

LONDON SCHOOL OF ANAESTHESIA

Stage 1 / 2 Regional Training Day: PAIN MEDICINE

DATE	TIME	VENUE
Wednesday 30th Sept 2026	09:00 – 16:20	UCLH Education Centre 250 Euston Road, NW1 2PG

TIME	SESSION	SPEAKER
09:00 – 09:20	SIGN IN	
09:20 – 09:30	Welcome	<i>Dr Mrida Jhingan, ST7 (Pain SIA Fellow)</i>
09:30 – 10:10	Acute Pain	<i>Dr Rachel Coathup, Consultant, UCLH</i>
10:10 – 10:50	Opioid withdrawal and Substance Use Disorder	<i>Dr Philippa Pemberton, Consultant, Royal Free</i>
10:50 – 11:05	BREAK	
11:05 – 11:45	Neurobiology of Chronic Pain	<i>Dr Thomas Urwin, Consultant, Barts Hospital</i>
11:45 – 12:25	Cancer Pain	<i>Dr Catherine Stack, Consultant, GSTT</i>
12:25 – 13:05	Interventional Pain Procedures and Neuromodulation	<i>Dr Dominic O'Connor, Consultant, Kings</i>
13:05 – 13:35	LUNCH	
13:35 – 14:00	Q&A: Life in Pain Medicine	<i>Dr C Stack, Dr T Urwin, Mrida</i>
14:00 – 14:40	Chronic Post-Operative Pain with a focus on Anaesthesia	<i>Dr Roxaneh Zarnegar, Consultant, RNOH</i>
14:40 – 14:50	BREAK	
14:50 – 15:30	Pelvic Pain Medicine and clinical applications of its Neurobiology	<i>Prof Andrew Baranowski, Consultant, UCLH</i>
15:30 – 16:10	Neuropathic Pain	<i>Dr Fauzia Hasnie, Consultant, GSTT</i>
16:10 – 16:20	CLOSING & FEEDBACK	