

Newham

Newham GP Training Programme

Half Day Release: Wednesday

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GP Training Programme Website: www.newhamgpvts.org.uk/

Training Programme Description

Description of scheme

The Newham GP VTS aims to provide a comprehensive opportunity for doctors to develop a career in general practice, with an inner-city flavour. Newham, is a varied multicultural inner-city area with a reputation for innovation in primary health care. The population is very diverse in its social structure, and this is combined with a cultural and ethnic richness that is unique in this country. This creates a fascinating environment in which to study general practice, which is after all about applying the sciences of medicine to the unique situations of individual people. Newham has easy access to all the facilities of London and rural Essex.

Location

We hold our VTS sessions over a whole day on Wednesday every fortnight in a location outside the hospital to allow better learning to occur in a neutral environment.

Currently the venue is at the East Ham Town Hall, Barking Road, E6.

Rotations

The Newham GP Training Scheme offers a choice of 3-year programmes constructed from the following posts, and placements in GP training practices:

- A & E
- General Medicine
- Geriatrics Medicine
- Obstetrics & Gynaecology
- Paediatrics
- Psychiatry
- Community Paediatrics / Obs & Gynae with a GP post (ITP)
- Women's & Child Health with a GP post (ITP)

Our posts are all 6 months in duration and enable our trainees to rotate through specialities at Newham University Hospital.

Educational Activities

ST1/2 posts

In addition to the release day specialty teaching, all our ST posts offer bread and butter district general hospital experience relevant to general practice. We also have some community based posts (ITP posts). The population offers very varied clinical opportunities from which to learn. The training seems to ensure that if you don't see it here you won't see it anywhere!

ST3 (registrar) posts

Our trainers work from a range of different training practices which range from large to small practices each with their unique style but all offering a structured and supported educational post.

Day release

Most schemes have a half day release course. We have the advantage of a whole day release system, meeting every 2 weeks for all trainees (ST1/2/3). We meet at an independent venue in the local Town Hall so trainees can get away from hospitals and cannot be bleeped.

This effectively increases the time set aside for training and means we can be more flexible in teaching methods. We can also develop themes more fully and build time for peer support and group working – the best way to learn is with an enthusiastic group of peers. With the three programme directors we provide a mix of large and small group teaching with each trainee being placed in a small peer group led by one of the programme directors.

The group work is planned by the group based on our curriculum framework, and arranged by the programme directors. Both the educational element of the course and the process of being part of the group are important elements of training. We are also able to offer our own child health promotion modules.

Residentials

Each year we hold a 2 day residential course for all the group. This is educationally intensive and also great fun in a nice hotel with good food somewhere in the South of England. Vast amounts of learning happens effortlessly as we enjoy ourselves and play games.

We also hold a 2 day summer residential, usually based nearer home for ST3s only, looking at issues of special interest to those in their last year.

Highlights

- Become part of a strong supportive enthusiastic group of learners
- Everyone can attend the whole day release: no 'problem jobs'
- The experienced and enthusiastic programme directors ensure a flexible and innovative educational style
- Residentials that are effective relevant and fun
- SHO jobs offer truly general but very varied clinical experience.
- A good range of training practices to choose from

Promoting Leadership; locally and Nationally

Over the last 5 years Newham trainees have been elected into Prominent leadership roles both regionally and nationally e.g. the Chair and Vice Chair Roles of the Pan London Trainee Committee, RCGP Chair, GP Survival

Inspiring Innovation

We strive to inspire and support innovation such as with our Street Doctor - our innovative and evolving health promotion project and results of this year's cohort have been written up and due to be published in the BJGP, British Journal of Family medicine and Men's Health Forum

Supporting research Publications & Medical Journalism

Our trainees have a track record of publications in leading peer reviewed Journals, Medical & National Press

Community Projects

Our trainees were selected to take part in The London 2012 Ceremony, Medical teams and Olympic Legacy Projects

Contacts

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