Preferred Skills

1. I enjoy situations where I have to think ahead and prepare for the unexpected.

2. My efficiency at work improves with pressure.

3. It is important that I feel valued as part of a team.

4. I enjoy the possibility of thinking of unique or creative solutions to patient health issues.

5. I enjoy my work when I can plan ahead for what the day might bring.

6. I feel comfortable being asked to make the final call, even in pressurised situations.

7. I enjoy my work if I am given an opportunity to chat to patients about their lives

8. I have a logical approach to clinical diagnosis

9. I enjoy being leader of a team and delegating tasks appropriately.

10. I like to be involved in decision making about my patients.

11. I enjoy explaining my reasoning to patients and/or colleagues.

12. It is important that patients can trust me and feel able to share their concerns.

13. I enjoy the prospect of reaching a clear diagnosis and being able to suggest a way forward.

14. I regularly get equipment ready for the consultant I have called to see my patient.

15. It is important for me to have a sense of 'solidarity' with work colleagues.

16. I am confident in my judgement.

17. I feel constrained by the prevalence of 'protocol' within my jobs.

18. I feel able to inspire my work colleagues.

19. One of the reasons I enjoy medicine is that I can come to a clear decision.

20. I enjoy booking my holidays at the last minute.

21. I find it easy to convey what I mean to my colleagues and patients.

22. I enjoy making a list of jobs to do throughout the day.

Vigilance and Situational Awareness – 1, 14
Coping with pressure – 2, 20
Using Judgement under pressure – 6, 16
Organising and Planning – 5, 22
Conceptual thinking – 4, 17
Empathy and sensitivity – 7, 12
Communication skills – 11, 21
Problem solving – 8, 13
Decision making – 10, 19
Managing others – 9, 18
Teamwork – 3, 15

NOW RANK IN ORDER OF IMPORTANCE – WHAT EXAMPLES DO YOU HAVE?

How are they scored at Assessment centres?