Return to Training (SRTT) and Less than Full Time Training Lead (LTFT)

Dr Nima Hashemi

Medical Education Manager

Mrs Nisha Patel

Foundation Programme Administrator

Ms Aswathy Chandran (F1)

Mrs Aqsa Ghulab (F2)

Facilities - Postgraduate Centre (Location and resources)

The Centre has a total of seven teaching rooms; 4 with a full range of audio-visual equipment & and the Conservatory is used for teaching and meetings but has limited equipment. There is also a newly refurbished state of the art Dental skills laboratory, which accommodates 14 people. A four-station internet café is available in the reception area.

Facilities - Accommodation (Info about pricing, location etc)

Please contact the accommodation office on 020 8401 3377. All accommodation is subject to availability.

Social activities

Summer & Christmas Ball and monthly pay day events organised by the Mess Committee. Information is advertised in the Centre and Mess with electronic information sent to all trainees.

Doctors' mess

The MESS has recently been upgraded and decorated, with new lockers and a wide screen

television together with Sky TV. A full-size snooker table and access to 2 PC's, as well as showers and changing facilities are also available. Daily newspapers and breakfast refreshments are available. The MESS president is appointed on a yearly basis and they lead on the recreational activities that include a Summer and Christmas Ball.

Library facilities

The newly refurbished Library is in the PGMC; it provides the perfect space for you to study and for quiet reflection. The Library has been developed with you in mind; equipped with PC's, scanners, printing facilities and a Creative Thinking Area. A wide range of print and electronic resources are available. The Library is also part of local and national networks, with the ability to access and loan information and resources that you need in your role. Our qualified library staff are here to help support Junior Doctors with their professional development, they offer information skills training and a literature search service. The library is staffed from 9am- 5pm Monday to Friday. Junior doctors can arrange to get 24/7 access to the physical library via their swipe cards.

I.T facilities

The Internet café in the PGMC has 4 PC's, IT room in the library has 14 PC's, with access to 2 PC's in the MESS.

Other facilities (recreational or otherwise)

The newly refurbished staff gym is equipped with modern training equipment in an inviting open environment. The gym is accessible 24 hours a day with a small joining fee and £10 monthly membership fee.

Local amenities/attractions

Croydon University Hospital is the North end of Croydon and Central Croydon hosts two large shopping centres. There is a lively night life, including a number of night clubs and cinemas, and a variety of good restaurants to the south of the borough. There is a good transport system in place with trams, train services and a 24-hour bus service.

Transport links

Easy access to Central London via train is approx. 15 mins. Gatwick airport has a direct line from East Croydon with a similar journey time of 15 mins, and Brighton is on the same line. A short drive out brings you to countryside and a further hour would bring you into the Sussex Downs and of course Brighton seafront.

Parking arrangements

There is limited on-site parking (first come first served); the cost is £3 per day, along with an annual fee of £30 payable to Cashiers. There is also off-site parking on surrounding roads.

Accolades/achievements of the trust

Awards have been received for our work on the following projects:

- An STFS award for helping doctors who are having difficulty reaching their goals.
- A number of bids have been awarded to the Trust for its impressive state of the art Simulation Centre and the promotion of training.

Any additional information

The Croydon University Hospital prides itself as a 'Great place to train, great place to learn'. Croydon University Hospital is a 564-bedded District General Hospital (with 45-day case beds) and a 24-hour Accident & Emergency Department. The Trust also provides services at Purley War Memorial Hospital.

Foundation specific - Induction/shadowing arrangements

FY1 and FY2 trainees are invited to attend the week prior to the August start date and the programme is set up to offer ALS training, Induction e-Learning and shadowing with the outgoing F1 trainees. This has been very well evaluated.

Foundation specific – tasters

Foundation trainees are encouraged to attend Taster weeks in specialties that they are interested in applying for in the future. Each trainee can take up to two weeks (one week per specialty).

Foundation specific – simulation

Croydon Healthcare Clinical Skills & Simulation

Centre is one of the leading healthcare simulation centers in the South Thames region. Developing full immersion high-fidelity simulation training for interprofessional teams. To meet the safety needs of our staffing groups and our patient's. Our Simulation Based Learning (SBL) initiatives are designed so that all healthcare professionals can stretch their knowledge and application of clinical skills as well as their team-working, communication and risk awareness skills in realistic but safe simulated clinical environments. With an overarching emphasis on improving Patient Safety and end patient outcomes through enhancing inter-professional team performances. Training is enhanced through a philosophy that those working together should also be training together allowing inter-professional teams the opportunity to enhance their team working skills in a safe and simulated environment.

Foundation Doctor forums

There is a local Foundation Faculty Group, with meetings attended by FY1 and FY2 trainee reps. This reports to the Local Education Committee (quarterly). There is a Junior Doctors' Forum (open to all), Local Negotiating Committee and Guardian of Safe Working Forum.

The Chief Executive has a monthly junior doctor feedback meeting and each quarter the BMA are

invited to attend. The FY1 reps are encouraged to join Management meetings and have access via the PA to the Director of Operations.

Foundation specific - educational and clinical supervision

All FY1 and FY2s are allocated an educational Supervisor for the whole year and a Named Clinical Supervisor for each placement. In addition to this Foundation Doctors meet with the Trust Foundation Training Programme Directors when required.

Foundation specific - teaching programme

There is a well-supported teaching programme with protected one-hour slots per week for

FY1s and FY2s. All trainees are expected to be trainers and assessors for the years below and therefore the assessment of competencies is achievable as well as the development of a rounded portfolio. Although the learning in the Foundation Years is trainee led, we are not afraid to give you a helping nudge in the right direction to ensure that you complete the year successfully.

A range of courses take place on site include:

- Advanced Life Support (ALS)
- Advanced Paediatric Life Support (APLS)
- Advanced Trauma Life Support (ATLS)
- Core Medical Procedures Skills course for Foundation Trainees. Foundation trainees are given the opportunity to become involved with the 'Foundation Programme for Teaching Medical Students', which, in the past, has been very well received by the target student groups from King's and St George's. Trainees are also encouraged to be part of committee meetings such as:
 - Management Committees
 - Teaching
 - Bedside teaching
 - OSCE

Foundation specific - any additional information

We have now supported 10 years of Foundation

Trainees through the Foundation Years to become competitive for entry into the core training programme of their choice. We try and ensure Foundation involvement in every aspect of the hospital environment and host a successful Junior Doctors feedback Forum where your voices are heard and evoke change. The Foundation representatives sit on the Faculty Board and allow your views to improve the Programme. We have set up trainee led Teaching, Patient Safety, Leadership and Service Improvement Committees. These have led to many presentations, posters and papers allowing trainees to evidence their skills. The Foundation Programme Directors operate an open-door policy and are available on request. Dr Kathryn Channing (Director of Medical Education) and Nisha Patel (Medical Education Manager) are also available for added support as and when required. Karen Bounds will ensure that your portfolios are full of your reflections of your experiences at CUH. We hope that you will enjoy your year with us and encourage you to approach current FY1s for their experiences of a learning environment. We look forward to meeting you and hope you will enjoy your stay at CUH.

Training in the time of Covid-19

Covid-19 specific teaching had been provided to Foundation Trainees. This includes access to Trust Intranet Covid-19 guidelines and sharing of learning resources available on e-learning for health. We have also run protected teaching sessions on ventilatory support, daily patient reviews on ITU, and Simulation courses on the management of cardiac arrest in Covid-19 patients.

Self-development time

All Foundation Trainees will be allocated protected time for Self-Development from August 2021. The time allocated is two hours per week (though this may be arranged differently depending on rotas and working patterns across specialties). Time can be used towards audits, quality improvement projects, research and teaching initiatives, and must be done on-site.

Epsom and St Helier University Hospitals NHS Trust

Trust contact details

St Helier Hospital
Wrythe Lane, Carshalton, Surrey, SM5 1AA
020 8296 2000 (Switchboard)

Epsom General Hospital
Dorking Road, Epsom, Surrey, KT18 7EG
01371 735 735 (Switchboard)

www.epsom-sthelier.nhs.uk

Foundation training Programme Directors

Director of Medical Education

Dr Emma Jones

Medical Education Manager

Ms Karen Saridis

Foundation Programme Manager

Ms Karen Saridis

F1 Foundation Programme Director

Mr Mark Middleton

F2 Foundation Programme Director

Dr Seema Jain & Dr Ayesha Irtiza-Ali

Facilities - Postgraduate Medical Centres (Location and resources)

There is a well-equipped postgraduate medical centre on each both the Epsom and the St Helier Hospital site with videoconferencing facilities for cross-site teaching.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available on site. For information contact the Accommodation Departments: St Helier Hospital 0208 296 3693.

Social activities

The mess president at Epsom and St Helier sites organizes a lively program of events. There is a doctors' mess centrally located in the hospital in each site.

Library facilities

Epsom and St Helier University Hospitals NHS Trust has two physical libraries: The Hirson and the Sally Howell Library.

I.T facilities

Junior doctors have access to 10 PCs and 4 laptops in the Hirson Library. There are 7 PCs and 3 laptops in the Doctors' Mess computer room. Scanning facilities are also available for scanning documents into Horus.

Transport links

A short bus ride takes you to Morden tube station on the Northern line (zone 4) or to Sutton station which provides the easiest access with frequent buses to the hospital. Sutton has direct rail services running to and from Epsom, Croydon, London Bridge, London Victoria, Clapham Junction and Wimbledon. Also running through Sutton is the Sutton Loop Thameslink line which links Luton and St Pancras International directly with the stations on the line. St Helier is approximately 8 miles from London. There is also a black cab rank outside Sutton station and the taxi journey takes about 5 minutes. The trust also operates a free hourly (Monday to Friday only) shuttle service between the two main hospitals and Sutton Hospital.

Local amenities/attractions

St Helier is very close to Sutton, a busy town with excellent shopping, a cinema and theatre, and fast trains to London.

Parking arrangements

Staff parking is available on all sites. There is an annual permit costs and the daily charge is dependent on salary.

Accolades/achievements of the trust

We are one of the best performing trusts in South West London. We are one of the most improved in London overall and meet all the key standards which makes us ranked as Good by the CQC.

Any additional information

Epsom and St Helier University Hospitals NHS Trust was formed in 1999 when Epsom Health

Care NHS Trust and St Helier NHS Trust merged. It provides services to approximately 420,000 people in South West London and North East Surrey. We provide specialist renal services and a neonatal intensive care to a wider area. We cover some of the most prosperous postcodes in the country as well as some poorer areas and together with our colleagues in our CCG's.

The Trust operates on two major sites: St Helier Hospital incorporating Queen Mary's Hospital for Children and Epsom Hospital. We also provide services from a number of other local hospitals. We have 11 renal centres throughout South London and Surrey and we host the Elective Orthopaedic Centre (EOC) at Epsom which is operated by the Trust in conjunction with neighbouring trusts on a partnership basis. The EOC is the largest hip and knee replacement centre in the UK and one of the largest in Europe. The EOC is also a major centre for shoulder surgery and hip arthroscopies as well as undertaking more than 1,000 minor orthopaedic procedures most as day cases or short stay.

Epsom Hospital serves the southern part of the catchment area and provides an extensive range of inpatient, day and outpatient services. It has an Accident and Emergency service with 54,000 attendances per year. It also undertakes all elective (pre-booked) inpatient surgery within the Trust. There is an extensive range of diagnostic and supporting services, including pathology, radiology (including CT, MRI and ultrasound) and vascular diagnostic services, and a busy modern purpose-built day care and day surgery unit. The site also includes an acute psychiatric facility operated by Surrey and Borders Partnership NHS Foundation Trust. St Helier Hospital is the largest site within the trust and shares its site with Queen Mary's Hospital for Children. The hospital has a comprehensive range of diagnostic facilities within pathology and radiology (including MRI and CT scanning, nuclear medicine, ultrasound and vascular diagnostic services), a busy Accident and Emergency department dealing with 80,000 attendances per annum, and a range of outpatient facilities. It undertakes all the emergency surgery in the Trust. The renal unit provides acute renal care and dialysis and is integrated with the St George's Hospital transplant program. For more information about the Trust see the website www.epsom-sthelier.nhs.uk.

Foundation specific - Induction/shadowing arrangements

The Preparation for Professional Practice is organized via the Foundation Programme administration team. For F1's there are 7 days of clinical induction training events and opportunities for shadowing. F2's are inducted as part of the general August induction intake.

Foundation specific – tasters

A good selection of tasters are available including:

Ophthalmology Microbiology, Chemical Pathology, Dermatology, GU Medicine, Immunology, Radiology, O&G, Diabetes, ED, Renal Medicine, Paediatrics, Anaesthetics, Cardiology, Neurology, Psychiatry, Palliative Care, Respiratory Medicine and Gastroenterology. Each taster is arranged collaboratively with the trainee and the programme outline is designed around the individual trainee's needs.

Foundation specific – simulation

The trust has a well-equipped Simulation centre on the Epsom hospital site and also has mobile Simulation equipment. We run an extensive programme of simulation courses including at all levels. ALS is offered to all F1 doctors.

Foundation Doctor forums

Junior doctors' representatives are elected for each year. They represent their colleagues at the Foundation Programme Faculty Group meetings and Junior Doctor Forum meetings.

Foundation specific - educational & clinical supervision

The Foundation Programme supervision team is comprised of 100 clinical supervisors, 25 educational supervisors. Foundation trainees are allocated a clinical supervisor for each four-month post and an educational supervisor for the year they spend with us. The clinical supervisor will supervise the trainee (in consultation with their educational supervisor and the Programme Director) to maintain an overview of development and progress of the foundation doctor within the training programme. An educational agreement will be agreed at the initial meeting within each post. Mid-point reviews are also required in each post.

Foundation specific - teaching programme

F1s have three hours of protected teaching each week on a Tuesday afternoon on the St Helier site. F2s from all sites (including those in general practice) have their teaching on Wednesday mornings on the St Helier site.

Foundation specific Additional information

The trust has 42 foundation year 1 posts in General Medicine, General Surgery, Haematology, Trauma and Orthopaedics, Urology, UCC, Palliative Care and Psychiatry. There are 42 F2 posts covering Trauma and Orthopaedics, General Surgery, ED, Paediatrics, General Practice, General Medicine, Renal medicine, ITU and Obstetrics and Gynaecology. Most programmes involve rotations on both main sites, Epsom General Hospital and St Helier Hospital.

Foundation Buddy Programme

A near-peer mentoring programme where F1s can gain from the support of an SHO when they join the trust. Voluntary option for F2s to be mentors in this programme.

Self-Development Time

F1s & F2's have two hours a week to use for Supervisor meetings, portfolio work, audit or teaching preparation, etc.

For more information about the Trust see the website www.epsom-sthelier.nhs.uk and for information on any aspect of foundation training at Epsom and St. Helier University Hospitals NHS Trust please contact:

Mrs Karen Saridis
020 8296 4006 / 01372 735176
karen.saridis@nhs.net

Guy's & St Thomas' NHS Foundation Trust

Trust contact details

Guy's Hospital
Great Maze Pond, London, SE1 9RT

St Thomas' Hospital
Lambeth Palace Road, London, SE1 7EH

Switchboard:
020 7188 7188
Medical Education Ext: 85194

Foundation training programme directors

Dr Shumontha Dev
Dr Leila Frodsham
Dr Rebekah Schiff
Dr Nick Ware
Dr Magda Sbai
Dr Shamim Nassrally
Dr Jocelin Hall
Dr Srividhya Sankaran
Mr Ivan Tomasi

Director of Medical Education
Mr. Wathik ElAlami

Associate Director for Medical Education
Dr Rob Godfrey

Head of Medical Education
Igor Tanjga

Service Manager for Medical Education
Julia Szemerédi

Foundation Programme Coordinator
Peter Stow

Facilities - Postgraduate Centre (Location and resources)

St Thomas' Hospital

We have a dedicated education centre based on York Road just a few minutes from St Thomas' Hospital. The foundation programme administration team are based in the centre where the trainees are welcome to pop in to discuss queries. The majority of foundation programme educational events are held at the education centre. The education centre has a number of seminar and training rooms of various sizes catering for a variety of training needs including video-conferencing, phone conferencing, SMART board technology. There are also three training rooms set out like wards for scenario based training.

Guy's Hospital

The Sherman education centre is based at Guy's Hospital. There is a lecture theatre with videoconferencing facilities, two seminar rooms and a meeting room. The weekly F1 teaching and Medical Grand Round are video-linked to Sherman lecture theatre to allow trainees based at Guy's Hospital to attend more easily. There is also a simulation training space in Sherman Centre at Guy's Hospital which includes a simulation training lab and a large surgical simulation room.

Facilities - Accommodation / (Info about pricing, location etc.)

Gassiot House (St Thomas' Hospital)

- 4 Share Flat: £555.00 PCM/£800.00 PCM
- Refurbished River View 4 Share Flat: £900.00 PCM
- 2 Share Flat: £920.00 PCM/£1,100.00 PCM

The prices include council tax, electricity, gas, and water. You will need to provide your own TV licences. NHS Wi-Fi is available on site

Please note the tenancy contract is a minimum 6 months and a maximum 12 months.

Social activities

- Monthly mess parties
- Christmas Ball
- Summer ball
- Doctors' mess
 - Mess facilities are available on both St Thomas' Hospital and Guy's Hospital site.
 - Staff working weekends get free pizza for lunch from Papa John's
 - Subscription is £10 per month.

Library facilities

Library facilities are located on both hospital sites and are part of the King's College London (KCL) system. Once registered you have access to:

- All KCL libraries
- Free skills development sessions
- KCL computers
- Ejournals / e-books anywhere via NHS OpenAthens
- Onsite access to further resources
- Printing, photocopying and scanning
- Individual and group study areas
- Print and electronic document delivery / interlibrary loans
- Access to qualified staff who offer advice and assistance
- Extensive book collections

For full details please see <https://www.kcl.ac.uk/library/further-support/nhs> and the NHS libguide <https://libguides.kcl.ac.uk/NHS>

Opening hours:

St Thomas House: 24/7 access; LibChat PCs available to connect with library staff during core hours
New Hunts House (Guy's): Staffed between 9am-7pm on weekdays and 10am-6pm on weekends. Long hours, including 24/7 at many times – full opening hours are available on the [library website](#)

I.T facilities

Junior doctors have access to Trust computers in most clinical departments and wards. There are also computers available for use in the postgraduate centres, doctor's mess, libraries and the Knowledge and Information Centre (KIC) in St Thomas' Hospital. Some clinical areas, Sherman education centre and the libraries have access to KCL computers Trust emails can be accessed from home via webmail. Wi-Fi access is available throughout Guy's Hospital and St Thomas' Hospital.

Transport links

Guy's Hospital: easy access to underground and over ground via London Bridge as well as bus routes.

St Thomas' Hospital: easy access to underground (via Westminster, Waterloo and Lambeth North), over ground (via Waterloo and Waterloo East) and bus routes.

There is a regular shuttle service connecting Guy's with St Thomas' Hospital.

Local amenities/attractions

Guy's Hospital and St Thomas' Hospital are both located at the heart of central London with easy access to restaurants, bars, theatres, cinemas, clubs, museums, shops, parks and much more!

Guy's Hospital:

On site – several AMT coffee shops, canteen and a well-stocked hospital shop.
Immediate vicinity – Shard, Borough Market, River Thames, numerous restaurants, bars and shops.

St Thomas' Hospital:

On site – M&S food, WH Smith, chemist, several restaurants/cafeterias and a gift shop.
Immediate vicinity of: Big Ben, London Eye, Southbank, River Thames, numerous restaurants, bars and shops.

Parking arrangements

Limited parking facilities are available on both sites. Parking permits can be applied for.

Accolades/achievements of the trust

Guy's and St Thomas' has won the Quality of Care Award at the 2016 CHKS Top Hospitals Awards for demonstrating its commitment to providing a high level of care for patients.

In 2021, Guy's and St Thomas' were finalists in the People and Organisational Development Initiative of the Year award as part of the HSJ Value Awards.

We are also in the top three Trusts for research; In 2020/21, 26,851 people took part in 1,896 research studies open at the Trust looking at new ways to diagnose and prevent illness, treatments, medicines and medical devices. We have one of the largest capital investment programmes in the NHS and are making significant investments in our buildings, IT and medical equipment, for the benefit of patients.

Foundation specific - Induction/shadowing arrangements

You will receive approximately two and a half days of a useful and relevant Trust induction which includes practical scenario training, electronic patient records training, workshops and talks from a variety of people relevant to being an F1. The induction is well evaluated. In addition to this there is an online induction specifically designed for junior doctors.

You will also have approximately 4.5 days to shadow the current F1 and meet with the clinical team.

Foundation specific – tasters

Foundation doctors are allowed to use up to 5 days for a Taster. Guy's and St Thomas' NHS Foundation Trust offers a full range of hospital services as well as specialist services, so our foundation doctors are usually able to find a suitable taster. As a foundation doctor within the Trust you can really make the most of a taster as you can usually get involved with the patients and the clinical team.

Foundation specific – Simulation

GSTT has a state-of-the simulation centre

- All FY1&2 receive interprofessional high fidelity simulation training
- All FY2s receive simulation faculty training to teach on the undergraduate simulation courses

For final year medical, nursing and midwifery students.

- There are usually other optional simulation events that foundation doctors are allowed to attend for free.

Foundation Doctor forums

In August we invite F1s and F2s the opportunity to apply to become a Foundation Programme rep. Due to our large cohort of F1s and F2s we usually have at least 6 F1s and 6 F2 who are allocated a smaller number of foundation doctors to represent. The reps are responsible for:

- Gaining feedback from your foundation doctor colleagues
 - Being a contact point for your small group of foundation doctors
 - Working with the specialties to address issues raised from trainees.
 - Attending a foundation programme reps meeting
 - Attending the Foundation Faculty Meeting (3 per year) to feedback trainee issues and engage with
- Developing the foundation programme at GSTT .Attend ad hoc meetings as requested
- Allocated projects to be involved with including;

- Simulation Review
- Transitioning to F1's/On-the-job Skills
- F1/F2 Teaching Review / ES Training
- Second Conversation
- Improving access to essential work place equipment
- Psychiatry & Community Review
- Buddy Scheme
- Wellbeing/Careers

Foundation specific - educational and clinical supervision

All Foundation Doctors are assigned an educational supervisor for the full year. This is usually a consultant who you will be working with in your first placement. You will also be assigned a clinical supervisor in each four-month placement. In addition to this you will be assigned a Foundation Training Programme Director who will meet with you at least twice during the year to check you are on track and discuss careers.

Foundation specific - teaching programme

F1s receive 1-hour weekly teaching which is usually presented from St Thomas' Hospital but is video linked to Guy's Hospital (occasionally vice versa). The format is designed to be case based and interactive.

F1s are also expected to attend:

- Simulation for Foundation Doctors
- Quality and Improvement half day workshop
- Medicine and the Law half day workshop
- Leadership half day workshop and e-learning
- Equality and diversity e-learning
- Prescribing e-learning

F2s receive a half day themed training session every month as well as a variety of mandatory courses. Which are:

- Leadership
- ALS
- Acutely Ill and Injured Patients
- Medicine and Law
- Foundation Simulation
- Undergraduate Simulation

Foundation specific - any additional information

We currently have 73 F1 posts and 82 F2 posts at Guy's and St Thomas' Hospital. The placements include a variety of medical, surgical, psychiatry and community placements. We are currently engaging with community services to offer foundation doctors the opportunity to attend meaningful placements in line with Broadening the Foundation Programme.

The Undergraduate Department within Medical Education will be providing Foundation Doctors a Clinical Skills Tutoring Scheme which is in place since 2019.

This includes:

- Participation in small group teaching sessions
- Undergraduate Simulation
- Annualised Clinical Skills days
- Approved by Dr Ros Tilley, the director of Undergraduate Medical Education.

King's College Hospital NHS Foundation Trust (Denmark Hill Site)

Trust contact details

King's College Hospital
Denmark Hill, London, SE9 9RS
Switchboard:
02032999000

Foundation training programme directors

Mr Tunji Lasoye
Dr Geoffrey Warwick

Director of Medical Education

Mr Tunji Lasoye

Senior Medical Education Manager

Sheinaz Mahomedally

Medical Education Manager (Denmark Hill site)

Emma Jones

Foundation Programme Coordinator

Ifeoluwa Suleiman

Foundation Programme Administrator

Sharmin Islam

Facilities - Postgraduate Centre (Location and resources)

There is a purpose-built postgraduate conference centre providing a venue for postgraduate medical and dental activities within the Trust. The Centre comprises a fully equipped lecture theatre and three seminar rooms:

Bill Whimster lecture theatre – Seats 80 people, equipped with latest audio-visual equipment and video conferencing.

Jan Welch teaching room

Seats 40 people with audio-visual equipment available and video conferencing.

Clare Vaughan seminar room

Seats 60 people with audio-visual equipment

available. There is an acoustic partition dividing the area into 30/30 seating capacity.

Facilities - Accommodation (Info about pricing, location etc)

The accommodation office can assist FY1 trainees in sourcing housing association properties and should contact the accommodation office with their requirements. Accommodation Team telephone number – 020 3299 3400.

Social activities

We have a very pro-active Doctors' mess Committee who are keen for members to have plenty of opportunity to socialise and unwind, including monthly events. These include:

- Access to physical space away from the busy clinical area with daily newspapers, a kitchen area and provisions.
- Weekend pizza delivery.
- Monthly social events
- An annual Summer Party and Christmas Party.

The Doctors' mess at King's provides a relaxing environment with a TV, a kitchen regularly stocked with fresh fruit, bread and milk and newspapers. There are a number of social events throughout the year. There is also an opportunity for junior doctors to be members of the mess Committee.

Library facilities

As an employee of King's College Hospital you will have access to Libraries & Collections from King's College London. The Weston Education Centre hosts a substantial library with varied study space including PCs on both the university and hospital networks. You can also choose to use other campus libraries. Online access is a priority both for resources and for support. Extensive access is available to journals and books with the university collections extending those on your OpenAthens login. Specialist Library staff are ready to help you make the most of it all with remote support options. Our Clinical Support Librarian can help get you to the evidence you need for patient care, education and research.

Please visit www.kcl.ac.uk/library/nhs for further information.

I.T facilities

Within the Doctors' Mess there is a separate room where there are 5 web-enabled PCs and a networked printer.

Transport links

King's is located in Camberwell in south London, with good public transport links.

Local amenities/attractions

Close proximity/easy access to Central London and Dulwich Village.

Parking arrangements

Demand for car parking spaces at King's greatly exceeds supply and you are strongly urged to use public transport where possible. Permits are awarded on a strict points system to those members of staff who require them.

Accolades/achievements of the trust

King's College Hospital is part of a pioneering Academic Health Sciences Centre, King's Health Partners (KHP). This is a collaboration between one of the world's leading research-led universities, King's College London, and three of London's most successful NHS Foundation Trusts: King's College Hospital, Guy's and St Thomas' and South London and the Maudsley. Its driving purpose is to continually seek and bring about swifter and more effective improvements in health and well-being for our local population, as well as nationally and across the globe. KHP's work combines the best of basic and translational research, clinical excellence and world-class teaching to deliver ground-breaking advances in physical and mental healthcare. King's College Hospital has become the first major acute hospital in the UK to be awarded the Investors in People (IIP) Gold Standard award. Investors in People is a national quality standard awarded to well-run organisations which demonstrate good management practice with a high emphasis on best practice people management and development. King's first achieved Investors in People status in 1999, but this is the first time it has been recognized with the Gold award – a significant achievement. The Gold award is only given to those organisations which are able to demonstrate a degree of excellence in the way they develop and support their staff. Executive Director for Workforce Development at King's commented; "Achieving Gold standard is a tremendous achievement for the Trust. Our people are at the heart of everything we do for our patients at King's. Their individual skill and commitment are crucial in delivering quality services; we want our staff to continue to feel supported and valued, whatever their role, and we will continue to help them develop their potential."

Any additional information

King's College Hospital is a large teaching hospital and NHS Foundation Trust situated in South Central London. It provides healthcare for residents of a densely populated surrounding locality, as well as many tertiary services for South-East England and beyond. Our department is based within the Weston Education Centre, situated next to King's College Hospital, Denmark Hill. This affords us the luxury of a well-equipped postgraduate conference centre, in close proximity to the library facilities of King's College London on the campus of King's College Hospital.

King's College Hospital NHS Foundation Trust is one of the UK's largest and busiest teaching Trusts with a turnover of £1 billion, 1.5 million patient contacts a year and around 14,000 staff based across 5 main sites in Southeast London. The Trust provides a full range of local hospital services across its different sites, and specialist

services from King's College Hospital (KCH) sites at Denmark Hill in Camberwell and at the Princess Royal University Hospital (PRUH) site in Bromley.

King's is committed to delivering sustainable healthcare for all via our green plan. In line with national Greener NHS ambitions, we have set net zero carbon targets of 2040 for our NHS Carbon Footprint and 2045 for our NHS Carbon Footprint Plus. Everyone's contribution is required in order to meet the goals set out in our Green Plan and we encourage all staff to work responsibly, minimising their contributions to the Trust's carbon emissions, waste and pollution wherever possible.

The Trust-wide strategy Strong Roots, Global Reach is our Vision to be Bold, Brilliant people, Outstanding care, Leaders in Research, Innovation and Education, Diversity, Equality and Inclusion at the heart of everything we do. By being person-centred, digitally enabled, and focused on sustainability, we can take Team King's to another level.

Foundation specific - Induction/shadowing arrangements

At King's we provide the FY1 trainees with seven days of shadowing and key induction elements. This week-long experience provides the opportunity for trainees to work alongside the FY1 from whom they will be taking over and gain an insight into the role and responsibilities of a junior doctor. They will gain firsthand experience of working with other members of the multidisciplinary team, communicating with patients and developing an understanding of how the NHS generally works. They also have training on ALS, EPIC, Infection Control and e-Portfolio.

Foundation specific – tasters

All Foundation trainees have the opportunity to do a 'taster' of their choice in any speciality within the Trust, or outside the Trust if necessary. For further information and guidance please see the STFS website.

Foundation specific – simulation

Simulation training is provided at King's College Hospital in a dedicated simulator training facility. Simulation training sessions are mandatory for all FY1 and FY2 trainees. Trainees will also be given the opportunity to become involved as part of the faculty.

Foundation Doctor forums

Regular foundation forums are held for the FY1 and FY2 trainees and representatives from both years are asked to attend. Trainee representatives are also invited to attend the Medical & Dental Education Committee meetings, which are held on a quarterly basis.

Foundation specific - educational and clinical supervision

Trainees are allocated an educational supervisor for the year and for each placement they are placed with the lead consultant of their team for clinical supervision.

Foundation specific - teaching programme

We have 51 FY1 and 43 FY2 trainees at King's. Both FY1 rotations and FY2 rotations consist of three 4 month placements. All FY2 rotations include an Emergency Medicine placement. There is protected, bleep free teaching for all FY1's at lunchtime once a week and, in addition, there are several half-day workshops throughout the year.

The FY2 teaching programme includes a two day 'FY2 Professional Development' course, specialised career sessions, interactive clinical teaching and access to a multitude of specialty teaching programmes across the Trust.

Trainees also can access our more generic courses like Teaching the Teachers. There is a substantial team within the Department of Postgraduate Medical and Dental Education (PGMDE), several of whom work almost exclusively for the Foundation Training Programme. Although we have a large number of Foundation Trainees, we pride ourselves on looking after the individual needs of each of them. With the connection to KCL, trainees have the opportunity to participate in Undergraduate teaching as both teachers and organisers. Frequent formative OSCE's also take place on site and trainees are invited to examine throughout the year.

Foundation specific - any additional information

PGMDE holds their annual Foundation Training Programme Awards Ceremony in July every year for the FY1 & FY2 trainees and incoming FY1s. We are proud to have amongst us distinguished guests who give inspirational talks to the Foundation trainees. These include the Chief Executive and Executive Board Members. Certificates of merits were awarded from South Thames Foundation School for contribution to and progress in the e-Portfolio, audit, teaching and leadership and an outstanding trainee of the year. Trainees are also recognised by King's for their leadership skills, leadership projects and for those who are truly outstanding. Alongside these merits the trainees acknowledge the hard work of the trainers; awards are also presented to those trainers who have provided teaching and support to the Foundation trainees throughout the year. There is also an impressive display of audit and leadership project posters. These merits/awards are agreed by the Foundation Training Faculty who work hard to ensure that trainees progress, that they are given the right support and are appropriately recognised for their contributions.

King's College Hospital (Princess Royal University Hospital Site)

Trust contact details

Farnborough Common, Orpington, BR6 8ND

Switchboard: 01689863000

Website:

www.kch.nhs.uk

Foundation training programme directors

Dr Belinda Kessel

Dr Thomas Buttle

Dr David Jennings

Director of Medical Education

Mr Tunji Lasoye

Senior Medical Education Manager

Sheinaz Mahomedally

Medical Education Manager (PRUH-site)

Christine Nurthen

Foundation Programme Co-ordinator

Masuma Siddiqah

Foundation Administrator

Kayleigh Johnson

Facilities - Postgraduate Centre (Location and resources)

The postgraduate centre and annex is located close to the main hospital building. The centre has a large lecture theatre and a seminar room which is used for our educational activities. There is a Library facility within the centre which has quiet study areas and is open 24/7 providing out of hours access. There is a Cyber Café with 15 computers which is open from 8.30am – 5pm Monday to Friday and is open to all staff and students. The “Sanctuary” restaurant is a great facility serving hot food and snacks with ample seating area. The annex has a number of training rooms, an IT suite and a dedicated simulation facility.

Facilities - Accommodation (Info about pricing, location etc)

The accommodation office can assist FY1 trainees in sourcing housing association properties. Trainees should contact the accommodation office with their requirements. Accommodation Team Email address - kch-tr.staffaccommodation@nhs.net; telephone number – 0203 299 3400 or 0168 986 4335.

Social activities

We have a pro-active Doctors' mess Committee who are keen for members to have plenty of opportunity to socialise and unwind, including monthly events. These include:

- Access to physical space away from the busy clinical area with a kitchen area and provisions.
- Weekend pizza delivery.
- Monthly social events.
- An annual Summer Party and Christmas Party.

The Doctors' mess at PRUH provides a relaxing environment for our doctors. The kitchen area is regularly stocked with bread and milk. There are a number of social events throughout the year. There is also an opportunity for junior doctors to be members of the mess Committee.

Library facilities

As an employee of King's College Hospital you will have access to Libraries & Collections from King's College London. The Weston Education Centre hosts a substantial library with varied study space including PCs on both the university and hospital networks. You can also choose to use other campus libraries. Online access is a priority both for resources and for support. The PRUH site library is available 24/7 and offers dedicated study space. Extensive access is available to journals and books with the university collections extending those on your OpenAthens login. Specialist Library staff are ready to help you make the most of it all with remote support options. Our Clinical Support Librarian can help get you to the evidence you need for patient care, education and research.

I.T facilities

The Library and Cyber Café are located in the Education Centre and the computers are available for use by all staff and students. We also have a Clinical Support Librarian who is available for teaching sessions in our IT Training Suite.

Transport links

The Hospital is located near a vast number of Bus Routes that can reach the majority of the surrounding areas (Croydon, Bromley, and Orpington). Orpington station is 24mins from Charing Cross and 17min from London Bridge, while Bromley South Station is 17min from London Victoria. Both stations are a bus ride away, and commuting from Central London takes 40-50min.

Cycle parking is available around the PRUH site, and there are showers and changing facilities within most departments. There are regular Dr Bike free bike maintenance sessions (details on the intranet). Cycle routes in Bromley can be found at- <https://www.bromley.gov.uk/downloads/download/279/cycle-route-maps>

Local amenities/attractions

The hospital backs onto a large Sainsbury's which can be reached by walking through a direct cut-through into the car park. Locksbottom High Street located by Sainsbury's contains a variety of small shops, cafés and restaurants. Bromley High Street is a bus ride away with an array of shops and the Glades Shopping Centre.

Parking arrangements

We are pleased to confirm that additional parking is now available on the PRUH site; this became available in December 2021. Staff parking permits are awarded on a strict points system to those members of staff who require them.

Accolades/achievements of the trust

King's College Hospital is part of a pioneering Academic Health Sciences Centre, King's Health Partners (KHP). This is a collaboration between one of the world's leading research-led universities, King's College London, and three of London's most successful NHS Foundation Trusts: King's College Hospital, Guy's and St Thomas' and South London and the Maudsley. Its driving purpose is to continually seek and bring about swifter and more effective improvements in health and well-being for our local population, as well as nationally and across the globe. KHP's work combines the best of basic and translational research, clinical excellence and worldclass teaching to deliver ground-breaking advances in physical and mental healthcare.

King's College Hospital has become the first major acute hospital in the UK to be awarded the Investors in People (IIP) Gold Standard award. Investors in People is a national quality standard awarded to well-run organisations which demonstrate good management practice with a high emphasis on best practice people management and development.

Any additional information

King's College Hospital is a large teaching hospital and NHS Foundation Trust situated in South Central London. It provides healthcare for residents of a densely populated surrounding locality, as well as many tertiary services for South-East England and beyond. Our department is based within the Education Centre, situated close to main hospital building. This affords us the luxury of a well-equipped postgraduate centre, with easy access to the library facilities.

King's College Hospital NHS Foundation Trust is one of the UK's largest and busiest teaching Trusts with a turnover of £1 billion, 1.5 million patient contacts a year and around 14,000 staff based across 5 main sites in Southeast London. The Trust provides a full range of local hospital services across its different sites, and specialist services from King's College Hospital (KCH) sites at Denmark Hill in Camberwell and at the Princess Royal University Hospital (PRUH) site in Bromley.

King's is committed to delivering sustainable healthcare for all via our green plan. In line with national Greener NHS ambitions, we have set net zero carbon targets of 2040 for our NHS Carbon Footprint and 2045 for our NHS Carbon Footprint Plus. Everyone's contribution is required in order to meet the goals set out in our Green Plan and we encourage all staff to work responsibly, minimising their contributions to the Trust's carbon emissions, waste and pollution wherever possible.

The Trust-wide strategy Strong Roots, Global Reach is our Vision to be Bold, Brilliant people, Outstanding care, Leaders in Research, Innovation and Education, Diversity, Equality and Inclusion at the heart of everything we do. By being person-centred, digitally enabled, and focused on sustainability, we can take Team King's to another level.

Foundation specific - Induction/shadowing arrangements

At King's we provide the FY1 trainees with seven days of shadowing and key induction elements. This week-long experience provides the opportunity for trainees to work alongside the FY1 from whom they will be taking over and gain an insight into the role and responsibilities of a junior doctor. They will gain firsthand experience of working with other members of the multidisciplinary team, communicating with patients and developing an understanding of how the NHS generally works. They also have training on EPIC (the Trust's electronic patient record system), Infection Control and e-Portfolio.

Foundation specific – tasters

All Foundation trainees have the opportunity to do a 'taster' of their choice in any specialty within the Trust, or outside the Trust if necessary. Tasters generally range from 2-5 days in duration. For further information and guidance please see the London Foundation School website.

Foundation specific – simulation

Simulation training is provided at King's College Hospital in a dedicated simulator training facility, simulation training sessions are mandatory for all F1 and F2 trainees. Trainees will also be given the opportunity to become involved as part of the faculty.

Foundation Doctor forums

Regular foundation forums are held for the FY1 and FY2 trainees and representatives from both years are asked to attend. Trainee representatives are also invited to attend the Medical & Dental Education Committee meetings, which are held on a quarterly basis.

Foundation specific - educational and clinical supervision

Trainees are allocated an educational supervisor for the year and for each placement they are placed with the lead consultant of their team for clinical supervision.

Foundation specific - teaching programme

There is protected, bleep free teaching for all Foundation Trainees at lunchtime once a week. The Foundation teaching programme includes, a one day Developing Professional Skills course, specialized career sessions, interactive clinical teaching and access to a multitude of specialty teaching programmes across the Trust. FY2

Trainees also can access our more generic courses like Teaching the Teachers. There is a substantial team within the Department of Postgraduate Medical and Dental Education (PGMDE), several of whom work almost exclusively for the Foundation Training Programme. Although we have a large number of Foundation Trainees, we pride ourselves on looking after the individual needs of each of them.

Foundation specific - any additional information

PGMDE hold their annual Training Programme Awards Ceremony in July every year for the FY1 & FY2 trainees and incoming FY1s. We are proud to have amongst us distinguished guests who give inspirational talks to the Foundation trainees. Certificates of merits were awarded from the London Foundation School for contribution to and progress with e-Portfolio, audit, teaching and leadership skills and an outstanding trainee of the year award. Trainees are also recognised by King's for their leadership skills, leadership projects and for those who are truly outstanding. Alongside these merits the trainees acknowledge the hard work of the trainers; awards are also presented to those trainers who have provided teaching and support to the Foundation trainees throughout the year. There is also an impressive display of audit and leadership project posters. These merits/awards are agreed by the Foundation Training Faculty who work hard to ensure that trainees' are given the right support and are appropriately recognised for their contributions.

Kingston Hospital NHS Foundation Trust

Trust contact details

Galsworthy Road, Kingston-Upon-Thames, Surrey, KT2 7QB

Switchboard:
02085467711

www.kingstonhospital.nhs.uk

Foundation training programme directors

Dr Koteshwara Muralidhara (F1)
Miss Rashmi Singh (F2)

Director of Medical Education
Dr Sally O'Connor

Interim DME Dr Elisabeth Peregrine

Medical Education Manager
Arvind Cheesman

Facilities - Postgraduate Centre (Location and resources)

The Postgraduate Medical Centre (PGMC) is purpose built and is located on Level 5 of Kingston Surgical Centre. The Centre has audio-visual facilities. There are two Lecture Theatres which can be opened into one room holding up to 150 people and eight other Seminar Rooms of different sizes. All rooms have AV equipment and Smart Boards. There are also video-conference facilities available. There are three Clinical Teaching rooms – a Resuscitation room, Mock Ward and Clinical Skills room.

Facilities - Accommodation (Info about pricing, location etc)

All accommodation is conveniently located close to Kingston town centre and located on the grounds of Kingston Hospital. The property offers fully furnished rooms, most of which are en-suite, with many of the en-suites having been renewed recently. Given the high rental values for the area, Keyworker Living in Kingston is highly affordable with rents being significantly lower than the average for the area. There are 78 bed spaces. Shared and en-suite single rooms. Pricing from £538.54 per month (no deposits and flexible contracts).

Email: www.keyworkeraccommodation.org.uk/kingston

Phone: 0203 202 0335

Twitter: twitter.com/OptivoKeyworker

Facebook: facebook.com/KingstonHospital/Staff/Accommodation

Social activities

Various social activities are arranged via the Doctors' Mess, including nights out and the annual Hospital Ball.

Doctors' mess

The Doctors' Mess is located on Level 2 of Kingston Surgical Centre. There is a large seating and resting area with SKY TV, a kitchen (microwave, toaster, panini maker), 8 computer stations, toilet, shower separate male/female and locker facilities.

Subscription is £10 per month. Fees are used to cover the SKY subscription and to provide tea, coffee, bread and jams/spreads, biscuits, ham/cheese for members use.

Library facilities

Stenhouse Library is located on Level 5 of Kingston Surgical Centre and is open with 24 hour access. Members of the library can access a wealth of medical and health information from the books, journals and databases available at the facility.

In addition, and to help with the needs of clinical governance and evidence-based medicine, the librarians are able to:

- conduct literature searches with you or on your behalf
- provide training on retrieving medical and health information from the internet,
- hold workshops on database searching (e.g., MEDLINE, CINAHL).

I.T facilities

Kingston Hospital has an excellent IT department and provides both online and telephone support for all the Trusts' IT needs. Kingston Hospital uses the Cerner Millennium Care Records Service solution with electronic ordering/results for Pathology and Radiology tests.

Transport links

Transport and travel information is available on the Trust website.

Local amenities/attractions

Kingston Hospital is in an attractive part of Surrey and is within easy reach of Central London, Richmond Park, the river Thames, the historic Royal Borough of Kingston-upon-Thames, and open countryside. Kingston Town Centre has a large shopping area and plenty of restaurants some of which are located by the river Thames. There are two or three nightclubs and plenty of pubs and wine bars. Richmond Park is opposite the Hospital, and you can get to Richmond, Ham and Roehampton through the park.

Parking arrangements

A managed car parking scheme operates at Kingston Hospital NHS Foundation Trust. The number of car parking spaces on site is limited so eligibility criteria are in place for staff who request permits. There are two main types of staff permit available: Red (Priority) Permits and Yellow (Standard) Permits. Red Permits allow access to the Essential Users Car Parks and are available to staff who undertake three or more off-site commitments per week. Yellow Permits can be applied for by all staff and are allocated according to the current Car Parking Policy. There is currently a waiting list for these permits. Applications for permits should be made using the Car Parking Permit Application Form on the Trust Intranet. Off-peak permits are also available for those working nights and weekends.

Accolades/achievements of the trust

Kingston Hospital became an NHS Foundation Trust on May 1st 2013 and is now known as Kingston Hospital NHS Foundation Trust. We have been rated 'Outstanding' by CQC – Kingston Hospital NHS Foundation Trust was rated Outstanding by the Care Quality Commission in August 2018. The hospital became the first acute Trust in London to receive an Outstanding rating for Leadership and was also rated Outstanding for Caring and Overall Quality. The Hospital is the first acute Trust to be licensed since April 2012 and the first to become a Foundation Trust (FT) in South West London. Becoming an FT is a seal of approval for the high-quality patient care we are all committed to delivering at Kingston Hospital and we are now looking forward to planning an exciting future for the Trust. Our Council of Governors is now fully established, and we are particularly looking forward to working with them to ensure we listen to the needs of the communities and patients they represent when planning our future and developing our services. We are proud of our reputation as the largest single site District General Hospital with the second largest Maternity Unit in London and the Hospital's Emergency Department is one of the busiest in the country seeing over 110,000 patients per year.

Any additional information

Kingston Hospital NHS Trust is approximately 12 miles from central London and provides a full range of diagnostic and treatment services to approximately 320,000 people on behalf of commissioners

within South West London and North Surrey. We have approximately 500 beds and directly employ around 2,700 across all groups including nursing and midwifery, medical and dental, administrative and clerical, ancillary and management.

Foundation specific - Induction/shadowing arrangements

The 2023 F1 induction/shadowing will take place from Monday 24th July to Tuesday 1st August, paid at basic rate. This includes time shadowing the outgoing F1, training on the use of the Care Record System (CRS), Hospital Induction and Foundation Induction with the Foundation Training Programme Director. ILS and ALERT training for F1s takes place during the shadowing/induction period prior to the F2 and Specialty Trainee intake. F2s attend a Hospital Induction on their first day, including training on the use of the Care Record System (CRS). A half-day Foundation Induction with the Foundation Training Programme Director takes place on the morning of the following day.

Foundation specific – tasters

Guidance about arranging a taster is provided to foundation trainees as part of their Foundation Induction information. All trainees are strongly encouraged to arrange a taster in a specialty of their choice.

Foundation specific – simulation

The Trust has an established state of the art Simulation Centre and has been successfully providing simulation training for foundation trainees since 2010. All foundation trainees are required to attend a Simulation Training day. Training takes place in the Simulation Suite, located on Level 5 of Kingston Surgical Centre.

Foundation Doctor forums

Both F1 and F2 doctors choose two representatives at the beginning of their rotation. Representatives attend Foundation Faculty Group Meetings, Trust Educational Faculty meetings on a quarterly basis as well as the Junior Doctors' Forum. Foundation Trainees are able to express their views and/or suggestions for improvement via the annual National GMC Survey and also through local Trust surveys.

Foundation specific - educational and clinical supervision

Each rotation has an overall Educational Supervisor and each placement within the rotation has a Clinical Supervisor. All supervisors have received appropriate training and education and are approved assessors for supervised learning events (DOPS, mini-CEX and CBD).

Foundation specific - teaching programme

In addition to departmental teaching, F1 trainees receive 2 hours bleep free teaching per week. All trainees have opportunities to develop their teaching skills through peer teaching which is formally assessed by Educational Supervisors.

Foundation specific - any additional information

Foundation doctors are actively involved in Trust and national audits. There is a Trust Audit seminar each year and Foundation doctors have been involved in prize-winning audits.

Lewisham & Greenwich NHS Trust

Trust contact details

University Hospital Lewisham

Lewisham High Street, Lewisham, London
SE13 6LH

Trust Switchboard:

020 8333 3000

Trust website:

www.lewishamandgreenwich.nhs.uk

Foundation training programme directors

Dr Teresa Sealy
Dr Pamela Lutalo

Director of Medical Education

Dr Catherine Matthews

Head of Medical Education and Medical Staffing

Suzanne Faulkner

Foundation Programme Administrator

Sally-Ann Maher

Facilities - Postgraduate Centre (Location and resources)

The postgraduate centre is situated in the Education

Centre and shares an office with Medical Staffing. The Postgraduate Medical Education department has overall responsibility for ensuring the provision of education and training for Postgraduate doctors. The trust continues to meet the educational standards set

by the GMC and HESL. We have a major commitment to the development of Research and Education. The trust has a highly dedicated Director of Medical Education and Education Team which supports the learning needs of all medical staff. We aim to provide a consistent, reliable high quality administrative service to the trust. On-going medical education activities have included comprehensive induction, career counselling, supported educational supervision and assessment provision of an 'information supported' learning environment.

The Foundation Programme at Lewisham has an excellent reputation and we continue to attract high calibre trainees at F1 and F2 levels. The innovative education week for F2 trainees once again registered over 95% attendance and this model is being copied by other Trusts. We have on site Clinical Skills laboratory and Resuscitation Training facilities which is housed in our state of the art new Simulation Suite

Facilities - Accommodation (Info about pricing, location etc)

No on or off site accommodation but The Lewisham Site do provide an extensive list of all local letting agencies. Our communication team also offer advice on any local flat/house rentals in the area.

Social activities

Out of hours there is a lively and vibrant social network including a Christmas and Summer Ball

organised by Mess President. Five a side football and many other social events. Also Consultants from both sites contribute to a yearly summer ball which takes place each June to say thank you to all juniors for their hard work.

Doctors' mess

The Doctor's mess is located close to the Staff Restaurant. It has a wide-screen television with

access to Sky, comfortable sofas and 4 wall mounted computers. Tea and coffee facilities are all provided. Free takeaway dinner is provided at the weekends for the on call teams in the Doctor's mess.

Library facilities

The library is located in the Education Centre. We have a wide range of e-journals and books and several online exam revision packages. We provide critical awareness and database training and support all aspects of research and learning both in the workplace and in the library. There is also free access to Up-to-date, and free access to a variety of electronic journals and books via Athens account. This can be requested through the library.

I.T facilities

The Learning Resource Centre houses 16 computers with internet access. There are allocated rooms in each specialty/dept., which provide great IT facilities only accessible to doctors.

Transport links

Bus routes to Lewisham High Street from: Brixton P4, Canada Water 199, Deptford 47, West Croydon/ Blackheath 54, Grove Park Cemetery 284, Croydon Via Sydenham 75, Crystal Palace/ Plumstead 122, Peckham/Grove Park 136, Victoria 185, Orpington via Bromley 208, Camberwell 484. Trains run from Charing Cross and London Bridge to Ladywell Station on the Hayes line. This is then a 5-minute walk to the hospital and is sign posted from the park. Victoria, Cannon Street, Charing Cross and London Bridge trains run to Lewisham station through to all areas of Kent. This is 10-minute walk to the hospital or a short bus ride.

Local amenities/attractions

Located 12 minutes train ride from London Bridge. Plenty of local attractions walking distance to/from Lewisham DLR. Blackheath Village and Greenwich Park are tourist areas.

Parking arrangements

We have very limited parking available. Although Lewisham has designated a scheme where security will provide you with a card, similar to the oyster card, which will allow you to park when working unsociable hours.

Accolades/achievements of the trust

The pastoral support provided to Foundation trainees within the postgraduate department is among the best in London. The co-location of the medical staffing department and the postgraduate department allows an excellent level of communication and co-operation between the two departments. This allows rota co-ordination with teaching and training opportunities making it easier than it might otherwise be. The innovative week-long foundation teaching programme for FY2 has consistently received excellent feedback. The hospital at night team were recently awarded excellent ratings by NHS London.

Any additional information

Lewisham and Greenwich NHS Trust was established in October 2013, following the integration of Lewisham Healthcare NHS Trust and Queen Elizabeth Hospital in Woolwich. The Trust provides a comprehensive portfolio of high quality acute healthcare services to a critical mass of more than 526,000 people living across the London Boroughs of Lewisham, Greenwich and North Bexley together with a broad portfolio of community services, primarily, but not exclusively, for those living in Lewisham. We are responsible for NHS services at University Hospital, Queen Elizabeth Hospital in Woolwich and in a number of community settings throughout Lewisham. In addition, we provide some services at Queen Mary's Hospital in Sidcup. The Trust employs more than 6,000 staff on both the hospital and community sites, which makes us one of the biggest employers in South East London. University Hospital Lewisham has 500 beds including a well-equipped 14 bed- Critical Care Unit providing level 3 and level 2 care, a 5 bed Cardiac Care Unit and a 46-bed Medical Admissions Unit with 8 monitored beds providing level 1 care. The hospital has a highly rated Stroke Unit linked to the Hyper-Acute Stroke Service at Kings College Hospital. The Vascular Surgery Unit at Lewisham Hospital specialises in carotid artery surgery. The hospital has 11 operating theatres of which 2 are dedicated paediatric theatres and 1 is a dedicated obstetric theatre.

Foundation specific - Induction/shadowing arrangements

F1 Shadowing/Induction week commences 1 week prior to commencing of post. This is where you will be given the opportunity to shadow your predecessor, familiarise yourself with the surrounding and processes. Shadowing boosts confidence and ensures all new doctors are aware of the first day competencies of an FY1 role. We also provide a 2 day ALS course for all F1s. F2s are inducted as part of their general August Induction. Induction is vital in order to cover Mandatory and statutory training requirements set out by the HESL and STFS.

Foundation specific – tasters

Taster/Career week are offered to both F1 and F2 Foundation Trainees. This provides trainees with a unique opportunity to work for a week in a specialty not included in their rotations. The aim of this opportunity is to help inform you in your career decision making. Lewisham has designed a Taster Booklet, within the Taster Booklet it gives you timetables for each of our specialties but should you prefer exposure in a specific specialty which we do not offer, we can help you organise this externally.

Foundation specific – simulation

We have a state of the art clinical simulation centre which is set up to replicate an acute care NHS environment, providing realistic clinical facilities for all healthcare professionals. This multi-professional training facility comprises a mock theatre area, a ward area, and a maternity suite, and is home to a large family of sophisticated, life-size medical manikins that can mimic the acutely ill adult and child. They can talk, breath, bleed, blink and cry and even give birth! The centre provides training for a wide range of healthcare professionals studying our programmes. Our showcase of patient simulators include adults, pregnant women, children and babies, providing students with an authentic clinical experience. Every room in the centre is equipped with state of the art audio-visual recording equipment and clinical scenarios which are recorded for debriefing to give candidates an opportunity to reflect on their performance.

Foundation Doctor forums

Lewisham has run foundation doctor forums for the last several years. During these sessions, discussions centres on issues of training and service provision. The F1 and F2 foundation representatives also attend foundation faculty meetings which are held three times a year. Foundation doctors are also encouraged to get involved in projects/audits initiated by the consultants to improve clinical processes and systems.

Foundation specific - educational and clinical supervision

In accordance with HESL and GMC recommendations, there is a single ES for the whole year for each trainee, with CS for each post.

Foundation specific - teaching programme

Foundation Trainees have the opportunity to attend a variety of lectures, workshops, departmental teaching sessions, MDT and Grand Rounds which all cover the curriculum. The F1 Teaching programme is run weekly and is bleep free, so completely protected time. F2 Teaching programme is delivered as a one-week block taken as a study leave. This has proven very successful not only for attendance but to get to know your fellow FY2 colleagues better and create a better support network.

Foundation specific - any additional information

The trust merged in 2013 to become one of the first trusts in the country to have both acute

and community services. This merger has proven successful in providing unique opportunities and introducing innovative training across sites. We offer a number of community placements/ rotations. Lewisham itself is in the centre of the London

Borough of Lewisham and provides a wide range of elective and emergency healthcare to an urban residential population including people from a broad sweep of socio-economic and ethnic backgrounds. The Trust also provides some emergency and tertiary elective services to residents of neighbouring Primary Care Trusts, particularly Greenwich, Bexley and

Bromley. University Hospital is a campus for the Guy's, King's and St Thomas' School of Medicine.

Lewisham & Greenwich NHS Trust

Trust contact details

Queen Elizabeth Hospital, Woolwich
Stadium Road, Woolwich London, SE18 4QH

Trust Switchboard:

020 8836 6000

Trust website:

www.lewishamandgreenwich.nhs.uk

Foundation training programme directors

Dr Charlotte Davies
Dr Chris Foster

Director of Medical Education

Dr Catherine Matthews

Head of Medical Education and Medical Staffing

Suzanne Faulkner

Deputy Medical Education Manager

Nikola Hewitt

Foundation Programme Administrator

Carly Raven

Facilities - Postgraduate Centre (Location and resources)

The postgraduate centre is situated in the Education Centre and shares an office with Medical Staffing. The Postgraduate Medical Education department has overall responsibility for ensuring the provision of education and training for Postgraduate doctors. The trust continues to meet the educational standards set by the GMC and HESL. We have a major commitment to the development of Research and Education. The trust has a highly dedicated Director of Medical Education and Education Team which supports the learning needs of all medical staff. We aim to provide a consistent, reliable high quality administrative service to the trust. On-going medical education activities have included comprehensive induction, career counselling, supported educational supervision and assessment provision of an 'information supported' learning environment. The Foundation Programme at Lewisham has an excellent reputation and we continue to attract high calibre trainees at F1 and F2 levels. The innovative education week for F2 trainees once again registered over 95% attendance and this model is being copied by other Trusts. We have on site Clinical Skills laboratory and Resuscitation Training facilities which is housed in our state of the art new Simulation Suit.

Facilities - Accommodation (Info about pricing, location etc)

St Nicolas House is the onsite accommodation at QEH. It is a 9 floor tower block in the centre of the site. The top floor is the Doctors Mess and on a good weather day has amazing views across London.

Social activities

Out of hours there is a lively and vibrant social network including a Christmas and Summer Ball organised by Mess President. Five a side football and many other social events. Also Consultants from both sites contribute to a yearly summer ball which takes place each June to say thank you to all Juniors for their hard work.

Doctors' mess

The Doctor's mini mess is located close to the Staff Restaurant. Tea and coffee facilities are all provided. Free takeaway dinner is provided at the weekends for the on call teams in the Doctor's mess.

Library facilities

The library offers a wide range of e-journals, books and several online exam revision packages. We provide critical awareness and database training and support all aspects of research and learning both in the workplace and in the library.

I.T facilities

Access to dedicated PCs during and out of working hours. There are allocated rooms in each specialty/ dept., which provide great IT facilities only accessible to doctors.

Transport links

- 161 Woolwich – Eltham-Chislehurst-North Greenwich
- 178 Woolwich-Kidbrooke-Lewisham
- 244 Abbeywood-Woolwich-Queen Elizabeth Hospital
- 291 Queen Elizabeth Hospital-Woolwich- Plumstead
- 386 Woolwich-Brook Estate-Greenwich-Blackheath
- 469 Woolwich Common-Erith-Bexleyheath
- 486 North Green-Queen Elizabeth Hospital- Welling-Bexleyheath
- Other local bus routes 53,54,89,122 & 422

Local amenities/attractions

QEH is located off of Shooters Hill and easy travelling distance from Woolwich, Blackheath & Greenwich.

Parking arrangements

QEH has staff parking areas and you can apply for a permit. There is also limited parking in surrounding streets.

Accolades/achievements of the trust

The pastoral support provided to Foundation trainees within the postgraduate department is among the best in London. The co-location of the medical staffing department and the postgraduate department allows an excellent level of communication and co-operation between the two departments. This allows rota co-ordination with teaching and training opportunities making it easier than it might otherwise be.

Any additional information

Lewisham and Greenwich NHS Trust was established in October 2013, following the integration of Lewisham Healthcare NHS Trust and Queen Elizabeth Hospital in Woolwich. The Trust provides a comprehensive portfolio of high quality acute healthcare services to a critical mass of more than 526,000 people living across the London Boroughs of Lewisham, Greenwich and North Bexley together with a broad portfolio of community services, primarily, but not exclusively, for those living in Lewisham. We are responsible for NHS services at University Hospital, Queen Elizabeth Hospital in Woolwich and in a number of community settings throughout Lewisham. In addition, we provide some services at Queen Mary's Hospital in Sidcup. The Trust employs more than 6, 000 staff on both the hospital and community sites, which makes us one of the biggest employers in South East London.

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Foundation specific – tasters

Taster/Career week are offered to both F1 and F2 Foundation Trainees. This provides trainees with a unique opportunity to work for a week in a specialty not included in their rotations.

Foundation specific – simulation

QEH, successfully bid for money from SteLi initiative at the HE South London to develop Simulation and Clinical Skills Labs. Continued success in bidding to the Deanery for funding to deliver and develop Foundation Simulation using simulation facilities as well which include Sim Man, Sim Baby, Sim NewB, Endoscopy Simulator, CVP using ultrasound, Interactive birthing simulator etc. Successful in bidding for Distributed Simulation.

Foundation Doctor forums

QE runs foundation doctors forum. During these session discussions centre on issues of training and service provision. Foundation doctor's representatives also attend foundation faculty meetings three times a year to provide feedback from Juniors.

Foundation specific - educational and clinical supervision

In accordance with HESL and GMC

recommendations, there is a single ES for the whole year for each trainee, with CS for each post.

Foundation specific - teaching programme

The teaching programme's cover the Foundation Curriculum. As well as class room based training, there are opportunities to present cases at Grand Round, Ward Rounds, Divisional training meetings, as well as having bedside teaching, journal clubs etc. Other opportunities for learning include Academic Half Days, Grand Rounds, Divisional Training sessions as well as a pro-active in house teaching programme for all levels of staff.

Foundation specific - any additional information

The trust merged in 2013 to become one of the first trusts in the country to have both acute and community services. This merger has proven successful in providing unique opportunities and introducing innovative training across sites. We offer a number of community placements/ rotations.

Lewisham itself is in the centre of the London Borough of Lewisham and provides a wide range of elective and emergency healthcare to an urban residential population including people from a broad sweep of socio-economic and ethnic backgrounds.

The Trust also provides some emergency and tertiary elective services to residents of neighbouring Primary Care Trusts, particularly Greenwich, Bexley and Bromley. University Hospital is a campus for the Guy's, King's and St Thomas' School of Medicine.

St George's University Hospitals NHS Foundation Trust

Trust contact details

Blackshaw Road, Tooting, London SW17 0QT

Trust switchboard: 020 8725 1000

PGME office: 020 8725 1633

Trust website: <https://www.stgeorges.nhs.uk/>

Foundation Training Programme Directors

Dr Charlotte Huddy (F1)

Miss Yael Gelfer (F2)

Medical Education Manager

Robert Bramwell

Foundation Programme Co-Ordinator

Jocelyn Villar

Facilities - Postgraduate Centre (Location and resources)

The Postgraduate office is located at the Education Centre Building, Perimeter Road, St Georges University Hospitals, NHS Trust.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is available that is located within walking distance of St George's Hospital.

Fully furnished accommodation with en-suite bathrooms. Rent inclusive of bills (where applicable) on site launderette and accommodation office. 24 hour monitored CCTV and video door entry control. On-site parking (limited). Regular bus service and nearby rail and underground train stations.

Outdoor gym equipment. Access to our self-serve online service [MyTVH](#) to manage your account.

<https://www.tvha.co.uk/rent/keyworker-housing/st-georges/>

Social activities

There is an active Doctor's Mess that arranges social activities for all grades, including a Summer Ball.

Doctors' mess

Our Doctors mess is located on 1st Floor Lanesborough Wing. There is a kitchen and Sky TV available here.

Library facilities

The Library, based in St George's, University of London, offers evidence-based information support for clinical decision-making, learning and research for all staff and placement students of St George's Trust. It has excellent facilities including:

- 4 bookable pcs connected to the Trust network;
- Additional University-networked computer
- Printing facilities for onsite access to a variety of e-resources such as healthcare journals and databases
- Group and private study areas.
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- The Library also facilities access to and provides training on the wide variety of health information resources coordinated nationally via HEE and NHS OpenAthens. A librarian mediated literature search service is also available to doctors in training. <http://library.sgul.ac.uk/nhs-staff>

I.T facilities

There is 24-hour access to the Trust intranet as well as the internet available on site.

Transport links

The hospital is within easy access to underground stations Tooting Broadway (Northern Line), Overground, Thameslink and several bus links.

Local amenities/attractions

Tooting offers a wide range of bars and restaurants. Clapham, Wimbledon and central London are within easy reach.

Parking arrangements

There is no staff parking available on the hospital grounds unless you are a permit holder.

Any additional information

St George's Hospital is one of the country's principal teaching hospitals. It is a regional referral centre for a wide array of specialties and provides excellent standard of care for patients who come from the local area, from the region and from further afield. It has a close association with St. George's University of London and is the central point of postgraduate medical education for many trainees.

St. George's Hospital has over 9,000 staff members. St George's University Hospitals NHS Foundation Trust serves a population of 1.3 million across southwest London. A large number of services, such as cardiothoracic medicine and surgery, neurosciences and renal transplantation, also cover significant populations from Surrey and Sussex, totaling around 3.5 million people.

Foundation specific - Induction/shadowing arrangements

There is a 5-day induction including a shadowing period for FY1 doctors. Further shadowing can be arranged by contacting Jocelyn Villar in the PGME. Longer periods are available for doctors who trained overseas.

Foundation specific – Tasters

Taster weeks are widely available and encouraged during F2 year and during the final rotation of the FY1 year.

Foundation specific – Simulation

All trainees are given a day to attend a simulation training day. In addition, topic specific additional simulation projects have been developed by the trainees themselves over the summer months. These have been very successful.

Foundation Doctor forums

Foundation Doctors are represented at the Foundation Faculty meetings by 2-3 representatives from each year.

Foundation specific – Educational and Clinical Supervision

Every Foundation Doctor is allocated an Educational Supervisor for the year. In each attachment, trainees are also allocated with a Clinical Supervisor. The Foundation Trainees are also supported by Training Program Directors and the Director of Medical Education, as well as the postgraduate centre staff. Every foundation doctor will have the opportunity to meet their TPD with a mid-point review.

Foundation specific - teaching programme

Foundation Programme posts at St. George's reflect the wide variety of clinical experience to be found in the hospital and its associated general practices and institutions. The rotations comprise three - four-month jobs and have been designed to give an interesting variety of acute clinical experience. In some, there is an opportunity to

work in one of the less common areas of medical practice and some trainees find that they are inspired to make a career choice based on their firsthand understanding of what it is like to work in areas such as paediatrics, neonatology, radiology, palliative care medicine, psychiatry and genito-urinary medicine. F2 posts all include four months of A&E.

Both F1 and F2 trainees have the opportunity to attend the enormous variety of lectures, seminars and departmental meetings in the hospital and medical school as well as weekly Grand Rounds. Career workshops are offered to both years. All Foundation trainees are offered simulation courses as well as protected teaching sessions that take place every Tuesday for F1s and a full day teaching session in for both F1s and F2s. We also offered BLS/ALS, Simulation and ATLS courses for all foundation doctors.

Foundation specific - any additional information

Our foundation doctors have developmental time. This will be an hour for F1s and 2 hours for F2s. Many choose to do quality improvement projects. There are opportunities for the doctors to present their work and field questions at local, regional, and sometimes national events. The FY1 doctors are also encouraged to present at their peer teaching afternoon on topics that are useful and relevant to FY1 doctors. This opportunity can also be used to complete the Developing the Clinical Teacher assessment in the ePortfolio.