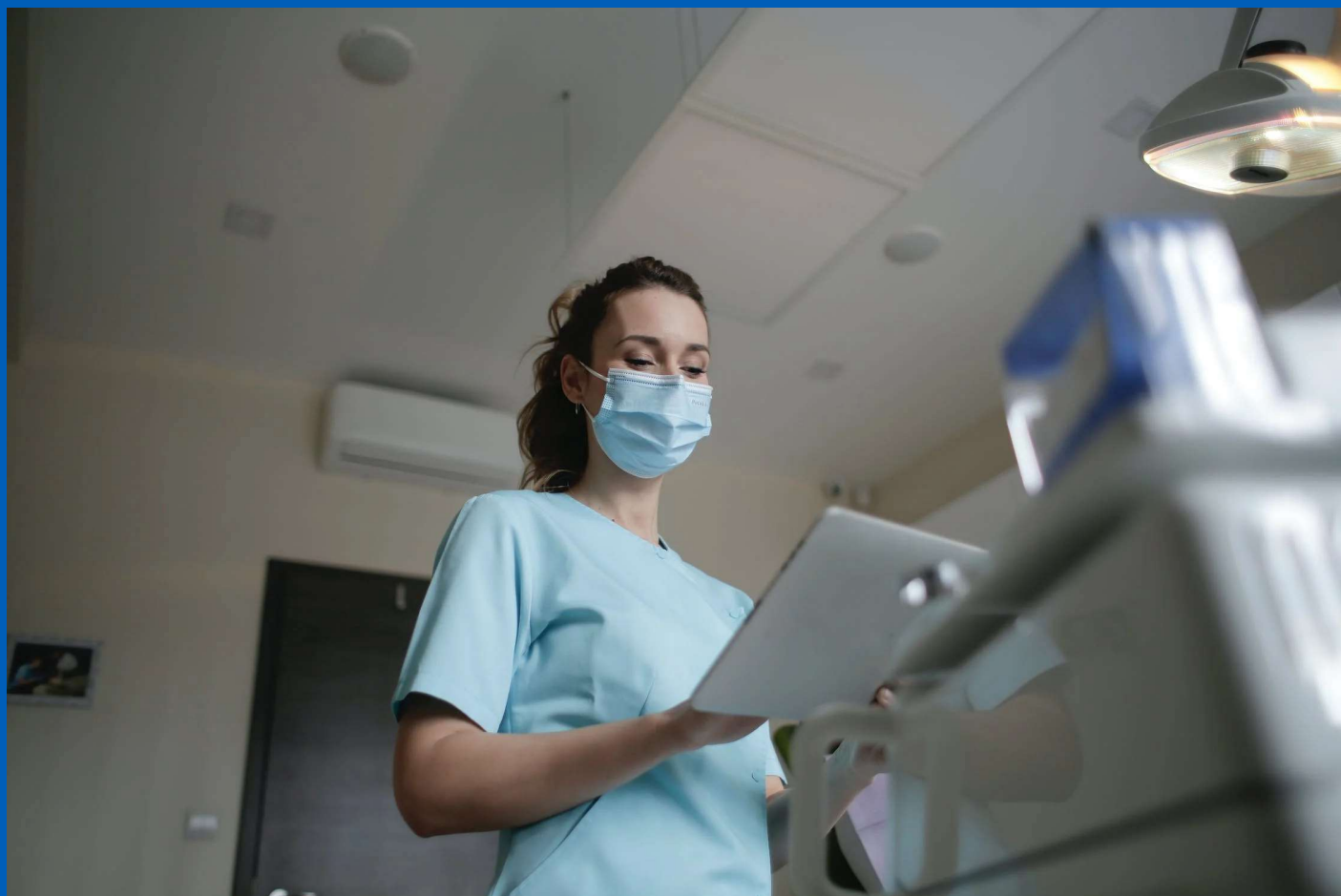


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Health Education England



Trainee Bulletin

London School of Anaesthesia

October 2022

Hello & Welcome

In this bulletin, you will find updates on:

- Introduction
- HoS updates:

- School structure
- TPD & DHoS announcements
- Thank you
- School resources
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Introduction

Welcome to the first edition of the London School of Anaesthesia bulletin. We will be circulating this bulletin on the 1st Wednesday of every month to keep all trainees and trainers informed of everything that is happening within the School and within HEE.

The content of the bulletin will vary from edition to edition depending upon what is happening within the School and at certain times of the year there may be a heavier focus on areas such as ARCPs.

If you want to include any submissions, please email them to the HET Anaesthetic team 1 week before the publication date. A copy of each Bulletin will be uploaded to the London School of Anaesthesia website under a new tab titled 'trainee bulletin'.

HoS updates

I wanted to start by welcoming our new stage 1 Core and ACCS trainees who joined the School in August. I hope you've all settled in well and I am sorry we had to postpone your school induction day. This has now been rescheduled to the 24th of November. I hope all existing trainees have settled into their new trusts or areas of work and are enjoying the change too.

I think the death of Queen Elizabeth II probably affected us in many ways and it may have brought back memories of family members or friends who have passed away over the last few years. Please do get in touch with your ES, College Tutor or TPD, if you feel you need some additional support as we are all here to help you.

Enjoy reading the Bulletin, I think this is a great initiative for the School and will hopefully improve our communication with all of you.

A handwritten signature in black ink that reads "Aasifa Tredray". The script is cursive and fluid, with the first name "Aasifa" and last name "Tredray" clearly legible.

School Structure

Following the creation of a separate London School of ICM, I would like to congratulate Dr Charlotte Anderson on her appointment as Head of School for ICM London and reassure our Dual trainees that they will continue to be expertly guided through both programmes and curricula by the Pan London ICM TPDs and their own Anaesthetic rotational TPDs.

We will now be known as the London School Of Anaesthesia (LSA) and I will be the Head of School for Anaesthesia London.

Here is how the School will look from November 2022:

London Anaesthesia Specialty Training Committees (STC)				
North London Anaesthetic Programme			South London Anaesthetic Programme	
North West TPDs	North Central TPDs	North East TPDs	South East TPDs	South West TPDs
Ruth Bedson(S1) Phillip Peel(S2) Amardeep Riyat (S3)	TBC (S1) Trudi Young(S2) Kate Sherratt(S3)	Naomi Hancox(S1) Sumitra Lahiri (S2) Stephen Hallworth(S3)	Marina Choudhury(S1) Dev Mahtani (S2 & S3)	Nadeem Ahmed(S1) Daniela Mathew(S2) Anna Walton(S3)
Regional Advisor - Sian Jagger	Regional Advisor- Sonia Brocklesby	Regional Advisor- Roger Cordery	Regional Advisor- Oliver Rose	Regional Advisor – Rene Suite
Pan London and KSS Advanced Pain Training- London and KSS Pain Training Advisory Group (LKPTAG) Pain Training Programme Director- Fauzia Hasnie Faculty of Pain Medicine Regional Advisors- North London: Ashish Shetty, South London and KSS: Sandesha Kothari				
Pan London Anaesthetic Educational Delivery Leads – Gunjeet Dua, Emilie Martinoni Hoogenboom				
Pan London Anaesthetic Simulation Leads – Janis Ferns, Ching Pang				
Pan London Anaesthetic Academic Training Programme Director – Gudrun Kunst				
Pan London Anaesthetic Less Than Full Time Training Advisor and SRTT Champion – Anna Fowler				
School Trainee Reps and HEE Education Fellows				
Anaesthetics Health Education Team Service Delivery Manager (SDM)- Titalayo Akintoye, Operations Manager (OM) - Jessica Banks-Cromack ICM and KSS Officer - Deborah Bunce Email: anaes.lase@hee.nhs.uk (trainer enquires), PSP link: https://la.segmdsupport.hee.nhs.uk/support/home (trainee enquiries)				
North London Anaesthetic Programme North London Officer - Feyisayo Bukola Administrators - Ben Owusu-Ansah (NE & NW), Mubeen Akhtar (NC)			South London Anaesthetic Programme South London and Pain Officer - Claire Bowden South London Administrator - Mohammed Rayhan (Rayhan)	

As you can see there are no longer 5 individual Schools of Anaesthesia in London, so any reference to these old schools will disappear.

The North London Anaesthetic Programme is made up of 3 rotations (NC, NE, NW) and the South London Anaesthetic Programme is made up of 2 rotations (SE, SW) and we are working with the RCOA to update the LLP.

This is a positive step for education and training in Anaesthesia in London and has opened up a number of Pan London opportunities for us to develop.

TPD & DHoS announcements

I would like to welcome and congratulate Dr Adrienne Stewart and Dr Carlos Kidel, who I have appointed as our Deputy Heads of School. Both have previously been TPDs in the North Central rotation so come with a wealth of experience already.

I am also like to welcome and congratulate Dr Amardeep Riyat who will take over as the S3 TPD for NW rotation, Dr Sumitra Lahiri who will take over as S2 TPD for NE rotation and Dr Sonia Brocklesbury who will be the new RA for NC

rotation. All have been actively involved in education and training in London for a number of years.

We are also in the process of appointing a new S1 TPD for NC rotation to replace Dr Kidell.

Thank You

I would like to thank Dr Chris Sadler, Dr Peter Brooks, Dr Catherine Shaw, Dr Kausi Rao, Dr Tina Ferguson, and Dr Lorraine Hamlyn for all the work they have done for education and training and for the School over many years. I wish them all the best in any future endeavours.

I would also like to thank Dr Chris Ward who has been representing the South London Trainees at the ATRG meetings at the RCoA.

School resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days, ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia-and-intensive-care-medicine>

London And South East Support Portal

<https://lasepgmdesupport.hee.nhs.uk/support/home>

For curriculum, LLP and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the School website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link:

Quality Improvement initiatives

We are establishing several quality improvement initiatives within the School and would value your input.

[Yearly Training intention forms](#)

In order to help TPDs with future planning, please could we ask all trainees to complete the below short form by 31st October:

https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq_9h_o7mGqIDiop4GFJ-8mFUNzIXSl04MFFJUjkwV0tHQIEzTEhZSEgzRC4u

This data will then be shared with TPDs following the closing date.

[NHS National Education and Training survey](#)

The next NETS survey will be open from 18th October-30th November.

This is a survey that allows HEE to know your concerns regarding training and the new curriculum. It's distinct from GMC survey, where the information made available to local schools is more limited. Please do take the time as it's a strong way for us all to pass on what the experience of training is at the moment, and it's taken very seriously.

ARCPs

Following on from the 2022 Summer ARCPs, we apologise to any London trainee where the communication about the date of their ARCP did not meet HEE standards.

We are in the process of reviewing lessons learnt from these windows and are working with the HET leads to finalise and improve processes going forwards.

Summer 2023 windows are being finalised and exceptions are now being requested, final confirmation of these requests will be confirmed in early November. Therefore, we plan to release all confirmed dates along with panel links to register before Christmas.

The School plans to host 2 ARCP workshops every year for trainees, to support their ARCP preparation. The date of the 1st workshop will be on the 6th of December from 09.30am to 11.30am via MS Teams. Further information and invitations to follow.

Advanced/Special Interest Areas process

The process for allocation to ATM/SIAs for August 2023 and February 2024 has now gone live for both the North and South London Anaesthetic Programmes. This process has been running in the South for many years but is a new initiative for the North London. Information will be emailed out to all ST5+ trainees in the School with booklets also located under the Programme Advanced/Special Interest Area sections on the School website.

Educational Delivery

RTDs

Regional Training days

Training days are all advertised on the website here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia-and-intensive-care-medicine/regional-training-days>

You can find the HEE Anaesthetic Training calendar here:

<https://london.hee.nhs.uk/calendar4>

When searching on the HEE calendar make sure you select the below and check both Pan/ London Region.

Specialty

Suitable for all specialties
ACCS
Anaesthetics
Clinical Oncology
Clinical Radiology
Dental
General Practice
Emergency Medicine

Sub Specialty

Suitable for all sub specialties
Not Applicable
Acute Internal Medicine
Allergy
Audiological medicine
Cardiology
Cardio-thoracic surgery
Chemical pathology & metabolic medicine

Suitable for

Trainees

Region

North West London
North Central and East London
South London
Pan-London

Date range

-Month

-Month

We are planning to phase out advertising of RTDs via email & will require trainees to check the website regularly.

Trainees should attend training days that they feel are appropriate for their level. Virtual events are generally open Pan-London.

Exam

- FAO NL trainees: NW LDN- Imperial Final FRCA Viva Course**

Dear all,

We will be running the ISA Final SOE course again for those doing the exam in December 2022. The deadline to book a space is Friday 7th Oct for candidates and examiners (post FRCA only) and the dates are:

- 29th Oct
- 5th Nov
- 12th Nov
- 19th Nov
- 26th Nov

We are aware that the final written results come out a few days prior to the start of our course but to allow for a quick turnaround we encourage anyone who is planning to sit the final SOE in December to apply regardless of whether you have passed the written by October 7th. Please apply by

emailing imperialfinalfrca@gmail.com with the dates you would like to attend and whether you have passed the written or not.

Many thanks,

Sharjeel, Abtin, Nisha, Meera, Sekina, and Victoria Poppy
ISA Final Viva Course Organisers

- **For those interested in joining the 7th cycle of The East London Writers Club!**

We would like to invite trainees to join the 7th cycle of **The East London Writers' club** for the Final FRCA CRQ exam.

We will be starting this round on **Tuesday 25th October 2022** in preparation for the Final FRCA CRQ exam on **Tuesday 28th February 2023**.

It will involve us sending out 4 CRQ style questions each week which should be returned to us by the following week. This will then be followed by 'model answers' together with a new set of CRQs. Each candidate can decide whether to use these questions as an 'open-book' exercise to guide revision or treat them as a test as you progress with your revision.

Our questions and 'model answers' have been adapted from all of the previous CRQ exams as well as previous FRCA SAQ papers, recent BJA Education articles and the RCoA Curriculum.

This process will then be repeated until the February 2023 exam. There will be an early bird joining fee of **£50 per candidate** for those who register at any point before the start date of the Writers Club.

Please email ELwritersclub@outlook.com to register your interest or if you have any questions.

Very best wishes,

On behalf of the 'East London Writers' Club' organisers:

Archana Depala ST6 Anaesthetics | Central London School of Anaesthesia

Ankit Kumar ST7 Anaesthetics/ ICM | North East Thames School of Anaesthesia

HEE updates

Following the release of the Gold Guide version 9, we are in the process of updating all guidance information for all processes and information impacted by the changes.

These changes will be reflected on the PGMDE support portal and website in due course.

We will also incorporate any changes made by the RCOA with the introduction of the new 2021 Curriculum into our guidance documents as well.

OOP APPLICATIONS

Please remember all requests need to be submitted at least 6 months in advance of the required start date

If you are applying for a post where the interview falls within this 6-month period, please apply in advance within the specified windows, and note on your application form that the interview is still pending. For further information on windows and OOP information can be found here on the HEE website under the 'OOP' tab:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia-and-intensive-care-medicine>

STUDY LEAVE

Discretionary Study Leave

Please note that aspirational study leave will now be termed discretionary study leave.

A number of changes to funding allowances has occurred, these were communicated to all trainees via email. Please familiarise yourselves with these changes.

Further guidance can be found here:

<https://lasepgmdesupport.hee.nhs.uk/support/home?studyleave>

Trainee rep updates

Welcome to the first London School of Anaesthesia Bulletin, we hope this will provide a regular channel of communication to keep trainees updated of events going on throughout the school.

We wanted to take the opportunity of this first Bulletin to briefly outline how the trainee rep teams are structured and give you the details of your current reps so you know who to contact and how if you have any issues or would like to give feedback to be discussed at Specialist Training Committee (STC) meetings.

Each of the five rotations within the school (NW, NC, NE, SW, SE) have a rep team covering Stage 1 (Core & ACCS) to Stage 3 and LTFT. The lead rep across the North London Anaesthetic Programme (NLAP) is Josh Wall and for South London Anaesthetic Programme (SLAP) is Melissa Addy.

Reps will be involved in contributing the school website, these bulletins and organisation of trainee led events - namely the LSA Annual Trainee Conference and the separate North and South London JAG events. These events are long standing in the traditions of our school, but we hope that they will continue to grow, not least because they offer an opportunity for us to come together as LSA trainees across rotations and training grades.

We have our first whole School Trainee Rep meeting with the Head of School and HET on the 11th of October 2022.

Best Wishes
Josh and Mel

South London Anaesthetic Programme (SLAP)

1. Current Rep Team & Contact Details:

SE Reps	Name	Email
Stage 3 & SE Lead	Thom O'Dell	todell@nhs.net
Stage 2	Charlotte Brathwaite Shirley	c.brathwaiteshirley@nhs.net
Stage 1 Core	Kate Millar	katerachel.millar@nhs.net
Stage 1 ACCS	Josh Fisher	joshua.fisher@nhs.net
LTFT	Helen McKevitt	helen.mckevitt@live.co.uk
Stage 3	Yin Yong Choo	yinyongchoo@gmail.com
Stage 2 & SW Lead	Melissa Addy	melissa.addy@nhs.net
Stage 1 Core	Rana Mallah	r.mallah@nhs.net
Stage 1 ACCS	Sophie Boles	sophieboles@nhs.net
LTFT	Sarah Crabtree	sarahcrabtree@doctors.org.uk

Generic SLAP trainee reps email address: slaptraineereps@gmail.com

2. LLP Trainee Leads Advert

The RCoA have a panel of lead consultants and trainees, one for each region, who will act as a central point of contact for issues using LLP and also feed back into the College regarding future developments or common pitfalls etc. Please in touch with Thom O'Dell (SE) or Melissa Addy (SW) if you are keen on taking on this role, or would like more information before any commitment.

3. SE Updates from previous STC Meetings

- ARCP Comms - the issue affecting a sub group of SE trainees surrounding late or absent notification of May ARCP dates has been acknowledged and apologised for. These trainees were identified and offered an alternative window if desired. A productive meeting between the SE reps, Head of School and members of HET took place with an action plan generated. Please follow the main ARCP section for information about future plans.

4. There will be a full update and timeline about the final phases of the repatriation of posts from Frimley Park, Ashford and St Peter's, Maidstone and Tunbridge Wells and Medway and Maritime Hospitals back to the KSS region in the November Bulletin.

Additional guidance for HALO completion:

A request was made by the School trainee reps at the Pan London School Board meeting about providing some additional guidance for the Generic Professional Capability HALOs. This is being reviewed by the London RAAs.

RCOA 2021C Curriculum Handbook:

Following the release of the handbook, the RCOA have included guidance related to the amount of service commitment to ICM and obstetrics for stage 2 trainees.

Whilst these provide valuable training and experience, the RCOA have said it must not be to the detriment of anaesthetic training; anaesthetists in training must receive a balanced programme of training over their higher specialty training years.

The School has asked for additional clarity from the RCOA on the guidance given the wider implications for our trusts.

If any trainee feels they may be doing too little/too much they should contact their educational supervisor/college tutor for further guidance.

RCOA guidance on EDUCATIONAL DEVELOPMENT TIME:

- Reminder of guidance on this: <https://rcoa.ac.uk/training-careers/training-hub/2021-curriculum/guidance-educational-development-time#:~:text=The%20RCoA%20recommends%20that%20anaesthetists,hours%20of%20EDT%20per%20week>

Please discuss this with your ES or College Tutor as departments will need to plan how to implement this locally.

If you have any questions or queries, please do get in touch with the HET team here at HEE, either [via the PSP portal](#) or School line below.

Best wishes

Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray

Healthcare Education Team, London and Kent, Surrey and Sussex

Health Education England

KSS & LDN HEE Website: <https://kss.hee.nhs.uk/> <https://london.hee.nhs.uk/>

PGMDE support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

School line: 020 7866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce



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Health Education England

1st Floor | Blenheim House | Duncombe Street | Leeds | LS1 4PL

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