

**Trainee Checklist for Annual Review of Competence Progression**  
Core Psychiatry CT1-CT3

- A current Form R and Self-Declaration <https://healtheducationyh.onlinesurveys.ac.uk/london-and-kss-form-r-and-supplementary-information-2>
- A current Educational Supervisors Report
- A current Clinical Supervisors Report
- An up to date CCT calculator – this can be found on the Royal College of Psychiatry’s Website <https://www.rcpsych.ac.uk/training/your-training/training-resources/when-do-i-complete-my-training>
- An up-to-date CV
- If you are an Academic Trainee, you will need to provide an Academic Supervisors Report, an agreed Personal Development Plan and records of research meeting notes in place of the ES report
- If you are currently on OOP, you will need to fill out an [OOP update form](#) in place of the ES report.
- A summary of any research undertaken since the last ARCP
- A summary of any audit projects undertaken since the last ARCP
- Evidence of any publications since the last ARCP
- Letter of thanks or commendations
- Evidence of any formal complaints
- Evidence of any grievances

The suggested minimum numbers of WPBAs for CT1-CT3 trainees in Core Psychiatry training are:

WPBA	Minimum number required per year		
	CT1	CT2	CT3
ACE	2	3	3
Mini-ACE	4	4	4
CdD	4	4	4
DOPS	*	*	*
Mini-PAT	2	2	2
CBDGA	2	-	-
SAPE	-	1	2
PACE	-	1**	1**
AoT	*	*	*
DONCS	*	*	*

\* There is no set number to be completed in Core Psychiatry training; they may be performed as the opportunity arises

\*\* The two PACE assessments can be undertaken whenever appropriate for the short and long cases. However they are usually undertaken in CT2/CT3.

- Not required

Further information can be found in the curriculum: [https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/core\\_psychiatry\\_curriculum\\_may\\_2019.pdf?sfvrsn=f8594b3e\\_6](https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/core_psychiatry_curriculum_may_2019.pdf?sfvrsn=f8594b3e_6)