

SMART Action Planning

SMART GOALS		
Specific	WHAT do you want to achieve? (include sub-goals)	<ol style="list-style-type: none"> 1. Complete a HEE Research Fellowship – inter-professional supervision in primary care. (6 months) 2. Write up findings - HEE report plus publication in journal. Also need to do poster presentation. 3. (Hopefully) ‘plant a seed’ for a PhD research question.
Measureable	HOW will you know that you have got there? (include sub-goals)	<ol style="list-style-type: none"> 1. Most important aspect is to write up report for HEE – that can be used to inform development of educator resources going forward. But Journal publication would also be useful due to lack of studies in this area. 2. Presentation event – all Fellows present results from research. (Poster presentation)
Achievable	WHAT steps will you need to take to ensure success? (include sub-goals)	<ol style="list-style-type: none"> 1. Be organised! Negotiate time-out with line manager and block-out protected time. 2. Keep in touch with my research supervisor and prepare well for the meetings. 3. Contact key individuals at HEE - they may have useful input (e.g. education leads in primary care).
Relevant	WHY is this goal relevant to you? (include sub-goals)	<p>I have worked in education and development for a number of years and want to enhance my research skills.</p> <p>Also in terms of a PhD research question, as I would like to undertake a PhD for career and developmental purposes.</p>
Time-bound	WHEN do you expect to achieve this goal? (include sub-goals)	<p>It’s a 6 month Fellowship so need to complete in June (inc write up for HEE report).</p> <p>Be realistic - OK if it doesn’t go to journal publication. Concentrate on most important outcomes – HEE report and poster presentation event.</p> <p>Going on maternity leave in July.....therefore the rest can come sometime later.....</p> <p>(I’ve got perhaps an unrealistic expectation that I will get bored during maternity leave and will be able to work on journal publication during that time).</p>

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