



School of Anaesthetics

Trainee Bulletin August 2023

Hello and welcome

In this bulletin, you will find updates on:

- HoS and DoS Update
- School Resources
- Regional Training Days & Exam Courses
- Trainee rep updates

- HET Updates
 - LTFT
 - Study Leave
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- Courses

Introduction

Welcome to the August edition of the London School of Anaesthesia bulletin.

Going forward we aim to circulate this bulletin on the first day of every month to keep all trainees and trainers informed of everything that is happening within the school and with NHS England.

The content of the bulletin will vary from edition to edition depending on what is happening with the school. If you want to include any submissions, please email them to the HET Anaesthetics team 1 week before the publication date. A copy of each bulletin will be uploaded to the London School of Anaesthesia website under the tab titled trainee bulletin.

HoS and DoS Updates

Welcome to all the new stage 1 and stage 2 trainees who joined the School in August. We look forward to seeing you at Whole School induction on the 14th of September. Please look out for an email from us with more details and book your study leave now.

Thank you to Dr Nadeem Ahmed who is stepping down as the S1 TPD for SW London. Nadeem has been a TPD for over 4 years and not only successfully navigated the pandemic but also the introduction of the 2021C for his trainees. He will be missed. We have recently appointed Dr Adam Shonfeld, who is one of the current college tutors at St George's, to take over the role and we will confirm the handover date as soon as it has been arranged.

To Dr Mit Lahiri who is also stepping down as the S2 NE TPD from August. It has been a pleasure having Mit as part of the school over the last year. Dr Stephen Hallworth has kindly agreed to take on this role, together with his role as the S3 TPD for NE London.

To Josh Wall, Mel Addy, Charlotte Trainer, Rhiannon Wong, Arun Tohani, Umesh Mistry, Thom O'Dell, Kate Millar, and Sophie Boles, our outgoing trainee reps. It has been wonderful working with all of you, your input has been much appreciated and has really helped us bring in trainee led improvements into the School. We wish you all the best in the next stage of your training or Anaesthetic career.

Congratulations to Rana Mallah for being appointed to the South London Lead Trainee rep role and for carrying on the excellent work which Josh and Mel have been leading on. We are looking for new trainees reps to take over a number of the other roles, it's a really great role, and if you are interested, please read through the adverts in the Trainee Rep section and apply.

Thank you to everyone who completed the 2023 GMC survey. Results have been reviewed by the PG Deans and Quality team and trusts have been asked to self report on any concerns raised. Once we have reviewed these reports, we will plan our quality review visits for the year.

NHSE Merger

We are now fully merged with NHSE and for the most part, it has remained business as usual. The regional consultation period has now closed and we will share the results with you as soon as possible.

The HEE identity will slowly start to disappear and be replaced with the NHSE one instead. This is going to take some time, so for now, IT systems such as the school website will remain in their current format. We will aim to keep it up to date so it's still a useful resource for you to refer to.

All our HEE emails will also be replaced with nhs.net emails and we will send out a comms to all trainees and college tutors once this has happened. Please continue to use our HEE emails in the meantime.

July ARCP feedback

Thank you to everyone for being so well prepared for your July ARCPs. It was lovely to review all the work you have been doing and read all the positive comments from your trainers. As most of you were at a critical progression, it was also lovely to be able to award so many outcome 6s, outcome 1s and CCTs. The number of outcome 5s fell across the school with, on average, only 13% of July ARCP trainees receiving one. Well done to SW London who did

not need to award any outcome 5s and to NE London who managed to half the number awarded, in comparison to their other Summer ARCPs.

Dates for January ARCPs are currently being confirmed with TPDs, so look out for them in future Bulletins.

Best wishes

Aasifa, Adi and Carlos.

London School Anaesthesia				
Head of School: Dr Azila Tredway (Deputy Head of School: Aasifa Stewart & Carlos Kiki)				
London Anaesthesia Specialty Training Committee (LASC)				
North London Anaesthetic Programme			South London Anaesthetic Programme	
North West TPDs	North Central TPDs	North East TPDs	South East TPDs	South West TPDs
Ruth Beddon(S1) Philip Peet(S2) Arvindraj Riyal (S3)	Abigail Whitman(S1) Kate Sherratt(S1) Trudi Young(S3)	Rosario Hancock(S1) Stephen Hallworth (S2 & S3)	Melina Choudhury(S1) Dev Mathan (S2 & S3)	Dr Adam Shorefield (S1) Eusebia Matthews(S2) Anna Wyllie(S3)
Regional Advisor – Sean Jagger	Regional Advisor– Sonia Brockleby	Regional Advisor– Roger Conkery	Regional Advisor– Oliver Rose	Regional Advisor – Rene Sule
Pan London and K&S Advanced Pain Training: London and K&S Pain Training Advisory Group (LAPTAG)				
Pain Training Programme Director: Fausto Marini				
Faculty of Pain Medicine Regional Advisors: North London: Aishah Shetty, South London and K&S: Suresha Kithari				
Pan London Anaesthetic Educational Delivery TPDs – Sunjeet Das, Emile Martinson Hoogenboom				
Pan London Anaesthetic Simulation Leads – Jeroen Frens, Cheng Rang				
Pan London Anaesthetic Academic Training Programme Director – Gudrun Karst				
Pan London Anaesthesia Less Than Full Time Training Advisor and SRFT Champion – Alina Trudler				
School Trainee Regs and HEE Education Fellows				
Pan London HEE Funded Anaesthesia Associate Training Programme – AA Training Lead – Dan Heaton, AA Ambassador – Frances Marfleet				
Anaesthetics Health Education Team				
Service Delivery Manager (SDM): Tilarayi Abantope, Operations Manager (OM) – Jessica Banks-Cromack				
ICM and K&S Officer – Deborah Sime				
Email: anaesthetics@hee.nhs.uk (Trainee enquiries), PSP link: https://lasepgmdsupport.hee.nhs.uk/Support/Forms (Trainee enquiries)				
North London Anaesthetic Programme			South London Anaesthetic Programme	
North London Officer – Karen Carrasco			South London and Pain Officer – Claire Bowden	
Administrators – Ben Thomas-Arnott (NE & NW), Mubeen Akhtar (NE)			South London Administrator – Mohammed Rayhan (Rayhan)	

School Resources

HEE London School of Anaesthesia website

The London school of Anaesthesia website with links to key information, training days & ARCP information can be found here:

<https://london.hee.nhs.uk/specialty-schools/anaesthesia>

London And South East Support Portal

<https://lasepgmdsupport.hee.nhs.uk/support/home>

For curriculum, LLP, and Exam information

<https://www.rcoa.ac.uk/>

If you have any queries where the answer isn't on either the school website, LASE support portal or RCOA website, and your ES and College Tutor can't help you, please raise a ticket through the support portal and/or contact the TPD for your stage of training. We now have a named TPD for each stage of training for each rotation within the 2 programmes.

PSP link: <https://lasepgmdsupport.hee.nhs.uk/support/home> (trainee enquiries)

REGIONAL TRAINING Days

Training days are all advertised on the website here so please [check the website regularly](#):

<https://london.hee.nhs.uk/specialty-schools/anaesthesia/regional-training-days>

Trainees should attend training days that they feel are appropriate for their level. Virtual events are generally open Pan-London.

You can find the HEE Events Training calendar here:

<https://london.hee.nhs.uk/calendar4>

When searching on the HEE calendar make sure you select the below and check both Pan/ London Region. For Sub Specialty please ensure you select Not Applicable.

The image shows a screenshot of the HEE Events Training calendar search filters. It includes four main sections: Specialty, Sub Specialty, Suitable for, and Region. The Specialty dropdown is set to 'Anaesthetics'. The Sub Specialty dropdown is set to 'Not Applicable'. The Suitable for dropdown is set to 'Trainees'. The Region dropdown is set to 'South London'. The Date range dropdown is set to '-Month'.

Specialty	Sub Specialty	Suitable for	Region	Date range
Suitable for all specialties	Suitable for all sub specialties			
ACCS	Not Applicable			
Anaesthetics	Acute Internal Medicine		North West London	-Month
Clinical Oncology	Allergy		North Central and East London	
Clinical Radiology	Audiological medicine		South London	-Month
Dental	Cardiology		Pan-London	
General Practice	Cardio-thoracic surgery			
Emergency Medicine	Chemical pathology & metabolic medicine			

Regional Training Days & Exam Courses

Regional Training Days (RTDs) will resume in September 2023.

We welcome our novice anaesthetists and new joiners to the school in August!

For information about teaching after the novice courses, please visit the [RTD webpage](#) for dates, links to register and further information.

NEW Exam courses list

A list of exam courses in the London regional are available [here](#) by clicking on the tab "Exam Courses"

We are always looking for trainees with an interest in education to help with the organisation and delivery of RTDs - a great opportunity to get experience towards the RCoA curriculum requirements "Education and Training". If you are interested in hearing more about the opportunities, please contact the

Many thanks,
Emilie

Trainee rep updates

Welcome to new joiners to the LSA! Each rotation has a trainee representative for each stage of training and LTFT, who aim to work collaboratively across the school to improve training experience. We are currently in a phase of recruitment, following which we will distribute an up-to-date list of all the trainee reps in the school via the Bulletin.

Trainee Feedback and STC Meetings

Thank you to everyone who completed the trainee feedback survey in June, we had 122 responses across the school, which is a much higher yield than previously. The feedback is really helpful for shaping discussions at STC meetings about general aspects of training and allows local issues to be raised with the relevant College Tutors. Particular areas which were discussed was the use of EDT across the school, support for ARCP preparation (particularly for ACCS trainees) and ensuring sufficient clinical exposure for certain rotations. The survey will re-open prior to each STC meeting throughout the year (publicised via the Bulletin) to allow ongoing opportunities to submit contemporaneous feedback.

Trainee Rep Vacancies from August 2023

With current reps completing stages of training, the following trainee rep roles are available from August 2023:

North London Lead Rep - open to all North London trainees of any rotation and stage

North East - Stage 3, Stage 1 Core

North Central - Stage 2

North West - Stage 2, Stage 1 Core

South East - Stage 3

These roles offer fantastic opportunities to advocate for your fellow trainees, take an active role in the school and contribute to quality improvement initiatives that can support the non-clinical domains of your portfolio. Please see the Trainee Rep Guide to understand more about the roles: <https://drive.google.com/file/d/10DjSB6mjvL2sw8Ais8GGmhtUL2C3q6Jk/view?usp=sharing>

To apply, please send a brief supporting statement (max 200 words) to Isatraineereps@gmail.com by Friday 1st September. If there is more than one application for each role, a vote will be held amongst the relevant trainee cohort in September.

South London Anaesthetic Programme (SLAP) WhatsApp Group

For new joiners to the South London Programme, you are invited to join our WhatsApp Group, which is used for trainee reps to give updates or advertise relevant events.

The group info section has all the rep contact details so you can contact us directly with any questions or post requests.

HET Updates

LTFT

Following the removal of LTFT categories and central comms, you can find all the latest information on LTFT eligibility, when to apply and the form via the PGMDE portal FAQs here:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/folders/7000009142>

For specific timelines and information of windows you need to apply in, please refer to this FAQ:

<https://lasepgmdesupport.hee.nhs.uk/support/solutions/articles/7000018502-when-can-i-apply-for-ltft-what-is-the-notice-period->

***Please note you can only apply for LTFT, under the below grounds, within the windows for your rotation Month:**

- Welfare and wellbeing
- Unique opportunities
- Religious commitment
- Non-medical development
- Flexibility for training and career development

Please ensure you discuss all applications with your TPD prior to submitting your application form.

Notice period for LTFT: 16weeks for grounds you can apply for throughout the year, and within the rotation windows for the remaining grounds above.

Study Leave

Discretionary Study Leave Applications – TPD request template

Please note that we have recently introduced a new form that can be used to request approval from your TPD for a discretionary study leave course. This form includes all the information that your TPD requires in order to make a decision on whether they can approve your discretionary study leave application. The form is not mandatory to use, but is designed to reduce email traffic between TPDs and trainees by providing all the necessary information required for a discretionary study leave application in one document. Should you wish to use this form in order to submit a discretionary study leave application to your TPD for approval, it can be downloaded from the PGMDE Support Portal [here](#).

Further guidance on the process for submitting a discretionary study leave application can be found [here](#).

RCOA Update

Fellowships in Clinical Artificial Intelligence (AI)

Dear all,

Artificial intelligence expertise in clinicians is fundamental to the safe and effective use of AI in healthcare. The Fellowship in Clinical AI is a year-long programme which is integrated part-time alongside clinical training.

Applications are encouraged from anaesthesia which has not been as well represented as other specialties and will open in November 2023 for cohort 3 for medical specialty trainees with an NTN in a number of HEE regions.

Details are available [here](#). Please feel free to share this email with your colleagues.

Best wishes,
Claudia

Courses

MOOC Builders Needed

The UCLH MOOC Lab Team are in the process of designing and building three exciting new MOOCs (Massive Open Online Courses) on the Futurelearn platform. We are looking for trainees with an interest in education, to help us with all of these:

1. Opioids in pain management
2. Driving Sustainable Healthcare: Educate, Empower and Engage
3. Paediatric Perioperative Journey: An MDT Approach

Wide range of roles on offer: course design, authoring articles, filming, interviewing experts, course build, course marketing. An excellent way to develop your educational portfolios and add content to many of your GPC HALOS.

Do have a look at some of our previous MOOCs:

<https://www.futurelearn.com/courses/airway-matters>

<https://www.futurelearn.com/courses/perioperative-medicine>

These are both on the HEE approved study leave list for ST4+, but they are relevant and open to all.

The Transfer Medicine MOOC is also currently open and a fantastic resource for anyone starting or undertaking anaesthetic transfers.

<https://www.futurelearn.com/courses/transfer-medicine>

If you are interested in getting involved in any of the new courses, please do contact us and we can put you in touch with relevant leads:

Emilie Martinoni Hoogenboom (e.hoogenboom@nhs.net)

Abigail Whiteman (abigail.whiteman@nhs.net)

If you have any questions or queries, please do get in touch with the HET team here at NHSE, either [via the PSP portal](#) or School line below.

Best wishes

Anaesthetics Specialty HET team & HoS Dr Aasifa Tredray

Healthcare Education Team, London and Kent, Surrey and Sussex

Health Education England

KSS & LDN HEE Website: <https://kss.hee.nhs.uk/> <https://london.hee.nhs.uk/>

PGMDE support portal: <https://lasepgmdesupport.hee.nhs.uk/support/home>

School line: 0207 866 3237

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce



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