



## Supported Return to Training (SuppoRTT) Sim

An event organised by NELFT Medical Education Department

## **Monday 7th June 2021**

9.30am – 12.30pm Via Zoom

## More information:

Contact the medical education team Medicaleducation@nelft.nhs.uk

Free to all NHS Staff.

To register and book on please follow the below link:

https://www.eventbrite.co.uk/e/15376523 8969 Supported Return to Training (SuppoRTT) is a great initiative to support all trainees who are returning to training after time out of programme.

## Aims:

- Enhance confidence by refreshing knowledge and clinical skills in key areas relevant to daily work.
- Opportunities to discuss and share concerns about your return.
- Informal simulation practice, using actors, on commonly encountered clinical situations.
- Guidance to help you cope more effectively with workloads and stress.
- Accessing coaching skills for improving confidence and motivation.



