

# London ICM Programme Induction August 2021

Dr Ali Carter, Dr Munita Grover & Dr Charlotte Anderson

Developing people  
for health and  
healthcare

[www.hee.nhs.uk](http://www.hee.nhs.uk)



# Overview

- Introductions
- Who organises your training and their roles?
- The essentials of ICM training in London
- Lifelong learning platform (LLP)
- Meet the Trainee Rep(s)
- Meet HET & Q&A

# ICM programme in London

- Largest ICM programme in the UK
- 227 trainees in training
- All dualling specialties represented
- ACFs & ACLs
- **41 new recruits in 2021!**



# ICM Stages & Specialties in London

	Stage 1	Stage 2	Stage 3	TOTAL	%
Standalone	30	33	10	73	32.2
Anaesthesia	45	47	21	113	49.8
Emergency Med	6	7	5	18	7.9
Acute Medicine	2	4	3	9	4.0
Respiratory	2	6	3	11	4.8
Renal	2	0	0	2	0.9
Cardiology	0	1	0	1	0.4
TOTAL	87	98	42	227	

# Who organises my training?

- Health Education London and South East (LASE)
- AKA "HEE" or "the Deanery"
- TPD's supported by Workforce Officer: Rachel Clark and HET team
- [ICM.lase@hee.nhs.uk](mailto:ICM.lase@hee.nhs.uk), Tel: 0207 866 3124
- <https://lasepgmdesupport.hee.nhs.uk/support/home>
  
- Quality assurance
- ARCPs progression
- OOP approval

## Stage 1 TPD

- Dr Alice Carter
- [Alice.Carter@hee.nhs.uk](mailto:Alice.Carter@hee.nhs.uk)
- Consultant Intensivist UCH



## Stage 2 TPD

- In process of recruitment
- Consultant Intensivist

## Stage 3 TPD

- Dr Munita Grover
- [Munita.Grover@hee.nhs.uk](mailto:Munita.Grover@hee.nhs.uk)
- Consultant Intensivist – NWP





## Deputy Head of School

- Dr Charlotte Anderson
- [Charlotte.Anderson@hee.nhs.uk](mailto:Charlotte.Anderson@hee.nhs.uk)
- Consultant Intensivist (King's College Hospital)



# Head of School

- Dr Aasifa Tredray
- [Aasifa.tredray@hee.nhs.uk](mailto:Aasifa.tredray@hee.nhs.uk)
- Consultant Anaesthetist –St George's Hospital

# What about the Faculty of Intensive Care Medicine (FICM)?

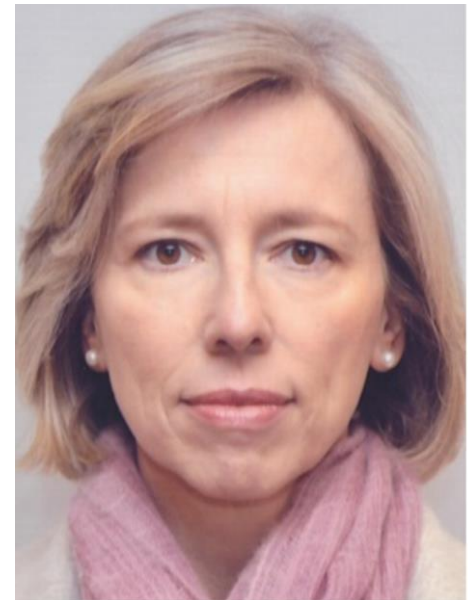
- Professional and statutory body for Intensive Care Medicine
- Set the standards for training by defining the curriculum
- Curriculum is ratified by the GMC
- Responsible for the portfolio (Lifelong learning Platform – LLP)

## Regional Adviser – South East

**Dr Ros Tilley, (Consultant Intensivist GSTT)**

[Rosalinde.tilley@GSTT.nhs.uk](mailto:Rosalinde.tilley@GSTT.nhs.uk)

- Guys and St Thomas'
- Kings College FT
- Lewisham
- Woolwich



# Regional Adviser – South West

**Dr Vanessa Elliot**

vanessa.elliott@stgeorges.nhs.uk

- St Georges
- Epsom and St Helier
- Kingston
- Croydon

# Regional Adviser – North Central

**Dr Sarah Bigham (Royal Free)**

[sarahbigham@nhs.net](mailto:sarahbigham@nhs.net)

- Royal Free
- University College
- Queen Square
- Great Ormond Street
- Barnet
- Whittington

# Regional Adviser – North West

## Dr Munita Grover (Northwick Park)

- [Munita.grover@nhs.net](mailto:Munita.grover@nhs.net)
- Harefield
- Imperial
- Chelsea & Westminster
- Royal Marsden
- Royal Brompton
- Northwick Park

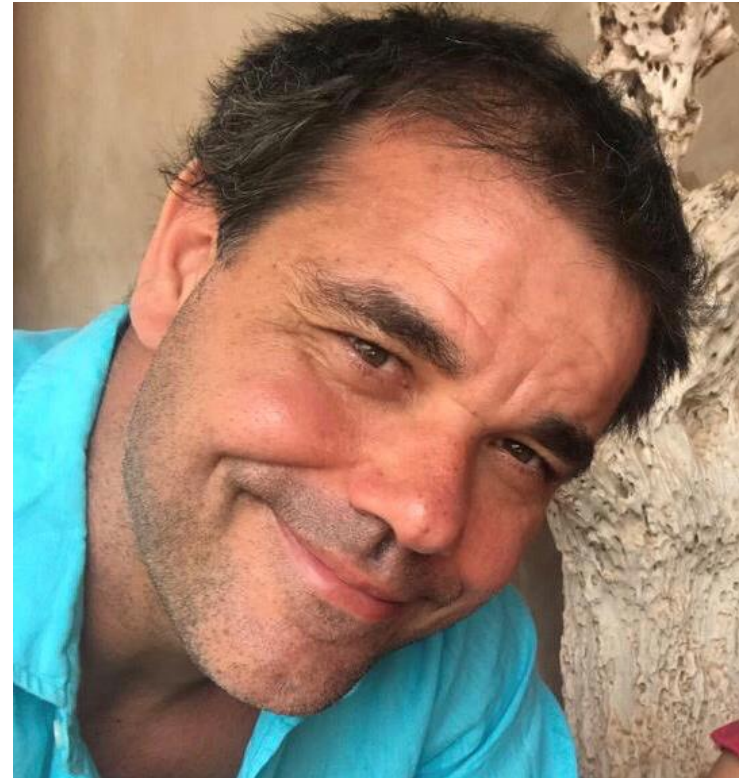


## Regional Adviser – North East

### Dr Gonzalo de la Cerda (Barking Havering & Redbridge )

[gonzalo.de-la-cerda@nhs.net](mailto:gonzalo.de-la-cerda@nhs.net)

- Queen's Romford
- Barts Health (Royal London, Newham, Whipps Cross, Barts Cardiac Centre)
- Homerton





# Supervision

- **Faculty Tutor**
  - Responsible to Faculty for ensuring quality training and education within individual units (larger units may have more than one)
- **Educational Supervisor**
  - Responsible for working with you to ensure educational goals, paperwork etc. are being achieved
  - Provides **ES structured report** and signing off competencies
- **Clinical Supervisor**
  - Responsible for ensuring safe and effective care on a daily basis, e.g. consultant on call, consultant of the week etc.

In some units all three roles **may be the same individual**

# Educational Supervisor (ES)

- **Must** have **ICM** ES for each placement whether in an ICM programme post or partner specialty.
- Coordinated by the Faculty Tutor in each Trust
- Oversee training with consistency & clarity.
- ES must:
  - Have e-portfolio (LLP) access
  - Be familiar with ICU curriculum
  - Understand ARCP requirements
- Talk to the Regional Advisor for your Trust if having problems

# Supervision - Regional Advisor

- Responsible to FICM to ensure effective work force planning within their sector.
- Signing Faculty registration forms with TPD.
- Issue end of stage certificates
- Career advice.
- Ensures each unit in sector is maintaining high educational and clinical training.
- Approval of consultant posts, present on consultant interview panels.
- Annual statement of activity to the FICM

## Supervision – TPD's

- Responsible to Head of School to ensure adequate delivery of training and rotations to each trainee.
- Planning bespoke training timeline for each trainee
- Trainee appointment and progression
- Ensuring adequate training posts within London and working to secure further post to provide quality training.
- Work with other specialty TPDs to ensure dual CCT rotations are completed.
- Specialty training committee

## Supervision – who can help me?

- Educational Supervisors
- Faculty Tutors
- Training Program Directors
- Regional Advisors
- Head of School/ Deputy Head of School & Post Graduate Dean have ultimate responsibility and will participate in any ARCP that will have an outcome that may result in an extension of CCT date etc.

## Principals of good educational supervision

- **YOU must take responsibility for YOUR training.**
  - Don't expect ES to chase around to ensure WBPA/SLE's etc. are completed.
  - If you don't keep up with paperwork then it WILL be spotted at ARCP, therefore start early.
- Remember the GMC domains of being a good doctor also refer to educational supervision

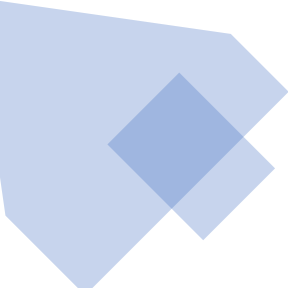
# What do I do at each ES Meeting?

- Initial Meeting
  - Introduction to unit etc.
  - **Look at FICM curriculum, get to know it well!**
  - Set up initial goals and needs list
- Mid Point Meeting (ideally)
  - “How are things progressing, am I half way there”
  - Am going to meet my goals from previous meetings?
- End of Placement Review/Sign Off
  - Reflection on past 3,6 or 12 months.
  - End of Stage needs: ESSR, competencies signed off, MSF summary released
  - **Not the point to realise that an MSF and 26 CBDs are missing!!!**









**3 July 2020**  
HEE conducted a webinar regarding ARCPs on 3<sup>rd</sup> June. If you would like to watch the recording of the webinar you can access it via this link <https://youtu.be/EX-ymrTKdXA>  
[Dismiss](#)

**20 July 2021**  
**Curriculum integration into the LLP - webinar recordings**  
We recently ran two webinars on how the new Curriculums would integrate into the LLP, including demonstrations of the key functions and information on transitional arrangements. Thank you to all the clinicians who helped out with these. You can view the webinar recordings at [23 June webinar](#) and at [13 July webinar](#).  
[Dismiss](#)

**Educational Supervisor for**

You are not the Educational Supervisor on any active placements.

**Clinical Supervisor for**

You are not the Clinical Supervisor on any active placements.



## How do I access the Lifelong Learning Platform (LLP) ?

- Should now all be registered and received confirmatory email from FICM
- [contact@ficm.ac.uk](mailto:contact@ficm.ac.uk)
- <https://www.ficm.ac.uk/icm-curriculum-2021/ficm-lifelong-learning-platform>

## Lifelong Learning Platform Do's & Don'ts...

Curriculum and WPBA all electronic

- **ARCP outcome linked to pro rata ICM portfolio completion**
- Only linked with anaesthetic portfolios. Runs in parallel with other portfolios for dual specialty trainees.
- Evidence produced on one portfolio can be printed and scanned into another if need be.
- Be prepared to be able to access other portfolios at ES meetings
- Can use any evidence post Foundation for stage 1 HiLLO's



# Exams

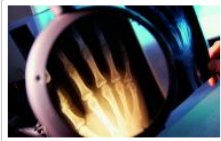




## The Faculty of Intensive Care Medicine



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### FFICM Examination

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Research in ICM

ACCPs

National Recruitment for ICM

Workforce

CPD and Revalidation

Critical Care Leadership Forum (CCLF)

Publications

Critical Care

### FFICM Examination

The new FFICM examination is an integral part of the assessment of the new [standalone CCT in Intensive Care Medicine](#) and will enable national standards to be applied fairly for all learners irrespective of where or by whom they are trained.

The examination will build on the experience of other Royal Colleges' examinations and also the best components of the FCICM (Australasian) exam - this examination and training programme has gained widespread recognition for its quality.

Please click the boxes below to go to the respective sections of the exam:

General Information	Primary Examinations	FFICM Final	Calendars & Fees
Regulations, guidance and useful information to help you with the FFICM Examination	For more information on the entry requirements to train in ICM	For more information on the MCQ, OSCE and SOE	For calendars, fees and quick access to application forms

#### Related downloads:

[FFICM Final MCQ Results July 2014](#)

# What exams will I need to pass?

- All trainees entering the program now will be under 2021 curriculum.
- COVID derogation program entry. Core training exam within 1 year
- FFICM is undertaken in stage 2
- Compulsory pass in FFICM examination to proceed to Stage 3 training.
- FFICM Examination
  - MCQ
  - OSCE
  - Final SOE
- July and January for MCQ paired to October and March for OSCE/SOE

# Tips for FFICM Exam

- Don't underestimate the depth of knowledge required!
  - <http://www.ficm.ac.uk/sites/default/files/document-files/FFICM-Examination-Guide.pdf>
- Need to have Stage 1 signed off and certificated to apply.
- Look around for local, regional and national teaching and revision courses





## When am I not in-training?

- Out of Programme with prospective approval
- Statutory/Parental Leave
- Sick Leave

## What out of programme opportunities exist?

- OOPT – Training in a clinical post
  - outside a recognised training programme
- OOPR – Undertake higher degree (max 3 years)
  - may count up to 1 year towards training
- OOPE – experience out of programme
  - not counting towards training
- OOPC- Career break
- OOPP – Pause (NHS non- training post- up to 1 year and competencies may be gained towards training)

# OOP

- Not normally permitted in stage 1 training or last 6 months pre CCT.
- Application through support portal:  
[https://lasepgmdesupport.hee.nhs.uk/support/tickets/new?form\\_d35=true](https://lasepgmdesupport.hee.nhs.uk/support/tickets/new?form_d35=true)
- Apply for approval 6 months prior to start of OOP to stage TPD (plus dual TPD if applicable)
- RA and FICM approval for OOPT
- Submit to college with supporting evidence for OOPT and OOPR
  - >6 months in advance of OOP start
  - FICM recommend approval to deanery
- Deanery submits to GMC for approval

The screenshot shows a web browser window displaying the PGMDE Support Portal. The browser's address bar shows the URL `lasepgmdesupport.hee.nhs.uk`. The page header includes the NHS logo and the text "Health Education England". The main heading is "PGMDE Support Portal". A blue navigation bar contains "Support Home" and "See all FAQs" (highlighted), and a "Login / Sign up" link on the right. Below the navigation bar is a search bar labeled "Search FAQs..". A breadcrumb trail reads: HOME (LONDON / KSS) / TRAINEE / GENERIC FAQs / **TAKING TIME OUT OF PROGRAMME (OOP)**. The main content area is titled "Taking Time Out of Programme (OOP)" and lists five FAQ items, each with a document icon, a question, and a timestamp:

- What is time Out of Programme (OOP)?**  
Wed, 11 Oct, 2017 at 2:18 PM
- What is the minimum notice I need to give for an OOP application?**  
Wed, 11 Oct, 2017 at 2:18 PM
- How do I apply for an OOP?**  
Mon, 10 Dec, 2018 at 4:23 PM
- How will I know if my OOP application has been approved?**  
Wed, 11 Oct, 2017 at 2:20 PM
- What happens if I want to take a longer period of OOP than the Gold Guide stipulates?**  
Wed, 11 Oct, 2017 at 2:20 PM

## Can I train Less than Full Time LTFT)?

- **Category 1:** Automatically eligible – parenting, carer, health
- **Category 2:** Requests that do not fit under category 1 criteria. Considered on a case by case basis by PG Dean. (1 year)
- **Category 3:** Personal choice (time limited 80% with window's of application)

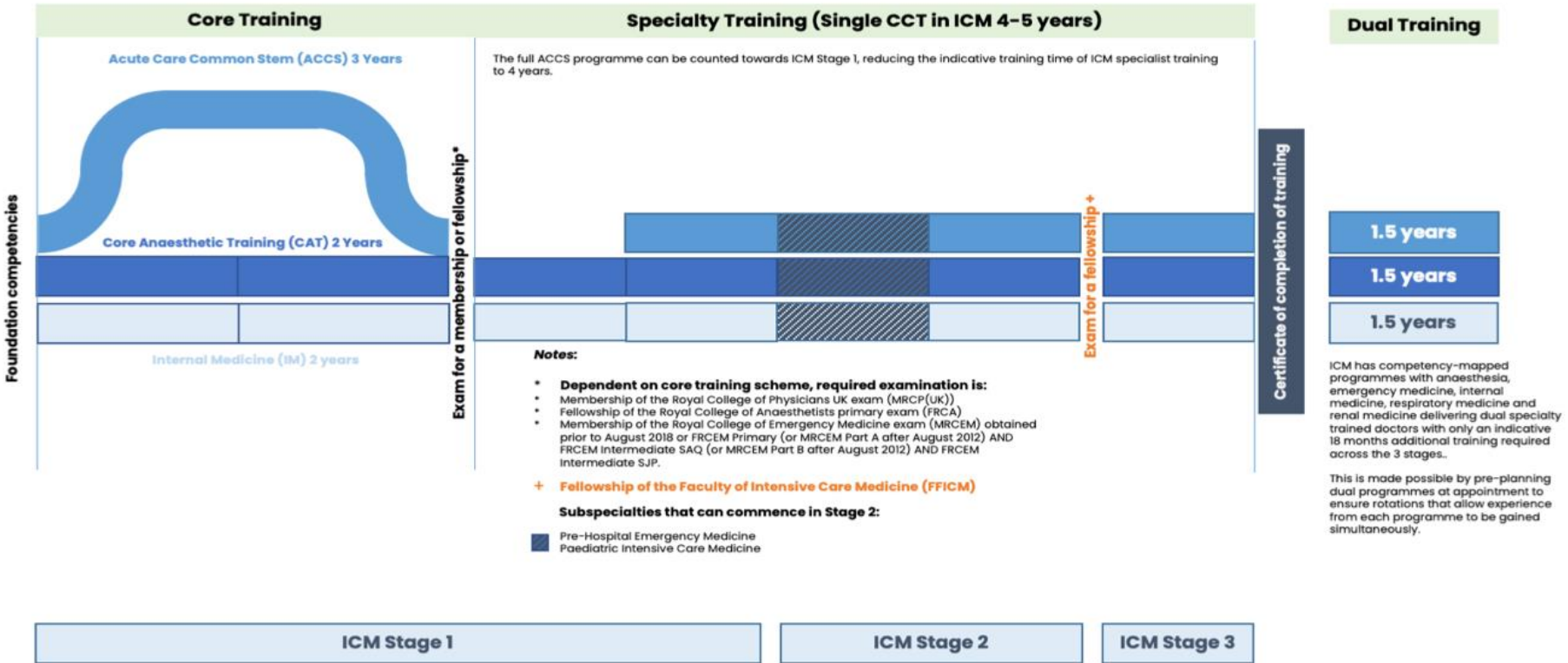
Discuss early with TPD (**both if dual**). Application through PGMDE support portal.

LTFT & SupoRTT champion **Dr Sara Leonard: [sara.leonard@nhs.net](mailto:sara.leonard@nhs.net)**





# What constitutes Standalone ICM Training?





# Stages of training

## Stage 1

4 years (MINIMUM & includes core training) consisting of 12 months each of

ICM, Anaesthesia and Acute/Emergency Medicine

## Stage 2

2 years (MINIMUM) consisting of specialty modules

Cardiac, Paediatrics, Neurology

Including 1 year Special Skills Year\* **OR your partner specialty**

## Stage 3

1 year general ICM

# SSY Options

1. Research
2. Cardiac ECHO
3. ECMO
4. Home ventilation
5. Neuro ICM
6. QI
7. Transfer
8. PHEM
9. Paediatrics

# What if I want to dual train?

- Inform ICM TPD as soon as you know;
  - You are intending to apply
  - The outcome of your application
- Applications to dual specialty up to end **ST5 level**
- Inform you have an ICM NTN on application
- $\geq 3$  months notice if not taking up an ICM post
- Programme organised by ICM & dual TPDs
- Dual CCT guidance is found on the FICM website in “Curriculum Assessment and Training” section – please familiarise yourself.

# I am an HST Anaesthesia Trainee and I want to dual train – what do I do?

- Inform Anaesthesia TPD as soon as you know;
  - You are intending to apply
  - The outcome of your application
- Inform you have an Anaesthesia NTN on application
- Programme organised by ICM & Anaesthesia TPDs
- Dual CCT guidance is found on the FICM website in “Curriculum Assessment and Training” section – please familiarise yourself.

## Annual Review of Competency Progression (ARCP) for ICM? What, When & How...

- Required annually
  - **Even if you have not done any posts in ICM programme in last 12 months!**
- In absentia
- Organised by HEE LASE and TPDs
- Monitors progress with curriculum pro rata
- Provides evidence for PG Dean to recommend revalidation
- You will be provided with 8 weeks notice (they are throughout the year- aim to align with end of stage)

# ARCP "Must Haves"

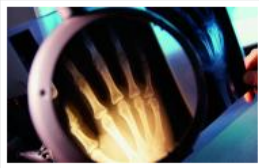
You will be provided with a checklist of requirements and instruction on how to lay out your portfolio - please follow them

- **Completed Form R**
- **ES report for each placement/module**
- **Educational Supervisors Structured report covering the whole year since last ARCP**
- **Academic supervisor report** for Academic Clinical Fellows
- **OOP report** if appropriate
- Up to date LLP
- Logbook summary (FICM format)
- MSF summary report/Journal club/QIPP
- Summary: meetings, Regional Training Days

# The Faculty of Intensive Care Medicine



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## Logbook Resources

The FICM does not currently issue a full logbook for ICM trainees. However, logbook resources which have been developed externally are listed here for the convenience of trainees and trainers.

**Please Note: the Faculty is not responsible for the content or maintenance of any external logbook resources. Any queries regarding such should be directed to the external provider, not to the Faculty.**

The ICM training programme uses a Logbook Summary sheet as part of each trainee's ongoing assessment process. There is no preference as to which specific logbook resource trainees use, provided it records all of the information requested in the Summary.

If you have developed or are aware of any other external logbook resources which could be listed here, please do forward the details to the ICM. All such requests will be considered on a case-by-case basis by the FICM Training & Assessment Committee.

### > Logbook Summary

ICM logbook summary for trainees.

### > Sunderland ICU Logbook

This logbook has been developed by Dr Peter Hersey from Sunderland ICU Medical Education.

## London and KSS Form R and Self assessment 2021 ARCP Windows

0% complete

Form R (Part A) Trainee registration for Postgraduate Specialty  
Training

### Personal Details

This part of the survey uses a table of questions, [view as separate questions instead?](#)

Forename:	<input type="text"/>
GMC-registered surname:	<input type="text"/>
Immigration Status:	<input type="text"/>

Gender:

Date of Birth

## Enhanced form R

- Online form.
- Essential for revalidation
- London PG Dean is your responsible officer
- Critical Incidents common in ICM
- Most trainees will declare at some point
- Not an indicator of concern
- Declare ALL work





# Regional Training Days

- 10 half days annually, 2 year rolling programme.
- Need to book in order to receive attendance certificate
- <https://london.hee.nhs.uk/calender4>
- Remotely delivered for time being (COVID)
- Organised by Dr de la Cerda and RA's
- Mandatory - must attend 6 minimum per annum.
- **Book your study leave early.**

# Study Leave

- Health Education England Process
  - Website <https://lasepgmdesupport.hee.nhs.uk/support/home>
  - Follow local application processes for approval
  - Mandated and Optional events
  - “Aspirational” events need TPD sign off before escalation to HoS
  - 30 days per annum

# Feedback

- General Medical Council National Trainee Survey
- HEE National Training and Education Survey (NETS)
- Quality Visits
- Informal feedback at ARCP and training days
- Local Faculty Group

# Feedback

- Trainee representation on
  - London School of Anaesthesia and ICM School Board
  - Speciality Training Committee
  - (Co- Chairs: Dr Alice Carter and Dr Munita Grover)
- Trainee Representatives: Zoe Brummel, Maryam Khosravi, Charlie Cox.

# How can I pursue an academic career in Intensive Care?

- ACF
  - Can apply as an ST2 or ST3
  - Funded 25% of your time research for 3 years
  - Previous training recognised
  - In theory no extension to training required.
  - Provides grounding in research
  - Prepares for PhD in ICM post ACF
  - Clinical placements arranged by clinical TPD in locality of research placement

# Academic Intensive Care

- ACL
  - Must already have a PhD to apply
  - Postdoctoral research career development
  - Clinician Scientist Award or Intermediate Fellowship
  - 50% clinical : 50% Research until CCT (4 years)
  - Gudrun.kunst@kcl.ac.uk







## Where to find out more?

- HEE webpage (under development)

<https://london.hee.nhs.uk/specialty-schools/anaesthesia/intensive-care-medicine>

- PGDME support portal

<https://lasepgmdesupport.hee.nhs.uk/support/home#2>

- FICM webpage

<https://www.ficm.ac.uk/>

The screenshot shows a web browser window with the URL `lasepgmdesupport.hee.nhs.uk/support/home?trainee`. The page title is "PGMDE Support Portal" and the NHS Health Education England logo is in the top right. A navigation bar contains "Support Home", "See all FAQs", and "Enquiries". A user profile for "Alice Carter" is visible. A search bar is labeled "Search FAQs..". A red-bordered warning box states: "We recommend you use browsers such as Chrome or Firefox to submit application forms and enquiries. Do not use Internet Explorer as we may not receive your ticket. When you submit a query you will receive an e-mail confirmation which includes a full receipt of your application including the documentation that you attached. If you do not receive an e-mail confirmation including the full copy of your application, your application/query has not been received." A yellow box below it says: "From now, all responses from the portal will now appear as LasePGMDEsupport". A red link provides COVID-19 updates: "Please visit the following webpage for important updates on COVID-19: <https://www.gmc-uk.org/news/news-archive/coronavirus-information-and-advice/our-guidance-for-doctors>". The breadcrumb trail is "HOME (LONDON / KSS) / TRAINEE". The main heading is "Trainee". Below it, text says: "Click one of the links below to continue. Answers to the majority of queries can be found in the general information section for eg. ARCP, OOP, Rotations, Change in Circumstances. For easier navigation you may find it quicker to use the search function near the top of the page." A link for "General Information" is at the bottom.