

Welcome to the South Thames Foundation School – what next?

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Developing people
for health and
healthcare



Our programmes

800+ x 2
year
programmes
in 18 acute
and 6 mental
health trusts
plus local
GP practices
and
community
services



Programme composition

- 2 years in the same or 2 different places
 - Some trusts have more than one site
 - Some hospitals in STFS have similar names
- Generally no more than 1 year in a teaching hospital
- 22.5% of F1s and 22.5% of F2s have 4/12 psychiatry placement
- All have 4/12 based in the community
- Spreadsheet of programmes on STFS website

Programme composition and linkages

Usually 3 x 4/12 posts in each year

F1 programme

(eg 4/12 geriatric medicine/ 4/12 gastroenterology/ 4/12 surgery at Ashford)

linked to F2 programme

(eg 4/12 emergency medicine / 4/12 GP / 4/12 cardiology at Brighton)



Foundation Year 1

- Pivotal role often organisational
- Usually greater time spent with patients than any of the rest of team
- Organise investigations and chase up results
- Liaise with relatives
- More interaction with nursing staff

Challenges in taking this massive step up in responsibility

- Sleep pattern and punctuality
- Personal organisation
- Secure accommodation and social environment
- Social media
- Professionalism

Potential changes

- We try to ensure accurate descriptions – but service reconfigurations on-going
- It is a generic programme and we do ensure that your 2 years meet curricular requirements
- F2 Swaps - annually for single placements or entire F2 year
- Foundation Review being implemented eg new priority programmes



What should you be aiming for?

- **Breadth**
 - specialty
 - location
 - ways of working
- **Opportunities to try out specialties**
- **Gain relevant competences / develop your portfolio**
- **Complementary areas**



Careers and allocation

Know what
you want
to do?

- **Test it**
 - post
 - tasters
- **Complementary areas**
- **Plan B**

Not sure?

- **Sample different areas**
- **Reflection**
- **Observe and ask**
- **Tasters**

Career opportunities

2019 - CT1/ST1 Competition Ratios

Specialty	Applications Received	Post Available	Competition ratio (applicants per post)
ACCS Acute/Internal Medicine	2229	1563	1.43
Anaesthetics Inc ACCS Anaesthetics	1333	568	2.35
ACCS Emergency Medicine	777	363	2.14
Cardiothoracic surgery	101	12	8.42
Clinical Radiology	1095	302	3.63
Community Sexual & Reproductive Health	83	7	11.86
Core Psychiatry Training	814	473	1.72
Core Surgical training	1896	648	2.93
General Practice	5166	3861	1.34
Histopathology	194	93	2.09
Neurosurgery	157	24	6.54
Obstetrics & Gynaecology	529	262	2.02
Ophthalmology	356	110	3.24
Oral & Maxillo Facial Surgery	29	7	4.14
Paediatrics	564	476	1.18
Public Health Medicine	804	86	9.35

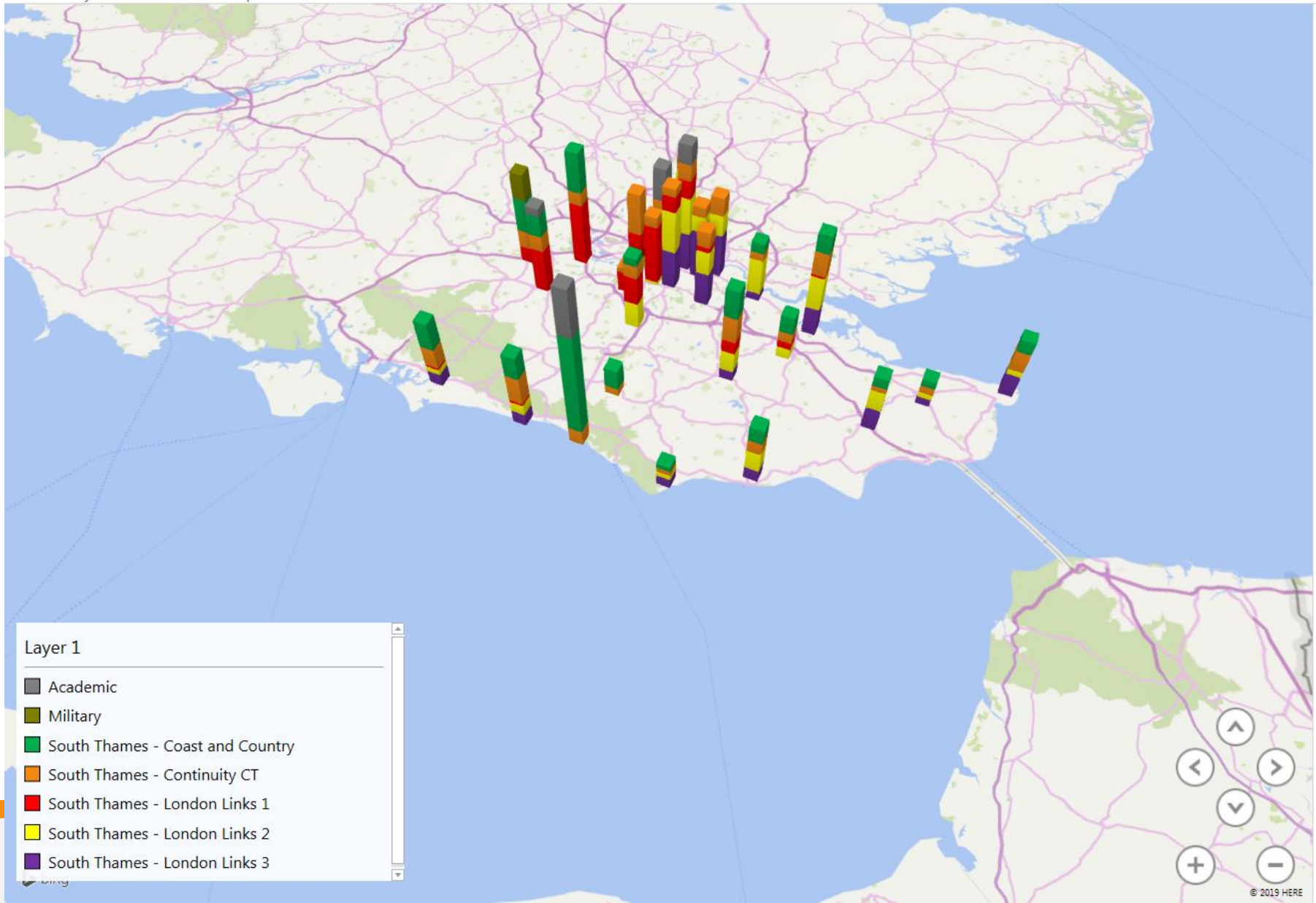
Allocation to 2 year programmes

- 2 stage process using Oriel
- 1 – ranking to 5 programme groups already complete
 - Coast and country
 - London links 1
 - London links 3
 - Continuity
 - London links 2
- 2 – ranking programmes in that group

2020 Dates for F1 allocation

- **12th March**- Standard Foundation allocation information released
- **18th March** Oriel closes for group allocation – 12pm
- **23rd March** Programme preferencing opens
- **31st March** – Oriel closes for programme ranking
- **9th April** applicants notified of programme result

Programme groups . . .



Layer 1

- Academic
- Military
- South Thames - Coast and Country
- South Thames - Continuity CT
- South Thames - London Links 1
- South Thames - London Links 2
- South Thames - London Links 3

Strategic Considerations

Advantages of going outside London

1. Less competitive
2. More appreciated
3. Social aspects
4. Cheaper
5. Better access to a variety of presentations and procedures

Other aspects

- Curriculum
- Prescribing
- Supervised learning events
- e portfolio



Horus ePortfolio

Home Admin menu ▾ Trainer menu ▾ Forms (start new) ARCP panels

Create New Forms

Mandatory forms for each placement

At the beginning of each placement

Form	Who	Min.
Initial Meeting with Educational Supervisor	ES	1
Induction Meeting with Clinical Supervisor	CS	1
or Combined Induction Meeting with Clinical Supervisor & Initial Meeting with Educational Supervisor	ES	1 *
PDP	FD	1

Throughout each placement

Form	Who	Min.
Mini-Clinical Evaluation Exercise (Mini-CEX)	FD/T	3+
Direct observation of procedural skill (DOPS)	FD/T	0+
Case-based discussion (CBD)	FD/T	2
Reflection	FD	†

Curriculum

- Outcome based and an emphasis on team working and personal qualities (eg empathy)
- Have to complete time period
- e-portfolio (Horus)
- Generic training
- Clinical supervisor, educational supervisor and foundation training programme director
- New curriculum in development for August 2021

Prescribing Safety Assessment (PSA)

- Passing the PSA now necessary to complete F1
- Those who have failed/unable to sit at F1 entry (eg overseas graduates) are encouraged to do additional SCRIPT on-line modules
- Advice on passing the PSA on website
- Foundation school PSA sittings for anyone who has not yet sat/passed held in September, March and May

Other prescribing

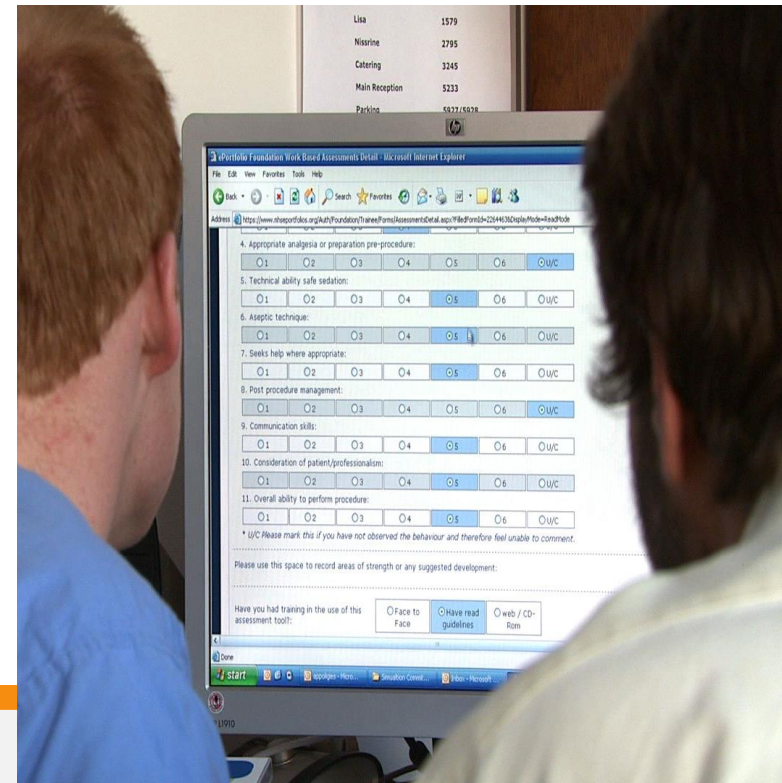
- In addition, STFS trusts carry out a practical prescribing assessment using local charts etc.
- Aim to identify areas of prescribing weakness and provide support, by use of specific [SCRIPT](#) e-learning modules
- All STFS doctors must do at least 6 SCRIPT modules a year

Doctors and the GMC

- Doctors now under great scrutiny
- Recent problems in which the GMC became involved include:
 - Speeding / drunk driving
 - Drug use
 - Urinating in street outside pub
 - Parking violations/forging parking permits
 - Posting patient information on Facebook
 - Pictures on WhatsApp
 - Taking indecent pictures on a mobile phone
 - Not declaring previous issues (can delay registration)
- Provisional registration time limited (3 years & 30 days)
- Revalidation with GMC for all doctors with full registration and a licence to practise

Quality

- Part of role of STFS / HEE local teams
- Training vs employers' responsibilities eg hours, contract, etc
- Needs your input please
 - Representatives
 - Visits
 - Surveys



STFS

- 1 school, based at Stewart House in Russell Square
- fair and transparent
- e mail / meetings

- fortnightly bulletins
- representatives
- check website for policies etc
- www.lonkssfoundation.hee.nhs.uk/stfs

***Most people enjoy their foundation training
wherever they go and
whatever they do***



**Contact details for all Foundation
enquiries tel: 020 7866 3216**

**[https://lasepgmdesupport.hee.nhs.uk
/support/home](https://lasepgmdesupport.hee.nhs.uk/support/home)**