

**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Renal Medicine</b>
<b>Department</b>	Consists of 5 Consultants, 2 registrars, 2 IMTs, 1 FY2 and 2 FY1s, 1 TG. Only 4 consultants provide ward cover.
<b>Type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainees with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take history and examine a patient.</li> <li>• Make a list of differential diagnoses.</li> <li>• Logical management plan including investigations.</li> <li>• Seek senior support before invasive or potentially dangerous investigations, procedures and management plan.</li> <li>• Prescribe safely.</li> <li>• Keep an accurate and relevant medical record.</li> <li>• Manage time and clinical priorities effectively.</li> <li>• Communicate effectively with patients, relatives and colleagues.</li> <li>• Use evidence, guidelines and audits to benefit patient care.</li> <li>• Act in a professional manner at all times</li> <li>• Identify ethical and legal issues which occur during the management of patients and seek senior support appropriately.</li> <li>• Educate patients effectively.</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Renal consultants will provide clinical supervision on a rotational basis.
<b>Main duties of the placement</b>	<p>The F1 doctor is responsible, along with other members of the clinical team, for patient care, maintenance of the patient's care records, safe medical practice at all times and above all learn and exhibit professionalism. FT will have the opportunity to attend the specialty outpatient clinic depending on the number of ward staff on a given day. They are expected to attend the weekly departmental teaching, Trust wide foundation teaching and weekly radiology MDT.</p> <p>Time management is important in this job and if the workload is overwhelming, FY1 must escalate it by mid afternoon to senior team members.</p>
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>Mon: Consultant/SpR WR, weekly teaching</p> <p>Tues: Consultant/SpR WR</p> <p>Wed: Consultant/SpR WR ,</p> <p>Thurs: Consultant/SpR WR, Radiology MDT</p> <p>Fri: Consultant/SpR WR, MDT</p>

	<p><i>On call requirements:</i> On take with ward cover 1: 5. AMU blocks during placement.</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The North Middlesex University Hospital is in outer London.  The Trust serves the boroughs of Enfield and Haringey but also draws patients from Barnet and Waltham Forest. As part of multicultural London, the local communities we serve are diverse and we provide a range of services to meet their health needs. Following the recent announcement of the Secretary of State, the Barnet, Enfield and Haringey Strategy is now entering an exciting phase of implementation with the North Middlesex playing a central role as a major acute hospital.</p>

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<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Paediatrics</b>
<b>Department</b>	18 Consultants, 16 WTE Registrar rota 18 WTE SHO rota, 1 FY2 and 2 FY1 doctors
<b>Type of work to expect and learning opportunities</b>	<p>Junior doctors in the paediatric department at North Middlesex Hospital have the opportunity to gain excellent clinical experience in a supportive and friendly environment. The paediatric A&amp;E is one of the busiest in London and serves a diverse population. There is an outstanding child safeguarding team who advise on clinical cases and provide training for all junior doctors. There are numerous outpatient clinics, including several specialty clinics. In particular there is a tertiary haemoglobinopathy service, a busy allergy service, and cardiology clinics with the opportunity to gain experience in echocardiography.</p> <p>FY1 doctors are not routinely allocated to shifts on the neonatal unit, but there is the opportunity for them to shadow the neonatal team if they wish to gain some experience of neonatology</p> <p>There is a structured departmental teaching and training programme, as well as numerous opportunities to become involved in quality improvement and research. We encourage doctors at all levels to become involved in these projects</p>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr C Tipper (College Tutor), Dr Ian Gregory (College Tutor), Dr O Wilkey, Dr L Walker, Dr A Nambisan, All the paediatric consultants act as clinical supervisors – the allocated named supervisor will vary each time.
<b>Main duties of the placement</b>	Participate in ward rounds, attend MDT meetings, assessment of patients in A&E/PAU
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>There is a daily handover at 08.30 on the general paediatric side.</p> <p>During normal working hours the FY1 will work either on Starlight Ward (paediatric inpatients) or in the paediatric assessment unit (PAU). When both FY1s are working then one will be allocated to each clinical area. When one is working then allocation will depend on workload across the department.</p> <p>The FY1 will do a weekly long day shift which will be supernumerary. They will be asked to help either on inpatients or PAU/A&amp;E depending on clinical need.</p> <p>The FY1 will work 1:5 weekends on LD shifts which will be supernumerary. They will be asked to help either on inpatients or PAU/A&amp;E depending on clinical need.</p> <p>The whole department aims to function as one team, and we expect that junior doctors to support each other during busy periods and emergencies, even if they have not been allocated to that particular area for the shift.</p>

	<p>On call requirements: Weekly long day; 1:5 weekends.</p> <p>There is departmental Teaching Tues, Wed and Fri Morning after handover which includes, presentations on common paediatric topics, simulation teaching, and reflective sessions. There is an x-ray meeting on Monday, a regional paediatric case exchange on Tuesday, a NICU grand round Wednesday afternoon and a psychosocial meeting Thursday for learning opportunities. Trainees have access to protected foundation doctor training sessions organized by the trust.</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The North Middlesex University Hospital is in outer London the Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need</p>

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<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	F1 Liaison Psychiatry
<b>Department</b>	Mental Health Liaison Team
<b>Type of work to expect and learning opportunities</b>	<p>The F1 will join the North Middlesex University Hospital Mental health Liaison Service, covering all adult patients at NMUH. This is a multidisciplinary team based at NMUH working with patients with a wide range of physical and mental illnesses.</p> <p>The F1 will assist in the assessment and management of patients under supervision of the Dr Shute. This will occur in Accident and Emergency and on the inpatient wards. The trainee will also work with other members of the team to understand their role and contribution. The team is currently made up of three consultants, a higher trainee, a specialist doctor, eight nurses and a psychologist. The trainee will be encouraged to take an active part in the weekly clinical team meeting and the monthly management meeting.</p> <p>The team case load varies according to patient presentations, but typically there are between two and three hundred new patients per month and at any one time the team might be providing mental health input to fifteen inpatients. Initial weeks will be spent shadowing the consultant and other senior staff.</p> <p>The post provides an excellent training opportunity as the F1 will gain experience both in the diagnosis and management of patients with mental illness and the relationship between physical and mental illness. This will begin by observation of other team members, shadowing the consultant and progress to more direct involvement in assessing and managing patients. There is a wide range of both mental and physical health problems. Due to the nature of liaison psychiatry and the interaction between physical and mental health problems patients may have relatively “mild” conditions that nevertheless have significant functional impact, such as panic attacks in the context of respiratory disease, through to patients detained under the mental health act. The North Middlesex University Hospital serves a diverse population and so has patients with a wide range of physical conditions including Tuberculosis and HIV.</p> <p>The F1 will undergo continuous assessment as part of developing their Foundation Training Programme NHS E-portfolio.</p> <p>The F1 will be expected to attend the Foundation Training Programme weekly teaching, that includes lectures covering the Foundation Training Program Curriculum. The teaching will take place at North Middlesex Hospital.</p> <p>The F1 will be expected to attend the Mental Health Departmental Academic Programme on Thursday afternoons, which includes a lecture, case presentation and journal club.</p>

	<p>There is a day of induction towards the beginning of the placement so as not to clash with the NMUH induction. The F1 will have regular weekly supervision for an hour with the consultant.</p>
<b>Where the placement is based</b>	North Middlesex University hospital
<b>Clinical supervisor(s) for the placement</b>	Dr Justin Shute, consultant Liaison Psychiatrist
<b>Main duties of the placement</b>	<p><b>1) Undertake clinical assessments of patients with mental health problems</b></p> <p>The trainee will conduct at least 4 new patient assessments per week. These assessments will take place under the direct supervision of Dr Shute. They will not be expected to manage a specific caseload as all inpatients have a designated senior doctor.</p> <p>The trainee will be exposed to a high level of psychiatric morbidity with compounding psycho-social problems, as can be expected from a deprived London Borough.</p> <p>Training in communication and interview skills as appropriate to the practice of psychiatry is available and will be tailored to the needs of the post holder.</p> <p>The Trainee will maintain accurate, legible, contemporaneous and useful clinical records for all patients in whose care the trainee are involved.</p> <p><b>2) Manage chronic illness</b></p> <p>The majority of patients under the care of the Liaison Psychiatry Team will have chronic illness, either physical or mental or both and the trainee will be expected to assess and manage this under supervision.</p> <p><b>3) Use of results of the clinical assessment to ensure effective patient management</b></p> <p>Under the supervision of a clinical supervisor, the trainee will prescribe pharmacological and psychosocial treatments for the patients that the trainee is working with.</p> <p><b>4) Manage mental health emergencies</b></p> <p>During the course of the trainee's placement, the trainee will be expected to carry out urgent assessments of allocated patients in crisis together with the team nurses.</p> <p><b>5) Maintain and use systems to update knowledge and its application to any aspect of the Foundation Doctor's professional practice</b></p> <p>During the placement the F1 will follow the Foundation Training Programme Curriculum and maintain an up-to-date trainee e-portfolio that the trainee will bring to meetings with the trainer when asked to do so. As a minimum, this will be at the beginning, mid-term and the end of the placement.</p> <p>The F1 will participate in a journal club and a weekly case conference programme at Chase Farm Hospital.</p> <p>The F1 will also attend the Foundation doctors weekly teaching at North</p>

	<p>Middlesex Hospital.</p> <p><b>6) Teaching</b> Teaching is a crucial component of an effective liaison psychiatry team. The F1 will participate in formal and informal teaching of a variety of staff at the hospital ranging from medical students through to nurses and therapists.</p> <p><b>7) Working within a multidisciplinary team</b> During this placement the F1 will be a full member of the multi-disciplinary team (MDT) and will attend its weekly meeting. The F1 will discuss their experience of the MDT in meetings with the trainer. The F1 will not be expected to cross cover any other core training post in the Service.</p> <p><b>8) Communicate effectively with other healthcare professionals</b> The F1 will keep clear, accurate and contemporaneous clinical records. The trainee will send regular written reports on patients to general practitioners and other professionals involved in patient care.</p> <p>The trainer and clinical supervisors will give the F1 guidance as to the level of responsibility the trainee should assume in individual clinical situations. If the trainee is unsure, the trainee must always obtain advice and assistance</p> <p>The F1's written reports will use the standard report format. Assessment letters are expected to be written within two days of assessment. Until instructed otherwise, all reports that the F1 writes must be checked by the clinical supervisor before being sent out. The F1 will not provide any other written reports about patients, unless this has been sanctioned by the clinical supervisor.</p>																								
<p><b>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</b></p>	<table border="1"> <thead> <tr> <th></th> <th>Monday</th> <th>Tuesday</th> <th>Wednesday</th> <th>Thursday</th> <th>Friday</th> </tr> </thead> <tbody> <tr> <td>AM</td> <td>A&amp;E or inpatient ward work</td> <td>Team meeting (clinical) A&amp;E or inpatient ward work</td> <td>A&amp;E or inpatient ward work Team meeting (management – monthly)</td> <td>A&amp;E or inpatient ward work</td> <td>A&amp;E or inpatient ward work</td> </tr> <tr> <td>Lunch</td> <td></td> <td>NMUH Grand round</td> <td></td> <td></td> <td></td> </tr> <tr> <td>PM</td> <td>Supervision with Consultant / Admin time</td> <td>.</td> <td>Foundation Training teaching at North Middlesex Hospital</td> <td>Academic Afternoon at Chas Farm Hospital.</td> <td>A&amp;E or inpatient ward work</td> </tr> </tbody> </table>		Monday	Tuesday	Wednesday	Thursday	Friday	AM	A&E or inpatient ward work	Team meeting (clinical) A&E or inpatient ward work	A&E or inpatient ward work Team meeting (management – monthly)	A&E or inpatient ward work	A&E or inpatient ward work	Lunch		NMUH Grand round				PM	Supervision with Consultant / Admin time	.	Foundation Training teaching at North Middlesex Hospital	Academic Afternoon at Chas Farm Hospital.	A&E or inpatient ward work
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<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust, however the placement is provided by Barnet, Enfield and Haringey Mental Health NHS Trust.</p> <p>Barnet, Enfield and Haringey Mental Health NHS Trust and Camden and Islington NHS Foundation Trust have been working in partnership since April 2022. Jointly known as The North London Mental Health Partnership, we are progressing to become one new NHS organisation by Autumn 2024.</p>																								

	<p>Both rated Good by the CQC, we jointly employ 5,600 staff and care for nearly 200,000 people a year offering mental health support at home, in the community and in our hospitals.</p> <p>Our services stretch from cradle to grave supporting people to overcome the hurdles they face with their health and wellbeing and ensuring they live as independently as possible.</p> <p>We offer cutting-edge and person-centred mental health and wellbeing support to our service users and communities. We are committed to working with them, their carers and their partners to improve the mental health of everyone in North London. This means supporting people to be resilient and have good mental health, as well as offering early intervention for those with mental health problems to prevent these problems worsening.</p>
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<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Intensive Care Medicine</b>
<b>Department</b>	9+ Consultants
<b>Type of work to expect and learning opportunities</b>	Experience in Intensive Care Medicine. Surgical on-calls. F1 Teaching, Grand Round. Learning opportunities include procedural competencies, as well as assessment of critically ill patients. There will be ethical and legal experience with withdrawal of therapy and DNAR. Communication between relatives, patients and other medical teams.
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr T Prabhakar
<b>Main duties of the placement</b>	The F1 will be based on the intensive care unit and be involved in daily management of the patients. They will also gain experience with the out-reach team managing critically ill patients off the ITU. On-call will be part of the surgical rota, giving exposure to acute surgical patients.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<b>Mon:</b> Consultant WR <b>Tues:</b> Consultant WR <b>Wed:</b> Consultant WR <b>Thurs:</b> Consultant WR <b>Fri:</b> Consultant WR On-call will be on a 1:5 basis on the F1 surgical rota
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.

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<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 General Surgery (Colorectal)</b>
<b>Department</b>	3 Consultants, Specialist Stoma Nurse and Cancer Specialist Nurse, 4 registrars, 1 SHO, 3 FY1's
<b>Type of work to expect and learning opportunities</b>	The North Middlesex provides a wide range of Pathology and keen teachers. There is a large and active benign and cancer service with associated endoscopy.
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Mr R Navaratnam, Prof L Dvorkin, Mr N Thin
<b>Main duties of the placement</b>	F1 Doctors in hospital posts will generally be firm based during the 'normal' working day and expected to deliver the daily medical care of all the patients in their firm irrespective of specialty. Whilst on-call F1 will be involved with the generic clerking of patients being admitted. Attendance at theatre and outpatients is involved as well as endoscopy sessions. Colorectal F1's may be asked to support other teams depending on firm workload.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	Mon: Handover, Ward round with reg; MDT clinic am, endoscopy Tues: Handover, Ward round with Consultant Wed: Handover, Ward round with reg Thurs: Handover, Ward round with Consultant; Endoscopy, Clinic Fri: Handover, Ward round with Consultant, Surgical Meetings Theatres run on alternate Monday, Tuesday and Wednesdays <i>On call requirements: 1:6</i> No nights
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield and Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need

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<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>FY1 Respiratory Medicine</b>
<b>Department</b>	5 Consultants + 1 locum, 1 SpR, 2 IMT3s, 3 CMTs, 2 FY1s
<b>Type of work to expect and learning opportunities</b>	Ward Work, AMU, Acute Take FY1 Teaching, Grand Round
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr B Jayaraman, Dr Z Manger, Dr I Moonsie, Dr J Potter, Dr C Valerio, Dr C Tweed
<b>Main duties of the placement</b>	All FY1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the FY1 will be involved with the generic clerking of patients being admitted. Whilst in the AMU attachment, the FY1 will provide supervised acute care patients on the Acute Medical Unit.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	Mon: Consultant WR Tues: CMT / IMT WR Wed: CMT / IMT WR Thurs: Consultant WR Fri: CMT / IMT WR Sat: Sun:
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population as well as areas of complex deprivation and serious health need.

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<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Endocrine and Diabetes Mellitus</b>
<b>Department</b>	5 consultants, 3 registrars, 3 IMTS and 2 F1s
<b>Type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient.</li> <li>• Identify and synthesise problems.</li> <li>• Prescribe safely.</li> <li>• Keep an accurate and relevant medical record.</li> <li>• Manage time and clinical priorities effectively.</li> <li>• Communicate effectively with patients, relatives and colleagues.</li> <li>• Use evidence, guidelines and audit to benefit patient care.</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems.</li> <li>• Educate patients effectively</li> </ul> <p>Become life-long learners and teachers.</p>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr R Menon, Dr Nethaji, Dr A Garg, Dr Rayangoudar, Dr Yap
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in Endocrine/Diabetes. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p><b>Mon:</b> Consultant WR  <b>Tues:</b> Consultant WR, MDT  <b>Wed:</b> Consultant / SpR  WR  <b>Thurs:</b> Consultant WR, Clinic  <b>Fri:</b> Consultant / SpR WR, Radiology meeting  <b>Sat:</b> Nil  <b>Sun:</b> Nil  FY1 in Endocrine/Diabetes also act as Rheum FY1 on</p>

	<p>Wednesday afternoons.</p> <p><b>On call requirements:</b> On take with ward cover 1:5. Blocks on the Acute Medical Unit.</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.</p>

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<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Cardiology</b>
<b>Department</b>	4 consultants, 3 registrars
<b>Type of work to expect and learning opportunities</b>	Ward rounds and jobs. Liaising with tertiary centers. Experience of acute cardiology. General medical and AMU work
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr M Debney, Dr A Muthumala, Dr Iqbal, Dr Liu
<b>Main duties of the placement</b>	All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F1 will be involved with the generic clerking of patients being admitted. Whilst in the AMU attachment, the FY1 will provide supervised acute care of older patients on the Acute Medical Unit. A major role is to ensure accurate and prompt referral to our local Cardiology centre.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<b>Mon:</b> Consultant WR <b>Tues:</b> Registrar WR <b>Wed:</b> Registrar WR <b>Thurs:</b> Consultant WR <b>Fri:</b> Consultant WR  4 weeks AMU 1:15
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield and Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.

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<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Gastroenterology</b>
<b>Department</b>	Medicine
<b>Type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the AMU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>There will be the opportunity to attend endoscopy lists. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> </ul> <p>Become life-long learners and teachers</p>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr P Maxwell Dr A Millar, Dr T Murugesan, Dr D Chowdhury
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in General Surgery. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics,	Daily handover at 9am.

<i>theatre sessions)</i>	<b>Mon:</b> Consultant/SpR WR <b>Tues:</b> Consultant/SpR WR ,MDT <b>Wed:</b> Consultant/SpR WR <b>Thurs:</b> Consultant/SpR WR, MDT <b>Fri:</b> Consultant/SpR WR <b>Sat:</b> Nil <b>Sun:</b> Nil <b>On call requirements:</b> AMU blocks with one in five ward cover/ acute take
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need

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**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b>	<b>F1 General Surgery (Breast)</b>
<b>Department</b>	3 Consultants, 3 Breast Care Clinical Nurse Specialists, 3 registrars, 2 SHO, 1 FY1
<b>Type of work to expect and learning opportunities</b>	<p>Generally, ward based during the 'normal' working day. Generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>Exposure to wide range of Breast diseases both Benign and Cancer with associated Oncology (Radiotherapy / Chemo) Good clinical mix of General Surgical Emergencies. You will acquire and consolidate your clinical knowledge, skills, and attitudes to progress in your professional life and become lifelong clinicians, teachers and learners.</p>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Miss J Gahir, Miss B. Pereira,
<b>Main duties of the placement</b>	<ul style="list-style-type: none"> <li>• Generic clerking of pts being admitted from on calls, clinics, pre-op and post op.</li> <li>• Identify, prioritise and escalate problems appropriately.</li> <li>• Prescribe safely.</li> <li>• Attendance of Outpatient clinics &amp; Theatres once a week.</li> <li>• Communicate effectively with patients, relatives and colleagues.</li> <li>• Accurate documentation of medical records at all times.</li> <li>• Familiarise with local protocols, guidelines, ethical and legal issues and act in a professional manner in line with Trust policies and values.</li> <li>• Engage in the Unit Audit and Research activities to benefit patient care.</li> <li>• Attend all structured teaching and departmental meetings.</li> </ul>
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>Mon: Handover, Cons/SpR WR / Clinic PM: MDT  Tues: Handover, Cons/SpR WR / Theatre (alt)  Wed: Handover, Cons/SpR WR / Clinic  Thurs: Handover, SpR WR / Theatre  Fri: Handover, Cons /SpR WR PM: Surgical teaching  Sat: Nil  Sun: Nil</p>

	<i>On call requirements: 1:6 (no nights)</i>
<b>Local Education Provider (LEP) / Employer Info</b>	The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield, Haringey and draws patients From Barnet and Waltham Forest. This is a catchment area of Around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.

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**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 General Surgery (Emerg)</b>
<b>Department</b>	General Surgery
<b>Type of work to expect and learning opportunities</b>	The North Middlesex provides a wide range of Pathology and keen teachers. There is a large and active cancer service with associated endoscopy
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Mr M Nair, Mr A Abeysekara, Miss L Spanu, Mr K Kalidindi,
<b>Main duties of the placement</b>	All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F1 will be involved with the generic clerking of patients being admitted. Attendance at theatre and out patients is involved as well as endoscopy sessions.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	Mon: Handover, Ward round with reg; MDT Theatre Afternoon Tues: Handover, Ward round with Consultant Wed: Handover, Ward round with reg Thurs: Handover, Ward round with reg; Endoscopy, Clinic Fri: Handover, Ward round with Consultant Surgical, Meeting and teaching. <i>On call requirements: 1:6</i> No nights
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.

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**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 General Surgery w/ Upper GI</b>
<b>Department</b>	1 Consultant, 1 Registrar, 1 SHO, 1 F1
<b>Type of work to expect and learning opportunities</b>	Ward rounds, Endoscopy lists, Theatre list including supervised lumps and bumps list. F1 teaching + surgical teaching. On calls. Cross cover other surgical teams as the service demands
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Prof L Dvorkin;
<b>Main duties of the placement</b>	Management of pre and post op patients. Help in theatre. Maintaining team list
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	Mon: Ward Round Tues: Ward Rounds/Endoscopy Wed: Ward Rounds Thurs: Consultant WR/Theatre alt Weeks Fri: WR  <i>On call requirements:</i> 1 evening per week. 1 Weekend in 8
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.

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**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Geriatric Medicine</b>
<b>Department</b>	The department consists of 13 Consultant Geriatricians and 2 Consultant Stroke Specialists. There is a wide range of interests including dementia, ortho-geriatrics and learning disability. There are 5 registrars and 9 IMT/GPVTS posts and 4 FY2 Posts plus Trust SHO posts.
<b>Type of work to expect and learning opportunities</b>	The North Middlesex provides a wide range of Pathology and keen teachers. There is a good mix of acute geriatrics and rehabilitation as well as some specialist patients. It will provide excellent opportunities to clerk patients, develop communication skills, time management
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr M Cohen, Dr N Rollitt, Dr R Luder, Dr R Robson, Dr M Horowitz, Dr P Naydenova, Dr M Bhargava, Dr L Grainger, Dr R Nunn, Dr S Ragavan, Dr J Arumugam, Dr C Annesley, Dr J Lim, Dr N Winterkorn, Dr N Ballah
<b>Main duties of the placement</b>	All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F1 will be involved with the generic clerking of patients being admitted. Whilst in the AMU attachment, the FY1 will provide supervised acute care of older patients on the Acute Medical Unit.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	Mon: Handover; Consultant Ward round Tues: Ward Work Wed: Ward work FY1 teaching Lunch Time Thurs: Department Meeting; Consultant Ward Round Fri: X-Ray Meeting; Registrar Round  All Jobs are 1A compliant.  <i>On call requirements:</i> 1 in 15 on call 1:15 ward cover
<b>Local education provider (LEP) / employer information</b>	The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.

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Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Trauma &amp; Orthopaedic Surgery</b>
<b>Department</b>	Surgery
<b>Type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Mr Gadikoppula, Mr Kurer, Mr Atkinson, Mr S Janipreddy,
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients clinics and theatre for at least one day each week, and also take responsibility for problems arising in Elective and Emergency patients. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>Daily trauma meeting in Fracture clinic  Mon: Consultant/SpR WR, weekend on-take  Tues: Consultant/SpR WR  Wed: Consultant/SpR WR  Thurs: Consultant/SpR WR  Fri: Consultant/SpR WR  Sat: Nil</p>

	<p>Sun: Nil</p> <p>Theatres daily with each different ortho team doing weekly list</p> <p><i>On call requirements:</i> On take with ward cover 1 in 5</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The North Middlesex University Hospital is in outer London</p> <p>The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.</p>

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**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 Urology</b>
<b>Department</b>	<b>Surgery</b>
<b>Type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Mr S Pandian, Mr G Nair, Mr Almpanis and Ms McDonald
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatient clinics for at least one day each week, and also take responsibility for problems arising in Urology. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>Mon: Theatre list  Tues: Theatre list  Wed: Theatre list  Thurs: Consultant/SpR WR, Teaching/MDT  Fri: Theatre list  Sat: Nil  Sun: Nil  Theatres daily with each different urology consultant doing</p>

	<p>weekly list</p> <p><i>On call requirements:</i> On take with ward cover 1 in 5 covering General, Urology, or Orthopaedic Surgery.</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The North Middlesex University Hospital is in outer London. The Trust serves the boroughs of Enfield, Haringey and also draws patients from Barnet and Waltham Forest. This is a catchment area of around one million residents and covers a highly diverse population with affluent wards as well as areas of complex deprivation and serious health need.</p>

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**Foundation Programme  
Individual Placement Descriptor\***

<b>Trust</b>	NMUH
<b>Site</b>	Silver Birches Ward
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	F1 - Old Age Psychiatry
<b>Department</b>	<ul style="list-style-type: none"> <li>• This is a supernumerary post created for Silver Birches ward and the Care Home Assessment Team (CHAT team) in Enfield. On the ward, the trainee would be working alongside a staff grade ward doctor and a Consultant, Dr Lauren Huzzey. With the CHAT team, working alongside Consultant Psychiatrists Dr Clare Wadlow and Dr Anna Sobel.</li> <li>• The post is FY1 on Silver Birches ward ward and CHAT team in Chase Farm Hospital.</li> <li>• Silver Birches is an organic acute admission for older adults mainly for dementia patients in BEH. Patients are also admitted with other neurodegenerative disorders and brain injury.</li> <li>• The CHAT (Care Home Assessment) team is an integrated physical and mental health team providing in-reach assessment, reviews, treatment and staff education to approx. 40 care homes in Enfield, residential and nursing. The aim is to improve mental and physical health of care home residents, diagnose and treat functional and organic illness in a timely fashion to prevent acute hospital admissions and work with care home staff to improve care of older adults. The mental health input consists of two Consultant Psychiatrists, a full time Registered Mental Health Nurse and a full time Dementia specialist OT.</li> <li>• The post holder will support the Consultant Psychiatrist and thae Staff Garde doctor on the ward and alongside two Consultant Psychiatrists plus CPNs and OTs in the CHAT team. The CHAT team role will involve working one day a week with the CHAT service and visiting care homes with members of the MDT along with observing training interventions for care home staff.</li> <li>• The post holder will provide medical input to MDT on Silver Birches wardfocusing on both psychiatric and physical health issues. There is a weekly ward round and twice weekly white board reviews. Outside the ward round and white board reviews, the post holder will be expected to work alongside the other doctors to review patients, complete physical health reviews, complete referrals for investigations andalso complete paperwork such as discharge letters.</li> <li>• Silver Birches is a 13 bedded acute ward with patients from all 3 boroughs covered by the trust. Dr Huzzey is the consultant. The Staff Grade Doctor works on the word 7 sessions per week and Dr Huzzey for three sessions</li> </ul>

	<p>per week. The rest of the team is also full time. On average the ward can have up to 1 admission per week but this can be variable.</p> <ul style="list-style-type: none"> <li>• Silver Birches also receives input from physical health services in the community to support the management to physical health problems.</li> </ul>
<b>Type of work to expect and learning opportunities</b>	<ul style="list-style-type: none"> <li>• To assess and manage, under supervision, people with organic mental health problems who require acute in-patient care residing on Silver Birches ward.</li> <li>• To support the consultant psychiatrist and the multi-disciplinary team on Silver Birches ward.</li> <li>• To work alongside the CHAT team in the community (base at Chase Farm) for one day a week to gain exposure to and experience of assessment and management of psychiatric presentations in care homes.</li> <li>• To gain exposure to and experience of acute psychiatric illness in older people</li> </ul>
<b>Where the placement is based</b>	Silver Birches, Chase Farm Hospital, The Ridgeway, Enfield, EN2 8JL
<b>Clinical supervisor(s) for the placement</b>	Dr Lauren Huzzey
<b>Main duties of the placement</b>	<p><b>Clinical work</b></p> <p>Working alongside the CT trainee and the specialty doctors and consultant, responsibility for the in-patients on Silver Birches ward.</p> <p>To assess and manage (with supervision) people with cognitive disorders and challenging behaviour on the ward and patients under the care of the CHAT team in the community in Enfield.</p> <p>Detailed clerking, history taking and, with the senior medical team, initiation of all necessary investigations and assessments for in-patients on Silver Birches ward.</p> <p>Establishing, initiating, and evaluating treatment plans and risk assessments in collaboration with the multi-disciplinary team and under the supervision of the Consultant Psychiatrist on the ward.</p> <p>Establishing, initiating, and evaluating treatment plans and risk assessments in collaboration with the multi-disciplinary team and under the supervision of the Consultant Psychiatrist in the CHAT team.</p> <p>Interviewing relatives and informal carers of patients as required.</p> <p>Undertaking the relevant referrals to other disciplines and services both within the multi-disciplinary team as well as to services and resources external to the service.</p> <p>Full participation in the Care Programme Approach (CPA) to include patient reviews, multi-disciplinary meetings related to CPA, and the completion of relevant documentation.</p>

A willingness to be flexible in altering the timetable according to service developments.

**Education and Training**

A role in the wider academic activities of the Trust for example, attendance and participation in academic meetings, journal clubs etc. There is a weekly Local Academic Program in Enfield on a Thursday afternoon at the Chase farm Hospital site which would be an option for the post holder to attend weekly as part of SPA time and Continued professional Development.  
Attendance at the local FY training program.

Quality Improvement, Clinical Governance, Research

Participation in quality improvement procedures in the In-patient Service to ensure good clinical governance.

The Trust Clinical Governance Department supports all services to undertake audit and other QIPP activities and welcomes participation in quality assurance projects.

The Trust Research and Development Department provides further opportunities with regards to research.

**Continuing Professional Development and Appraisal**

Engagement in the necessary appraisal processes for FY training.  
Engagement in work place based assessments.

**On-call Responsibilities**

There are no psychiatry on-call responsibilities. The F1 will do on calls at North Middlesex Hospital

**Typical working pattern in this placement**  
*(e.g. ward rounds, clinics, theatre sessions)*

Day	Activity	PA	Frequency	Total PA
<b>Monday AM</b>	Clinical work/admin Silver Birches	DCC (1.0)	Weekly	1.0
<b>Monday PM</b>	Foundation year program training afternoon.	DCC (1.0)	Weekly	1.0
<b>Tuesday AM</b>	Clinical work/admin Silver Birches	DCC (1.0)	Weekly	1.0
<b>Tuesday PM</b>	Clinical work Silver Birches – MDT Reviews/CPAs	DCC (1.0)	Weekly	1.0
<b>Wednesday AM</b>	Ward round Silver Birches	DCC (1.0)	Weekly	1.0
<b>Wednesday PM</b>	Clinical work and CPD program (Local)	DCC (0.5)	Weekly	1.0
		SPA (0.5)	Weekly	

	<b>Thursday AM</b>	Clinical work Silver Birches	DCC (1.0)	Weekly	1.0
	<b>Thursday PM</b>	CPAs and geriatrician ward round Silver Birches.	SPA (1.0)	Weekly	1.0
	<b>Friday AM</b>	CHAT Team visits and work.	SPA (0.25)	Weekly	1.0
			SPA (0.25)	Weekly	
			DCC (0.5)	Weekly	
	<b>Friday PM</b>	CHAT Team visits and work.	DCC (1.0)	Weekly	1.0
	<b>Total</b>	<b>Direct Clinical Care (DCC)</b>	<b>8.0</b>		<b>10</b>
		<b>Supporting Professional Activity (SPA)</b>	<b>2.0</b>		
<b>Local education provider (LEP) / employer information</b>	<p>The Employer is North Middlesex University Hospital NHS Trust.</p> <p>The placement is based within Barnet, Enfield and Haringey Mental Health NHS Trust.</p> <p>Barnet, Enfield and Haringey Mental Health NHS Trust and Camden and Islington NHS Foundation Trust have been working in partnership since April 2022. Jointly known as The North London Mental Health Partnership, we are progressing to become one new NHS organisation by Autumn 2024.</p> <p>Both rated Good by the CQC, we jointly employ 5,600 staff and care for nearly 200,000 people a year offering mental health support at home, in the community and in our hospitals.</p> <p>Our services stretch from cradle to grave supporting people to overcome the hurdles they face with their health and wellbeing and ensuring they live as independently as possible.</p> <p>We offer cutting-edge and person-centred mental health and wellbeing support to our service users and communities. We are committed to working with them, their carers and their partners to improve the mental health of everyone in North London. This means supporting people to be resilient and have good mental health, as well as offering early intervention for those with mental health problems to prevent these problems worsening.</p>				

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**Foundation Programme  
Individual Placement Descriptor\***

<b>Trust</b>	NMUH
<b>Site</b>	St Ann's Hospital, St Ann's Road, N15 3TH
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	General Adult Psychiatry Eating Disorders
<b>Department</b>	Iris Ward / eating disorder outpatients
<b>Type of work to expect and learning opportunities</b>	<p>The F1 will join the North London Eating Disorder Collaborative covering patients from BEH, C&amp;I, ELFT, NELFT and NHSE. The team is based at the St Ann's Hospital, St Ann's Rd, N15 3TH. The service is a multidisciplinary team, which works with service users with a moderate to severe eating disorder.</p> <p>The placement will consist of sessions in both the inpatient specialist eating disorder unit and in the outpatient service.</p> <p>The inpatient unit is a 14 bedded ward for patients to support weight restoration in patients severely unwell with restrictive eating disorders. There is a full multidisciplinary team.</p> <p>The outpatient service provides assessment and treatment for patients with moderate to severe eating disorders, including bulimia nervosa and binge eating disorder. The outpatient service has treatment programmes of varying intensities, including once weekly psychological therapy, more intensive pathways [eg the day programme], and also supports the treatment of people with eating disorders admitted to acute hospitals or general psychiatric wards.</p> <p>On the inpatient ward, the F1 doctor will assist in the assessment and management of patients, under supervision of Dr Cohn. In outpatients, the F1 doctor will support with new patient assessments, hospital liaison reviews, and reviews in the intensive outpatient programme. There will likely be opportunities to be involved in education and quality improvement projects. Outpatient work will be under supervision of Dr Freudenthal, who is also the CS for the post.</p>
<b>Where the placement is based</b>	Iris Ward, Blossom Court, St Ann's Hospital
<b>Clinical supervisor(s) for the placement</b>	Dr Robert Freudenthal
<b>Main duties of the placement</b>	At the beginning of the placement, the F1 will see new patients and follow-up patients alongside a consultant supervisor, shadowing, whilst learning the basics of assessing moderate to severe eating disorders. As the F1 gains confidence and demonstrates competence, they may be able to undertake reviews in straightforward

cases without another clinician present. However, a more senior doctor will always be on hand to assist and supervise as necessary. The clinical supervisor will provide weekly supervision to consider whether the aims and objectives of the placement, as laid out at the outset, are being met.

The trainee should gain experience and basic competence in assessing inpatients, and outpatient new patient assessments, with moderate to severe Anorexia Nervosa as well as common psychiatric comorbidities. The F1 will also assess for medical complications of malnutrition, and carry out risk assessments for those patients with eating disorders who also have co-morbid physical health illnesses [such as type 1 diabetes].

The overall educational objectives of the F1 year are in line with the Foundation Professional Capabilities (FPCs). Trainee should work towards the knowledge, skills and attitudes to meet the following objectives:

- Take a psychiatric history and a mental state examination (FPC 11)
- Undertake clinical assessment and review of patients with mental health problems such as Anorexia Nervosa, self-harm, depression, anxiety, OCD and other comorbid conditions (FPC 11)
- Communicate effectively with patients, carers and colleagues including in difficult situations (FPC 6)
- Learn to work effectively in a multi-disciplinary team on a ward and in a community setting (FPC 7)
- Keep an accurate and relevant medical record (FPC 6)
- Develop diagnostic skills and clinical decision making in psychiatry (FPC 11)
- Recognise acute mental symptoms and self-harm in the patient group (FPC 9)
- Plan discharges back to primary care with the team and consultant (FPC 11)
- Manage physical illness including refeeding syndrome, metabolic instability and basic medical emergencies in patients with chronic mental disorder in collaboration with the GP (FPC 11)
- Manage psychiatric and medical emergencies in the community (FPC 9)
- Assess risk and prioritise safe clinical practice (FPC 9)
- Interface with general practice and other specialties as necessary (FPC 6 and 7)
- Use evidence based practice, NICE guidelines, trust protocols and audit to benefit patient care (FPC 20)
- Educate patients about good physical and mental health effectively (FPC 6)
- Cope with ethical and legal issues which occur during the management of psychiatric patients (FPC 3)
- Maintain and use systems to update knowledge and its application to any aspect of your professional practice (FPC 4)
- Monitor and maintain professional performance (FPC 1)

	<ul style="list-style-type: none"> <li>• Become life-long learners and teachers (FPC 4)</li> <li>• Learn about careers in Psychiatry (FPC 5)</li> <li>• Act in a professional manner at all times (FPC 1)</li> </ul>
<p><b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)</p>	<p>This is the proposed working pattern, however it may be adjusted according to the individual needs of the F1 doctor and any service changes</p> <p>Monday AM: New patient assessment Clinical forum [MDT meeting]</p> <p>PM: 2pm – 3pm: consultant supervision 3 – 5pm: Intensive outpatient programme reviews</p> <p>Tuesday AM: New patient assessment meeting [outpatients] PM: Iris ward</p> <p>Wednesday AM: Iris ward handover and wardround PM: academic programme</p> <p>Thursday AM: hospital liaison PM: Iris ward CPAs</p> <p>Friday AM: Iris ward handover and ward tasks PM: Iris ward tasks</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust, however the placement is provided by Barnet, Enfield and Haringey Mental Health NHS Trust.</p> <p>Barnet, Enfield and Haringey Mental Health NHS Trust and Camden and Islington NHS Foundation Trust have been working in partnership since April 2022. Jointly known as The North London Mental Health Partnership, we are progressing to become one new NHS organisation by Autumn 2024.</p> <p>Both rated Good by the CQC, we jointly employ 5,600 staff and care for nearly 200,000 people a year offering mental health support at home, in the community and in our hospitals.</p> <p>Our services stretch from cradle to grave supporting people to overcome the hurdles they face with their health and wellbeing and ensuring they live as independently as possible.</p> <p>We offer cutting-edge and person-centred mental health and wellbeing support to our service users and communities. We are committed to working with them, their carers and their partners to improve the mental health of everyone in North London. This means supporting people to be resilient and have good mental health, as well as offering early intervention for those</p>

	with mental health problems to prevent these problems worsening.
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**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F1 General Psychiatry</b>
<b>Department</b>	<p>The trainee will join the West Support and Recovery Team, part of the Psychosis Service line covering the West of the Borough of Haringey. The team is based at the Canning crescent Centre in Wood Green. The Support and Recovery Team is a multidisciplinary team, which works with those with severe and enduring mental illness, on Enhanced CPA.</p> <p>The trainee will assist in the assessment and management of patients under supervision of the consultant Dr Douglas. This will occur in a clinic setting and in the patient's own home. The trainee will also join other members of the team on their visits to gain experience of how each member of the team contributes towards the Recovery process.</p> <p>The team is currently made up of a consultant, a specialist registrar, a core trainee and a team of approximately 11 care coordinators, from nursing and social work backgrounds. There is a team meeting once per week, which the F1 will be encouraged to take an active part in.</p>
<b>Type of work to expect and learning opportunities</b>	<p>Under current arrangements the F1 will review approximately 9 patients in 3 clinics per week. These occur at the same time as the consultant's clinic, so the consultant will be able to assist and supervise as necessary. The first month will be spent shadowing the consultant and other senior staff.</p> <p>The trainee should gain experience of diagnosis and management of patients with severe mental illness and its effects on their social situation by observation of other team members, shadowing the consultant and reviewing patients themselves with other members of the team.</p> <p>There are also medical students with the team from UCL and St George's Grenada and the F1 would be expected to participate in their teaching and evaluation.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to achieve the relevant competencies</p> <ul style="list-style-type: none"> <li>• Providing a good standard of practice and care.</li> <li>• Undertake clinical assessment of patients with mental health problems</li> <li>• Manage chronic illness</li> <li>• Use the results of the clinical assessment to ensure effective patient management</li> <li>• Manage emergencies</li> <li>• Maintain and use systems to update knowledge and its application to any aspect of your professional practice</li> <li>• Monitor and maintain professional performance</li> <li>• Plan, deliver, and evaluate teaching and learning</li> </ul>

	<p>in a variety of environments</p> <ul style="list-style-type: none"> <li>• Conduct professional patient relationships</li> <li>• Help patients make sense of their illness experience</li> </ul>
<b>Where the placement is based</b>	St Ann's Hospital
<b>Clinical supervisor(s) for the placement</b>	Dr S Lorenz
<b>Main duties of the placement</b>	<p>The F1 doctor is responsible with other staff for the community care of patients and the maintenance of the patient's electronic medical records. They will have opportunity to work with the consultants in outpatients clinics for at least three day each week and also conduct home visits with more experienced members of the multi-disciplinary team. They are expected to attend the structured teaching programmes provided by the department. They will have the opportunity to conduct small group teaching sessions with medical students. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<b>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</b>	<p>Mon: am clinic pm home visits//admin /emergencies  Tues: am Clinic pm Grand round  Wed: am Team meeting pm Academic - FY1 teaching programme  Thurs: am clinic pm supervision with consultant  Fri: am home visits pm teaching with students  <i>On call requirements:</i>  1 in 14 (until 10pm then on call from home )</p>
<b>Local education provider (LEP) / employer information</b>	<p>The employer is North Middlesex University Hospital NHS Trust. The post will be based in a community mental health team base in the west of Haringey, within the Barnet, Enfield and Haringey Mental Health NHS Trust (BEHMHT).</p> <p>BEHMHT is one of the country's largest Mental Health Trusts, with over 2,500 staff and an income of around £175 million. The Trust was formed in 2001, bringing together specialist mental health services across North London. Our mission is to improve the mental health and wellbeing of all the people we serve. We do this by working in partnership with others to provide outstanding care which is responsive to the needs of our culturally diverse population. Our care is focused on promoting service users' recovery so that they can regain control over their lives.</p> <p>We provide specialist mental health services to the 800,000 people living in Barnet, Enfield and Haringey and a range of very specialist mental health services for people living further afield, including:</p> <ul style="list-style-type: none"> <li>• Forensic services for people with severe mental health problems who have entered the criminal justice system</li> <li>• Inpatient therapeutic support for children and adolescents</li> <li>• Eating disorder services</li> <li>• Liaison Psychiatry services</li> </ul>

	<p>Our vision is to become an NHS Foundation Trust which is recognised as providing excellent quality, value for money, services for people with mental health problems and their carers. Our services need to continually develop to meet the changing needs of our local population. We are changing the way we provide services and where they are provided from. This includes providing more care nearer to where people live by basing more of our services in the community and in primary care.</p>
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**Foundation Programme  
Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F2 – Paediatrics</b>
<b>Department</b>	18 Consultants, 16 WTE Registrar rota 18 WTE SHO rota, 1 FY2 and 2 FY1 doctors
<b>Type of work to expect and learning opportunities</b>	<p>Junior doctors in the paediatric department at North Middlesex Hospital have the opportunity to gain excellent clinical experience in a supportive and friendly environment. The paediatric A&amp;E is one of the busiest in London and serves a diverse population. There is an outstanding child safeguarding team who advise on clinical cases and provide training for all junior doctors. There are numerous outpatient clinics, including several specialty clinics. In particular there is a tertiary haemoglobinopathy service, a busy allergy service, and cardiology clinics with the opportunity to gain experience in echocardiography.</p> <p>The neonatal unit is level 2. Junior doctors gain experience in the resuscitation and stabilisation of sick and preterm babies, with consultant supervision.</p> <p>There is a structured departmental teaching and training programme, as well as numerous opportunities to become involved in quality improvement and research. We encourage doctors at all levels to become involved in these projects.</p>
<b>Where the placement is based</b>	North Middlesex University Hospital NHS Trust
<b>Clinical supervisor(s) for the placement</b>	Dr C Tipper (College Tutor), Dr Ian Gregory (College Tutor), Dr O Wilkey, Dr L Walker, Dr A Nambisan, All the paediatric consultants act as clinical supervisors – the allocated named supervisor will vary each time.
<b>Main duties of the placement</b>	Participate in ward rounds, attend MDT meetings, assessment of patients in A&E/PAU, attend deliveries on labour ward, work on the day assessment unit.
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>There is a daily handover at 08.30 on both the general wards and neonatal unit. There are 3 SHOs covering the neonatal unit, labour ward and postnatal ward. 4 SHOs cover the general paediatric side which includes Rainbow Ward, Starlight Ward, Paediatric Day Assessment Unit (PDAU) and the Paediatric Assessment Unit (PAU) and A&amp;E. There are 3 SHOs working every evening on a 'long day'. One SHO will be on the neonatal unit and the other 2 will be covering the paediatric wards, PAU and A&amp;E.</p> <p>2 SHOs cover the night shifts, one for neonates and one for paediatrics.</p> <p>The whole department aims to function as one team, and we expect that junior doctors to support each other during busy periods and emergencies, even if</p>

	<p>they have not been allocated to that particular area for the shift.</p> <p>There is departmental Teaching Tues, Wed and Fri Morning after handover which includes, presentations on common paediatric topics, simulation teaching, and reflective sessions. There is an x-ray meeting on Monday, a regional paediatric case exchange on Tuesday, a NICU grand round Wednesday afternoon and a psychosocial meeting Thursday for learning opportunities. Trainees have access to protected foundation doctor training sessions organized by the trust.</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust.</p> <p>The Trust serves the boroughs of Enfield and Haringey but also draws patients from Barnet and Waltham Forest. As part of multicultural London, the local communities we serve are diverse and we provide a range of services to meet their health needs. Following the recent announcement of the Secretary of State, the Barnet, Enfield and Haringey Strategy is now entering an exciting phase of implementation with the North Middlesex playing a central role as a major acute hospital.</p>

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<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F2 Geriatric Medicine (Care of the Elderly – COE)</b>
<b>Department</b>	Care of the Elderly
<b>Type of work to expect and learning opportunities</b>	<p>F2 trainees in this specialty will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Prescribe safely</li> <li>• Seeing patients in clinics</li> <li>• Assisting in theatre</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• with general medical problems</li> <li>• Educate patients effectively</li> </ul>
<b>Where the placement is based</b>	NMUH - Care of the Elderly wards
<b>Clinical supervisor(s) for the placement</b>	Dr N Rollitt Dr M Cohen, Dr R Luder, Dr M Bhargava, Dr C Annesley, Dr L Grainger
<b>Main duties of the placement</b>	<p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the day hospital and also take responsibility for problems arising in inpatients. They are expected to attend the structured teaching programmes provided by the postgraduate centre.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. The F2 doctor will be rotate through the acute medical rotation covering the Medical take during the day and night, as well as the acute medical unit..</p>
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>Mon-Fri – Daily ward round and jobs arising Wednesday pm – Postgraduate teaching session Thurs- COE departmental teaching at 8 am</p>

	<p>Fri- COE MDT at 8 am  1 week placement with the day hospital setting- COE Clinic setting timings the same as ward work 9-5</p> <p>Rotate through the acute medical rota and ward rota. When on the ward rota, F2 doctor will undertake evening on call duties 5pm-9pm, approximately once a week, covering the wards.</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust.  The Trust Serves the boroughs of Enfield and Haringey but also draws patients from Barnet and Waltham Forest. As part of multicultural London, the local communities we serve are diverse and we provide a range of services to meet their health needs. Following the recent announcement of the Secretary of State, the Barnet, Enfield and Haringey Strategy is now entering an exciting phase of implementation with the North Middlesex playing a central role as a major acute hospital.</p>

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<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F2 General Practice</b>
<b>Department</b>	General Practice
<b>Type of work to expect and learning opportunities</b>	<p>The F2 trainee will receive training in the management of chronic medicine, paediatrics, geriatrics, womens health, endocrine (diabetes, thyroid), rheumatology, minor injuries, mental health, neurology, Orthopaedics as well as ENT.</p> <p>Cases are usually supervised by a GP</p> <p>Lunchtime meeting daily</p> <p>Trainee teaching for 1 hour once a week</p> <p>Telephone consultation</p> <p>Monitoring / follow-up patient.</p> <p>Management in primary health care</p> <p>Morning and afternoon surgeries supervised by GPs</p>
<b>Where the placement is based</b>	Various practices in Haringey and Enfield
<b>Clinical supervisor(s) for the placement</b>	Various clinical supervisors
<b>Main duties of the placement</b>	<p>Running own morning and afternoon surgery and helping with the emergency lists at the end of both clinics.</p> <p>Taking a history and examination of patients</p> <p>Ordering and collating investigations for patients in the practice (eg temperature, blood results, BP, INR peak flow, ECG)</p> <p>Referring into hospital immediately, 2 week wait, or routine.</p> <p>Referral for physiotherapy</p> <p>Discussing patients with colleagues in general practice and hospital.</p> <p>Reviewing patients</p> <p>Telephone consultation</p> <p>Evening surgery</p> <p>Reviewing hospital correspondence from referrals + investigations</p> <p>Routine follow-up of patient in primary care, sending investigation as necessary, management of primary care, referral if necessary and follow-up.</p> <p>Normally only book on the day patients, so usually just</p>
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <p>Daily/weekly/monthly (if applicable)</p> <p>Mon: 8.30 – 11.30 routine appointments</p> <p>11.30 – 13.00 – extras, de-briefing, correspondence, telephone calls and occasional visit (carefully selected)</p> <p>13.00 – 15.30 – free time for study etc or catching up on paperwork</p> <p>15.30 – 17.30 – routine appointments</p> <p>17.30 – 18.30 – extras and de-briefing</p> <p>(It would be unusual to work continuously from 8.30 until 18.30)</p> <p>Also it is unusual to have a full day each week for F2 teaching – it probably averages as half a day per week (plus the half day e-portfolio time as already recorded)</p> <p>Tues: same as above</p> <p>Wed: same as above</p> <p>Thurs: same as above</p>

	<p>Fri: 08:30-13:00 morning surgery + emergency list, paper work, referrals and de-brief with GP then study leave  Sat: off  Sun: off</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust.  The Trust serves the boroughs of Enfield and Haringey but also draws patients from Barnet and Waltham Forest. As part of multicultural London, the local communities we serve are diverse and we provide a range of services to meet their health needs. Following the recent announcement of the Secretary of State, the Barnet, Enfield and Haringey Strategy is now entering an exciting phase of implementation with the North Middlesex playing a central role as a major acute hospital.</p>

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Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton, N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F2 Medical Microbiology</b>
<b>Department</b>	Microbiology
<b>Type of work to expect and learning opportunities.</b>	<p>A clinical post offering varied insight into clinical microbiology and infectious disease with opportunity to gain increased awareness of ITU medicine. The role is primarily desk based.</p> <ul style="list-style-type: none"> <li>- Main role consists of supporting Microbiology/ ID Consultant in the clinical management of patients. They are supervised at all times either by SpR or Consultant. In conjunction with SpR accept telephone referrals and support Consultant/SpR on the management of patients.</li> <li>- Additional responsibility of maintaining an electronic folder of ITU patients with their microbiology advice and results collated together.</li> <li>- There are in person microbiology ward rounds 2-3x/week across ITU and HDU.</li> <li>- Attendance at Consultant led antimicrobial stewardship rounds</li> <li>- Opportunity to review complex ID cases on the ward accompanied by SpR +/- Consultant</li> <li>- F2 is encouraged to get involved in at least one audit/QIP. There is also opportunity to get involved in research for publication if motivated to do so.</li> <li>- Plenty of learning opportunities on antimicrobial prescribing and stewardship. As well as an awareness of less common causes of infection, common pathogens for common infections and assessment of infection of unknown source.</li> <li>- Opportunity to spend time in microbiology lab at Euston to observe blood culture interpretation first hand.</li> </ul>
<b>Where the placement is based</b>	Microbiology department at NMUH
<b>Clinical supervisor(s) for the placement</b>	Dr. Y Gourtsoyannis
<b>Main duties of the placement</b>	<ul style="list-style-type: none"> <li>- Assessment and review of patients with positive blood cultures either virtually or in-person and</li> </ul>

	<p>discussion with Consultant/ SpR on management and clinical advice.</p> <ul style="list-style-type: none"> <li>- Receiving clinical calls from other health professionals, liaising with Health Protection Teams/UKHSA and IPC team.</li> <li>- Preparing notes for ITU round and attending in-person Consultant led ICU rounds</li> <li>- Opportunity to attend weekly complex infection radiology and HIV MDT</li> <li>- Opportunity to attend complex orthopaedic infection MDT</li> <li>- Opportunity to attend Infection Control/ Outbreak meetings</li> <li>- Conducting an audit/QIP</li> </ul>
<p><b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)</p>	<p>This is an un-banded post and typical hours are 9-5. The mornings consist of clinical work: maintaining ITU notes, educational meetings, taking clinical calls and following up on blood culture results. The afternoons involve ITU ward round and reviewing patients on the ward. When the registrar is available the F2 is able to attend activities with HIV and ITU teams.</p> <p><b>Mon:</b> Handover from weekend on-call. In-person ITU round in the afternoon.</p> <p><b>Tues:</b> Clinical work &amp; AMS ward round in afternoon.</p> <p><b>Wed:</b> Radiology meeting/ Complex HIV cases MDT, Clinical work, F2 teaching and project time in the afternoon.</p> <p><b>Thurs:</b> Clinical work</p> <p><b>Fri:</b> Clinical work with in-person ITU ward round in afternoon</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust. The Trust serves the boroughs of Enfield and Haringey but also draws patients from Barnet and Waltham Forest. As part of multicultural London, the local communities we serve are diverse and we provide a range of services to meet their health needs.</p>

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Individual Placement Descriptor**

<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F2 Obstetrics &amp; Gynaecology</b>
<b>Department</b>	<p>The O&amp;G department is a Consultant led unit comprising of 9 consultant teams with special Interests in colposcopy, early pregnancy unit, labour ward urinary incontinence, antenatal and postnatal care as well as gynaecology. It is a university affiliated department with undergraduates from UCH and St George's University in the West Indies.</p> <p>The department caters for a high risk immigrant population with low income.</p>
<b>Type of work to expect and learning opportunities</b>	<p>Junior doctors can expect to be exposed to and learn in a wide variety of clinical environments. This placement is perfect for those wishing to become confident and wanting to gain a wide variety of skills regarding women's health. The Consultants are very approachable and keen to teach.</p> <p>Junior doctors are expected to attend antenatal clinic and gynaecology outpatient clinics. They are also expected to fulfil their on-call commitments for gynaecology and labor ward. During Gynecology on-calls, juniors are able to gain experience and confidence in clerking emergency cases in A&amp;E, attending the emergency gynaecology operating list, liaise and be part of the early pregnancy unit and to attend to patients on the wards. During labor ward on-calls juniors participate in the labor ward round, antenatal and postnatal ward rounds. They are also responsible for the care of each of these patients. Each day begins with a consultant led round which is a valuable learning opportunity. Juniors also assist in elective and emergency Caesarean sections. Juniors are expected to attend weekly teaching sessions. They are also expected to participate in clinical audit and there is an active drive to conduct clinical research. The F2 trainee will be given the opportunity to submit research projects national and international meetings.</p>
<b>Where the placement is based</b>	Maternity and Gynaecology Unit
<b>Clinical supervisor(s) for the placement</b>	Miss A Govind, Mr B Subba, Mr W Yoong, Mr A Fakokunde, Miss A Al Habib, Miss A Kulkarni, Miss Karthikeyan, Miss Rouabhi, Miss Janga, Mr Adeyemo, Miss Viswa, Mr Lodhi
<b>Main duties of the placement</b>	Attend ANC, GOPC

	<p>Attend Main theatres for elective list and DSU, to consent patients prior to procedure and to provide pre-op and post op-care and discharges</p> <p>Clerk patients in A&amp;E with gynaecological emergencies</p> <p>To liaise with the early pregnancy unit and to follow up patients through this process</p> <p>To regularly attend teaching sessions</p> <p>To participate in clinical audit</p> <p>To prepare and give a departmental teaching session</p> <p>To become confident with speculum examination and other gynaecological procedures</p> <p>To be able to interpret CTG's, to assist in Labour ward theatres for deliveries</p>
<p><b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)</p>	<p>Partial shift 0800 to 1700 with 1-2 days of on-calls. 1 in 4 weekends</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust.</p> <p>The Trust serves the boroughs of Enfield and Haringey but also draws patients from Barnet and Waltham Forest. As part of multicultural London, the local communities we serve are diverse and we provide a range of services to meet their health needs. Following the recent announcement of the Secretary of State, the Barnet, Enfield and Haringey Strategy is now entering an exciting phase of implementation with the North Middlesex playing a central role as a major acute hospital.</p>

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<b>Trust</b>	NMUH
<b>Site</b>	Sterling Way, Edmonton N18 1QX
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F2 Trauma &amp; Orthopaedic Surgery</b>
<b>Department</b>	Trauma and Orthopaedics
<b>Type of work to expect and learning opportunities</b>	<p>F2 trainees in this specialty will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on call the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Prescribe safely</li> <li>• Seeing patients in clinics</li> <li>• Assisting in theatre</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• with general medical problems</li> <li>• Educate patients effectively</li> </ul>
<b>Where the placement is based</b>	Orthopaedic wards
<b>Clinical supervisor(s) for the placement</b>	Mr Gadikoppula, Mr Kurer, Mr Atkinson, Mr Janipreddy
<b>Main duties of the placement</b>	<p>Daily trauma meeting in Fracture clinic            Mon: Consultant/SpR WR, weekend on-take            Tues: Consultant/SpR WR            Wed: Consultant/SpR WR            Thurs: Consultant/SpR WR Fri:                              Consultant/SpR WR            Sat: Nil            Sun: Nil            Theatres daily with each different ortho team doing weekly list  <i>On call requirements:</i> On take with ward cover 1 in 5</p>
<b>Typical working pattern in this placement</b> (e.g. ward rounds, clinics, theatre sessions)	Partial shift 0800 to 1700 with 1-2 days of on-calls. 1 in 4 weekends
<b>Local education provider (LEP) / employer information</b>	The employer is North Middlesex University Hospital NHS Trust.

	<p>The Trust serves the boroughs of Enfield and Haringey but also draws patients from Barnet and Waltham Forest. As part of multicultural London, the local communities we serve are diverse and we provide a range of services to meet their health needs. Following the recent announcement of the Secretary of State, the Barnet, Enfield and Haringey Strategy is now entering an exciting phase of implementation with the North Middlesex playing a central role as a major acute hospital.</p>
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<b>Trust</b>	NMUH
<b>Site</b>	St Ann's Hospital, St Ann's Road, N15 3TH
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	<b>F2 General Psychiatry</b>
<b>Department</b>	Psychiatry
<b>Type of work to expect and learning opportunities</b>	<p>The F2 trainee will receive training in the management of both acute and chronic psychiatric conditions, for patients both in the community and in hospital.</p> <p>The trainee will be involved in a variety of ward based work and on calls and training will concentrate on the following skills:</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Prescribe safely</li> <li>• Seeing patients in reviews</li> <li>• Undertaking home visits</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become familiar with the multi-disciplinary team work required for seamless psychiatric care both in hospital and in the community</li> </ul>
<b>Where the placement is based</b>	St Ann's Hospital
<b>Clinical supervisor(s) for the placement</b>	Dr S Lorenz
<b>Main duties of the placement</b>	<p>As part of the home treatment team the trainee will be involved in assessing acute cases at home to prevent the need for admission. Common cases include depression, patients with suicidal thoughts but no intent or who have good family support, bipolar disorder, personality disorder and schizophrenia. Some patients present regularly and so their care is more chronic. Patients can remain under the home treatment team for up to 6 weeks after which time they are discharged to community support workers or their care escalated to admission.</p> <p>On call duties every twelve days which run for 24hrs. During the day 9am-9pm the trainee undertakes his/her normal day work but is also required to carry a bleep and respond to queries about ward patients or new patients that need clerking or assessment for admissions. After 9pm the Dr is off site and called only if needed.</p> <p>The trainee's responsibility to do consult with the local referring hospital (NMUH) or the patient's GP for any patients that have medical concerns of any nature.</p>
<b>Typical working pattern in this</b>	Typical working pattern in this post:

<p><b>placement</b> (e.g. ward rounds, clinics, theatre sessions)</p>	<p>Mon – Fri 9am-5pm day duties as described above          Wednesday pm teaching – case presentations, journal club or outside speakers.</p> <p>On calls once every 12 days as above.</p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust.</p> <p>The North Middlesex University Hospital in outer London is looking forward to an exciting future in our new £120 million hospital building that opened in June 2010 to house inpatients and outpatients, Critical Care and Theatre Services, Accident and Emergency, and Diagnostics. Typical working pattern in this post:          Mon – Fri 9am-5pm day duties as described above          Wednesday pm – teaching – case presentations, journal club or outside speakers.</p> <p>On calls once every 12 days as above</p>

\*It is important to note that this description is a typical example of the placement and may be subject to change.

**Foundation Programme  
Individual Placement Descriptor\***

<b>Trust</b>	NMUH
<b>Site</b>	St Ann's Hospital, St Ann's Road, N15 3TH
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	F2 - Old Age Psychiatry Community
<b>Department</b>	Haringey Mental Health Services for Older People
<b>Type of work to expect and learning opportunities</b>	<p>The post is for a full-time F2 working in Haringey Older Adults Community Mental Health Team (OPCMHT) and Haringey Memory Service (HMS), as well as participating in psychiatry on calls for the St Ann's Hospital site.</p> <p>The F2 will work across HMS and OPCMHT, undertaking assessments of new patients and providing follow up as required. Initially, this will be under close supervision. As the F2 gains experience and competency, they will be able to take on increasing responsibility. They should begin to make management decisions, develop their core generic skills, and contribute more to the education/training of the wider team. In addition, they will have a very small caseload of patients whom they will hold in their outpatient clinic. The F2 will not put in a situation where they are asked to work beyond the limits of their competence without appropriate support and supervision from their Clinical Supervisor or other senior clinician.</p> <p>One-hour weekly supervision is provided by Dr Ros Humphreys, consultant psychiatrist with the OPCMHT. Other senior clinicians are also available throughout the week for informal supervision and support. The F2 will also be co-located with other trainees: two Core Psychiatry Trainees and one Higher Psychiatry Trainee.</p> <p>The F2 is encouraged to attend monthly BEH Psychiatry Foundation Doctor Teaching, NMUH Foundation Teaching and the Wednesday afternoon academic programme as well as ensuring that they use their self-development time. The post-holder will also be supported in accessing bespoke taster days in different psychiatry sub-specialties during their four month post.</p>
<b>Where the placement is based</b>	The post is located at the Victoria Unit, St Ann's Hospital, St Ann's Road, Tottenham, N15 3TH The F2 will be expected to do home visits, accompanied by another team member.
<b>Clinical supervisor(s) for the placement</b>	Dr Ros Humphreys
<b>Main duties of the placement</b>	<ul style="list-style-type: none"> <li>Formulate appropriate mental health diagnoses for new patient assessments, with support. By the end of their post, they should have developed a more nuanced understanding of the interface between</li> </ul>

“functional” and “organic” mental illness.

- Gain specialist skills in the assessment of cognitive difficulties, the use of specific cognitive tests such as the Addenbrooke’s Cognitive Assessment, and interpretation of investigations such as brain imaging.
- Be able to define and initiate management plans which may include immediate, medium-term and long-term interventions, to cover biological, psychological and social aspects. They would be expected to discuss their plans with senior clinicians, particularly for complex cases, and receive feedback.
- Become proficient in written communication with patients and referrers.
- Gain high quality experience of MDT working. They will work closely with nurses, social workers, occupational therapists, psychologists and support workers, often assessing or reviewing patients jointly.
- Have excellent opportunities to hone sensitive communication skills often in challenging circumstances, responding to people in mental health crisis or experiencing difficult life events.
- Develop reflective capability.
- Experience working across health and social care boundaries. They will be expected to lead on making referrals and will frequently liaise and work jointly with other health and social care professionals.
- Experience holistic, person-centred care in both acute presentations and in long-term conditions.
- Recognise and manage acutely ill patients in a mental health setting, initiating treatment and taking the lead in escalating by ensuring emergency services attend promptly, giving a handover to paramedics, or arranging other transfer to A&E.
- Have a key role in monitoring long-term conditions in our patient group, in liaison with specialists or the GP. They will gain experience of monitoring and treating chronic mental illness, for example schizophrenia, bipolar affective disorder and depressive disorder, and will have the opportunity to review long-term psychotropic medication such as antipsychotics, antidepressants and mood stabilisers.
- Gain experience of adjusting prescriptions for older adults, including psychotropic medication.
- Gain a practical understanding of legal frameworks.
- Be encouraged to participate in Quality Improvement within the service.
- Be supported in contributing to training and education of non-medical members of the MDT and medical students.

<b>Typical working pattern in this placement</b> <i>(e.g. ward rounds, clinics, theatre sessions)</i>	<b>Monday</b>	AM	St Ann’s Hospital	Memory Clinic
		PM	St Ann’s Hospital	Clinical Admin
	<b>Tuesday</b>	AM	St Ann’s Hospital	Memory Service MDT meeting Clinical Admin
		PM	St Ann’s Hospital	CMHT Home visits
	<b>Wednesday</b>	AM	St Ann’s Hospital	CMHT MDT meeting Supervision
		PM	St Ann’s Hospital	CPD/ Academic programme

	<b>Thursday</b>	AM	St Ann's Hospital	CMHT clinic
		PM	St Ann's Hospital	QI activity, Supervision (1h)
	<b>Friday</b>	AM	St Ann's Hospital	Memory Clinic/ CMHT reviews
		PM	St Ann's Hospital	Clinical Admin
<b>Local education provider (LEP) / employer information</b>	<p>The employer is North Middlesex University Hospital NHS Trust, however the placement is provided by Barnet, Enfield and Haringey Mental Health NHS Trust.</p> <p>Barnet, Enfield and Haringey Mental Health NHS Trust and Camden and Islington NHS Foundation Trust have been working in partnership since April 2022. Jointly known as The North London Mental Health Partnership, we are progressing to become one new NHS organisation by Autumn 2024.</p> <p>Both rated Good by the CQC, we jointly employ 5,600 staff and care for nearly 200,000 people a year offering mental health support at home, in the community and in our hospitals.</p> <p>Our services stretch from cradle to grave supporting people to overcome the hurdles they face with their health and wellbeing and ensuring they live as independently as possible.</p> <p>We offer cutting-edge and person-centred mental health and wellbeing support to our service users and communities. We are committed to working with them, their carers and their partners to improve the mental health of everyone in North London. This means supporting people to be resilient and have good mental health, as well as offering early intervention for those with mental health problems to prevent these problems worsening.</p>			

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**Foundation Programme  
Individual Placement Descriptor\***

<b>Trust</b>	NMUH
<b>Site</b>	North Middlesex University Hospital
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	F2 - General Adult Psychiatry Liaison Psychiatry
<b>Department</b>	Mental Health Liaison Team
<b>Type of work to expect and learning opportunities</b>	<p>The F2 will join the North Middlesex University Hospital Mental health Liaison Service, covering all adult patients at NMUH. This is a multidisciplinary team based at NMUH working with patients with a wide range of physical and mental illnesses.</p> <p>The F2 will assist in the assessment and management of patients under supervision of the Dr Hadi. This will occur in Accident and Emergency and on the inpatient wards. The trainee will also work with other members of the team to understand their role and contribution. The team is currently made up of three consultants, a higher trainee, a specialist doctor, eight nurses and a psychologist. The trainee will be encouraged to take an active part in the weekly clinical team meeting and the monthly management meeting.</p> <p>The team case load varies according to patient presentations, but typically there are between two and three hundred new patients per month and at any one time the team might be providing mental health input to fifteen inpatients. Initial weeks will be spent shadowing the consultant and other senior staff.</p> <p>The post provides an excellent training opportunity as the F2 will gain experience both in the diagnosis and management of patients with mental illness and the relationship between physical and mental illness. This will begin by observation of other team members, shadowing the consultant and progress to more direct involvement in assessing and managing patients. There is a wide range of both mental and physical health problems. Due to the nature of liaison psychiatry and the interaction between physical and mental health problems patients may have relatively “mild” conditions that nevertheless have significant functional impact, such as panic attacks in the context of respiratory disease, through to patients detained under the mental health act. The North Middlesex University Hospital serves a diverse population and so has patients with a wide range of physical conditions including Tuberculosis and HIV.</p> <p>The F2 will undergo continuous assessment as part of developing their Foundation Training Programme NHS E-portfolio.</p> <p>The F2 will be expected to attend the Foundation Training Programme weekly teaching, that includes lectures covering the Foundation Training</p>

	<p>Program Curriculum. The teaching will take place at North Middlesex Hospital.</p> <p>The F2 will be expected to attend the Mental Health Departmental Academic Programme on Thursday afternoons, which includes a lecture, case presentation and journal club.</p> <p>There is a day of induction towards the beginning of the placement so as not to clash with the NMUH induction. The F2 will have regular weekly supervision for an hour with the consultant.</p>
<p><b>Where the placement is based</b></p>	<p>North Middlesex University hospital</p>
<p><b>Clinical supervisor(s) for the placement</b></p>	<p>Dr Zahraa Hadi, consultant Liaison Psychiatrist</p>
<p><b>Main duties of the placement</b></p>	<p><b>1) Undertake clinical assessments of patients with mental health problems</b></p> <p>The trainee will conduct at least 4 new patient assessments per week. These assessments will take place under the direct supervision of Dr Shute. They will not be expected to manage a specific caseload as all inpatients have a designated senior doctor.</p> <p>The trainee will be exposed to a high level of psychiatric morbidity with compounding psycho-social problems, as can be expected from a deprived London Borough.</p> <p>Training in communication and interview skills as appropriate to the practice of psychiatry is available and will be tailored to the needs of the post holder.</p> <p>The Trainee will maintain accurate, legible, contemporaneous and useful clinical records for all patients in whose care the trainee are involved.</p> <p><b>2) Manage chronic illness</b></p> <p>The majority of patients under the care of the Liaison Psychiatry Team will have chronic illness, either physical or mental or both and the trainee will be expected to assess and manage this under supervision.</p> <p><b>3) Use of results of the clinical assessment to ensure effective patient management</b></p> <p>Under the supervision of a clinical supervisor, the trainee will prescribe pharmacological and psychosocial treatments for the patients that the trainee is working with.</p> <p><b>4) Manage mental health emergencies</b></p> <p>During the course of the trainee's placement, the trainee will be expected to carry out urgent assessments of allocated patients in crisis</p>

together with the team nurses.

**5) Maintain and use systems to update knowledge and its application to any aspect of the Foundation Doctor's professional practice**

During the placement the F2 will follow the Foundation Training Programme Curriculum and maintain an up-to-date trainee e-portfolio that the trainee will bring to meetings with the trainer when asked to do so. As a minimum, this will be at the beginning, mid-term and the end of the placement.

The F2 will participate in a journal club and a weekly case conference programme at Chase Farm Hospital.

The F2 will also attend the Foundation doctors weekly teaching at North Middlesex Hospital.

**6) Teaching**

Teaching is a crucial component of an effective liaison psychiatry team. The F2 will participate in formal and informal teaching of a variety of staff at the hospital ranging from medical students through to nurses and therapists.

**7) Working within a multidisciplinary team**

During this placement the F2 will be a full member of the multi-disciplinary team (MDT) and will attend its weekly meeting. The F2 will discuss their experience of the MDT in meetings with the trainer. The F2 will not be expected to cross cover any other core training post in the Service.

**8) Communicate effectively with other healthcare professionals**

The F2 will keep clear, accurate and contemporaneous clinical records. The trainee will send regular written reports on patients to general practitioners and other professionals involved in patient care.

The trainer and clinical supervisors will give the F2 guidance as to the level of responsibility the trainee should assume in individual clinical situations. If the trainee is unsure, the trainee must always obtain advice and assistance

The F2's written reports will use the standard report format. Assessment letters are expected to be written within two days of assessment. Until instructed otherwise, all reports that the F2 writes must be checked by the clinical supervisor before being sent out. The F2 will not provide any other written reports about patients, unless this has been sanctioned by the clinical supervisor.

**Typical working pattern in this placement** (e.g. ward rounds, clinics, theatre sessions)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	A&E or inpatient ward work	Team meeting (clinical)	A&E or inpatient ward work	A&E or inpatient ward	A&E or inpatient ward

			A&E or inpatient ward work	Team meeting (management – monthly)	work	work
	Lunch		NMUH Grand round			
	PM	Supervision with Consultant / Admin time	.	Foundation Training teaching at North Middlesex Hospital	Academic Afternoon at Chas Farm Hospital.	A&E or inpatient ward work
<b>Local education provider (LEP) / employer information</b>	<p>The employer is North Middlesex University Hospital NHS Trust, however the placement is provided by Barnet, Enfield and Haringey Mental Health NHS Trust.</p> <p>Barnet, Enfield and Haringey Mental Health NHS Trust and Camden and Islington NHS Foundation Trust have been working in partnership since April 2022. Jointly known as The North London Mental Health Partnership, we are progressing to become one new NHS organisation by Autumn 2024.</p> <p>Both rated Good by the CQC, we jointly employ 5,600 staff and care for nearly 200,000 people a year offering mental health support at home, in the community and in our hospitals.</p> <p>Our services stretch from cradle to grave supporting people to overcome the hurdles they face with their health and wellbeing and ensuring they live as independently as possible.</p> <p>We offer cutting-edge and person-centred mental health and wellbeing support to our service users and communities. We are committed to working with them, their carers and their partners to improve the mental health of everyone in North London. This means supporting people to be resilient and have good mental health, as well as offering early intervention for those with mental health problems to prevent these problems worsening.</p>					

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**Foundation Programme  
Individual Placement Descriptor\***

<b>Trust</b>	NMUH
<b>Site</b>	St Ann's Hospital, St Ann's Road, N15 3TH
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	General Adult Psychiatry Inpatient
<b>Department</b>	Sunflower Ward, St Ann's Hospital  Sunflower ward is an 18 bedded acute treatment ward which receives admissions from the whole of Barnet, Enfield and Haringey Mental Health Trust. The ward is a mixed ward composed of 9 male and 9 female beds. Sunflower ward accepts new admissions from the community under a section of the Mental Health Act 1983 as well as voluntary patients. Sunflower ward is a busy and dynamic ward with enthusiasm for new ideas and innovation. The length of stay for services users averages around four weeks.
<b>Type of work to expect and learning opportunities</b>	<p>The Foundation Year 2 (FY2) will be a core part of a multidisciplinary team that will provide assessment and management of all patients whilst assessing their clinical, medical and social needs. There is comprehensive support from a core trainee in psychiatry, a higher trainee in psychiatry and a consultant psychiatrist. The ward also has two trust grade doctors.</p> <p>In terms of the Multi-Disciplinary Team (MDT) in addition to the nursing staff cohort there is a psychologist and occupational therapist to support the ward. The discharge team can provide support with any possible barriers to discharge.</p> <p>There are a range of therapeutic activities such as music therapy, and art therapy available at the Occupational Therapy Department. There will be regular contact with care coordinator from social work and mental health nursing professions during CPA meetings. There are ongoing innovations such as community transformation and the use of DIALOG+ as part of the patients care plans.</p> <p><b>Typical duties and learning opportunities:</b> The FY2 will clerk new admissions and transfers to the ward and review patients who are already admitted in the advent of a cause for concern in their physical or mental health. There is always senior support from the core trainee*, higher trainee and/or consultant during working hours. The trainee will gain experience of diagnosis and management of patients with severe mental illness admitted to Sunflower Ward and be aware of the interaction between physical and mental health as well as the biopsychosocial model. There is the opportunity for the FY2 to familiarise themselves with national guidelines pertaining to those areas of physical and mental health care with particular respect to cardio-metabolic health and appropriate supervision from the ward consultant. There is the opportunity to liaise and observe other members of the MDT team during assessments and therapeutic activities.</p> <p>There are teaching opportunities which would include assistance in teaching a 4 week curriculum to UCL medical</p>

	<p>students. St Georges University Medical Students (Grenada) will soon begin a placement on the ward as well. There is a weekly half-day academic programme for which attendance is encouraged, as well as teaching organised specifically for FY2 doctors.</p> <p>The overall educational objectives of the FY2 year are to provide the trainee with the knowledge, skills and attitudes to be able to achieve the relevant competencies.</p> <ul style="list-style-type: none"> <li>• Providing a good standard of practice and care within the mental health field.</li> <li>• Undertake clinical assessment of patients with mental health problems</li> <li>• Manage acute and chronic illness</li> <li>• Use the results of the clinical assessment to ensure effective patient management</li> <li>• Manage emergencies</li> <li>• Maintain and use systems to update knowledge and its application to any aspect of your professional practice</li> <li>• Monitor and maintain professional performance</li> <li>• Plan, deliver, and evaluate teaching and learning in a variety of environments</li> <li>• Conduct professional patient relationships</li> </ul>
<b>Where the placement is based</b>	Sunflower Ward, Blossom Court, St Ann's Hospital, St Ann's Road, London, N15 3TH
<b>Clinical supervisor(s) for the placement</b>	Dr Jeremy Greening, Consultant Psychiatrist
<b>Main duties of the placement</b>	<p>The FY2 doctor is responsible for the assessment and clerking of patients on Sunflower Ward. The doctor would discuss management with the consultant and the team. They would be expected to maintain electronic records. They will be provided with relevant supervision according to their level and interests. There is an oncall rota with appropriate senior support available out of hours. They will help with contributing to Care Programme Approach (CPA) meetings, completing discharge summaries and attending medical reviews and referrals.</p> <p>They will attend structured teaching programs provided by the department. They will have the opportunity to conduct small group teaching sessions with medical students. The doctor will be responsible for other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<b>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</b>	<p><b>Mon:</b> am 9:30 11am weekly MDT and Ward reviews pm Ward reviews, ward work</p> <p><b>Tues:</b> am 9-10am Daily planning meeting and ward reviews pm Ward reviews, ward work supervision 4-5pm</p> <p><b>Wed:</b> am 9-10am Daily planning meeting audit reviews Ward reviews pm FY teaching &amp; Academic Meeting 1-3pm</p>

	<p>Mulberry Suite  <b>Thurs:</b> am 9-10am Daily planning meeting  Ward reviews  pm  Ward reviews  <b>Fri:</b> am 9-10am Daily planning  meeting  Ward reviews  pm 3-4 Balint Group  Ward work  <b>On call requirements:</b> <i>resident oncall 1:11</i></p>
<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust, however the placement is provided by Barnet, Enfield and Haringey Mental Health NHS Trust.</p> <p>Barnet, Enfield and Haringey Mental Health NHS Trust and Camden and Islington NHS Foundation Trust have been working in partnership since April 2022. Jointly known as The North London Mental Health Partnership, we are progressing to become one new NHS organisation by Autumn 2024.</p> <p>Both rated Good by the CQC, we jointly employ 5,600 staff and care for nearly 200,000 people a year offering mental health support at home, in the community and in our hospitals.</p> <p>Our services stretch from cradle to grave supporting people to overcome the hurdles they face with their health and wellbeing and ensuring they live as independently as possible.</p> <p>We offer cutting-edge and person-centred mental health and wellbeing support to our service users and communities. We are committed to working with them, their carers and their partners to improve the mental health of everyone in North London. This means supporting people to be resilient and have good mental health, as well as offering early intervention for those with mental health problems to prevent these problems worsening.</p>

\*It is important to note that this description is a typical example of the placement and may be subject to change.

**Foundation Programme  
Individual Placement Descriptor\***

<b>Trust</b>	NMUH
<b>Site</b>	St Ann's Hospital, St Ann's Road, N15 3TH
<b>Trainee Information System (TIS) Post Code</b> (and local post number if known)	
<b>Placement details</b> (i.e. the specialty and sub-specialty)	General Adult Psychiatry Community
<b>Department</b>	Haringey West Core Community Mental Health Team
<b>Type of work to expect and learning opportunities</b>	<p>At the beginning of the placement, the F2 will see new patients and follow-up patients alongside a senior member of the MDT. As the trainee gains confidence and demonstrates competence, they will be expected to undertake reviews in relatively straightforward cases without another clinician present, or with a less senior member of the team. However, a more senior doctor will always be on hand to assist and supervise as necessary. The clinical supervisor will provide weekly supervision to consider whether the aims and objectives of the placement, as laid out at the outset, are being met.</p> <p>The trainee should gain experience and basic competence in assessing common adult mental health presentations and how these are managed. The F2 will become proficient in conducting a full psychiatric history and producing a multi-axial or bio-psycho-social formulation at the conclusion of an assessment.</p> <p>The overall educational objectives of the F2 year are in line with the Foundation Professional Capabilities (FPCs). Trainee should work towards the knowledge, skills and attitudes to meet the following objectives:</p> <ul style="list-style-type: none"> <li>• Take a psychiatric history and a mental state examination (FPC 11)</li> <li>• Undertake clinical assessment and review of patients with mental health problems such as schizophrenia, depression, anxiety and behavioural difficulties (FPC 11)</li> <li>• Communicate effectively with patients, carers and colleagues including in difficult situations (FPC 6)</li> <li>• Learn to work effectively in a multi-disciplinary team in a community setting (FPC 7)</li> <li>• Keep an accurate and relevant medical record (FPC 6)</li> <li>• Develop diagnostic skills and clinical decision making in psychiatry (FPC 11)</li> <li>• Recognise acute mental symptoms and self-harm in adults (FPC 9)</li> <li>• Plan discharges back to primary care with the team and consultant (FPC 11)</li> <li>• Manage physical illness in patients with chronic mental disorder in collaboration with the GP (FPC 11)</li> <li>• Manage psychiatric and medical emergencies in the community (FPC 9)</li> <li>• Assess risk and prioritise safe clinical practice (FPC 9)</li> <li>• Interface with general practice and other specialties as necessary (FPC 6 and 7)</li> </ul>

	<ul style="list-style-type: none"> <li>• Use evidence based practice, NICE guidelines, trust protocols and audit to benefit patient care (FPC 20)</li> <li>• Educate patients about good physical and mental health effectively (FPC 6)</li> <li>• Cope with ethical and legal issues which occur during the management of psychiatric patients (FPC 3)</li> <li>• Maintain and use systems to update knowledge and its application to any aspect of your professional practice (FPC 4)</li> <li>• Monitor and maintain professional performance (FPC 1)</li> <li>• Become life-long learners and teachers (FPC 4)</li> <li>• Learn about careers in Psychiatry (FPC 5)</li> <li>• Act in a professional manner at all times (FPC 1)</li> </ul>																																							
<b>Where the placement is based</b>	Haringey West Core Team, Halliwick Unit, St Ann's Hospital, N16 3TH																																							
<b>Clinical supervisor(s) for the placement</b>	Dr Stefan Lorenz, Consultant Psychiatrist																																							
<b>Main duties of the placement</b>	<p>The F2 doctor is responsible with other staff for the community care of patients and the maintenance of the patient's electronic medical records. They will have opportunity to work with the consultants in outpatients clinics for the majority of their time, but may also conduct home visits with more experienced members of the multi-disciplinary team. They are expected to attend and participate in the daily multidisciplinary team meeting. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>																																							
<b>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</b>	<table border="1"> <tr> <td data-bbox="703 1368 938 1458"><b>Monday</b></td> <td data-bbox="938 1368 1126 1458">09:00 – 12:00</td> <td data-bbox="1126 1368 1430 1458">New patient asses10:30-1sments/reviews</td> </tr> <tr> <td data-bbox="703 1458 938 1525"></td> <td data-bbox="938 1458 1126 1525">12:00-14:00</td> <td data-bbox="1126 1458 1430 1525">Allocation and referrals meeting</td> </tr> <tr> <td data-bbox="703 1525 938 1592"></td> <td data-bbox="938 1525 1126 1592">14:00 – 17:00</td> <td data-bbox="1126 1525 1430 1592">New patient/review/admin</td> </tr> <tr> <td data-bbox="703 1592 938 1626"><b>Tuesday</b></td> <td data-bbox="938 1592 1126 1626">9:30-10:15</td> <td data-bbox="1126 1592 1430 1626">Zoning/MDT</td> </tr> <tr> <td data-bbox="703 1626 938 1682"></td> <td data-bbox="938 1626 1126 1682">10:30-13:30</td> <td data-bbox="1126 1626 1430 1682">Reviews</td> </tr> <tr> <td data-bbox="703 1682 938 1783"></td> <td data-bbox="938 1682 1126 1783">13:30-15:30:00</td> <td data-bbox="1126 1682 1430 1783">Referrals and new patient meeting</td> </tr> <tr> <td data-bbox="703 1783 938 1816"></td> <td data-bbox="938 1783 1126 1816">15:30-16:30</td> <td data-bbox="1126 1783 1430 1816">Case discussion</td> </tr> <tr> <td data-bbox="703 1816 938 1850"><b>Wednesday</b></td> <td data-bbox="938 1816 1126 1850">09:3 – 10:15</td> <td data-bbox="1126 1816 1430 1850">zoning</td> </tr> <tr> <td data-bbox="703 1850 938 1906"></td> <td data-bbox="938 1850 1126 1906">10:30 – 12:00</td> <td data-bbox="1126 1850 1430 1906">Team MDT</td> </tr> <tr> <td data-bbox="703 1906 938 1973"></td> <td data-bbox="938 1906 1126 1973">12:00 – 17:00</td> <td data-bbox="1126 1906 1430 1973">Teaching, admin , lunch</td> </tr> <tr> <td data-bbox="703 1973 938 2007"></td> <td data-bbox="938 1973 1126 2007">16:00-17:00</td> <td data-bbox="1126 1973 1430 2007">Consultant supervision</td> </tr> <tr> <td data-bbox="703 2007 938 2096"><b>Thursday</b></td> <td data-bbox="938 2007 1126 2096">09:30 – 10:15 10:30-17:00</td> <td data-bbox="1126 2007 1430 2096">Zoning Clinical work,admin,lunch</td> </tr> <tr> <td data-bbox="703 2096 938 2190"><b>Friday</b></td> <td data-bbox="938 2096 1126 2190">09:30 – 10:15 10:30-17:00</td> <td data-bbox="1126 2096 1430 2190">Zoning Clinical work,admin,lunch</td> </tr> </table>	<b>Monday</b>	09:00 – 12:00	New patient asses10:30-1sments/reviews		12:00-14:00	Allocation and referrals meeting		14:00 – 17:00	New patient/review/admin	<b>Tuesday</b>	9:30-10:15	Zoning/MDT		10:30-13:30	Reviews		13:30-15:30:00	Referrals and new patient meeting		15:30-16:30	Case discussion	<b>Wednesday</b>	09:3 – 10:15	zoning		10:30 – 12:00	Team MDT		12:00 – 17:00	Teaching, admin , lunch		16:00-17:00	Consultant supervision	<b>Thursday</b>	09:30 – 10:15 10:30-17:00	Zoning Clinical work,admin,lunch	<b>Friday</b>	09:30 – 10:15 10:30-17:00	Zoning Clinical work,admin,lunch
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<p><b>Local education provider (LEP) / employer information</b></p>	<p>The employer is North Middlesex University Hospital NHS Trust, however the placement is provided by Barnet, Enfield and Haringey Mental Health NHS Trust.</p> <p>Barnet, Enfield and Haringey Mental Health NHS Trust and Camden and Islington NHS Foundation Trust have been working in partnership since April 2022. Jointly known as The North London Mental Health Partnership, we are progressing to become one new NHS organisation by Autumn 2024.</p> <p>Both rated Good by the CQC, we jointly employ 5,600 staff and care for nearly 200,000 people a year offering mental health support at home, in the community and in our hospitals.</p> <p>Our services stretch from cradle to grave supporting people to overcome the hurdles they face with their health and wellbeing and ensuring they live as independently as possible.</p> <p>We offer cutting-edge and person-centred mental health and wellbeing support to our service users and communities. We are committed to working with them, their carers and their partners to improve the mental health of everyone in North London. This means supporting people to be resilient and have good mental health, as well as offering early intervention for those with mental health problems to prevent these problems worsening.</p>		

\*It is important to note that this description is a typical example of the placement and may be subject to change.