

FACT SHEET 2

Potential challenges of being a clinical academic researcher

1. Knowing the career path exists: There are a range of opportunities to develop a clinical academic career see www.nihr.ac.uk for more details.

2. Lack of confidence: Find stability by knowing your area and building a professional network

3. Professional isolation: Seek peer support through your organisation/mentor/@NIHR_trainees

4. Need for 'real' dedicated time to do research: Work with your manager/organisation from the outset

5. Using new research skills: Work with your manager to discuss ways to expand your role

Source: NIHR Integrated Clinical Academic (ICA) trainees recommendations at the 2016 "Developing your clinical academic career" event