

# UCLH

## The UCLH GP Training Programme

This programme is affiliated with the University College London Hospital (UCLH) Trust, one of the oldest teaching hospitals in the country, located in the heart of London providing ready access to all that London has to offer. We aim to provide a varied, holistic and stimulating educational programme and we are able to draw on a massive range of consultant expertise as would be expected from a world leading clinical centre of excellence. We have an enthusiastic and committed group of GP Trainers who will ensure that your GP placements will provide you with a training experience second to none, and will equip you for the wider world of independent practice.

Our training practices are based mainly in the Camden and Islington areas of North London, an area of huge ethnic, social and linguistic diversity which makes for a rich and challenging training experience.

Our Hospital posts are based in either UCLH itself, or St. Pancras Hospital, The Mortimer Market Centre and The Highgate Mental Health Centre. These posts are all either within the UCLH or Central North West London (CNWL) Healthcare Trusts. The hospital rotations include posts from:

- Emergency Medicine
- Obstetrics & Gynaecology
- Paediatrics
- Acute Medical Unit
- Genito-urinary Medicine
- Care of the Elderly
- Psychiatry & Old Age Psychiatry
- Otolaryngology

We currently offer 18 places each August. All our programme consist of two posts (6-month duration) from the above list and 24 months in General practice. In the first two years of your training you will rotate between four posts in total – two in general practice and two in hospital based posts from the above list. One of your 6 month GP posts will usually be a GP Innovative Training Post (ITP). GP ITP Posts combine part time working in a local GP practice with additional experience in community or community orientated hospital placements. Currently we offer ITP

posts in the following areas but the nature of these posts is subject to ongoing change and development:

- Palliative Care
- Community Rehabilitation
- Community Respiratory Medicine (including long covid and COPD clinics)
- Rheumatology (including chronic pain management)
- Community Paediatrics
- Community Paediatric Allergy
- GP Social Prescribing
- Medical Education (involves community based teaching of medical students)

### **GP Training Practices.**

The final year of your training will be a 12 month substantive ST3 GP placement in a local training practice. All the GP training posts are based within an easy commute from Central London. In most cases our training practices are based within the London Boroughs of Camden and Islington but a small number of practices are located slightly further afield. We are fortunate to be linked with an enthusiastic, experienced and committed group of GP Trainers with whom we work closely. Every GP practice is different but all our training practices will equip you with the skills needed to become a fully fledged GP and support you in your passage through the MRCGP professional examinations. Wherever you are placed you can expect to get regular protected one to one tutorials with your GP trainer and protected self directed study time. The diversity of trainers and training placements is one of the strengths of our scheme. Some of our GP Trainers work in small practices where you may find that you are the only GP trainee. Conversely some Training Practices are huge and host multiple trainees from our own and other GP Training schemes in the area. We do try to offer you a degree of choice of placement for your ST3 training year but for obvious reasons cannot promise that you will always get placed in your first choice practice. Most of our trainees do however end up being placed in one of their top choices.

The specific practices attached to the scheme is subject to change but at the time of writing, the following practices are accepting trainees from the UCLH scheme:

<http://www.abbeymc.co.uk/>

<http://www.adelaidemedicalcentre.nhs.uk/>

<http://amwellgrouppractice.co.uk/>

<http://www.bloomsburysurgery.nhs.uk/>

<http://www.bloomsburysurgery.nhs.uk/>  
<http://www.brondesburymedicalcentre.co.uk/>  
<http://www.cavendishhealth.nhs.uk/>  
<http://www.cavershamgrouppractice.co.uk/>  
<http://www.cityroadmedicalcentre.org.uk/>  
<http://www.elizabethavenue.org.uk/>  
<http://www.hampsteadgrouppractice.co.uk/>  
<http://www.highgategrouppractice.com/>  
<http://www.holbornmedicalcentre.com/>  
<http://www.islingtoncentralmedicalcentre.org/index.aspx>  
<https://www.jameswigg.co.uk/>  
<http://www.keatsgrouppractice.nhs.uk/>  
<http://www.killickstreet.co.uk/>  
<http://www.millerpractice.nhs.uk/>  
<https://museumpractice.gpsurgery.net/>  
<http://www.parkendsurgery.co.uk/>  
<http://www.parliamenthillmedical.org/>  
<https://www.queenscrescent.co.uk/>  
<https://www.queenswoodmedicalpractice.co.uk/>  
<http://www.regentsparkpractice.co.uk/>  
<http://www.gowerplacepractice.nhs.uk/>  
<http://www.ritchiestreethhealthcentre.co.uk/Home>  
<http://www.riverplacegrouppractice.co.uk/>  
<https://www.stphilipsmedicalcentre.co.uk/>  
<http://www.swisscottagesurgery.nhs.uk/>  
<https://www.thevillagepractice.org/>

## Half Day Release

Throughout the entire training programme GP trainees meet weekly during term times on Wednesday afternoons. Whilst sessions may occasionally be online we are committed to providing these sessions face to face wherever possible. The teaching programme is varied and includes guest speakers, trainee led sessions and visits to places of interest to GPs. We also have regular Balint style case discussion groups. We have an annual two day residential workshop and more recently have had some successful awaydays offering full day teaching sessions. Don't expect too much didactic lecture style teaching. We want these teaching sessions to be engaging, interactive, challenging and fun. We aim to create an environment where you feel supported by us your Programme Directors and by your peers.

## Programme Directors

We are here to help. All three of us sincerely believe that being a GP is the best possible career choice a doctor can make. We know that it's a really tough but worthwhile job, and consider ourselves privileged to be able to support your development as a GP..

Dr Azhar Malik                      [azhar.malik@nhs.net](mailto:azhar.malik@nhs.net)

Dr Sally Higginbottom           [sally.higginbottom@nhs.net](mailto:sally.higginbottom@nhs.net)

Dr Daniel Toeg                     [daniel.toeg@nhs.net](mailto:daniel.toeg@nhs.net)

## Trainee testimonials/quotes from trainees

"It has been a great three years and your enthusiasm for GP has really rubbed off.

It's great to be leaving the course looking forward to working as a GP"

"I feel like I've really learnt about the best parts of medicine and GP. You've made me a more well-balanced doctor...The values you share with us will stay with me forever"

## More Information

Any queries about the scheme should be directed to the UCLH Postgraduate Medical Education Centre: [uclh.enquiry.mdes@nhs.net](mailto:uclh.enquiry.mdes@nhs.net) or to the Programme Directors.

