

Trainee Bulletin

London School of Anaesthesia

June 2024



Hello and Welcome

In this bulletin, you will find updates on:

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Introduction

Welcome to the June 24' edition of the London School of Anaesthesia bulletin.

Going forward we aim to circulate this bulletin other month to keep all trainees and trainers informed of everything that is happening within the school and with NHS England.

The content of the bulletin will vary from edition to edition depending on what is happening with the school. If you want to include any submissions, please use the following link: <https://forms.office.com/e/pQ5rYxw1GJ>, submissions via email are no longer accepted.

HoS and DoS Updates

London School Anaesthesia				
Head of School- Dr Aasifa Tredray				
Deputy Head of School – Adrienne Stewart & Carlos Kidel				
London Anaesthesia Specialty Training Committees (STC)				
North London Anaesthetic Programme			South London Anaesthetic Programme	
North West TPDs	North Central TPDs	North East TPDs	South East TPDs	South West TPDs
Ruth Bedson(S1) Phillip Peel(S2) Amardeep Riyat (S3)	Abigail Whiteman(S1) Kate Sherratt(S2) Trudi Young(S3)	Naomi Hancock(S1) Stephen Hallworth (S2 & S3)	Marina Choudhury(S1) Dev Mahtani (S2 & S3)	Dr Adam Shonfeld (S1) Daniela Mathew(S2) Anna Walton(S3)
Regional Advisor - Sian Jagger	Regional Advisor- Sonvia Brocklesby	Regional Advisor- Roger Cordery	Regional Advisor- Oliver Rose	Regional Advisor – Rene Suite
Pan London and KSS Advanced Pain Training- London and KSS Pain Training Advisory Group (LKPTAG)				
Pain Training Programme Director- Fautzia Hazle				
Faculty of Pain Medicine Regional Advisors- North London: Ashish Shetty, South London and KSS: Sandesha Kothari				
Pan London Anaesthetic Educational Delivery TPDs – Gunjeet Dua, Emille Martinoni Hoogenboom				
Pan London Anaesthetic Simulation Leads – Janis Ferns, Ching Pang				
Pan London Anaesthetic Academic Training Programme Director – Gudrun Kunst				
Pan London Anaesthetic Less Than Full Time Training Advisor and SETT Champion – Anna Fowler				
School Trainee Reps and HEE Education Fellows				
Pan London HEE Funded Anaesthesia Associate Training Programme - AA Training Lead – Dan Heaton, AA Ambassador – Frances Marfleet				
Anaesthetics Health Education Team Service Delivery Manager (SDM)- Titalayo Akintoye, Operations Manager (OM) - Jessica Banks-Cromack ICM and KSS Officer - Deborah Bunce Email: anaes.lse@hee.nhs.uk (trainer enquiries), PSP link: https://lasepgmdsupport.hee.nhs.uk/support/home (trainee enquiries)				
North London Anaesthetic Programme North London Officer – Kelvin Carrasco Administrators - Ben Owusu-Ansah (NE & NW), Mubeen Akhtar (NC)			South London Anaesthetic Programme South London and Pain Officer - Claire Bowden South London Administrator - Mohammed Rayhan (Rayhan)	

School Resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days & ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia>

London And South East Support Portal

<https://lasepgmdsupport.hee.nhs.uk/support/home>

For curriculum, LLP, and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the school website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link: <https://lasepgmdesupport.hee.nhs.uk/support/home> (trainee enquiries)

Regional Training Days

Training days are all advertised on the website here so please check the website regularly:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia/regional-training-days>

Trainees should attend training days that they feel are appropriate for their level. Virtual events are generally open Pan-London.

You can find the HEE Events Training calendar here:

<https://london.hee.nhs.uk/calendar4>

When searching on the HEE calendar make sure you select the below and check both Pan/ London Region. For Sub Specialty please ensure you select Not Applicable.

Specialty

- Suitable for all specialties
- ACCS
- Anaesthetics**
- Clinical Oncology
- Clinical Radiology
- Dental
- General Practice
- Emergency Medicine

Sub Specialty

- Suitable for all sub specialties
- Not Applicable**
- Acute Internal Medicine
- Allergy
- Audiological medicine
- Cardiology
- Cardio-thoracic surgery
- Chemical pathology & metabolic medicine

Suitable for

Trainees

Region

- North West London
- North Central and East London
- South London**
- Pan-London

Date range

-Month

-Month

New platform for Regional Training Day recordings

The HET team have developed a new platform for storing RTD recordings on the [NHS Learning Hub](#). Trainees can access the NHS Learning Hub using their e-LfH or OpenAthens credentials and then request access to the London

School of Anaesthesia catalogue. This is a restricted catalogue for London trainees only so trainees will need to request access for the HET team to approve.

Online RTDs will continue to operate on MS Teams and the recordings will be uploaded to the online catalogue on the NHS Learning Hub within 48 hours.

HET Team

Trainee Rep Update

WhatsApp Groups

To help keep you update to date with what's happening in your region please make sure you are part of the relevant regional WhatsApp group. These groups are under the London Community which is used for pan London info.

- North West <https://chat.whatsapp.com/EbVcof1Szfa1rNf6TOoOWY>
- North Central Stage 1

<https://chat.whatsapp.com/LRqmDzqrh0G2I3CnM2i149>

- North Central Stage 2+3

<https://chat.whatsapp.com/B8TbggGRA75AwCzNTLK2G9>

- North East <https://chat.whatsapp.com/lemIMDceDdrAt9KILdaYqV>
- South London <https://chat.whatsapp.com/EB0cMDeYsbUIUozPVPZgHY>

Jonny Kaberry

TPD Update

NW Stage 3 TPD Update

Recent Outcome 6 and CCT

Congratulations to these doctors who recently were awarded outcome 6 for completion of their training program and CCT! Wishing you well for your

ongoing careers:

Dr. Chris Groves (dual anaes/ICM), Dr Ruoyi Sun, Dr. Chandni Parikh

May ARCPs

Overall I was impressed at the standard of the LLPs at the recent ARCPs.

Despite the ongoing challenges you are all facing, the quality of evidence and standards many of you are managing to achieve is very high, so well done and keep up the good work. A couple of themes to make the next ARCP process even better:

- ESSRs (need to start from the day after your last ARCP and need ES and CT sign-off)
- Stage 3 HALOs are intended to be completed as CCT approaches (approx. mid ST7). This allows you to add SLEs throughout stage 3, reflecting your learning and professional growth.

I'd like to thank also all consultants, ES and CTs who supported our trainees prepare for this process.

June ARCPs

I'm looking forward to awarding more outcome 6s for a number of you completing your training on the 2021 curriculum, a first for the NW rotation! Follow the national ARCP checklist and I'll be in touch with you specifically to guide.

SIAs

Details for the annual application process will be sent out soon. If you are an ST5 trainee in NW London and considering applying, please get in touch with me so we can discuss. Keep an eye out for the SIA workshops.

Dr A. Riyat, Stage 3 TPD, NW Rotation. amardeepsingh.riyat@nhs.net

HET Updates

[LTFT](#)

Following the removal of LTFT categories and central comms, you can find all the latest information on LTFT eligibility, when to apply and the form via the PGMDE portal FAQs here:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/folders/7000009142>

For specific timelines and information of windows you need to apply in, please refer to this FAQ:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000018502-when-can-i-apply-for-ltft-what-is-the-notice-period->

*Please note you can only apply for LTFT, under the below grounds, within the windows for your rotation Month:

- Welfare and wellbeing
- Unique opportunities
- Religious commitment
- Non-medical development
- Flexibility for training and career development

Please ensure you discuss all applications with your TPD prior to submitting your application form.

Notice period for LTFT: 16weeks for grounds you can apply for throughout the year, and within the rotation windows for the remaining grounds above

Events

British Ophthalmic Anaesthesia Society - Annual Scientific Meeting 2024

We are please to announce the opening of our Registration for BOAS 2024. This one day event is being held on Monday 9th September at the legendary Trent Bridge Cricket Ground in Nottingham. Join us for a full day of learning, interactive sessions and hands on training in local anaesthetic techniques. This year, we are delighted to be joined and supported by The British Association of Day Surgery (BADs).

This event is open to all anaesthetists, ophthalmic surgeons, nurses and operating department practitioners who have an interest in Ophthalmic Anaesthesia.

<https://www.boas.org/boas2024>

Stefanos Ioannidis, Anaesthetics ST7, stefanos.a.ioannidis@gmail.com

Perioperative Medicine in Action Relaunch

On 1st July 2024 we are relaunching the UCL/RCoA Perioperative Medicine in Action MOOC. Please do sign up and take a look. Even if you have done it before, there is some great new material not to be missed:

- Risk Assessment: Prof Ramani Moonesinghe discussing the importance and future of risk assessments
- Prehabilitation: Three new articles on prehabilitation- why we need it, what it involves and how to set up a service
- Advanced care planning: An updated look at end of life discussions and the barriers to advanced care planning
- NAP 7: Hear from Prof Tim Cook about NAP 7 and how it impacts perioperative care
- Management of perioperative anaemia: An updated review of the latest guidance
- Digital transformation: the power of EHRS and how data can be used to transform perioperative care.

And lots more.....

It's completely free to access all the learning material and you can do as much or as little as you like. Stress free online learning that's relevant to trainees of every Stage. A great addition to every POM HALO.

<https://www.futurelearn.com/courses/perioperative-medicine>

For further information please contact Abigail Whiteman

(abigail.whiteman@nhs.net) or Mo Khaki (mohammedabbas.khaku@nhs.net)

If you have any questions or queries, please do get in touch with the HET team [via the PSP portal](#) or School line below.

Best wishes

Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray

[Healthcare Education Team, London and Kent, Surrey and Sussex](#)

[London School of Anaesthesia website](#) | [PGMDE support portal](#)

School line: 0207 866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce

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NHS England London

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