

## ICM RTD POST INTENSIVE CARE SYNDROME

## 3<sup>rd</sup> of September 2025 Microsoft Teams

14:00-14:10 Welcome

14:10-14:40 Post Intensive Care Syndrome

Dr Gonzalo de la Cerda, Consultant in ICM

14:40-15:10 Physical impairments after ICU admission
Ben Seymour, Clinical Lead Physiotherapist

15:10-15:30 Patient testimony
Mags O'Grady

15:30-15:45 Break

15:45-16:15 Mental health after ICU admission Kim Lyons, Clinical Psychologist

16:15-16:45 The Critical Care Follow-up Clinic
Maria Colomo, Consultant in ICM

16:45-17:00 Closing remarks