

Trainee Bulletin London School of Intensive Care Medicine (LSICM) October 2024



Hello and welcome

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London School of Intensive Care Medicine Head of School – Dr Charlotte Anderson	
TPD- Stage 1	Dr Louise MA
TPD Stage 2	Dr Russ HEWSON
TPD Stage 3	Dr Viplaw SHUKLA
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TPD - RTDs	Dr Gonzalo de la Cerda
TPD – Simulation	Dr David Melia
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Useful Links:

- Website : [HEE London | London](#)
- PSP: <https://lasepgmdsupport.hee.nhs.uk/support/home>
- FICM : <https://www.ficm.ac.uk>
- Gold Guide: <https://www.copmed.org.uk/publications/gold-guide/gold-guide-10th-edition>

HoS/TPD updates

HoS/TPD updates

HOS Update:

Extending a warm welcome to all the new Stage 1 ICM doctors who joined London School of Intensive Care Medicine (LSICM) in August. It was great to meet so many of you at the LSICM September induction and I hope you are all settling in well to ICM higher specialist training!

I would like to take this opportunity to thank Dr Alastair White who has recently stepped down as LSICM Trainee Rep; his input into improving the school has been greatly appreciated.

The school was delighted to receive many extremely high-quality and competitive applications for the Trainee Rep role and I am pleased to advise that Dr Emma Jenkins has taken up the position.

Congratulations to the following individuals who have recently secured their Outcome 6 (recommendation for completion of training):

Maya Wolf	Arjun Devanesan
Charlie Cox	Sam Rowe
Nathan Grower	Jennifer Gosling
Sharjeel Tahir	Teresa Mei Ling Lee
Charles McFadyen	Kimberley Hodge
Shahzaib Ahmad	Waqas Akhtar
Janitha Gowribalan	Christopher Groves
Sampath Weerakkody	Mohammad Fiqry Mohamad Fadhlillah
Nikhil Tirlapur	Mohammed Rahman
Christopher Duncan	Alex Ebbasi-Qazvini

Kind regards

Charlotte

UPDATE From Dr Russ Hewson, Lead & Stage 2 Training Programme Director (TPD)

October exams

Good luck to all those waiting for the results of the latest sitting of the FFICM exam! Can I take this opportunity to remind those sitting it to get in touch with their results when they get them and to make sure that we're aware if you are having any issues with the exam as we might be able to help.

ARCPs

We've just had a successful October ARCPs with in general excellent portfolio completion, one ongoing niggle is the logbook. FICM are looking for a procedural logbook, which really just needs to be a count of the various procedures that you have completed. Importantly if you are a dual anaesthetic trainee, we won't always be able to see your anaesthetic logbook, so you'll have to upload it to the ICM side of the portfolio. In addition, when you get exam results if you could just put the email, at least, into the portfolio to evidence that as well.

Critical Progression Point to stage 3 for dual training other than anaesthetics

Can I just remind the dual respiratory/renal/AIM and EM group that their critical progression point to stage 3 is 18 months from CCT (in general but it might be slightly longer if you are doing additional AM at the end for triple certification) and that is the point that all HiLLOs and the FFICM exam need to be completed by. This may fall in the middle of a block in your partner specialty, however if it does and the outstanding stage 2 ICM requirements have not been met then you'll need to come back to ICM at that point. It doesn't happen often, but just to make you all aware.

All the best,

Russ

UPDATE From Dr Viplaw Shukla, ICM stage 3 Training Programme Director (TPD)

Mind the Gap project – access to communication courses for Stage 3 trainees

As we communicated in last bulletin, following a recent audit conducted by Kat Elliott, our previous Education and SIM fellow which focussed on identifying training gaps in stage 3, the school is offering a communication course for stage 3 trainees. Trainees can access online communication course through the [Frontline communication](#) website and the course fees will be reimbursed through the study leave budget process.

Information on Notification of completion of training (NoCOT) form

Stage 3 trainees can now submit their NoCOT form online directly to FICM within 4 months of their CCT date.

TPD approval is no longer required. Web link-

<https://www.ficm.ac.uk/trainingexamstrainees/completion-of-training>

UPDATE From Dr Louise MA, ICM stage 1 Training Programme Director

(TPD)

I would like to give a warm welcome to our 23 new recruits to the Pan London ICM programme, most who have started in August 2024:

Elizabeth Hardman	Dylon Christie
Tom Hirst	Isabel Taylor
Andrew Harper	Antoinetta Rocca Fonseca
Luke Shabbo	Yousif Salih
Emma Butterfield	Claire Foran
Asya Veloso Costa	Rajit Wilfred Shail
Hannah Nugent	Declan Corr
Rotimi Latinwo	Benjamin Kadler
Daisy Croker	Teona Serafimova
Anup Jheeta	Finneas Catling
Humza Aasim Yusuf	Edward Fenby
Ashwin Sundaram	

It was so lovely to finally meet most of you at the ICM induction on the 11th September.

Stage 1 rotations

With everyone's different specialty placements underway, some of you would have been contacted with regards to going through the CESR-CP pathway, which will involve uploading previous non-training post experience to be reviewed and

counted towards your stage 1 ICM training time. The CESR-CP reviews will occur on the 17th October 2024.

Everything you need to know about the ICM training programme, ie OOP application, exams, study leave can be found on our bespoke **London School of Intensive Care Medicine (LSCIM) webpage**.

<https://london.hee.nhs.uk/specialty-schools/intensive-care-medicine>

FFICM MCQ exam applications

With the new FICM MCQ exam rules changes, stage 1 ICM trainees can now sit for the FFICM MCQ exam at any time of their stage 1 training. However, the MCQ exam is based on stage 2 subspecialty topics as well, so do discuss this with your educational supervisor or faculty tutor before registering for this exam.

Training Updates

Some feedback from LSICM ARCP's:

There have been a significant number of outcome 5's (incomplete evidence) afforded at ARCP over the last year due to missing ESSR's. There are some recurring themes so please be aware of the following common pitfalls:

- A reminder that dual trainees have ARCP's in both programmes on an annual basis.
- ICM ARCP's are undertaken throughout the year – usually aligned to critical progression points. Please do not assume your ARCP will be in the summer and look out for your invitation from the HET team! If you are unsure of your ARCP timing, please contact your TPD.
- Whether in an ICM placement or partner specialty you are able (and expected) to maintain your ICM portfolio.
- You will require an ICM Educational Supervisor Structured Report (ESSR) for your ICM ARCP, and you should have an ICM educational supervisor (ES) in every placement you undertake (be it an ICM or partner programme post). Please ensure you liaise with the local Faculty Tutor when you rotate if you are in a partner specialty; they will be able to identify an ICM ES for you if you do not have one. It is important you meet with them at the start, middle and end of your placement as a minimum.
- Faculty Tutors and Educational Supervisors need to complete and sign off your ESSR. Please do not leave it to the last minute; give them plenty of notice so that an ESSR can be compiled and signed off in time for the ARCP.

MSF's:

Please ensure you complete an ICM MSF on an annual basis. If you are a dual trainee and have not undertaken an ICM placement in the last year a partner specialty MSF is acceptable.

Are you planning to take “time out” or return to training soon?

Please ensure you engage with the Supported Return to Training Programme (SuppoRTT) before your period of absence. The LSICM webpage section “Returning Following a Period of Absence” can help guide you through the process (which includes special considerations for dual trainees).

The NETS Survey:

The [National Education and Training Survey \(NETS\)](#) 2024 will be open from 1 October to 28 November. The NETS is the only national survey open to all undergraduate and postgraduate students and trainees undertaking a practice placement or training post in healthcare as part of their education and training programme. Please be sure to have your say.

[LSICM Webpage](#)

The school webpage has been updated. Please take a look and use as your first port of call for any questions about ICM training in London.

<https://london.hee.nhs.uk/specialty-schools/intensive-care-medicine>

HET Updates

[ARCPs \(annual review of competence progression\)](#)

Winter 2025 ARCPs:

14 and 16 January 2025 – we will be sending out communication to those trainees who will need an ARCP on these dates in due course.

ARCP information can be found on the school webpage.

Summer 2025 ARCPs - Window 1 – Thursday 8th May to Wednesday 28th May.

If you are due a Summer ARCP, please diarise to update your portfolio by the end of April 2025.

Dates will be confirmed later in the year.

LTFT (Less than full time)

To submit an application and for further information please see the PGMDE support portal:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000018502-when-can-i-apply-for-ltft-what-is-the-notice-period->

OOPs (out of programme)

Please ensure you discuss your OOP plans with your TPD and ES (both specialities if dual training) before submitting your application.

Further information on the OOP process and windows to apply in can be found here:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000019131-oop-application-form-and-guidance>

Events

RTD (regional training days) and SIM day (simulation days)

The upcoming RTD and SIM day information can be found on the LDN website – please find link here:

<https://london.hee.nhs.uk/specialty-schools/intensive-care-medicine>

Just a reminder to please ensure you register for any training/sim days as certificates of attendance and trainee feedback forms are only sent to registered trainees.

Platform for ICM RTD Recordings

RTD recordings are saved on the NHS Learning Hub. Trainees can access the [NHS Learning Hub](#) using their e-LfH or OpenAthens credentials and then request access to the [London School of Intensive Care Medicine catalogue](#). This is a restricted catalogue for London trainees only so trainees will need to request access for the HET team to approve.

If you have any questions or queries, please do get in touch with the HET team either via the PSP portal or School line (020 7866 3237).

Best wishes



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