Annual Reviews in Ophthalmology

Trainee Checklist ST1

As well as completing your enhanced Form R (available via synapse), you must ensure that you provide the following evidence on Eportfolio at your ARCP. Please note that the panel will be unable to review your progress if you fail to update Eportfolio appropriately, which will result in you receiving an unsatisfactory outcome. Please ensure that any document you wish to submit as evidence is assigned to an appropriate ARCP period.
Expected learning outcomes are listed below in parentheses.

If you have had an outcome 1 at ST1 in a previous training region and would like to accelerate to ST2, this must be discussed at the start of the ST1 training year in London with your TPD and it be agreed.

FAQs on curriculum requirements can be found on RCOphth website:
https://www.rcophth.ac.uk/wp-content/uploads/2019/05/RCOphth-Curriculum-FAQs.pdf

☐ CRS1 History (Learning Outcome CA1 – take a focused clinical history)

☐ CRS2 Vision (CA2 – Assess vision)

☐ CRS3 Visual Fields (CA3 – Assess and interpret visual fields by confrontation)

☐ CRS5 External Eye (CA5 - Perform a complete external eye examination of both eyes)

☐ CRS6 Pupil (CA6 - Examine the pupils and perform diagnostic pharmacological tests)

☐ CRS8 IOP (CA8 - Measure IOP using applanation tonometry)

☐ CRS9 Slit Lamp (CA9 - Perform slit lamp biomicroscopy of the anterior segment using appropriate illumination techniques and stains, and diagnostic contact lenses)

☐ CbD Case Based Discussion (10 expected per ARCP period)

☐ DOPs Ocular Surface (PS11 - Remove Ocular Surface foreign bodies)

☐ DOPs Irrigation (PS22 - Carry out irrigation and debridement of ocular contaminants)

☐ DOPs Biometry Skills (PS25 - Perform and interpret biometry)

☐ OSATS Operating Microscope (SS2 – Using the operating microscope)

☐ OSATS Aseptic Technique (SS3 – Use aseptic operating technique)

☐ MSF (15 assessors must be approved by your ES, 11 respondents are required for the result to be released. Result of MSF must be discussed with ES with reflection on any adverse comments)

☐ Educational Supervisors Report (a report to cover 6 months Aug 2017- Feb 2018 of this training year and a second report which covers Feb 2018– June 2018 of this year.)
The ES report should ensure the log of surgical procedures is completed for each six months of training and include the posterior capsule rupture rate for each six months. Percentage takeover is the number of PC ruptures which were taken over by your supervisor. At ST1-2 level it is expected that takeover would be 100% but that by ST7 trainees will manage their own PC ruptures and so the percentage takeover will be close to 0%

☐ Clinical Supervisors Report (one for a CS you have worked with to cover each patient directed session on your timetable i.e. each consultant/senior supervisor who supervises you in each clinic, theatre or casualty)

☐ Surgical Logbook: you are expected to complete a minimum of 10 cataract operations by the end of ST1. Please record all of the steps or parts of cataract surgery you perform. Please upload the annual ESR logbook summary grid for every procedure for this year.
In the first year of training 5 cataract surgeries must be the complete case start to finish, but 5 can be made up of steps totally 5, ie 5 incisions, 5 capsulorhexis, 5 phacoemulcification lens, 5 removal soft lens matter, 5 insertion lens, 5 removal viscoelastic,

☐ A cataract complication log should be kept for cases from 2014 onwards. Where retrospective collection of outcomes is not possible there must be a reasonable explanation endorsed by your ES in their report. Template: https://www.rcophth.ac.uk/wp-content/uploads/2018/04/Continuous-cataract-complications-audit-synopsis-template.pdf

☐ Upload an up to date PDP and fill out e portfolio PDP

☐ Upload interim review

☐ If you have been given an ARCP outcome form for Ophthalmology training either in this programme or in any other training programme upload the outcome forms without password protection.

☐ SUI Reports/Complaints (anonymised) with reflection on each incident and complaint concentrating on lessons learnt

☐ Evidence of exam sittings and results. You must pass Part 1 FRCOphth by the end of ST2. Upload evidence of exam pass or if failed upload feedback from RCOphth re your performance.

Also upload the following evidence:

☐ Certificate of completion of ST1 Cataract Simulation Training at Moorfields

☐ Audit completed in current year (minimum of one per year is mandatory).

☐ Evidence of teaching and any feedback received

☐ Any publication in this training year

☐ Certificate of completion of GCP

☐ Certificate of completion of Trust Mandatory training in protection of children and vulnerable adults

☐ Two pieces of evidence relating to projects from Leadership curriculum for London trainees in each year of training with reflection on learning

☐ CPD Diary and evidence of courses attended during this training year

☐ Any other evidence of performance (e.g. Thank you letters, reflective pieces, awards)

☐ CCT calculator if applicable ie. LTFT or statutory leave etc.