

## STAGE 3 REGIONAL TRAINING DAY: HANDS-ON REGIONAL ANAESTHESIA SCANNING WORKSHOP

20<sup>TH</sup> SEPTEMBER 2024

|             |                                                                                        |
|-------------|----------------------------------------------------------------------------------------|
| 8:40-9:00   | Registration                                                                           |
| 9:00-9:20   | Optimizing Ultrasound Images for RA – Demonstration                                    |
| 9:20-10:00  | Station 1: Interscalene and Supraclavicular                                            |
| 10:00-10:40 | Station 2: Axillary and Infraclavicular                                                |
| 10:40-11:00 | <b>Break</b>                                                                           |
| 11:00-11:40 | Station 3: ESP and Paravertebral                                                       |
| 11:40-12:20 | Station 4: Rectus Sheath and TAP                                                       |
| 12:20-13:20 | <b>Lunch</b>                                                                           |
| 13:20-14:00 | Station 5: Femoral and Suprainguial Fascia Iliaca                                      |
| 14:00-14:40 | Station 6: Adductor Canal and IPACK                                                    |
| 14:40-15:20 | Station 7: Sciatic and Ankle (Tibial, Deep and Superficial Peroneal, Sural, Saphenous) |
| 15:20-15:40 | <b>Break</b>                                                                           |
| 15:40-16:20 | Station 8: Spine                                                                       |
| 16:20-17:00 | Station 9: Forearm Blocks                                                              |
| 17:00-17:10 | Feedback                                                                               |