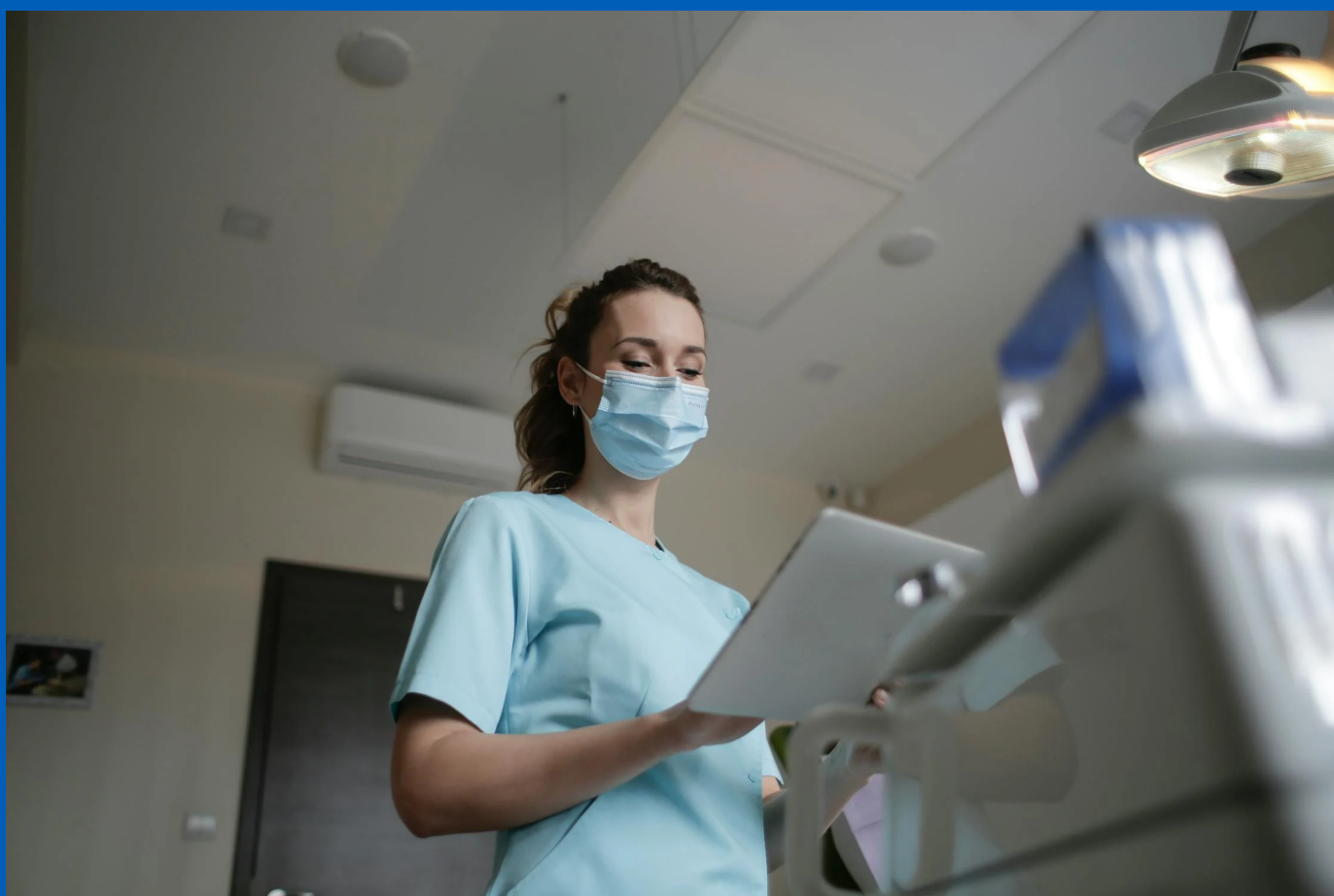


Trainee Bulletin

London School of Anaesthesia

December 2023



Hello & Welcome

In this bulletin, you will find updates on:

- HoS and DOS update
- School resources

- Trainee Rep Updates
- Regional Training Days & Exam Courses
- HEE updates
 - ARCP
- Courses/Events

Introduction

Welcome to the December edition of the London School of Anaesthesia bulletin.

Going forward we aim to circulate this bulletin on the first day of every month to keep all trainees and trainers informed of everything that is happening within the school and with NHS England.

The content of the bulletin will vary from edition to edition depending on what is happening with the school. If you want to include any submissions, please email them to the HET Anaesthetics team 1 week before the publication date. A copy of each bulletin will be uploaded to the London School of Anaesthesia website under the tab titled trainee bulletin.

HoS and DOS updates

Good luck to all the trainees who are sitting the Final FRCA SOE exam this month and the very best of luck, with the results. I also hope all trainees who sat the Primary FRCA exam in November and received their results, did well. Please contact your TPD to let them know how things went and if you have any concerns about the outcome of your exam results, they will be able to provide you advice and support.

Thank you to everyone who attended the ARCP workshop in November. We hope you found it useful. We will also be running another session nearer the summer ARCPs and will circulate the date in the New Year.

As we approach the end of 2023, I wanted to thank all of you for the hard work you have done over the last year. This year has felt very different from previous years and it has been lovely to hear all the positive feedback about

your training and your trainers. 2024 will be a year of review for the School to see if delivery of your training can be improved further and I will be working closely with Jonny and Rana to gather your feedback and opinions.

I hope everyone has a Happy Christmas and New Year. Thank you to everyone who is working over the festive season, I hope you all get to spend some time with your friends and family too.

London School Anaesthesia				
Head of School- Dr Aasifa Tredray				
Deputy Head of School – Adrienne Stewart & Carlos Kidel				
London Anaesthesia Specialty Training Committees (STC)				
North London Anaesthetic Programme			South London Anaesthetic Programme	
North West TPDs	North Central TPDs	North East TPDs	South East TPDs	South West TPDs
Ruth Bedson(S1) Phillip Peel(S2) Amardeep Riyat (S3)	Abigail Whiteman(S1) Kate Sherratt(S2) Trudi Young(S3)	Naomi Hancox(S1) Stephen Hallworth (S2 & S3)	Marina Choudhury(S1) Dev Mahtani (S2 & S3)	Dr Adam Shonfeld (S1) Daniela Mathew(S2) Anna Walton(S3)
Regional Advisor - Sian Jagger	Regional Advisor- Sonia Brocklesby	Regional Advisor- Roger Cordery	Regional Advisor- Oliver Rose	Regional Advisor – Rene Suite
Pan London and KSS Advanced Pain Training- London and KSS Pain Training Advisory Group (LKPTAG)				
Pain Training Programme Director- Fauzia Hasnie				
Faculty of Pain Medicine Regional Advisors- North London: Ashish Shetty, South London and KSS: Sandesha Kothari				
Pan London Anaesthetic Educational Delivery TPDs – Gunjeet Dua, Emilie Martinoni Hoogenboom				
Pan London Anaesthetic Simulation Leads – Janis Ferns, Ching Pang				
Pan London Anaesthetic Academic Training Programme Director – Gudrun Kunst				
Pan London Anaesthetic Less Than Full Time Training Advisor and SRTT Champion – Anna Fowler				
School Trainee Reps and HEE Education Fellows				
Pan London HEE Funded Anaesthesia Associate Training Programme - AA Training Lead – Dan Heaton, AA Ambassador – Frances Marfleet				
Anaesthetics Health Education Team				
Service Delivery Manager (SDM)- Titalayo Akintoye, Operations Manager (OM) - Jessica Banks-Cromack				
ICM and KSS Officer - Deborah Bunce				
Email: anaes.lase@hee.nhs.uk (trainer enquires), PSP link: https://lasepgmdesupport.hee.nhs.uk/support/home (trainee enquiries)				
North London Anaesthetic Programme			South London Anaesthetic Programme	
North London Officer – Kelvin Carrasco			South London and Pain Officer - Claire Bowden	
Administrators - Ben Owusu-Ansah (NE & NW), Mubeen Akhtar (NC)			South London Administrator - Mohammed Rayhan (Rayhan)	

Trainees are reminded to use the email addresses below to contact their TPDs going forward.

PAN LDN	HoS	Aasifa Tredray	Aasifa.Tredray@nhs.net
PAN LDN	DHoS	Carlos Kidel	c.kidel@nhs.net
	DHoS	Adrienne Stewart	adrienne.stewart1@nhs.net
NE	Stage 2&3 TPD	Stephen Hallworth	stephen.hallworth@nhs.net
NE	Stage 1 TPD	Naomi Hancox	n.hancox@nhs.net
NC	Stage 1 TPD	Abigail Whiteman	abigail.whiteman1@nhs.net
NC	Stage 2 TPD	Kate Sherratt	kate.sherratt2@nhs.net
NC	Stage 3 TPD	Trudi Young	trudi.young2@nhs.net
NW	Stage 3 TPD	Amardeep Riyat	amardeepsingh.riyat@nhs.net
NW	Stage 2 TPD	Phillip Peel	philip.peel1@nhs.net
NW	Stage 1 TPD	Ruth Bedson	ruth.bedson@nhs.net
SW	Stage 1 TPD	Adam Shonfield	adamshonfield@nhs.net
SW	Stage 2 TPD	Daniela Mathew	daniela.mathew@nhs.net
SW	Stage 3 TPD	Anna Walton	anna.walton7@nhs.net
SE	Stage 1 TPD	Marina Choudhury	marina.choudhury@nhs.net
SE	Stage 2&3	Dev Mahtani	dev.mahtani@nhs.net
Pan London	TPD – LTFT	Anna Fowler	anna.fowler@nhs.net
North London	TPD – Education Delivery	Emilie Hoogenboom	emilie.hoogenboom@nhs.net
South London	TPD – Education Delivery	Gunjeet Dua	gunjeet.dua@nhs.net
Pan London	Academic TPD	Gudrun Kunst	g.kunst@nhs.net

School Resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days & ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia>

London And South East Support Portal

<https://lasepgmdesupport.hee.nhs.uk/support/home>

For curriculum, LLP, and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the school website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link: <https://lasepgmdsupport.hee.nhs.uk/support/home> (trainee enquiries)

REGIONAL TRAINING Days

Training days are all advertised on the website here so please check the website regularly:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia/regional-training-days>

Trainees should attend training days that they feel are appropriate for their level. Virtual events are generally open Pan-London.

You can find the HEE Events Training calendar here:

<https://london.hee.nhs.uk/calendar4>

When searching on the HEE calendar make sure you select the below and check both Pan/ London Region. For Sub Specialty please ensure you select Not Applicable.

Specialty

Suitable for all specialties
ACCS
Anaesthetics
Clinical Oncology
Clinical Radiology
Dental
General Practice
Emergency Medicine

Sub Specialty

Suitable for all sub specialties
Not Applicable
Acute Internal Medicine
Allergy
Audiological medicine
Cardiology
Cardio-thoracic surgery
Chemical pathology & metabolic medicine

Suitable for

Trainees

Region

North West London
North Central and East London
South London
Pan-London

Date range

-Month

-Month

Trainee Rep Updates

Save the Date: The London School of Anaesthesia Trainee Conference is confirmed for Friday 8th March 2024.

Put the date in your diaries and if you already have your rota, we recommend requesting study leave from now.

It's free, catered, and open to all trainee grades CT1-ST7+

SAVE THE
DATE



Free, fully catered event with
post-event drinks reception

London School of Anaesthesia Trainee Conference

Friday 8th March 2024

Mary Ward House,
5-7 Tavistock Place, WC1H 9SN

Registration Link - <https://lasepgmdeevents.hee.nhs.uk/events/specialty-conferences/18b759eb-b697-40f0-86c5-8780b3e26aaf>

NHSE Fellows job advert.

The LSA is advertising two educational fellowships for London trainees in possession of the Primary FRCA.

One post at UCLH: https://www.uclh.nhs.uk/work-with-us/current-vacancies#!/job/UK/London/London/University_College_London_Hospitals_NHS_Foundation_Trust/Anaesthetics/Anaesthetics-v5862894?_ts=290

One post at GSTT: [advert link pending]

Read here what our current fellows say about the job:

“The fellowship has given me the chance to gain insight into the workings of NHSE and the organisation of education within the London School of Anaesthetics. It has allowed me to develop leadership and management skills as well as pursue my own areas of interest within education and work with TPDs to develop educational programmes, while also maintaining clinical contact and continuing to develop clinical skills.”

“This fellowship allowed me to gain a better understanding of how Higher Education England/NHS England works and provided an insight into the work that goes into providing our training and education as trainees in anaesthesia. It has given me opportunities to organise and facilitate some of this teaching myself, lead my own projects and be involved in educational research”.

HET Updates

ARCP

Please see below for upcoming January ARCP dates.

North-Central	18/01/2024
North-East	18/01/2024
North-West	12/01/2024
South-East	15/01/2024
South-West	29/01/2024

Please [click here](#) for the ARCP email that trainees will receive ahead of the January ARCPs.

Changes to the date of the Summer 2024 ARCPs for those at a Critical Progression point.

Following a Senior Leadership review of the Summer 2024 July/window 3 exceptions, it has been highlighted that in line with the national ARCP SOP (section 2.1b: <https://www.hee.nhs.uk/our-work/doctors-training/standard-operating-procedures>) we need to assess and review trainees ARCPs with a minimum of 6 weeks from their critical progression end date. This is not only to ensure we are following national guidance but also to support trusts with providing as much notice as possible for any possible late changes/extensions if needed. Holding ARCPs in July (window 3) does not adhere to this. So, it has therefore been agreed for us to move the critical progression point ARCPs to window 2 instead (10th-28th June).

To confirm the exceptions that have been approved for window 2 are:

End of stage 1 (CT3 and ACCS CT4)

End of Stage 2

End of Stage 3

End of ACCS CT2 as this is a critical progression point in the ACCS curriculum.

We will run through the change at the next ARCP workshop in March (date TBC) and with your college tutors at the March STC meetings so they know how best to guide you. If you have any questions, please get in touch with your TPD or the Health Education Team via the support portal.

Events/Courses

ACCS Winter Teaching Programme

Please [click here](#) for the ACCS winter teaching programme.

Dear Trainees,

We are looking forward to welcoming you to the **2023/24 ACCS Winter Teaching Programme**.

The ACCS WTP is an online teaching series, aimed at ACCS trainees, but open to all specialities and grades with an interest in managing acutely unwell patients.

This year, we have a truly fantastic range of expert speakers, discussing topics including Septic Shock, ECMO, Emergency Laparotomy, and Cardiogenic Shock.

The teaching will take place online on **MS Teams**, from **13:30 to 14:30**, and the sessions are (almost) weekly, **starting from November 29 2023**.

Please register with the below QR Code to sign up. Teaching sessions will be also recorded for those unable to attend.

All the best,

Govinder and Sam
ACCS Trainees, North Central London

Primary FRCA Viva Pair to Pass Course

Pairing you with other eager candidates to aid in success for the January Viva sitting.

Deadline to sign up: 10th December.

For more information and to sign up please visit:
anaestheticsforjuniors.com/primary-pair-to-pass

A promotional poster for the Primary FRCA Viva Pair to Pass course. The top section has a teal background with the text 'Primary FRCA Viva Pair to Pass' in white. To the right is a logo featuring a syringe and the letters 'AFJ'. The middle section has a white background with a teal curved border on the left, containing the text 'Get paired to practise with many different trainees sitting the Primary FRCA Viva in January 2024'. The bottom section features a QR code with the text 'FOR MORE INFO' above it and 'CLICK HERE' below it.

Primary FRCA Viva
Pair to Pass

Get paired to practise with many
different trainees sitting the
Primary FRCA Viva in January 2024

FOR MORE INFO



[CLICK HERE](#)

Primary FRCA OSCE Viva Mock Exam

Friday 12th January 2024

9am - 5pm

Tunbridge Wells Hospital

Free to trainees in KSS and London Deaneries!

Contact james.wight1@nhs.net to reserve a place.

Reducing the environmental impact of operating theatres Survey

If you work in operating theatres and want to help with research into sustainability, please fill in this survey.

It will take you no longer than 10 minutes and you could win £100.

The survey is being organised by researchers from Imperial College.

We welcome responses from anyone who works in OTs – nurses, anaesthetists, ODPs and surgeons.

Your opinion matters: these responses will help us to design solutions that actually work for you and your colleagues.

[Here's the link to the survey](#), or scan the QR code in the banner below:

The banner has a dark green background with a hexagonal pattern on the right side. It features a photograph of an operating theatre. The text is in white and green. A QR code is prominently displayed in the center.

Imperial College London

YOUR OPINION MATTERS

Do you work in operating theatres?

Take part in a **10 minute** survey,
and be in with a chance to
WIN £100!

Scan the **QR code** or use the link
to take part, and inform
changes to reduce the
environmental impact of the NHS



bit.ly/green-surgery

Hot Topics in Global Health conference, 13th + 14th May 2024:

I'm a Postgraduate Medical Education Fellow at Chelsea & Westminster Hospital, London, and am Lead Course-organiser for the **"Hot Topics in Global Health"** conference on **Monday 13th and Tuesday 14th May 2024** being run by **Chelsea & Westminster Hospital PGME department**. This is a 2-day international conference with both in-person and virtual attendance with speakers from the RCP/ RCPCH/ RCOG Global teams, RCOA, LSHTM and LSTM faculty as well as previous NGO volunteers.

This conference is aimed at F2+ level doctors of all grades including Consultants across specialities. It will cover updates on each speciality in a Global Health context as well as a Careers Planning panel discussion for those who are planning to volunteer abroad with NGOs/ in low resource settings in the future.

We are awaiting RCP CPD accreditation and conference venue confirmation but it will be based in Central London.

The conference programme and flyer are attached and the sign-up link for **Registration is now open** via the link below:

https://forms.office.com/Pages/ResponsePage.aspx?id=sITDN7CF9Ueylge0jXdO41jjlm7_Vg9MkYDAkJGGc89UNIVaVzRDMExQVUNaS1ITUTIYSTIXWEJaOSQIQCN0PWcu

Any questions or queries, please contact me via chelwest.chelwestPGteaching@nhs.net.

National NACCS Educational Resource

- 38 pages of signposted resources, mapped to the RCoA and FFICM curriculum
- Neuro knowledge resource for exams, writing guides and clinical practice
- Key trials, reviews, videos, guidelines, audits
- <https://naccs.org.uk/resource/contents/>



Use it for neuro CEX, CBDs and writing guidelines!

GPC sustainability symposium

Pan London event open to all trainees on 18th December 2023. Training day on sustainability in the NHS. Talking on climate change, local and National projects currently working towards net zero nhs. Please book using the link below.

<https://london.hee.nhs.uk/pan-london-anaesthetics-rtd-gpc-sustainability-symposium-st1-st7>

If you have any questions or queries, please do get in touch with the HET team here at HEE, either [via the PSP portal](#) or School line below

Best wishes

Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray

[Healthcare Education Team, London and Kent, Surrey and Sussex](#)

NHSE

KSS & LDN HEE Website: <https://kss.hee.nhs.uk/> <https://london.hee.nhs.uk/>

PGMDE support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

School line: 0207 866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce



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