

A PROGRAMME FOR SPECIALIST REGISTRAR TRAINING

**SPECIALIST REGISTRAR IN PAEDIATRIC DENTISTRY**  
**Department of Paediatric Dentistry – Pre-CCST**

Employing authority

KING'S COLLEGE HOSPITAL NHS FOUNDATION TRUST

2025

(Shared full time position  
With Eastman Dental Hospital)

Clinical Lead: M Ahluwalia

London Deanery Training Programme Director: Mr K. Kandiah

Educational Supervisor: Mrs. Meera Ahluwalia, S.Dunkley

## **Background**

### **King's Health Partners Academic Health Science Centre (AHSC)**

King's Health Partners is a pioneering collaboration between King's College London, Guy's and St Thomas', King's College Hospital and South London and Maudsley NHS Foundation Trusts.

This unique combination brings together one of the world's leading research-led universities and three of London's most successful NHS Foundation Trusts.

The driving purpose behind King's Health Partners is to continually seek and bring about swifter and more effective improvements in health and well-being for patients and people everywhere, by combining the best of basic and translational research, clinical excellence and world-class teaching to deliver ground-breaking advances in physical and mental healthcare.

King's Health Partners (KHP) is one of only five Academic Health Science Centres in the UK accredited by the Department of Health. This followed a selection process carried out by a panel of internationally renowned clinicians and researchers. Further information on KHP can be found on its website [www.kingshealthpartners.org](http://www.kingshealthpartners.org)

### **King's College Hospital**

King's College Hospital is one of the largest and busiest in London, with a well established national and international reputation for clinical excellence, innovation and achievement. Two thirds of the clinical activities of the hospital are in support of the socially and economically diverse communities of the boroughs of Southwark and Lambeth. As both a healthcare provider and a major employer with over 7,000 staff, King's plays an important part in helping reduce local, social and health inequalities. The hospital provides a broad range of secondary services, including specialist emergency medicine (e.g. trauma, cardiac and stroke). It also provides a number of leading edge tertiary services, such as liver transplantation, neurosciences, haemato-oncology, foetal medicine, cardiology and cardiac surgery, on a regional and national basis.

King's College Hospital has an enviable track record in research and development and service innovation. In partnership with King's College London the Trust has recently been awarded a National Research Centre in Patient Safety and Service Quality. It is also a partner in two National Institute for Health Research biomedical research centres. The first is a Comprehensive centre with King's College London and Guy's and St Thomas' NHS Foundation Trust and the second is a Specialist centre with the South London and Maudsley NHS Foundation Trust and the Institute of Psychiatry. King's College Hospital has also recently strengthened its research and development infrastructure in order better to support clinical researchers across the organisation.

The hospital is principally located on a single site, with approximately 900 beds, but has a number of important outlying satellite services including dialysis, foetal medicine, cardiac diagnostics, and outpatient outreach clinics in other locations. It works in close collaboration with other health providers in South East London, including Primary Care Trusts, to ensure the sustainability and excellence of services across the area. In recent years, there has been substantial investment in both the facilities and resources of the hospital, which has transformed the quality of care that it now delivers.

Further information about King's can be found on its website, [www.kch.nhs.uk](http://www.kch.nhs.uk).

The Trust has an annual income in excess of £570m, the majority of which is derived from Primary Care Trust commissions. However, education and research are also important sources of income, currently contributing around 8% of the total. The Trust is embarking on a strategy to achieve greater diversification of its income, with growth anticipated in tertiary referrals, research and commercial services activities. There is also a developing fund raising partnership with the King's College Hospital Charity."

King's College Hospital offers a family friendly working approach for all staff to ensure a good work-life balance. It is an environment where family life is promoted and this will be a feature of your annual appraisal. The Trust provides childcare advice and nursery facilities in conjunction with a supportive mentoring and career planning programme. Applications for job sharing are welcome.

### **King's College Dental Institute**

As the largest, most influential centre of excellence in the UK for oral and dental research, with an outstanding record for quality assurance in learning and teaching, King's College Dental Institute is one of the top five centre's of excellence for dental education, research and oral healthcare provision in the world. The Institute's international excellence in research has been confirmed by the outcome of the 2008 UK Research Assessment Exercise (RAE).

### **The Department of Paediatric Dentistry**

The Department of Paediatric Dentistry provides three main functions: education of undergraduate and postgraduate dental students, delivery of specialist clinical care to patients, and research.

The department is situated on the 1<sup>st</sup> floor of the Kings College Dental Institute, in the North and West wings. It comprises 14 dental chairs in an open clinic. There are 3 surgeries which have facilities for treatment under Inhalation Sedation. There is a dedicated dental theatre in the Trust's Day Surgery Centre (next to the Dental Institute) and there are four operating lists per week for children requiring surgery and/restorative care. The specialty has a full time dental technician. Office space is located on the 1<sup>st</sup> floor of the King's College Dental Institute Extension.

The Rainbow Suite is newly built and has eight dental chairs in large closed surgeries, designed to support the treatment of children under, or IH sedation, for the care of medically compromised children and for clinical research. The space includes a dedicated recovery area, a seminar room and additional office space. The main waiting room and reception area – shared with Orthodontics – have recently undergone renovation and redevelopment. The unit also contributes to the training of DCP trainees.

The department receives 450 new referrals monthly. Clinical activity includes daily new patient assessment clinics, treatment clinics (including the use of IH sedation) and a dental emergency service together with weekly specialist clinics for Dentally Anxious Children, an Oro-Dental Trauma Service, a Hypodontia Service and joint clinics with both Orthodontics and Oral Surgery. Approximately 120 patients are treated under general anaesthesia monthly.

Teaching is to both undergraduate and postgraduate dental students. The undergraduate student clinical teaching is predominantly based at King's College Hospital located at Denmark Hill. There is presently a two-year taught MSc programme in Paediatric Dentistry, predominantly based at Guys Hospital but with many clinical sessions based at the Kings site

Specialist services in paediatric dentistry are provided at Kings under local anaesthesia, inhalation sedation and intravenous and oral sedation as appropriate.

We also run a weekly all day Trauma clinic for those patients that require treatment or review following their accident.

We offer a daily emergency service for those patients presenting with acute infection, trauma or severe pain. It is a triaged service, primarily run by DY2s

The day-case general anaesthetic facility is located within the Day Surgery Unit. Paediatric dentistry has 4 day-case operating sessions per week of which 2 are for extraction only and the other 2 are for dental care and minor oral surgery primarily for children with medical and or special needs or disabilities.

Multidisciplinary clinics held within the department include:

- Hypodontia clinic
- Joint Paediatric/ Orthodontics/Oral Surgery clinics
- Joint Restorative and Paediatric Dental clinic.
- Joint Paediatric and oral medicine

## Duties

1. The post involves attending Consultation Clinics to provide the trainee with a diverse group of patients presenting with a wide range of clinical problems. The trainee will gain experience in the assessment and treatment planning of new patients with complex medical problems; behaviour management problems; dento-alveolar trauma; dental anomalies and oral pathology.
2. Kings has 4 GA sessions per week for comprehensive dental care and minor oral surgery. One of the consultants in paediatric dentistry is on the Oral Surgery Specialist list providing experience in the management of more complex surgical cases.
3. The trainee would be expected to participate in multidisciplinary clinics such as the Hypodontia Clinic, Orthodontic & Paediatric Dental clinics, the Paediatric and Oral Medicine clinic.
4. The trainee would be expected to participate in Trauma clinics.

Kings is a centre of excellence for paediatric liver, haematological and neurological services. The paediatric dental department has close links with the medical hospital and works closely with these paediatric medical specialities providing dental management for these patients. The trainee would be expected to attend medical outpatient clinics and maybe carry out dental screening.

5. The trainee would be expected to undertake audit projects, research, submission of manuscripts for publication and quality improvement projects within their training period. Adequate time is built into the timetable for these activities.
6. The trainee would be expected to participate in weekly Journal Club meetings and the monthly departmental Clinical Governance meetings.

## **STAFF**

### **NHS Consultants**

- Ms Meera Ahluwalia – Clinical Lead (1.0 WTE)
- Ms Tanika Gohil (1.0 WTE)
- Ms Maalini Patel (0.7 WTE)
- Ms Alaa (1.0 shared with Kings CDS)

### **Academic Consultants**

- Professor Marie-Therese Hosey (1.0 WTE)
- Mr Sanjeev Sood - Undergraduate Lead (1.0 WTE)

### **Specialists in Paediatric Dentistry**

- Ms Katie Horisk (0.4 WTE)
- Ms Amede Okwesa (0.6 WTE)

### **Speciality Dentist**

- Mr James Wilson (0.4 WTE)
- Mr Ashutosh Sharma (0.4WTE)
- Ms Afreen Patel (0.4WTE)
- Ms Kaveri (0.2 WTE)

### **NTN**

- Ms Michaela Deseta (0.5 WTE) shared posts with Eastman Dental Institute
- Mrs Sadia Khan (0.8 WTE)
- Mr Vikash Patel (1.0 WTE)
- Ms Ella Holden (1.0 WTE)

### **FTN**

- Ms Jasmine Mintoff (1.0 WTE) shared post with East Surrey Hospital

### **F**

## **The Royal National ENT and Eastman Dental Hospitals (RNENT & EDH)**

The Eastman, comprising of the Eastman Dental Hospital & Institute, is a unique postgraduate centre for oral health care sciences offering world class oral care, research, teaching and clinical training. The Institute is part of University College London and the Hospital is part of University

College London Hospitals NHS Trust. Together they are able to enhance the experience of those working and training at the forefront of clinical research and patient care. Approximately 80,000 patients were seen as outpatients in the Eastman Directorate.

The specialist departments within the Eastman include the following, with each hosting various training programmes, several which are recognised as contributing to specialisation:

- Conservative Dentistry
- Periodontology
- Prosthodontics
- Endodontics
- Oral Medicine
- Oral Surgery/orthognathic maxilliofacial surgery
- Paediatric Dentistry
- Special Care Dentistry

There is also an Education Department incorporating the schools providing DCP training, (Student Dental Nurses and the Dental Hygiene and Dental Therapy Training

### **Research Facilities**

The Institute has extensive dedicated research facilities on site readily accessible to clinicians with an interest in research as well as those employed as researchers. There are facilities for:

- Anaerobic Bacteriology
- Impedence Measurement
- Materials Testing
- Nucleic Acid Technology
- Tissue and Cell Culture

Collaborative research is encouraged within UCL and beyond.

## **Work and Interests of the Department of Paediatrics**

The Department of Paediatric Dentistry forms part of the Division of Growth and Development. It has a first class reputation for its patient care, teaching and research activities both nationally and internationally. The department undertakes specialist dental care for those under 16 years of age, providing advice and treatment, often of an advanced nature, in the field of Paediatric Dentistry for patients referred by general dental practitioners, community dental officers, dental specialist practitioners, other departments within the Eastman and a variety of paediatric medical specialties from UCLH and Great Ormond Street Hospital. A close and integrated working relationship with the other departments within UCLH is fostered thus facilitating optimum patient care.

The range of specialty services provided by the department includes:

Preventive advice and therapy

Paediatric restorative dentistry

Pharmacological behaviour management techniques including inhalation sedation, intravenous sedation and general anaesthesia

Care of medically compromised children and children with disability/learning difficulty

Management of children with oro-dental trauma

Management of children with complex dental anomalies

Management of paediatric oral pathology

The following multidisciplinary clinics are held:

Hypodontia Clinic

Orthodontic-Paediatric Dentistry

Paediatric Oral medicine

Dental Anomalies clinics with a special interest in the diagnosis and management of inherited dental anomalies.

Paediatric dentistry has nine day-case operating sessions per week for comprehensive dental care and minor oral surgery under general anaesthesia. This includes three sessions per week for children with medical disabilities. Weekly IV sedation lists are held within a purpose built sedation unit.

The department is actively involved in teaching post graduate students, along with the specialty paediatric dental trainees and DCT's.



The department occupies 10 clinical chairs. The clinical activity is supported by a full complement of dental nurses, reception staff and administrative support and there are approximately 11,000 attendances annually. Regular departmental meetings are held and the department has a focus on using audit to improve quality and patient care.

The department has close links with Great Ormond Street with the potential for cross site working. We are committed to working closely with surrounding community dental services in North Central London (NCL). Joint treatment planning clinics/advice clinics are supported, joint pre-CCST specialty registrar training posts are in place and regular joint education sessions are held. All of these are part of our dedication to the vision of MCN and providing excellent care for NCL patients.

### **Departmental Staff**

#### **Consultants:**

- Amanda O'Donnell – Clinical lead
- Adele Johnson
- Lexy Lynne
- Prabhleen Anand
- Isabelle Holroyd
- Suzanne Dunkley
- Urshla Devalia
- Cheryl Somani
- Prof Paul Ashley – Academic lead
- Prof Susan Parekh

### **Specialty Dentists in Paediatric Dentistry**

Ms Tanya Malkiel (p/t)

Ms Andrea Aspinall (p/t)

#### **Dental Therapist:**

Bethany Harms

Current Training posts:

3 pre CCST StR

1 pre CCST ACL  
2 post CCST  
DCT 1  
DCT 2

### **Postgraduates (UCL)**

10 postgraduates undertaking the three year DDent in Paediatric Dentistry.

### **General Manager**

Ms S Mandel

Ms M Campisova – Assistant General Manager

Secretarial support is provided to all staff and the department is supported by a service delivery manager and a team of reception staff. All staff have access to IT facilities. The Paediatric Dentistry Department is supported by the Trust's Electronic Patient Record EPIC

### **Training Opportunities**

The referral base provides the trainee with a diverse group of patients presenting with a wide range of clinical problems. The trainee will gain experience in the assessment and treatment planning of new patients with complex medical problems; behaviour management problems; dento-alveolar trauma; dental anomalies and oral pathology.

The departmental GA sessions provide experience in planning and delivering comprehensive dental care to children with complex medical needs. The post holder would have the opportunity to support planning and delivery of these lists, working closely with pre-assessment staff and anaesthetic colleagues. One of the consultants in paediatric dentistry is on the Oral Surgery Specialist list, and undertakes weekly oral surgery lists, this provides trainees experience in the management of more complex surgical cases.

The trainee would be expected to participate in multidisciplinary clinics such as the Hypodontia Clinic, Orthodontic & Paediatric Dental clinics, the Paediatric Oral Medicine clinic and the Dental Anomalies clinic. Senior trainees are expected to support the running of these clinics.

UCLH has general paediatric services and is a major centre for adolescent oncology and proton beam therapy. Trainees will have the opportunity to screen and plan care for this group of patients. The paediatric dental department has close links with Great Ormond Street Hospital (GOSH), working in collaboration to provide timely care for complex medical patients.

## **Description of the post**

This is a pre CCST post established in collaboration with The RNTNE and Eastman Dental Hospital. The candidate will sit the MPaedDent examination at the end of the three years of training. The candidate will be working under supervision of consultants based at The Eastman Dental Hospital and at King's College Dental Institute.

The post holder will be expected to participate fully and show leadership as a member of the Paediatric Dentistry team providing the clinical services

## **Duties of the Post holder**

- a) Diagnosis and dental treatment planning for children.
- b) Treatment of children with complex medical or dental needs on an outpatient basis
- c) Treatment of anxious children including the use of inhalation sedation.
- d) Treatment of patients under general anaesthesia.
- e) Care of medically compromised children.
- f) Treatment planning and treatment of patients in the Dental Trauma Clinic, Hypodontia Clinic, Joint Orthodontic Paediatric and Paediatric Oral Surgery clinic.
- g) Management of children with complex dental anomalies/inherited disorders of the oral cavity and dentition.
- h) Management of oral pathology, attending joint Oral Pathology and Paediatric dentistry clinics
- i) Exchange session with other Hospitals or teaching hospital to supplement training experience.
- j) Involvement in Undergraduate/post graduate teaching/training
- k) Administration assigned by the Head of Department in relation to the running of the Department.
- l) Participation in clinical audit.
- m) Participation in Journal Club.

## **Medical Audit**

King's College Hospital NHS Trust has an audit department which is actively co-ordinating developments in this field. The new appointee is expected to participate fully in the medical audit and clinical governance arrangements and activities of the Trust.

## **Study, Training and Teaching**

Study leave is available as provided for under the Terms and Conditions of Service and Hospital Medical and Dental Staff. The well equipped Medical School Library on the site, is 2 minutes walk from the Dental Institute, and there are excellent on-line library services.

## **Research**

Research is actively encouraged within the department and in conjunction with other departments of the hospital and King's College London and links to the Dental Institutes five research groups:

- *Epidemiology and Prevention*
- *Oral Health Workforce and Education*
- *Health Services Research*
- *Education research*
- *Behavioural Sciences and Quality of Life*

## **Equal Opportunities**

The post-holder must carry out all duties and responsibilities with due regard for King's College Hospital NHS Foundation Trust Equal Opportunities Policy.

## **Conditions of Service**

The Post is subject to the Terms and Conditions of Service of Hospital Medical & Dental Staff (England & Wales), to the General Whitley Council Conditions of Service and also to the National Health Service Pension Regulations.

Due to the nature of the work in this Post, it is exempt from the provision of Section 4 (2) of the Rehabilitation of Offenders Act 1974 (Exemption Order 1975). Applicants are therefore not entitled to withhold information about convictions, including those which, for other purposes are "spent" under the provisions Act. Failure to disclose such information may result in dismissal or disciplinary action.

## **Hours of Work**

This is a full time post where the hours will be 9.00am to 5:00pm with occasional rounds outside these times. This may be subject to further review. King's College Hospital NHS Foundation Trust reserves the right to change the parameters of the standard working week, the number of hours additional duty you are required to undertake and the area in which you are required to undertake it, in the light of the requirements of the Service. The Trust will endeavour to give as much advance notice as possible of such change. In the event of a change in the number of additional duty hours you are required to undertake your pay will be adjusted appropriately.

## **Facilities**

The appointee will have a dedicated desk area with a computer in a shared office together with secretarial support.

## **Clinical Governance**

All dental staff are expected to take part in clinical governance activity, including clinical audit, clinical guideline and protocol development and clinical risk management. They will be expected to produce evidence of their contribution in these areas and their audit of their own clinical work as part of their annual appraisal.

## **Confidentiality**

The post holder must maintain the confidentiality of information about patients, staff and other health service business in accordance with the Data Protection Act of 1998.

## **Health and Safety**

Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, to ensure that the agreed safety procedures are carried out to maintain a safe working environment for patients, visitors and employees.

## **Data Protection Act**

All employees must not, without prior permission, disclose any information regarding patients or staff. In circumstances where it is known that a member of staff has communicated to an unauthorised person those staff will be liable to dismissal. Moreover, the Data Protection Act 1998 also renders an individual liable for prosecution in the event of unauthorised disclosure of information.

### **Terms and Conditions of Employment**

This post is exempt from the Rehabilitation of Offenders Act 1974 and this means that any criminal conviction must be made known at the time of application.

### **Safeguarding children and vulnerable adults**

All employees have a responsibility for safeguarding children and vulnerable adults in the course of their daily duties and for ensuring that they are aware of the specific duties relating to their role.

### **Infection Control**

All employees have a personal contribution to reducing healthcare-associated infections (HCAIs), must attend mandatory training in Infection Control and be compliant with all measures known to be effective in reducing HCAIs. Employees must be familiar with the Trust's Infection Control Policies, including those that apply to their duties, such as Hand Decontamination Policy, Personal Protective Equipment Policy, safe procedures for using aseptic techniques and safe disposal of sharps.

### **Medical Report**

All appointments to the Trust are subject to Occupational Health clearance. Should you be offered the post the offer will be subject to occupational health clearance.

### **Smoking in the Workplace and Grounds**

The Trust operates a no smoking policy.

### **Applicants with Disability**

The Trusts are keen to increase the number of disabled people it employs. We therefore encourage applications from individuals with a disability.

### **Equal Opportunities**

The Trust is committed to provide equal opportunities for all applicants for employment regardless of race, colour, nationality, ethnic or national origins, sex or marital status, also disability, religion, political belief, socio economic background, parental status, sexual orientation, age (subject to normal retirement conventions) and trade union memberships.

### **Further Information from**

Meera Ahluwalia  
Dept. of Paediatric Dentistry  
King's College Dental Institute  
Bessemer Road  
SE5 9RS

Tel 020 3299 3375

### Year 1: Draft Timetable for Joint pre CCST EDH/KINGS

Day	Time	Activity	Consultant Cover / Specialist Cover
Monday	am	Kings: Admin	Mr S Sood
	pm	Kings: Outpatient appointments	
Tuesday	am	Kings: GA medical/surgical comprehensive care	Ms M Patel
	pm	Outpatient appointments	Ms M Ahluwalia/Ms M Patel
Wednesday	am	*Kings: Casualty Clinic 3:4, Hypodontia clinic 1:4 EDH: GA comprehensive care list 1:2	*Ms M Ahluwalia/ Ms A O'Donnell/ Ms A Johnson
	pm	**Kings: Trauma 3:4, joint ortho/paedo clinic EDH: GA comprehensive care list 1:2	** Ms M Ahluwalia  Ms A O'Donnell/ Ms A Johnson
Thursday	am	EDH: Paediatric oral medicine clinic 1:2 EDH: Outpatient treatment 1:2	Ms A Johnson & Mr T Hodgson (Oral medicine)
	pm	EDH: Outpatient treatment session- IS 1:2 EDH: admin 1:2	Mrs Holroyd
Friday	am	EDH: Outpatient treatment session	Mrs I Holroyd/Ms Lyne
	pm	EDH: Admin 2:4 EDH: Staff meeting/Clinical governance 1:4 EDH: departmental teaching 1:4	



## Year 2: Draft Timetable for joint pre CCST EDH/KINGS

Day	Time	Activity	Consultant Cover / Specialist Cover
<b>Monday</b>	<b>am</b>	Kings: Consultants clinic	Ms M Ahluwalia/Ms M Patel
	<b>pm</b>	Kings: Admin	
<b>Tuesday</b>	<b>am</b>	Kings: Outpatient appointment clinic	Ms T Gohail
	<b>pm</b>	Kings: GA medical/surgical comprehensive care	Ms M Ahluwalia
<b>Wednesday</b>	<b>am</b>	*Kings: Trauma clinic EDH: Hypodontia MDT Clinic 1:2	*Ms Patel / Ms M Ahluwalia Mrs P Anand
	<b>pm</b>	**Kings: joint ortho/paedo clinic 1:4, Outpatient appointment clinic 3:4 EDH: Anomalies Clinic 1:2	** Ms M Ahluwalia Ms Somani/ Mrs Holroyd
<b>Thursday</b>	<b>am</b>	EDH: GA comprehensive care and surgical lists 1:2 all day EDH: Outpatient treatment session 1:2	Mrs P Anand
	<b>pm</b>	EDH: Admin 1:2	Prof S Parekh
<b>Friday</b>	<b>am</b>	EDH: Outpatient treatment session 1:2 EDH: Outpatient treatment session- IS 1:2	Mrs I. Holroyd
	<b>pm</b>	EDH: Admin 2:4 EDH: Staff meeting/Clinical governance 1:4 EDH: Departmental teaching 1:4	

### Year 3: Draft Timetable for Joint Pre CCST EDH/KINGS

Day	Time	Activity	Consultant Cover / Specialist Cover
<b>Monday</b>	<b>Am</b>	Kings: Consultant clinic	Ms M Ahluwalia/Ms M Patel
	<b>pm</b>	Kings: Admin	
<b>Tuesday</b>	<b>am</b>	Kings: Medical clinics/ outpatient clinic	Ms M Patel/Ms T Gohail
	<b>pm</b>	Kings: GA extraction/comprehensive care	Ms M Ahluwalia/Ms T Gohail
<b>Wednesday At EDH and Kings alternate weeks</b>	<b>Am</b>	*Kings: Trauma clinic EDH: GA – medical list 1:2	*Ms M Patel/ Ms M Ahluwalia Ms A Johnson/Ms A O'Donnell
	<b>pm</b>	**Kings: joint ortho/paeds/oral surgery 2:4, Admin 1:4, Casualty clinic 1:4  EDH:GA – medical list 1:2	**Ms M Ahluwalia  Ms A Johnson/ Ms A O'Donnell
<b>Thursday</b>	<b>am</b>	EDH: Ortho/ Paeds Joint Clinic 1:2 EDH: Consultant clinic 1:2	Ms Lyne/Prof J Noar (orthodontist) Mrs Holroyd  Ms Lyne
	<b>pm</b>	EDH: admin 1:2 EDH: IS session 1:2	
<b>Friday</b>	<b>am</b>	EDH: Outpatient treatment session	Mrs I Holroyd/Ms Lyne
	<b>pm</b>	EDH: Admin 2:4 EDH: Staff meeting/Clinical governance 1:4 EDH: departmental teaching 1:4	



