

## **London Borough of Redbridge: Public Health Specialty Registrar Training Placement**

Director of Public Health: Gladys Xavier

Consultants in Public Health: Ian Diley, Sue Matthews

Placement: London Borough of Redbridge Public Health Team

### **Who we are:**

Gladys Xavier (Director of Public Health) leads a dedicated team of experienced and skilled professionals providing the public health function for the London Borough of Redbridge Council. The team consists of two Consultants in Public Health, a Head of Wellbeing and Public Health, public health principles, public health practitioners, a Lead Health Protection Nurse and a committed support team. We also work in close liaison with our commissioning team who work under the leadership of the Director of Public Health. We are a small but high performing team, achieving exceptional outcomes for the resource provided to us.

### **Where we are:**

Redbridge is in North East London, bordering the London boroughs of Waltham Forest, Barking and Dagenham, and Havering, along with Epping Forest Borough in Essex. It is highly urbanised but with significant areas of green space including close access to the woodland of Epping Forest. We are a very diverse borough with some of the highest density residential areas in the country. There is also a great disparity in areas of affluence and deprivation. There are good public transport links into central London the numerous TFL underground and rail stations and excellent bus links. There is also excellent access to Essex by road via the M11 motorway.

### **What we do:**

The Public Health Team in Redbridge work to a Health in all Policies approach within the Council and work in successful integration with other departments and other agency partners to build a health positive physical and social environment. We cover a wide spectrum of public health work through directly commissioned services, public health led health improvement, and partnership working in areas including:

- Obesity prevention
- Sexual health
- Children and Young People's health
- Smoking cessation
- Screening and immunisation
- Health protection
- Public mental health
- Substance misuse
- Homeless health
- Adult Health Checks
- Social prescribing
- Workplace health

Since early 2020, we have led the local response to the Covid-19 virus Pandemic and worked tirelessly and effectively to build an effective system of Covid prevention. This acute work will continue through 2021 and we are now starting our work to lead long term recovery.

Registrars will have the opportunity to work across any of these work areas during their time with us and build invaluable experience and skills in a wide variety of settings and partnerships.

**With whom we work:**

The Public Health Team work in successful partnership with our fellow Council departments, other London boroughs and neighbouring local authorities, Public Health England, NHS commissioning and provider organisations, a thriving community and voluntary sector, and emergency public service providers. We also have well established and successful partnerships with local business and the Ilford and Hainault BIDs. We are playing an important role in the development of the local Integrated Care Service and have strong and successful relationships with public sector and community and private sector providers.

**Our training environment:**

Redbridge has a strong tradition as a training placement and we are committed to providing the best training experience we can for our trainees. Supervision can be provided from DPH and CPH and we have trainees from a variety of training schemes working with us: from the Public Health Specialty Training Scheme, the General Practice Training Scheme, and from the Local Government Graduate Training Scheme. We receive excellent feedback from our trainees and our proud of our record in supporting the development of public health and other professionals: Statement from current trainee in public health

“As a Public Health registrar, the Redbridge Public Health team has provided me with an incredible opportunity to achieve key Public Health competencies through working with a broad range of stakeholders and workstreams. I’ve built my confidence through presenting at strategic meetings. I’ve influenced service delivery through publishing key reports. I’ve promoted Public Health principles through engaging effectively with the diverse residents of Redbridge. I’ve felt supported by Gladys Xavier, Ian Diley and the rest of the team throughout my placement with a real sense that the placement has been tailored to meet my learning needs. I would thoroughly recommend this as an excellent Public Health training placement.”

**Our commitment to you:**

We will ensure that you receive a wide breadth of experience in a challenging but rewarding environment, under the supervision of enthusiastic and skilled Public Health professionals. You will be very much considered a valued and respected member of our team and given both the guidance and the trust to develop swiftly as a public health practitioner, whatever the stage of your training.