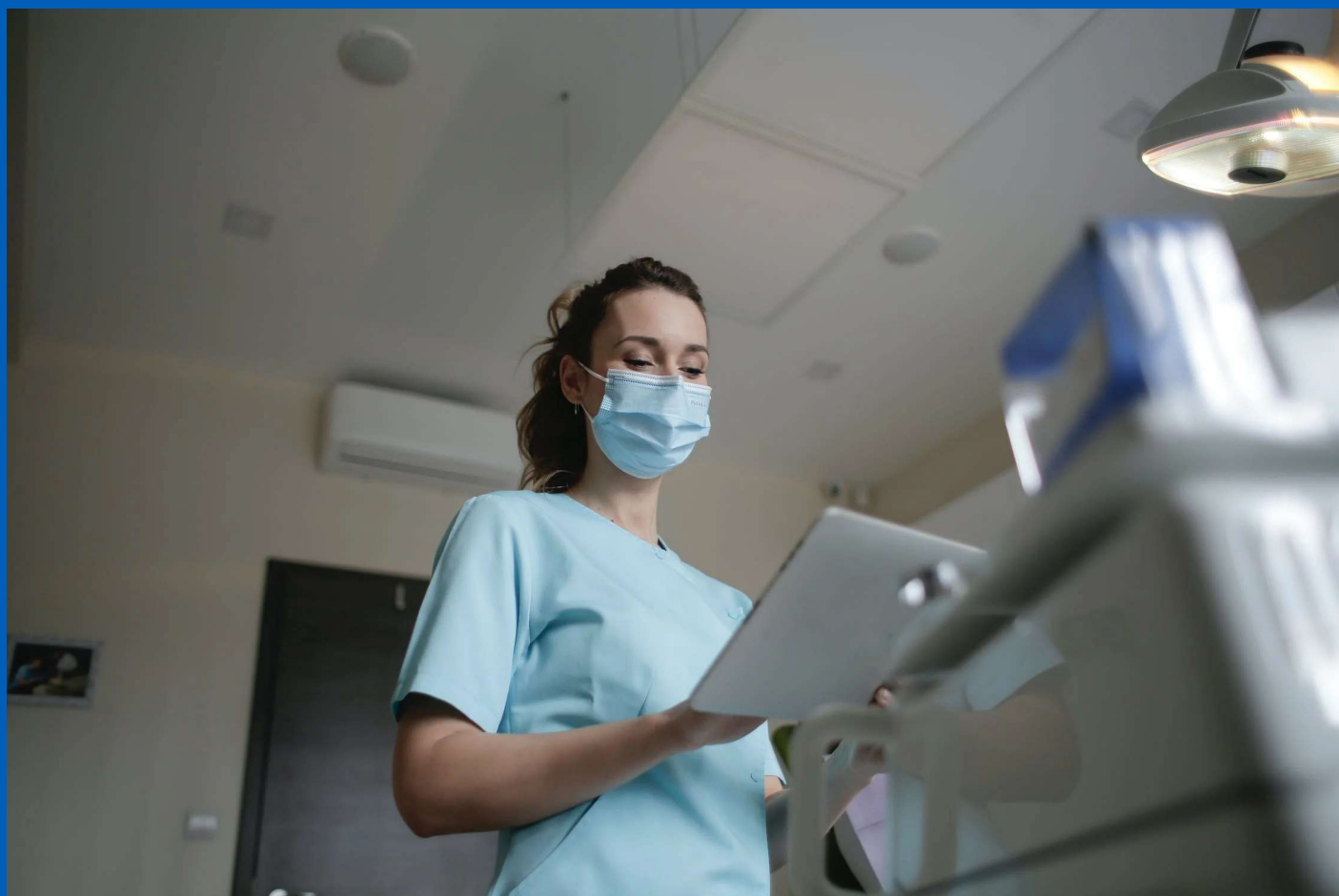


Preview Snippet | [View in browser](#)



Health Education England



Trainee Bulletin

London School of Anaesthesia

November 2022

Hello & Welcome

In this bulletin, you will find updates on:

- Introduction

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Introduction

Welcome to the November edition of the London School of Anaesthesia bulletin. We will be circulating this bulletin on the 1st Wednesday of every month to keep all trainees and trainers informed of everything that is happening within the School and within HEE.

If you want to include any submissions, please email them to the HET Anaesthetic team 1 week before the publication date. A copy of each Bulletin will be uploaded to the London School of Anaesthesia website under a new tab titled 'trainee bulletin'.

HoS updates

Announcements - North Central TPDs

I would like to welcome and congratulate Dr Abigail Whiteman who will be taking over as the stage 1 TPD for the NC rotation.

Dr Kate Sherratt will become the stage 2 TPD for the rotation.

Dr Trudi Young will become the stage 3 TPD for the rotation.

North London JAG meeting

I wanted to say a big thank you to Lorna, Mayur, Umesh, Arun, Sam and Josh (NW Trainee Reps) for putting together an amazing 1st ever NL JAG meeting. We heard from 4 great speakers, who all gave very personal examples of how they dealt with the situations they were talking about. Thank you, Kevin Fong, Jim Down, Helgi Johannsson and Tony Allnatt for coming to talk to us.



School Resources

School resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days, ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia-and-intensive-care-medicine>

London And South East Support Portal

<https://lasepgmdesupport.hee.nhs.uk/support/home>

For curriculum, LLP and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the School website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

Training updates

- Summary of changes to South London following the repatriation of posts to KSS School of Anaesthesia

Summary of South London ST3 – ST7 training post changes between 2021 and 2024 due to the KSS repatriation

	2021					2022 - Phase 1					2024 - Phase 2			
	ST3	ST4	ST5	ST6	ATM / SIA	ST3	ST4	ST5	ST6	ATM / SIA	ST4	ST5	ST6	ATM / SIA
<u>South East</u>														
Guy's & St Thomas ¹		✓		✓	✓		✓		✓	✓	✓		✓	✓
King's		✓		✓	✓		✓		✓	✓	✓		✓	✓
Lewisham	✓		✓			X		✓				✓	✓	
QEH, Woolwich	✓		✓			X		✓				✓	✓	
PRUH, Bromley	✓		✓			X		✓				✓	✓	
QVH, East Grinstead			✓		✓			✓		✓		✓		✓
Maidstone/Tunbridge Wells	✓		✓		✓	X		✓		✓		X		✓
Medway	✓		✓		✓	X		✓		✓		X		✓
<u>South West</u>														
St George's		✓		✓	✓		✓		✓	✓	✓		✓	✓
Kingston	✓			✓	✓	X		✓	✓	✓		✓	✓	✓
Croydon			✓	✓				✓	✓			✓	✓	
Epsom/St Helier			✓	✓	✓			✓	✓	✓		✓	✓	✓
Frimley	✓			✓		X			✓				X	
Ashford/St Peter's	✓			✓	✓	X			✓	✓			X	✓

NORTH LONDON ATM/SIA DEADLINE

We note there has been some confusion regarding the deadline for the NL SIA application date, please note that as per the initial comms the deadline to complete is the 1st November.

However, in light of confusion caused we are now extending the application form to **6th November 2022 at 23:59**.

Please therefore ensure you complete this ahead of the new deadline:

[https://forms.office.com/Pages/ResponsePage.aspx?](https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABUQVRSMVpaU1BTT1JETUhFRU40WEo4Skk2Qy4u)

[id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABUQVRSMVpaU1BTT1JETUhFRU40WEo4Skk2Qy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABUQVRSMVpaU1BTT1JETUhFRU40WEo4Skk2Qy4u)

Apologies for any inconvenience caused.

I would like to congratulate and welcome Dr Mitul Patel and Dr Leah Rosenbaum who have been appointed as our HEE Educational Fellows. We are looking forward to having them start in February 2023. We are also in the process of interviewing for 2 Educational Delivery TPDs for the School and we will include more information about the quality improvement work we are doing in this area, in the December bulletin.

The remaining HEE Education Fellow posts were readvertised with a closing date of 31/10/2022.

Further information to follow following the recruitment process.

Regional Training days

Training days are all advertised on the website here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia-and-intensive-care-medicine/regional-training-days>

You can find the HEE Anaesthetic Training calendar here:

<https://london.hee.nhs.uk/calendar4>

When searching on the HEE calendar make sure you select the below and check both Pan/ London Region.

Specialty

Suitable for all specialties
ACCS
Anaesthetics
Clinical Oncology
Clinical Radiology
Dental
General Practice
Emergency Medicine

Sub Specialty

Suitable for all sub specialties
Not Applicable
Acute Internal Medicine
Allergy
Audiological medicine
Cardiology
Cardio-thoracic surgery
Chemical pathology & metabolic medicine

Suitable for

Trainees

Region

North West London
North Central and East London
South London
Pan-London

Date range

-Month

-Month

Emails to all trainees from HET advertising regional training days will stop as of the beginning of December. This was discussed at our last STC meetings with TPDs, college tutors and trainee reps. Please remember to regularly

review the RTD section on the school website and the events calendar for future events.

FEEDBACK

Please complete this short survey about regional training and additional areas you would like us to concentrate some of our school related activities on over the next year by 30/11/22. Your help is greatly appreciated.

[https://forms.office.com/Pages/ResponsePage.aspx?](https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABUNIU0Tlo3SFVRVIYyQUQ3MVZGRTVUNkxIUy4u)

[id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABUNIU0Tlo3SFVRVIYyQUQ3MVZGRTVUNkxIUy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq0IKZ3rN32NIkY4Gkm44SABUNIU0Tlo3SFVRVIYyQUQ3MVZGRTVUNkxIUy4u)

HEE updates

NETS survey – now live

<https://www.hee.nhs.uk/our-work/quality/national-education-training-survey-nets>

ARCPs

Your TPDs are working with the HET officers to confirm the list of trainees who will have a January ARCP, and trainees will receive an individual email with the date, as soon as this work has been completed. However, we can provide you with the January dates to help you in your preparations.

6/1/23 – SW

9/1/23- SE

11/1/23- NE

16/1/23 and 19/1/23 -NC

9/1/23- SE

11/1/23- NE

16/1/23 and 19/1/23 -NC

17/1/23 – NW

Please note that all ARCPs will remain in absentia.

The school website has a lot of useful information about preparing for your ARCP together with links to the necessary documentation in the resource section. We will be using the RCOA National Anaesthetic ARCP checklist for all LSA ARCPs again.

Please remember to submit one ESSR for your ARCP for the full period under review where the start date is the day following on from the end date set for your previous ARCP.

The Form R must also cover the entire period from the date of your last FORM R to this one. You must include all periods of time out of training in your TOOT declaration. This includes OOPC, OOPE, OOPR (if not being counted for training) and maternity/paternity leave.

We are holding an ARCP workshop on the 6/12/22 from 09.30am. This is open to all trainees and will be online. We are hoping to cover an overview of the ARCP process, preparing for your ARCP and RCOA documents you need to know, during the session with lots of time for a Q&A too. Dr Oliver Rose and hopefully Dr Rene Suite, who are our South London RAAs will be joining me.

Link for workshop - <https://lasepgmdeevents.hee.nhs.uk/events/regional-training-days/3051317e-69d5-49e8-8b58-983bd8fcf8c6>

We will also be running another session nearer the summer ARCPs too, so feel free to wait until then if you know your ARCP is later in your training year.

Summer 2023 windows are being finalised and exceptions are now being requested, final confirmation of these requests will be confirmed in early November. Therefore, we plan to release all confirmed dates along with panel links to register before Christmas. Please note most trainees will be reviewed in window 1 which will be in May 2023.

OOPs

The next round of OOPs will be reviewed in the November Panel on 14th November 2022. Trainees will hear in due course following the panel review.

If you are considering a period of OOP, please discuss this with your Training Programme Director and Educational Supervisor as early as possible, before you make an application.

You must give at least 6-month's notice in advance of the proposed OOP start date. This is in order to meet the Code of Practice requirements.

Study Leave

The List of Courses/events that fall under the categories of mandatory and optional has now been updated and is live on the support portal. Please have a look.

<https://lasepgmdesupport.hee.nhs.uk/support/home?studyleave>

ALS Courses - *UPDATE*

We are writing with an update to our policy regarding ALS courses. Further to our previous communication on 9th September, we can confirm that in cases where an ALS course is listed as a curriculum requirement on the relevant specialty course list, such courses can be reimbursed in full and should not be capped at £275. All specialty course lists can be found on the study leave website [here](#).

Please continue to contact the study leave team via this mailbox if you have any queries related to study leave.

[Study Leave Team](#)

Trainee rep updates

LSA wide:

- Save the Date - Friday 17th February 2023 - London School of Anaesthesia (LSA) Annual Trainee Conference at Mary Ward House Conference & Exhibition Centre. This will be a great opportunity for trainees to come together from across the school, hear from interesting speakers from the world of anaesthesia and beyond and present their work. Programme and booking details via HEE website will be advertised in subsequent Bulletins in due course.

- LLP Logbook

The RCoA LLP Team are seeking suggestions for improvement for the logbook from users, including suggestions for missing operations from the drop down menu. Complete the google form:

<https://docs.google.com/forms/d/e/1FAIpQLSexkQqbGqp4pGGPuLv--PpmKe0BpB7k-DDDAIhazVnNIE8t1Q/viewform> or email the team at

NE Rotation:

- Contribute to Chris Sadler's leaving card:

<https://www.kudoboard.com/boards/oiQmGxDS>

We have seen directly the superhuman amount of hard work he has done for NEL trainees and feel incredibly lucky to have had him in the role: please make sure he feels our gratitude!

- Join the LSA NE (previously BLSA) Whatsapp group

<https://chat.whatsapp.com/CqAlwgT5rJR77CPeOXLx1J>

We will share training updates and opportunities - only trainee reps can post to avoid message overload.

The SOBA winter scientific meeting is back, face to face on Friday 2nd December! Not just for bariatric anaesthetists but for all of us who look after patients living with obesity. A brilliant program, reasonably priced and networking drinks after

[https://gbr01.safelinks.protection.outlook.com/?](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sobauk.co.uk%2F_files%2Fugd%2F373d41_bcd838c9ca3545da99cccf478cda1679.pdf&data=05%7C01%7Cjosh.wall%40nhs.net%7Cea1c0425a4134faf36f908dabb7938ad%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638028426551414157%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6Ik1haWwiLCJXVCi6Mn0%3D%7C3000%7C%7C%7C&sdata=BC95ZbS1NFHiF3ik0TiU2ruwwgCQp5Y1Wp7A8HecIGU%3D&reserved=0)

[url=https%3A%2F%2Fwww.sobauk.co.uk%2F_files%2Fugd%2F373d41_bcd838c9ca3545da99cccf478cda1679.pdf&data=05%7C01%7Cjosh.wall%40nhs.net%7Cea1c0425a4134faf36f908dabb7938ad%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638028426551414157%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6Ik1haWwiLCJXVCi6Mn0%3D%7C3000%7C%7C%7C&sdata=BC95ZbS1NFHiF3ik0TiU2ruwwgCQp5Y1Wp7A8HecIGU%3D&reserved=0](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sobauk.co.uk%2F_files%2Fugd%2F373d41_bcd838c9ca3545da99cccf478cda1679.pdf&data=05%7C01%7Cjosh.wall%40nhs.net%7Cea1c0425a4134faf36f908dabb7938ad%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638028426551414157%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6Ik1haWwiLCJXVCi6Mn0%3D%7C3000%7C%7C%7C&sdata=BC95ZbS1NFHiF3ik0TiU2ruwwgCQp5Y1Wp7A8HecIGU%3D&reserved=0)

Sign up today !!!

PLAN updates

Introduction to PLAN for new trainees!

PLAN is the Pan-London Trainee Research Network. We are a trainee collaborative group which delivers multi-centre QI, audit and research projects.

All projects are designed and led by trainees and are run 1 - 2 times per year. They are a great opportunity to get research exposure, meet curriculum requirements for the 'Research and Managing Data' generic professional domain, and get listed as a collaborator on all publications resulting from a study.

We are currently supporting the PREdS study being led by the Severn trainee research network. If your Trust has not yet signed up there is still time to get involved, so please get in touch via plan@uk-plan.net.

More information is available on our website uk-plan.net. We will be presenting an 'Introduction to PLAN' lecture at the South London Anaesthesia, Perioperative Medicine and Pain research meeting on 25th November which is open to trainees. We will be sharing more information about upcoming projects and how to get involved with PLAN in future Bulletins!

All folders relevant to event will be attached to the regional website for further advice.

Matt Sinnott (PLAN Chair).

RCOA ACCS survey

You are invited to complete a survey from the RCOA on The Quality of ACCS Training: Trainee and Trainers Survey 2022, which will only take 5 minutes to complete. Please submit your response by 09/11/2022.

We would therefore be very grateful if you could share as widely as possible with ACCS Trainees and Trainers in your region the following brief survey:

Trainee

<https://forms.office.com/r/xLjqbeUb6N>

Trainer

<https://forms.office.com/r/gpccbKFnpY>

Events

London School of Anaesthesia, New starters induction event

Whole school induction for new starters is due to take place on 24th November at the Auditorium in Stewart House. Event due to start at 08:30 – 17:30, all trainees are encouraged to attend this event. The registration link can be seen below for trainees who are yet to register, please follow the link below:

<https://lasepgmdeevents.hee.nhs.uk/events/regional-training-days/2d624a31-e200-45a2-b379-580470b5dfce>

FAO Applicants to ST4 Anaesthetics

Dear All,

Registrations are now open for the next **ST4 Anaesthetics Interviews course**.

Back for the 4th year, the course will be held face-to-face on **Thursday 19th January 2023** at the **RCoA**.

For more information and to book please visit www.higheranaestheticsinterviews.com

With best wishes,

Stefanos Ioannidis ST5 Anaesthetics, London School of Anaesthesia (NC)
Yun Mei Lau ST5 Anaesthetics, London School of Anaesthesia (NC)

SEQUELS – Organised by Stage 1 NW London Trainee Rep

This event to be held at Northwick Park on 16th November 2022.

SEQUELS (Seeking Quality & Elevating Safety) is an Anaesthesia and Critical Care Symposium held annually at Northwick Park Hospital. The event features exciting talks by excellent guest speakers and oral/poster presentations by trainees & SAS doctors highlighting patient safety. Registration is now open for the 16 Nov 22 (AM) event! Please use the link below:

<https://forms.gle/T5G21xtNhLqgqWnS8>

Looking forward to seeing you there – whether in person or virtually at this hybrid event. You can find more details of the event at <http://sequels.great-site.net>

If you have any questions or queries, please do get in touch with the HET team here at HEE, either [via the PSP portal](#) or School line below.

Best wishes

Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray

[Healthcare Education Team, London and Kent, Surrey and Sussex](#)

Health Education England

KSS & LDN HEE Website: <https://kss.hee.nhs.uk/> <https://london.hee.nhs.uk/>

PGMDE support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

School line: 020 7866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce



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