

LSA Trainee bulletin - March 2023

Health Education England <LondonTrainees@news.hee.nhs.uk>

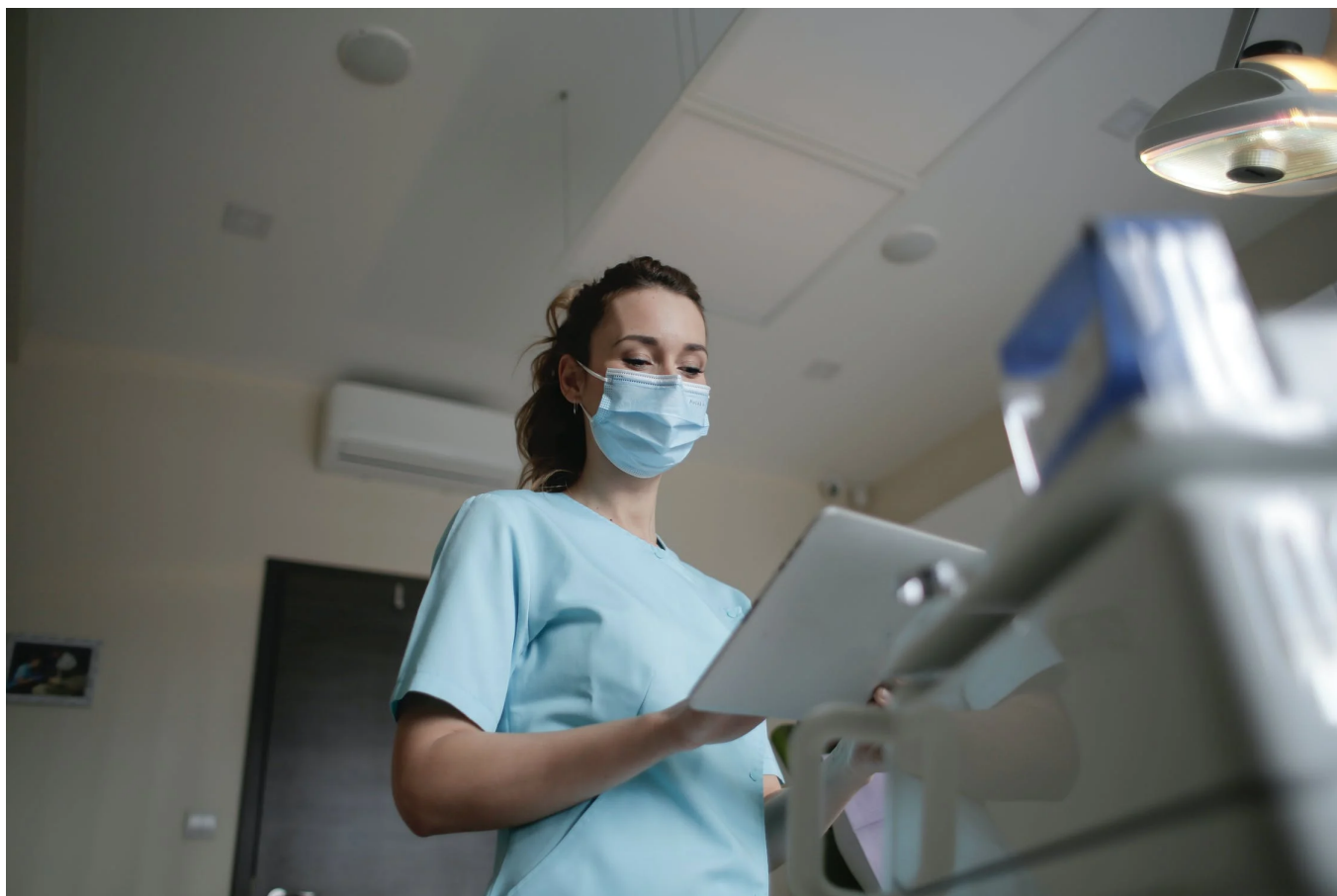
Tue 07/03/2023 12:17

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Health Education England



Trainee Bulletin

School of Anaesthetics

March 2023

Hello & Welcome

In this bulletin, you will find updates on:

- Introduction

- School resources
- HoS/DHoS/TPD updates:
 - Curriculum updates
 - Training updates
- Trainee Rep Updates
- HEE updates
 - ARCPs
 - Events

Introduction

Welcome to the March edition of the London School of Anaesthesia bulletin. Going forward we aim to circulate this bulletin on the 1st Wednesday of every month to keep all trainees and trainers informed of everything that is happening within the school and within HEE.

The content of the bulletin will vary from edition to edition depending upon what is happening within the school and this month we will be focusing on education delivery.

If you want to include any submissions, please email them to the HET Anaesthetic team 1 week before the publication date. A copy of each Bulletin will be uploaded to the London School of Anaesthesia website under a new tab titled 'trainee bulletin'.

School Resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days, ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia>

London And South East Support Portal

<https://lasepgmdsupport.hee.nhs.uk/support/home>

For curriculum, LLP, and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the school website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link: <https://lasepgmdesupport.hee.nhs.uk/support/home> (trainee enquiries)

HoS/DHoS/TPD updates

DHOS UPDATES

2022 ATM/SIA process- for allocation to posts in August 23 or February 24

I am very glad to say that this application window has come to a close.

Headline results:

North London

For SIA 1:

73% of trainees received their 1st choice trust

84% of trainees received their 1st/2nd choice trusts

91% of trainees received an offer for SIA 1

For SIA 2

58% of trainees received their 1st choice trust

70% received their 1st/2nd choice trusts

82% of trainees received an offer for SIA 2

All trainees received at least one offer of an SIA.

Those that were unsuccessful have the opportunity to reapply next year.

For South London and KSS

82% of trainees received at least one of their first choice of posts

96% of trainees received at least one of their first two choices of posts

Only 2 applicants did not receive any offers.

I understand that there are a number of concerns with the new SIA allocation process amongst some trainers and trainees, and we are looking to engage with all those involved in this year's process, so that we may refine and improve it moving forwards.

Key areas that we are looking at, include (but not exclusively):

1. Shifting the application window to start in September.
2. Standardising the marking system by specialty.
3. Potentially dividing up marking sheets across SIA module leads for more popular specialties, following standardisation, so that the task of marking is less arduous.
4. Improving and simplifying the application form, so that it is easier for trainees to complete, and is easier for module leads to mark.

We are looking to organise an engagement event for all key stakeholders, the date proposed is **Wednesday 19th April** and it will be held remotely. All those involved; trainees, college tutors and SIA module leads will be invited to attend. We will send out a link shortly.

Once again, I would like to thank you all for your hard work and support in making this process a success.

Recruitment for August 23

We will be interviewing in London shortly for new ST4 posts starting August 2023. The date our sector will be interviewing is April 5th. This date has proved challenging for many, as it falls within the schools Easter holidays, so I'd like to thank everyone who has volunteered to help score portfolios and interview.

Post numbers this year are very similar to past years.

32 at ACCS. (32 in previous years)

58 at Core (59 in previous years)

ST4 77 (compared to 74-79 in previous years)

I'd like to take this opportunity to reassure trainees and trainers that post numbers have remained very similar since 2020, and this year are similar to previous years.

2021 Curriculum updates

The GMC has now approved a few changes to the 2021 Curriculum.

For Stage 3 -

SIA Anaesthesia for Cardiac Surgery

Adjust the minimum supervision from level 4 (should be able to manage independently with no supervisor involvement) to level 3 (supervisor on call from home for queries, able to provide directions via phone or non-immediate attendance)

SIA - Anaesthesia for Hepato-Pancreato-Biliary Surgery.

Adjust the minimum supervision from level 4 to level 3 for Stage 3.

General Anaesthesia Paediatrics key capability N

Adjust the minimum supervision levels to

- Children aged 1-3: supervision level 2b - supervisor within hospital for queries, able to provide prompt direction/assistance.

- Children aged 3 and over: supervision level minimum 3 - supervisor on call from home for queries able to provide directions via phone or non-immediate attendance.

SIA - Anaesthesia for Vascular Surgery

Clarify of wording to recognise that experience for thoracic aneurysms is only available in major centres whereas the rest of this SIA is achievable in a hospital with a vascular unit.

For ACCS

LO3 - Identify sick adult patients, be able to resuscitate and stabilise and know when it is appropriate to stop – change from 2b (supervisor within hospital for queries, able to provide prompt direction or assistance and trainee knows

reliably when to ask for help) to 2a (supervisor on the 'shop-floor', monitoring at regular intervals) in all four ACCS placements.

LO5 - Deliver Key ACCS procedural skills. – change the following from 2b to 2a: pleural aspiration of air; Seldinger chest drain; invasive monitoring; DC cardioversion; external pacing; US-guided venous access and fascia iliaca block; lumbar puncture.

For more information, please visit the RCOA website.

Trainee rep updates

Trainee Feedback

We are trialling a new method of collecting your feedback ahead of the STC Meetings with our trainers and HEE team, so the trainee reps can best represent you to highlight areas of positive practice and address areas for improvement.

We appreciate that you are asked to provide feedback by several different organisations. The advantage of this feedback is that it will come directly to us, allowing us to action it promptly.

Please complete the following anonymous form by **Wednesday 15th March**, ahead of the STC Meetings later in the month. Please be as specific and detailed as you can. We aim to feedback the outcomes of STC discussions back to you in future editions of the bulletin.

Feedback form: <https://forms.gle/QPyJRUnYVvg4umZw9>

LSA Trainee Conference

Thank you to those who attended the conference on 17th February. It was great to see nearly 200 trainees from across the school coming together, with all rotations and stages well represented.

Thanks go to our speakers who so generously gave up their time to join us. Special thanks also to faculty members:

- Dr Fauzia Hasnie (Pain TPD) for organising a very impressive programme for the Pain Breakout Room.
- Dr Anna Fowler (LTFT TPD) and the LSA LTFT Reps for running a well-received LTFT networking event.
- Dr Aasifa Tredray (HoS) for all her support in securing the HEE funding for the event and organisational help in the build-up.

Congratulations to Dr Harriet Scott (ST7, NE rotation) and Dr Thomas Chambers (CT1, NW rotation) who were the winners of the oral and poster presentation competitions respectively. The oral presentations were of a very high standard with very close scoring, so well done to Dr Sophie Boles and Dr Jonny Major on your presentations.

Going forwards, we are aiming to host the LSA Trainee Conference on alternate years (next conference March 2025), with separate North and South London Programme events in the intervening years. The latter will be organised by the trainee reps from each programme, with the aim of providing more of an informal, local event for trainees and trainers.

HET updates

International Study Leave – April 2023

We are writing with regards to a forthcoming update to the national study leave guidance on international events.

Please note that for international events taking place on dates from **1st April 2023 onwards**, there will be a change to the guidance on reimbursement. For events after 1st April 2023, we will be able to reimburse **50% of the total costs** of an international event, up to an absolute maximum of **£1000**. 'Total costs' refers to course fee, travel, and accommodation expenses. No subsistence expenses can be reimbursed for international courses. Travel and accommodation expenses should be within the [limits specified on our website](#).

Any approved international events taking place prior to 1st April 2023 will be reimbursed under the current rules, which covers the lower amount of either the course fee or the travel and accommodation expenses.

Please note that all international study leave events continue to require approval via the [discretionary study leave process](#). Once approval has been granted, the study leave team will issue a unique approval code for the purposes of claiming reimbursement.

Please contact the team via the study leave mailbox or the [PGMDE support portal](#) if you have any queries.

ARCPs

Dates for Upcoming Summer ARCP for Pan London trainees.

May 2023

North Central London Anaesthetics

- 23rd May
- 26th May

North West London Anaesthetics

- 12th May 2023
- 17th May 2023
- 23rd May 2023

North East London Anaesthetics

- 22nd May 2023
- 14th June 2023

South East London

- 22nd May 2023
- 23rd May 2023

South West London

- 15th May 2023
- 16th May 2023

July ARCPs for trainees at a critical progression point ONLY

North Central London Anaesthetics

- 18th July

North West London Anaesthetics

- 14th July 2023

North East London Anaesthetics

- 26th July 2023

South East London

- 17th July 2023

South West London

- 19th July 2023

ARCP Training Workshop: The next ARCP workshop will be held on the 20th of March 16:00-17:30. This is open to all trainees and will be online. We are hoping to cover an overview of the ARCP process, preparing for your ARCP and RCOA documents you need to know during this process, during this process with lots of time for Q&A too. Link can be seen below:

<https://lasepgmdeeevents.hee.nhs.uk/events/regional-training-days/2251b462-410c-4d20-851c-4ff2b5336fc0>

Events

The University College London Hospitals Fellowship in Perioperative Medicine

Full time – 1-year Fixed Term Appointment – commencing August 2023

Candidates are invited to apply for our new and exciting post aimed at senior trainees / post-CCT doctors in Anaesthesia/Critical Care Medicine. Our objective is to develop future leaders in this important emerging field.

Based at University College Hospital, successful candidates will partake in an innovative programme aimed to improve a model of care for high-risk patients contemplating, undergoing and recovering from major surgery. Clinical duties include being the senior trainee on the Post Anaesthetic Care Unit (PACU) (level 2 and 3 care) and under the supervision of Critical Care consultants.

This post will be an opportunity to be part of an innovative ward-based perioperative medicine team, managing high-risk surgical patients in conjunction with surgical teams. Fellows will also undertake supervised preoperative assessment clinic training and develop their clinical competencies in a wide range of technical and non-technical skills (Royal College of Anaesthetists Advanced level training). The fellow will be the senior doctor on site out of hours and will have responsibility for emergency care on PACU (including attending and leading cardiac arrests).

[Apply now!](#)

Closing date: 01 March 2023 at 23:59 GMT. Email isra.hassan@nhs.net for further details.

PSU workshops & Facilitation Skills course

Introduction to Professional Boundaries, 27th March 9:30-4:30

Making sense of complaints, 21st April, 9:00-12:30

Bullying & Harassment (4th April 9:30-12:30)

All the links to book a place can be accessed via our website page:

<https://london.hee.nhs.uk/enhancing-performance-staying-well>

More information about the course can be seen by clicking the flyer below

[Group Facilitation Skills for trainees.pdf](#)

Advanced Airway- The Altered Airway Day

Advanced Airway Course- Focusing on the altered airway in adult and paediatric practice

Wed 05 Jul 2023

<https://www.uclhcharitycourses.com/courses/advanced-airway-the-altered-airway-day>

MDT training day focused on advanced airway and the altered airway. Aimed at senior anaesthetic trainees, fellows, speciality doctors and consultants.

Morning lectures on the altered airway and anaesthetic and surgical planning for patients with tracheostomy and laryngectomies, advanced paediatric airway and tracheostomy care in paediatric patients. The afternoon consists of workshops including adult and paediatric tracheostomy and laryngectomy

tubes, bronchoscopy, bronchoscopy and front of neck ultrasound, and we complete the course with case-based discussions involving patients with an altered airway.

Lunch and refreshments will be provided throughout the course.

5 RCoA approved CPD points.

LATEST NEWS FROM PLAN

Next PLAN project - NoMoreGas

The Pan-London Perioperative Audit and Research network (PLAN) is delighted to announce our next project, **NoMoreGas** (Nitrous Oxide Manifold and Other Reduction of Emissions – Green Anaesthesia Survey). We invite you to take part in this study, looking at nitrous oxide usage in hospital sites across our network, which will create the largest dataset of its kind. This unique project offers the opportunity to participate in a multi-site research project and play an important role in the green anaesthesia movement. We are aiming to start data collection in early Summer 2023.

Register your interest with PLANnomoregas@gmail.com

More information on <http://www.uk-plan.net/PLANnomoregas>

HFNO Survey

Trainees at Tunbridge Wells are conducting a survey on the current availability of and attitudes towards HFNO/Optiflow/Thrive use **in the theatre environment** amongst London trainees as part of a service improvement project. They would be grateful if you could complete the below short survey:

<https://docs.google.com/forms/d/e/1FAIpQLSep7KIAqgGVSIfwFdep01yKU5kJPvvqZDPRmAy-TUNO3VPEQ/viewform>

If you have any questions or queries, please do get in touch with the HET team here at HEE, either via the PSP portal or School line below.

Best wishes

Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray

[Healthcare Education Team, London and Kent, Surrey and Sussex](#)

Health Education England

KSS & LDN HEE Website: <https://kss.hee.nhs.uk/> <https://london.hee.nhs.uk/>

PGMDE support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

School line: 0207 866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce



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