

# Advice for Educational Supervisors, Trainers and Trainees Where Shielding for COVID-19 Pandemic Applies

All trainees shielding or shielding by proxy should have a personalised risk assessment discussion with employer's occupational health (OH) department, regardless of government advice around shielding for the general population

Decision shielding/ shielding by proxy/ stringent distancing required

## Initial planning phase

- Meet virtually with ES or trainer/ foundation
- Discuss trainee's clinical, educational, wellbeing needs
- Use OH assessment advice
- Agree PDP for type of work and training in light of this advice
- Complete pre/during shielding documentation

## Shielding/ Self-Isolation Phase

- Regular virtual meetings with ES/ other supervisor 1-2 weekly
- Check in on wellbeing and progress
- Review PDP and activities against curriculum and learning needs (see main document for ideas on work & resources)
- Document meetings on portfolio
- Discuss planning and preparation for returning to face-to-face training as appropriate

## Return Phase

- When provisional date for returning to workplace and usual full duties, formal RTT plan should be drawn up
- Document this on a pre-return RTT form
- Perform gap analysis with detailed plan for return including phased return if needed
- Consider formal OH review again
- ES & trainee to meet in the first 2-3 weeks back at work to review how this is going

Ensure trainee wellbeing, Utilise resources including PSW, peer support, coaching and mentoring

Consider how to fill future curriculum requirements, plan ahead  
Consider RTT support